

Grundtvig

THE EUROPEAN UNION'S PROGRAMME FOR
MOBILITY AND COOPERATION IN ADULT EDUCATION

GRUNDTVIG WORKSHOPS CATALOGUE 2012 - 2013

ABOUT THE GRUNDTVIG WORKSHOPS - LEARNER MOBILITY

Grundtvig Workshops are one of the actions in the Grundtvig Programme which have been launched in 2009.

The objective of this action is to enable **adult learners** to participate in Workshops (learning events and seminars) taking place in another European country participating in the Lifelong Learning Programme.

This is a form of individual mobility offered to adult learners in the Lifelong Learning Programme. The Grundtvig Workshops bring together individuals or small groups of learners from several countries for a multinational **learning** experience relevant for their **personal** development and learning needs.

A minimum of 10 up to a maximum of 20 learners in total from countries other than that in which the Workshop is being organised, can be funded.

Workshops will last a minimum of 5 days (excluding travel), up to maximum 10 days and take place between 1/9/2012 and 31/8/2013.

The Workshop Organiser is responsible for organising the Workshop, its advertisement, the recruitment of learners, their travel and appropriate board and lodging.

PROFILE OF THE LEARNERS

The Workshops are open to any adult citizen; however, **particular attention is given to including people from vulnerable social groups and in marginal contexts, in particular older people and those who have left education without basic qualifications, in order to give these disadvantaged social groups alternative opportunities to access adult education.** The action is open to any adult person who is a national of or permanently residing (or registered as refugee or asylum-seeker) in one of the Programme countries, namely: the 27 Member States of the European Union, Iceland, Liechtenstein, Norway, Switzerland (EFTA-EEA countries), Croatia and Turkey (candidate countries). Participants must come from at least three different participating countries, in addition to the host country, and no more than 1/3 of the participants should originate from the

same country. Nationals of the country where the Workshop takes place are eligible to participate in the Workshop but cannot be funded through Grundtvig.

HOW TO USE THIS CATALOGUE

This catalogue comprises the Workshops that will take place from September 2012 to the end of August 2013.

Please consult the Workshop catalogue carefully. After the introduction you find the index with all the Workshops ranked per country. All published Workshops end at the latest on 31 August 2013. For each Workshop you will find a short description containing information about the activities and some information related to the Workshop Organiser.

- Title of the Workshop
- Project number of the Workshop
- Subject of the Workshop
- Contact details of the Workshop Organiser
- Working language(s)
- Date of the Workshop
- Target group – who is expected to apply
- Summary of the Workshop activities in the working language
- Website of the Workshop Organiser

HOW TO APPLY

If you wish to apply to participate in a Grundtvig Workshop, please proceed as follows:

- First select from the Catalogue a Workshop you are interested in;
- You will find how to contact the Workshop Organiser on the description page of the Workshop in this Catalogue. The Workshop Organiser will provide you a **learner application form**, which you must duly completed and **signed** send back to the Workshop Organiser;
- If you have been selected, please send after your participation in the Workshop, **a copy of your final evaluation report to the Grundtvig National Agency in your country**. The addresses of National Agencies are available on the following web page:

http://ec.europa.eu/education/programmes/llp/national_en.html

The Grundtvig staff of the National Agencies will be happy to provide you with advice and guidance if needed.

GOOD LUCK!

CATALOGUE D'ATELIERS DE GRUNDTVIG 2012 - 2013

LES ATELIERS DE GRUNDTVIG - MOBILITÉ D'APPRENANTS ADULTES

Les Ateliers de Grundtvig est une des actions dans le programme de Grundtvig qui ont été lancées en 2009.

L'objectif de cette action est de permettre **aux apprenants adultes** de participer à des Ateliers (des groupes de travail et des séminaires d'apprentissage) ayant lieu dans un autre pays européen participant au Programme pour l'Education et la Formation tout au long de la Vie.

Il s'agit d'une forme de mobilité offerte aux apprenants adultes dans le cadre du Programme de formation permanente. Les Ateliers Grundtvig rassemblent des personnes ou de petits groupes d'apprenants adultes de plusieurs pays pour une expérience d'apprentissage **multinationale**, appropriée à leurs **besoins** de développement et d'apprentissage personnels.

Un minimum de 10 et un maximum de 20 apprenants des pays autres que le pays dans lequel l'Atelier est organisé, peuvent être financés.

Les Ateliers dureront un minimum de 5 jours (à l'exclusion du voyage) et maximum 10 jours et ils auront lieu entre 1er septembre 2012 et 31 août 2013.

L'organisateur d'un Atelier est responsable d'organiser cet Atelier, sa publicité, le recrutement des apprenants, leur voyage et leur logement pension.

PROFIL DES APPRENANTS

L'action est ouverte à tout citoyen adulte. Néanmoins, **une attention particulière sera accordée aux candidats appartenant à des groupes sociaux vulnérables et/ou marginalisés. Les personnes âgées et/ou les personnes ayant quitté l'école sans avoir acquis les qualifications de base seront particulièrement prises en compte, afin de leur offrir des activités alternatives d'éducation pour adultes.** L'action est ouverte à tout citoyen adulte qui est un ressortissant de ou résident de manière permanente (ou enregistré comme réfugié ou demandeur d'asile) dans l'un des pays participant au Programme, à savoir : les 27 États membres de l'Union européenne, l'Islande, le Liechtenstein, la Norvège, la Suisse (pays AELE-EEE), la Croatie et la Turquie (pays candidats). Les participants doivent venir d'au moins trois différents pays participants, en plus du pays

d'accueil, et pas plus de 1/3 des participants devraient venir du même pays. Les ressortissants du pays où l'Atelier a lieu sont éligibles pour participer à l'Atelier mais ne peuvent pas être financés par Grundtvig.

COMMENT UTILISER CE CATALOGUE

Ce catalogue comporte les Ateliers qui auront lieu à partir entre septembre 2012 et fin août 2013.

Veillez consulter soigneusement le Catalogue des Ateliers. Après l'introduction vous trouvez l'indice avec tous les Ateliers par pays. Tous les Ateliers publiés se terminent au plus tard le 31 août 2013. Pour chaque Atelier vous trouverez une courte description contenant de l'information sur les activités et de l'information relative à l'organisateur de l'Atelier.

- Titre de l'Atelier
- Numéro de projet de l'Atelier
- Sujet de l'Atelier
- Coordonnées de l'organisateur de l'Atelier
- Langue(s) de travail
- Date et lieu de l'Atelier
- Groupe cible – qui devrait s'inscrire
- Résumé des activités de l'Atelier dans la langue de travail
- Site web de l'organisateur de l'Atelier

COMMENT S'INSCRIRE

Si vous souhaitez vous inscrire afin de participer à un Atelier de Grundtvig, veuillez procéder comme suit :

- D'abord choisissez dans le Catalogue un Atelier qui vous intéresse;
- Ensuite mettez-vous en contact avec l'organisateur de l'Atelier de votre choix qui vous fournira un formulaire d'inscription. Les coordonnées de l'organisateur de l'Atelier se trouvent sur la page de description de l'Atelier dans ce Catalogue. Puis, soumettez ce **formulaire d'inscription pour apprenant**, dûment rempli et **signé**, à l'organisateur de l'Atelier;
- Si vous avez été sélectionné, veuillez envoyer, après votre participation à l'Atelier, **une copie de votre rapport d'évaluation, à l'Agence Nationale de Grundtvig** dans votre pays. Les adresses des Agences Nationales sont disponibles sur la page web suivante:

http://ec.europa.eu/education/programmes/llp/national_en.html

Le personnel de Grundtvig dans les Agences Nationales est à votre disposition pour vous assister avec des conseils et pour aider à vous orienter s'il y a lieu.

BONNE CHANCE !

Grundtvig

PROGRAMM DER EUROPÄISCHEN UNION FÜR
MOBILITÄT UND ZUSAMMENARBEIT IN DER ERWACHSENENBILDUNG

KATALOG DER GRUNDTVIG-WORKSHOPS 2012 - 2013

DIE GRUNDTVIG-WORKSHOPS – MOBILITÄT DER LERNENDEN

Die Grundtvig-Workshops gehören zu den Maßnahmen im Rahmen des Programms Grundtvig, die 2009 angelaufen sind.

Mit dieser Maßnahme soll es **erwachsenen Lernenden** ermöglicht werden, an Workshops (Weiterbildungsveranstaltungen und Seminaren) in einem anderen europäischen Land, das sich am Programm für lebenslanges Lernen beteiligt, teilzunehmen.

Damit steht eine Mobilitätsform für erwachsene Lernende im Rahmen des Programms für lebenslanges Lernen zur Verfügung. Die Grundtvig-Workshops führen Einzelpersonen oder kleine Gruppen von Lernenden aus mehreren Ländern zu einer multinationalen **Lernerfahrung** zusammen, die für ihre **persönliche** Entwicklung und ihre Lernbedürfnisse relevant ist.

Mindestens 10 und höchstens 20 Lernende aus anderen Ländern als dem Land, in dem der Workshop veranstaltet wird, können bezuschusst werden.

Die Workshops dauern mindestens 5 und höchstens 10 Tage (ohne An- und Abreise); sie finden zwischen dem 1.9.2012 und dem 31.8.2013 statt.

Der Organisator des Workshops ist für dessen Durchführung, die Werbung, die Rekrutierung der Lernenden, ihre An- und Abreise sowie eine angemessene Unterkunft und Verpflegung zuständig.

PROFIL DER LERNENDEN

Die Maßnahme steht allen erwachsenen Bürgern und Bürgerinnen offen. **Allerdings gilt der Einbeziehung von Menschen aus benachteiligten und marginalisierten sozialen Milieus, insbesondere Älteren und Menschen ohne bzw. mit geringer (Grund-)Qualifikation besondere Aufmerksamkeit, um ihnen alternative Zugänge zur Erwachsenenbildung zu ermöglichen.**

Die Maßnahme steht allen erwachsenen Bürgern und Bürgerinnen offen die die Staatsangehörigkeit eines der Programmländer besitzen oder ihren ständigen Wohnsitz in einem dieser Länder haben (bzw. dort als Flüchtlinge oder Asylsuchende registriert sind); Programmländer sind: die 27 Mitgliedstaaten der Europäischen Union, Island, Liechtenstein, Norwegen, die Schweiz (EFTA-

/EWR-Länder) und Kroatien und die Türkei (Bewerberländer). Die Teilnehmer müssen aus mindestens drei verschiedenen Teilnehmerländern zusätzlich zu dem Gastland kommen; höchstens ein Drittel der Teilnehmer sollte aus demselben Land stammen. Staatsangehörige des Landes, in dem der Workshop stattfindet, kommen für die Teilnahme am Workshop in Frage, können aber keine Grundtvig-Zuschüsse erhalten.

HINWEISE ZUR BENUTZUNG DES KATALOGS

In diesem Katalog sind die Workshops aufgeführt, die von September 2012 bis Ende August 2013 stattfinden.

Bitte lesen Sie den Katalog genau durch. An die Einführung schließt sich der Index mit den nach Land gegliederten Workshops an. Alle aufgeführten Workshops enden spätestens am 31. August 2013. Für jeden Workshop finden Sie eine kurze Beschreibung mit Informationen über die Aktivitäten und einige Angaben zum Organisator.

- Titel des Workshops
- Projektnummer des Workshops
- Thema des Workshops
- Kontaktdaten des Organizers des Workshops
- Arbeitssprache(n)
- Datum des Workshops
- Zielgruppe – Von wem eine Bewerbung erwartet wird
- Zusammenfassung der Workshop-Aktivitäten in der Arbeitssprache
- Website des Organizers des Workshops

BEWERBUNGSMODALITÄTEN

Wenn Sie an einem Grundtvig-Workshop teilnehmen möchten, sollten Sie sich wie folgt bewerben:

- Wählen Sie zunächst aus dem Katalog einen Workshop aus, der Sie interessiert;
- Nehmen Sie Kontakt auf mit dem Organisator der Ihnen ein Antragsformular für Lernende besorgen wird. Kontaktdaten des Organizers sind auf der Seite mit der Beschreibung des Workshops in diesem Katalog aufgeführt. Senden Sie dieses ordnungsgemäß ausgefülltes und **unterzeichnetes Antragsformular** an den Organisator des Workshops;
- Senden Sie nach der Teilnahme am Workshop **eine Kopie Ihres Endberichts an die für Grundtvig zuständige nationale Agentur** in Ihrem Land. Die Adressen der nationalen Agenturen sind auf der folgenden Webseite zu finden:

http://ec.europa.eu/education/programmes/llp/national_en.html

Das für Grundtvig zuständige Personal der nationalen Agenturen kann Ihnen falls nötig beratend zur Seite stehen.

VIEL GLÜCK

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A. PER COUNTRY

Workshop Reference number: 2012-1-AT1-GRU13-07580

Venue: VIENNA

Date of the Workshop: 18/03/2013 - 23/03/2013

Mentoring School Children – A Job For Volunteers / Schüler/innen-Mentoring – eine Aufgabe für Freiwillige

Subject area: Learning opportunities for people at risk of social marginalisation
Intercultural education
Volunteering

Working language(s): EN

Target Group + Translation:

Adult learners, non experts.

Mentoring is widely discovered as a very effective strategy of inspiring non-formal learning for disadvantaged school children. A lot of risks and difficulties children may have because of migration or/and a poor background with few opportunities, can be improved by mentoring. Mentoring is not necessarily a business of specialists with long term trainings. Mentoring can be given to school children, for example with migrational background, after a short term training. In the Workshop we are going to learn more about different concepts and try to develop guidelines of effective mentoring school children and we will assemble a toolkit for setting up a mentoring network of volunteers at the place we are active in our everyday lives.

Main activities Programme + Programme translation:

The workshop will provide know-how in a very old and effective technic of learning and transmitting knowledge from an older person to a younger one. In the Greek myths, Mentor, Odysseus' friend, did it to Odysseus' son Telemachos, while Odysseus was out on the sea. So he was the name-giving historical figure for a concept that works until now.

Lessons about basics of mentoring / practical exercises on mentoring school children / different concepts on mentoring in different countries / guidelines of good mentoring / Analysis of benefits achieved by mentoring / creating an mentoring network

Workshop Organiser:

GEMEINSAM – INITIATIVE INTERKULTURELLE ARBEIT

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1010 Wien
AT-AUSTRIA
E-mail: gemeinsam@kinderfreunde.at
www.kinderfreunde.at/gemeinsam

Pimp My Europe. Ideas for Refreshing Europe

Subject area: Basic skills for adult learners
European citizenship and European dimension
Intercultural education

Working language(s): EN

Target Group + Translation:

Adults interested in sharing and promoting creative ideas and common values, – specially persons with a migration background (external or inner European) and/or persons interested in migration and social issues in its widest sense including language, – people motivated by a creative intercultural exchange, who wish to strengthen their communication skills in the European context.

Main activities Programme + Programme translation:

„Pimp My Europe. Ideas for Refreshing Europe“ will be a methodical and informal handling, assessing and enhancing of ideas proposed by each of the participants in a short and succinct presentation during the workshop. In a further step those ideas will be re-worked in the group in order to empower and encourage the participants to present them on video and to promote them through social media. The core ideas that are going to be presented should be of personal concern and social relevance, in the scope of our daily experience, simple and refreshing. With regard to the topics of personal concern a number of thematic fields are going to be suggested in the form of mind maps and questions. (These topics will be published on a website to be accessed upon registration for the workshop.) It will be the task of the participant to identify aspects of this personal concern in his daily experience. By recognising the core element of his daily experience he will be able to simplify and articulate original ideas in a new form. These ideas are the material for a short presentation aiming to illustrate the concern of the person and creating awareness about it. If these ideas require further actions they should be self sustained and have a minimum dependency on state or other official institutions. (On our homepage we will provide a fair amount of examples.) Key tags for the presented ideas are: self dynamics, refreshing, coherence, potential to grow, rhizomatic, group process, living in Europe, Europe as a shared space, relevance to every European, getting away from cultural (national) stereotypes, from meta-ideas and solutions of global dimensions, from imposing (as opposed to suggesting and motivating) ideas on other people. Central to this workshop is the discussion in the group. The presenter then has the possibility to fine tune his argument that will lead to the final presentation where he can launch his “proto”-idea through video and/or social media. These videos can include appeals for action and – by mutual consent – can be published on video channels like You Tube, Vimeo, etc. There will training sessions for voice development and body expression to help and coach the participants with their presentation skills. Visits to institutions, places and cultural events will be synchronous with the aims of the workshop, i.e. public presentations and informal media. The work in the group will be moderated on the basis of mutual respect, help, creativity and empathy.

Workshop Organiser:

W-Point. G. & E. Wolf Perez OG

Contact details:

Eggerthgasse 8/20
1060 Wien
AT-AUSTRIA
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Workshop Reference number: 2012-1-AT1-GRU13-07503

Venue: WUK, 1090 u. Konferenzraum Mingo Büros 1150 Wien

Date of the Workshop: 04/03/2013 - 09/03/2013

Antidiscrimination and cultural awareness (Image of Africa and Black People in medias and education in Europe)

Subject area: Cultural heritage
Fight against racism and xenophobia
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Interessenten aus den verschiedensten gesellschaftlichen Bereichen, vor allem Personen die in ländlichen Gebieten leben und für die dieser Grundtvig Workshop möglicherweise die einzige Möglichkeit darstellt an einem europäischen Workshop, ausserhalb des eigenen Landes, teilzunehmen. Vor allem möchten wir auch MigrantInnen aus ländlichen Gegenden und aus den osteuropäischen Ländern ansprechen. Da dieser Workshop auf alle Teilnehmer sensibilisierend bzw. auch selbststärkend im Bezug auf Diskriminierung wirken wird. Ein lebhafter Austausch zwischen Betroffenen und nicht Betroffenen von Diskriminierung, wird angestrebt.

Interested persons from different social backgrounds, especially people who live in rural areas, for whom this Grundtvig workshop is the only possibility to participate in a European workshop outside their own country. We want to reach migrants who live in rural areas in East European countries because this workshop has the effect of sensibilisation and empowerment regarding discrimination. We want to reach a lively exchange of victims and people who are no victims of discrimination.

Main activities Programme + Programme translation:

Jeder einzelne Tag des Workshops steht unter einem speziellen Thema, es werden Inputvorträge gehalten, Filme gezeigt, die zu Diskussion und Reflektion aller Teilnehmer untereinander führen. Weiters wird ein Stadtspaziergang mit historischen Ausführungen in Wien organisiert, interaktive Rollenspiele werden initiiert und psychologisch begleitet. Während des gesamten Projekts wird es auch täglich Zeit geben für gemeinsame Entspannungsübungen, die mithelfen sollen das neu Erfahrene besser zu verarbeiten, in Rollenspielen spontaner zu agieren und die Gruppe als gesamte zu stärken.

Der erste Vormittag beginnt mit einer Kennenlernrunde und Selbstreflexion über eigene Vorstellungen, diskriminierende Erlebnisse, Klischees über Schwarze Menschen in Europa und Reflexion über die Entstehung dieser. Anhand von Filmen wird die Darstellung Schwarzer Menschen in Unterrichtsmaterialien sowie in den Medien aufgezeigt und regt zu Diskussionen zwischen den Teilnehmern an.

Am 2.Tag dient ein historischer Abriss zur Entstehung rassistischer Stereotype und Strukturen, besonders im deutsch-sprachigem Raum vom Mittelalter über Neuzeit und Aufklärung, 18./19.Jhdt, Sklavenhandel, Kolonialismus, ‚Völkerschauen‘ als Input für die Fortsetzung der Diskussionen. Anschliessend wird ein geführter Stadtspaziergang in Wien, auf der Spurensuche zu AfrikanerInnen

in Wien, sowie die verschiedenen Darstellungen Schwarzer Menschen in unterschiedlichen Epochen, mit den Teilnehmern unternommen.

Der 3.Tag widmet sich dem Thema, 'Konstruktion und Dekonstruktion von rassistischen Vorstellungen' in Bezugnahme zur Vorkriegszeit und Zeit des Nationalsozialismus und seinen Folgen. Eine international anerkannte Diversitätsspezialistin (Präsidentin des Black European Women Councils) leitet die Diskussionen. Die Aufarbeitung von Rassismen nach dem II. Weltkrieg und deren Auswirkungen bis heute, werden anhand von anschaulichem Material, untereinander diskutiert. Es gibt auch einen kurzen Exkurs zu den Bewegungen weltweit gegen Rassismus und Unterdrückung im 18., 19., 20. Jahrhundert in den USA.

4. Mit interaktiven Rollenspielen wollen wir sowohl die Sensibilisierung, als auch die Stärkung des Selbstbewusstseins und der Zivilcourage aller Teilnehmer anregen. Psychologische Hintergründe von Täter/ Opferrollen zum Thema Diskriminierung werden beleuchtet und diskutiert.

5. Der vorletzte Tag widmet sich der Berichterstattung in den Medien über Afrika, die Wahrnehmungen der einzelnen Teilnehmer in ihren unterschiedlichen Ländern werden miteinander verglichen und analysiert.

6. Der letzte Tag dient dem Blick in die Zukunft und Möglichkeiten werden aufgezeigt wie das neu erworbene Wissen des Workshops konstruktiv im alltäglichen Leben implementiert werden kann, durch konkrete Beispiele. Abgerundet wird der Workshop an jedem einzelnen Tag mit Entspannungsübungen eines Shaolintrainers/ Meditationslehrers zum Thema Zivilcourage. Die, zu Beginn des Workshops angeregten Tagebuchnotizen jedes einzelnen während der Workshopzeit, werden zusammengefasst. Durch Feedback wollen wir Entwicklungsprozesse verfolgen und erkennen. Alle Teilnehmer werden eingeladen in monatlichen Abständen ihr Notizen weiterzuführen und mit uns per Mail auszutauschen, um wertvolles Feedback über die mögliche Implementierung jedes Einzelnen in seinem Umfeld zu bekommen und um in Kontakt zu bleiben.

Every day of this workshop has a special topic, short lectures and videos lead to process of discussions and reflection of every participant. A guided tour in Vienna with a historian is organised, interactive role plays with psychological support are initiated. Throughout the whole project daily relaxing exercises will help to understand the absorbed information, to act more spontaneously in the role plays and to reinforce the whole group.

1st day: The first morning starts with the introduction of all participants. After that there will be a phase of reflection of the participants ideas, experience of discrimination and their perception of Africa and Black People. Video documentations will show the representation of black people in educational materials and in the media and lead to discussion.

2nd day: The creation of racist stereotypes and structures are put in the context of history. The focus will be especially on the history of the German territories from the Middle Ages to slavery, colonialism. This input will lead to a continuation of the reflexion and discussion process. After that a guided tour through Vienna with the title 'African Vienna', History of Africans here in Vienna" with a historian will take place. The aim of that guided tour is to perceive the different ways in which black people were presented in the different times.

3rd day: The focus of that day is "How to construct (Focus on Nazional Socialism) and deconstruct stereotypes (Movements against racist oppression, Civil Rights Movements, Anti Apartheid). An international diversity specialist leads the discussion. How to overcome racism after the second world war and the effect till today will be reflected with the help of visual materials. A brief look at the movements against racism and oppression worldwide and in the 18th, 19th and 20th century in the USA will round up that theme.

4th day: With interactive role plays we will raise sensibilisation, empowerment and the civil courage of the participants.

5. The psychological backgrounds of victims and perpetrators of discrimination will be examined.

5th day: The fifth day will be dedicated to European media-news reports on Africa. The perception of the different participants in their countries will be compared and analysed.

6. 6th day: The focus of the last day will be how to further implement the knowledge acquired and the experience made during the workshop in everybody's daily surrounding (we look for concrete examples like "go into shops and challenge, set up courses in schools, firms"...) The last activity

every day will be some relaxing meditation exercises on the topic civil courage. In the beginning of the workshop all participants are invited to take small notes in form of a diary (in the end of the day every participant shall write about her/his feelings about new information she/he got during the workshop). On the last day we bring the information of these diaries together. Through this kind of feedback we want to make aware the process of development made during the workshop. All participants are invited to continue their diary and exchange it regularly of every month, in order to stay connected and get some feedback on eventual implementation in their daily surroundings.

Workshop Organiser:

SFC Schwarze Frauen Community

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Sustainable Consumption and Sustainable Living – A Way to Happiness?

Subject area: Consumer education
Environment / sustainable development
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

Alle europäischen Erwachsenen mit grundsätzlichem Interesse am Thema Nachhaltigkeit sowie der Bereitschaft, den eigenen Lebensstil zu überdenken und gegebenenfalls zu ändern.

- Bevorzugt werden bei der Auswahl der TeilnehmerInnen, die arbeitssuchend sind, keinen Bildungsabschluss haben oder der Altersgruppe 50+ angehören. Fachliche Vorkenntnisse sind nicht erforderlich.

European adult learners with general interest in the field of sustainability; willingness to reflect on one owns lifestyle and to change, where appropriate.

Learners who are job-seeking, early school-leavers or are 50+ 1 be preferred. No previous specialised knowledge needed.

Main activities Programme + Programme translation:

In methodischer Vielfalt wird vermittelt, dass weniger Konsum/Wachstum nicht Verzicht, sondern Bereicherung – im Immateriellen – sein kann und dass das nicht nur eine Überlegung im Kopf ist, sondern auch eine des Bauchgefühls und der Herzensbildung. Den TeilnehmerInnen wird Wissen zum Themenkomplex Nachhaltigkeit vermittelt, das gemeinsam mit Motivation die Basis für mögliche Lebensstil-Änderungen bilden kann. Sie werden mit verschiedenen Methoden aktiv in den Lernprozess einbezogen und mit ihnen gemeinsam werden individuelle Ideen entwickelt, wie sie selbst aktiv werden können, um ihren Lebensstil nachhaltiger zu gestalten bzw. Änderungen der gesellschaftlichen durch aktives bürgerschaftliches Engagement. Die Workshopinhalte umfassen: Bewertung der Nachhaltigkeit unseres Konsums nach der Methode cleanEuro (www.cleaneuro.at), Alternativen zum Konsum, Ökologischer Fußabdruck, Mobilität, persönliches Glück, Vision vom guten Leben. Viele Gelegenheiten zur Reflexion des Gehörten und persönliche Begegnungen mit Menschen, die sich in vielerlei Hinsicht um einen nachhaltigen Lebensstil bemühen, runden das Programm ab, und sollen unterstützen vom Wissen zum Handeln zu kommen.

In methodical diversity we will show, that less consumption/growth isn't a disclaimer, but is enrichment - in immaterial contexts. It is not only a brain decision, but as well a gut decision and nobleness of heart. Participant will be taught some knowledge in the field of sustainability, which together with motivation can build the bases of lifestyle changes. They will be involved actively into the learning process by different methods and will develop concepts together, how to become active to shape a more sustainable lifestyle for themselves respectively trigger changes of social relations by European active citizenship. The subjects of the workshop include: Evaluation of the sustainability of our consumption according to the method cleanEuro (www.cleaneuro.eu),

alternatives to consumption, ecological footprint, mobility, personal happiness, visions of a good life. Many opportunities for reflection of the heard are given as well as personal meetings with people, who already live sustainable, support the shortcut from knowledge to action.

Workshop Organiser: SOL – Menschen für Solidarität, Ökologie und Lebensstil

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E-mail: grundtvigworkshop@nachhaltig.at
www.nachhaltig.at

Workshop Reference number: 2012-1-AT1-GRU13-07573

Venue: Vienna

Date of the Workshop: 21/05/2013 - 28/05/2013

PHOTEUROPE - A virtual photo-graphical hiking tour through Europe

Subject area: Inclusive approaches
Intercultural education
Learning about European countries

Working language(s): EN

Target Group + Translation:

Adult learners aged from 26-99, with and without disability interested in working with photography & images within an inclusive intercultural environment. We aim to reserve 1/3 of the placements for participants with physical or mental disabilities. Within Grenzenlos we have a strong inclusion and integration focus. Therefore we will give a strong preference to applicants who have a disability or participants in difficult life situations, who have not taken part in an international course yet. A mixed group of participants with and without disability is important in this workshop in order to gain a better understanding about each other and to enable inclusion. We are keen to encourage people who have not taken part in an international event like this before, in particular learners who have left education without basic qualifications and who would like to learn more about their own culture in an intercultural context. We are looking for participants who enjoy photography and like to work with images or would like to try something new!

Main activities Programme + Programme translation:

We invite participants on a virtual photo-graphical hiking tour through Europe. A mixed group of participants with and without disabilities will work 1 week with different photographic methods on discovering Europe and their own European identity. On one hand we will work with already existing photos and images and on the other hand we will create new ones and create new (hi-)stories in the way we would have liked or wished to have it. We will use methods like phototherapy (This is not a therapy but a method using photos!!!), fotoromance, collage, comics, pinhole camera and of course digital photos. We will invite an art therapist and other external experts to work with us and to explore different approaches how to use photography to express yourself and to discover your European identity. At the end of the week participants will present the results in a public exhibition.

Workshop Organiser: Grenzenlos Intercultural Exchanges

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www.grenzenlos.or.at ; www.grenzenlos-trainings.at

Workshop Reference number: 2012-1-AT1-GRU13-07572

Venue: Seminar Center Rosenhof, Weitra

Date of the Workshop: 02/07/2013 - 09/07/2013

Understanding and Touching Sustainability

Subject area: Active citizenship

Environment / sustainable development

Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

People with little or no official education and with limited access to adult education. We especially invite people from eastern European countries and people with migration background. The aim is to reach people that have an interest in ecological sustainability, but do not have knowledge or practical experience with the topic so far.

Main activities Programme + Programme translation:

The program consists of a diverse set of learning opportunities offering information and experiences in an interactive way. Multimedia, content presentations and personal sharing will alternate providing an holistic view of a possible development towards a sustainable European society. In facilitated circles the topic of the day will be introduced and learning harvested. Two visits in the fields aim to show real life examples. We will visit a local farm and a settlement developed according to ecological standards. The second day trip will bring us to an ecological business that also initiates regional cultural and educational activities. People will get hands on experience in the garden and explore, collect and process local wild herbs as example of nutritious and healthy local food. The social parts of the program will include open and playful activities (as singing, story telling, open fire, games etc.), where participants can share experience of their life.

Workshop Organiser:

Plenum - gesellschaft für ganzheitlich nachhaltige Entwicklung

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1070 Wien

AT-AUSTRIA

E-mail: office@plenum.at

www.plenum.at

Workshop Reference number: 2012-1-AT1-GRU13-07577

Venue: JUFA, Judenburg

Date of the Workshop: 27/04/2013 - 03/05/2013

I have learnt – I am learning – My child is learning. Understanding learning biographies to better facilitate learning of others

Subject area: Basic skills for adult learners
Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

Eltern, die eigene Kinder bewusst in Lernprozessen begleiten wollen und dies mit einem reflektierten Verständnis über das Lernen im Allgemeinen und ihr eigenes Lernen im Besonderen tun wollen.

Parents, who would like to facilitate the learning of their children and who would like to do so with a deeper, reflective understanding of learning in general and of their own learning in particular.

Main activities Programme + Programme translation:

Im Rahmen des Workshops können teilnehmende Eltern eigene Lernerfahrungen reflektieren und sich mit dem Lernen an sich auf eine Weise auseinandersetzen, die ihnen eine bewusste Begleitung ihrer eigenen Kinder beim Lernen ermöglichen soll. Neben einer allgemeinen Hinführung zum Thema werden das eigene Lernverhalten und die eigene Lernbiografie in mehreren Schritten reflektiert. In weiterer Folge geht es um eine Auseinandersetzung mit Schule und Lernen und mit der Förderung und Begleitung des Lernens von Kindern. Die Arbeitsweise wird sich bestmöglich an den Bedürfnissen der Lernenden orientieren und die Förderung des Selbstlernens als Lernkompetenz im Sinne der europ. Schlüsselkompetenzen für lebenslanges Lernen fokussieren. Selbstreflexion und Selbsteinschätzung, fachlicher Input, gegenseitiger Austausch, Rollenspiele und Arbeit mit Lernmaterialien gehören zum methodischen Repertoire.

Participants will reflect their own learning experiences and look into the topic of learning in a way that enables them to guide their own children in their learning. After a general introduction to the topic they can reflect their own learning attitudes and learning biography. We will be dealing with subjects concerning school and learning as well as promotion and facilitation of the learning of children. The workshops content and methodology will be geared to the needs of learners and also focussed on the promotion of self learning as a learning competence by means of the european key competences of lifelong learning. The methodical range will contain: self reflection and self assessment, short lectures, mutual exchange of experiences, role plays and work with different kinds of learning materials.

Workshop Organiser: Institut EDUCON – Mag. Hackl

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8010 Graz
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E-mail: grundtvig-workshop@educon.co.at
<http://www.educon.co.at/grundtvigworkshop.htm>

Workshop Reference number: 2012-1-BE2-GRU13-02893

Venue: Mons

Date of the Workshop: 01/07/2013 - 10/07/2013

Between Nature & Culture

Subject area: Active citizenship

Artistic education, also including Arts and Crafts and Music
Environment / sustainable development

Working language(s):

Target Group + Translation: EN

Tout citoyen européen curieux d'envisager de manière créative son lien à l'environnement et à la société (anglais parlé : niveau A2 et +).

Anyone who would like to have a creative approach of social & environmental debates (english level required A2 and +).

Main activities Programme + Programme translation:

L'atelier thématique, « Between Nature & Culture » propose aux participants d'utiliser l'expression artistique pour nourrir des réflexions liées à l'actualité et aux débats de société comme le développement durable, l'aménagement du territoire, le vivre-ensemble. Les participants auront pour objectif de réaliser une œuvre d'art qui parle d'eux et de leur relation à l'environnement (naturel et culturel). Les participants feront l'expérience d'une démarche créative (les moyens symboliques de l'art) pour s'engager dans une citoyenneté active. L'Asbl propose une formule inédite autour de la thématique Nature-Culture. Dans une première phase, grâce à un dispositif nomade, les participants seront plongés dans une phase d'observation de leur environnement, alternativement naturel puis urbain. Cette phase d'observation se déroulera avec la complicité d'intervenants scientifiques et artistiques. L'objectif pour les participants sera de récolter, dans un va et vient permanent entre eux-mêmes et l'extérieur, des sons, des images, des intuitions, des sensations qu'ils utiliseront par la suite pour réaliser leur objet artistique. Dans une deuxième phase, à partir des images récoltées (dessins-photos), des observations (carnets de bord, enregistrements), ils travailleront avec une équipe de professionnels (graphistes, direction artistique) pour réaliser une micro-édition qu'ils apprendront à sérigraphier (impression manuelle). Les participants repartiront avec leur objet artistique et un exemplaire sera exposé en partenariat avec Mons 2015 – Capitale européenne de la culture (vernissage le dernier jour de l'atelier). L'exposition pourra ensuite voyager dans des structures partenaires en Europe et être diffusée dans une galerie sur le web.

Thematic workshop « between Nature & Culture » offers participants to explore and use artistic expression to change their look at actuality, and topics like sustainable development, town planning, community living. Participants will be involved in an artistic process to elaborate an artwork that will reflect their thoughts, what they are and their relationship with their environment (natural and cultural). This workshop aim at making people expérience a creative process and the symbolic function of art to develop ative citizenship. Façons de Voir's approach focuses on Nature-Culture relationship. In a first step , an itinerant structure (observatory-workplace and photo lab) will allow

the participants to rediscover and observe their environment through strategic natural and urban places. They will be guided in the methodology by experts with scientific and artistic backgrounds. This methodology is a unique opportunity to move the way we look at our daily life and our contemporary world. In this stage of the process, the participants will collect sounds, images, intuitions, feelings, through a permanent back and forth between themselves and the outside. This collection will feed their oncoming artwork. In a second step, thanks to the images they will have collected (drawings, pictures), their observations, feelings (diary, radiorecording) of the previous days, they will organise and design a micro-edition of their work (together with graphic designers) that they will print manually by themselves thanks to the screensilk printing process. Participants will conserve their personal artwork and edit a second specimen that will be exhibited by our partner Mons 2015 – European Capital for Culture (that will organise an Art Preview the last day of the workshop with local audiences – professional and non professional). This exhibition might be sent to European partners that could be interested in disseminating the artworks and the pedagogical process. Pictures of artworks will be exhibited in a webgallery.

Workshop Organiser:

FACONS DE VOIR ASBL

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E-mail: luczak.dorothee@gmail.com
www.faconsdevoir.org

Workshop Reference number: 2012-1-BE3-GRU13-06058

Venue: Mesen

Date of the Workshop: 19/03/2013 - 29/03/2013

A perspective of World War I

Subject area: European citizenship and European dimension
Cultural heritage
New technologies, ICT

Working language(s): EN

Target Group + Translation:

De gemotiveerde volwassen burger, jong en oud die zich bewust wil engageren in Europees burgerschap in relatie tot verdraagzaamheid en solidariteit in Europa. De burger heeft affiniteit met het thema Grote Oorlog, interesse in digitale fotografie en beschikt over basiskennis van computers en internet. Prioritaire doelgroep zijn de inwoners van de West- Europese landen, in het bijzonder Duitsland, Frankrijk, het Verenigd Koninkrijk, Ierland, Wallonië(B), Oostenrijk en Nederland (the Western front' in WOI). Met het oog op intergenerationeel leren is de helft van de deelnemers ouder en de helft jonger dan 50 jaar.

Adults from all ages interested in European citizenship, digital photography and the history and (cultural) heritage of the Great War. This workshop is open to people from Western European countries historically involved in World War I, in particularly Germany, France, the UK, Ireland, Wallonia, Austria, Belgium, the Netherlands and also other countries in Europe. In order to stimulate intergenerational learning, half of the participants should be over the age of 50 whereas the other half should be younger than 50. Besides age the selection will be based on the degree of motivation and affection for the themes of European citizenship, the Great War and international tolerance and solidarity. Qualifications are not requested, but basic knowledge of computer is required.

Main activities Programme + Programme translation:

In deze 10-daagse workshop werken de deelnemers concreet aan bezieling en versterking van Europees burgerschap door de historische context, in het bijzonder WO I tot leven te brengen. De deelnemers werken in een joint-venture aan een expositie van expressieve oorlogsherinneringsbeelden. Daarvoor volgen zij zowel theorielessen en outdoorpraktijklessen in digitale fotografie op de erfgoedsites van Flanders Fields, als lezingen over Europees Burgerschap en WO I. Steeds worden de deelnemers in hun affectieve en cognitieve vermogens – inleven in en kennisvergroting van WO I en Europees burgerschap – en in hun creatieve vermogens – het maken, bewerken en exposeren van foto's - uitgedaagd. In contrast met de tentoongestelde foto's, verwoorden de workshopparticipanten boodschappen van solidariteit en tolerantie die het besef van lotsverbondenheid het belang van Europees burgerschap bij het grote publiek doen gronden. Meer informatie vindt u op onze website www.cervogoesinternational.be.

During this 10 day workshop the participants work tangibly upon inspiration and reinforcement of European citizenship by bringing alive the historical context, especially World War I. Participants in a joint venture work on an exposition of expressive war remembrance photo shoots. With this

purpose they follow theoretical lessons as well as practical outdoor lessons in taking digital pictures on cultural war sites of Flanders Fields. They also attend classes in European citizenship and World War I. By appealing to their affective and cognitive capabilities - immersing in and gaining knowledge of World War I and European citizenship – and by appealing to their creative skills - taking, editing and exposing digital pictures - participants continuously will be activated and challenged. Participants are also supposed to give their exposed photographs meaningful messages of solidarity and tolerance. They do this in order to make the general public realize the ground of solidarity and European citizenship. You can find more information on the website of the workshop organiser (www.cervogoesinternational.be).

Workshop Organiser:

CVO Cervo-Go

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www.cervogoesinternational.be

Workshop Reference number: 2012-1-BE3-GRU13-06061

Venue: Sint-Niklaas

Date of the Workshop: 03/05/2013 – 10/05/2013

A listening book, the living memory of a city

Subject area: other

Working language(s): EN

Target Group + Translation:

minimum 50 % adults of + 50 years old

Main activities Programme + Programme translation:

A knocking bird / A listening book of the city

May 3 to May 10 – City Museum Sint-Niklaas (Belgium)

Participants will learn to use the techniques and technologies of sound recording and explore the possibilities of locative media (smart phones, tablets) in an alternative exploration of the contemporary European city. Our point of departure is the memories and the emotions of the inhabitants and visitors of the city, stimulating as well alternative ways of moving on through the everyday area and everyday life. Walking is perceived as an essential part of the workshop and as a way to learn, focusing on themes as the presence and absence of nature in the city and the presence of and the memory about various cultures in the city.

The workshop offers surprising, enriching and unexpected encounters with the city of Sint-Niklaas, its history and its inhabitants and incites to reflect upon European urban realities and the contemporary human condition in a broader sense. The workshop reflects explicitly about the presence and absence of nature in European cities and about human aspects of the city as a place of living together. The workshop connects with the International Art Biennial Coup de Ville in Sint-Niklaas.

We aim to realize together with the participants ‘a listening book of the city’, a collective sound walk, conceived as an alternative and non-touristic gps-audio-guide for the visitors of Sint-Niklaas with narratives about the city, about nature in the city and about living together, with soundscapes and personal stories of the participants.

Our aim is to have people communicate about their immediate surroundings in a non-verbal way by using sounds taken from those surroundings.

We will study the experience of listening and all the complexities that have affected the development of sound in the history and focus on the practical configuration of a digital sonic cartography of the city, materialized in the composition of a GPS-sound walk.

No previous knowledge of or experience with contemporary technology or locative media is needed. The workshop is accessible for everybody with an interest in the poetic and communicative potential of sound linked with memories, regardless educational background, knowledge, etc. The workshop is based on exchange of experiences out of the daily life of the participants, with experiential learning and collective creating as point of departure.

Applying is especially encouraged to participants +50 years.

Workshop Organiser:

Private Stichting Van Biesen-Mestdagh

Contact details:

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Tel.: +32 3 755 08 27
E-mail: themilenaprinciple@gmail.com
www.themilena.com

Workshop Reference number: 2012-1-BG1-GRU13-07101

Venue: Община Казанлък

Date of the Workshop: 10/05/2013 - 21/05/2013

The beauty of the Valley of Roses in photography

Subject area: Basic skills for adult learners
Artistic education, also including Arts and Crafts and Music
Cultural heritage

Working language(s): EN

Target Group + Translation:

Adults (25+), which have interested in photography as a hobby and which want to develop their skills in this area. They are from all countries, participated in the Lifelong Learning Programme. Preference will be given to people aged over 50 years, motivated to find better realization of their skills in photography. Mandatory requirement for selection is that every participant has to own digital camera. The participants will be 23- 20 from European countries and 3 from Bulgaria

Main activities Programme + Programme translation:

Provide the necessary theoretical and practical lessons to learners and to help them to develop their skills in the photography. The programme will be included different photo sessions with examples on various types of photography and shot sizes - landscape, portrait, group, nature, macro photography. The participants will visit the most interesting places in the Valley of the Roses – the rose's fields, the Thracian tombs, local museums and events from the Festival of the Roses.

Workshop Organiser: Сдружение с нестопанска цел „В долината на розите”

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6100 Казанлък
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E-mail: ilcoms@abv.bg

Workshop Reference number: 2012-1-BG1-GRU13-07091

Venue: гр.Смолян

Date of the Workshop: 04/07/2013 - 09/07/2013

Workshop on Family Relations

Subject area: Family / parent education
Basic skills for adult learners
Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

Parents, whose children are over 12 years and are as the following: - with identified behavioral problem/s; - subjects of therapy; - Activities in NGOs; - Volunteers in daily centers; - foster families.

Main activities Programme + Programme translation:

The workshop is devoted to the topic with serious social importance and crucial importance nowadays where media repeatedly publish information about young children and people committing crimes and/ or are victims of violence and aggression. The program of the workshop includes two components: informational and practical. The first component presents a theoretical frame of the American psychiatrist Thomas Harris, explaining the difference problems in the family relations and communications. In addition to that, a presentation of art tools and solutions for self-help we take part. The program includes the following topics:

- 1 / Introduction to communication: performance model of T.Harris “Adult – Child- Parent” and possible problems in the family communication,
- 2/ Managing emotions: do we know and can we manage our own emotions? How do our projections distort communication?
- 3/ the family orchestra and what are the roles in it. The grown children and how do they change their participation.
- 4/ The tango in the relationships: the trust in the difference levels: between partners and between parents and children. The delegation of responsibilities and consequences
- 5/ Analysis of the self behavior model and building new one.
- 6/ Self evaluation - gallery «My family». Within six days, in an interactive program the participants will learn a model of communication that can help them shorten the distance between generations. It will improve the communication and the trust in the relationship parent – children. The model ins not only a suggestion for leisure and proactive way to encourage parents to improve relationship with their children. By the same time the participants will have the opportunity to meet the local culture and crafts work-shops.

Workshop Organiser: Open Space Foundation

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1202 София
BG-BULGARIA
E-mail: info@julyjazzbg.com
www.openspacebg.com www.julyjazzbg.com

Workshop Reference number: 2012-1-BG1-GRU13-07082

Venue: Община Перник с. Рударци

Date of the Workshop: 02/06/2013 - 12/06/2013

Pottery magic – Workshops on the place of the traditional Bulgarian ceramics and pottery in contemporary culture.

Subject area: Cultural heritage
Regional identity
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

The educational program was worked out for adults who are excluded from the system of the formal education, but who are interested in traditional culture and applied arts. The definite target groups are:

- people with hearing impairment – between 25 years old and retired persons
- unemployed people – older than 25 and up to retirement age

Main activities Programme + Programme translation:

- Introduction in the past and contemporary West Bulgarian pottery production.
- Training in basic practical ceramic and pottery production skills. Program by days:
 - 1 Participants' arrival and accommodation. Work out of general rules for their stay.
 - 2 Visit to the Regional History Museum – Pernik and starting Workshop's activities.
 - 3 „Prehistoric Pottery“ presentation. Manual modelling of ceramic articles after prehistoric pottery specimens.
 - 4 „Antique and medieval ceramics“ presentation. Visit to the Pernik medieval fortress. Introduction in the basic skills of the work with the potter's wheel by interpretation of epoch ceramic utensils.
 - 5 Presentation of the „Businska ceramics“. A visit to Busintsi village – the pottery centre. Pottery forms' making after specimens using a pottery's wheel.
 - 6 Finishing the made ceramic articles – decoration, engobing (slipware), glazing, firing
 - 7 Visit to the Sofia National History Museum
 - 8 Outing in the Vitosha National Park
 - 9 Production of clay figures and forms using gypsum moulds and patterns. Visit to working shops.
- „Contemporary ceramics“ presentation. Ceramic interpretation of the logo of the Lifelong learning program (the four segments with a square shape)
- 10 « Pottery magic» exhibition's opening – place: Regional History museum of Pernik. Awarding the participants with honorary diplomas for their overall participation and individual work in the Workshop.
- 11 Departure.

Workshop Organiser: Regional museum of history - Pernik

Contact details: Физкултурна 2
2300 Перник
BG-BULGARIA
E-mail: museum_ Pernik@abv.bg
www.museumpernik.com

I am drawing with a music box: training for parents of children with disabilities and special educational needs in art therapy techniques for successful communication, socialization and child skills improvement

Subject area: Addressing target groups with special needs
Family/parent education
Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

Parents of children with disabilities and special educational needs; Over 18 years of age brothers and sisters of children with disabilities and special educational needs; Adoptive parents of children with disabilities and special educational needs; Adults taking care of children with disabilities and special educational needs; Special education assistants (psychological, speech-therapeutic; or other supportive education) taking care of children with disabilities and special educational needs

Main activities Programme + Programme translation:

Training in practical skills to work with the means of pictorial art, ceramics and music for successful communication with the children, expression and speech development.

5-day training

Day 1: Making a mask, using various everyday life materials – cloth, buttons, paint, thread, paper.
Aim: Creating a mask which will help us tell a story. Using materials from everyday life helps the development of creative thinking: we create something beautiful and amusing with few materials and more of an imagination.

Work in pairs – one of the participants takes the role the parent: he/she guides the other participant; and the other one – taking the role of the child – apart from helping, also defines the level of difficulty of the task.

Afternoon activities

Music perception: vocal and instrumental – to relax and become more active.

Day 2: Module one: drawing a fantastic animal. Technique – application and drawing in colour pencils.

Looking at children's books with animals. Participants choose a different partner and there is a change of roles: the ones that were parents yesterday are children now. Combining different parts of animals – a giraffe's body, a cat's head, bear's legs. The final result will be funny and in the work process we develop our skill to observe differences.

Module two: making a figure out of clay – a hedgehog pencil holder. Creating something nice and practical at the same time makes participants feel satisfied and happy with their achievement.

Afternoon activities

Making music: singing, playing with children's musical instruments, dancing.

Day 3

Morning activities

Making a picture frame with thick cardboard. Decorating the frame using the decoupage technique (cutting and gluing paper). Making a drawing of the summer. Creating small pictures using watercolours and oil pastels. Work in pairs: one of the participants draws in pastel and the other colours in watercolours. Having finished they fix the frame around the created picture.

Afternoon activities

Music games for: motorics development, orientation in space, coordination, and dynamics.

Day 4

Morning activities

Making a clay pot. One of the participants makes a clay sheet and the other presses a piece of raised cloth towards the clay sheet. It is easy and impressive to make such a pot and different models can be applied.

Afternoon activities

Music games for speech development: breathing, articulation, sound imitation.

Day 5

Morning activities

Module one: drawing a fish using the wet-on-wet technique. This technique gives us freedom, develops our imagination and makes us feel happy while doing it. We work quickly and expressively. Participants paint on a wet sheet with watercolours, mixing colours impulsively.

Module two: making a clay relief of a fish

Afternoon activities

Music games for speech development: breathing, articulation, sound imitation.

Workshop Organiser:

Selina Klacique Ltd

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Workshop Reference number: 2012-1-BG1-GRU13- 07102

Venue: Dryanovo

Date of the Workshop: 14/07/2013 - 20/07/2013

Inside Outside! Declare yourself!

Subject area: Basic skills for adult learners
Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

People, 18+, that feel insecure about themselves and want to increase communication and social skills. Priority will be given to people who are unemployed and/or socially disadvantaged and/or have never used European mobility before. Basic knowledge of English is the only requirement.

Main activities Programme + Programme translation:

Day 1: Arrival of participants. Socialization and get-to-know each other exercises.

Day 2: Morning session – getting acquainted with each other; sharing personal experience; expectations towards the workshop

Afternoon session – “Internal Style” – body work; freeing the voice; breathing techniques

Day 3: Morning session – “Internal Style” – cont.

Afternoon session – “Self-extracting” – creative writing exercises, public speaking, expressing emotions in a group

Day 4: Morning session - “Self-extracting” – cont.

Afternoon session – “External style” – “Presence” и “Appearance” – applied exercises

Day 5: Morning session – “External style” – cont.

Afternoon session – Trip to Dryanovo.

Day 6: Morning session – Individual work.

Afternoon session – «Declare yourself!» - applying the accumulated experience

Day 7: Workshop evaluation, follow-up activities, departure of participants.

Interactive seminar practically oriented towards participants personal development. Based on the individual specifications we will work on the strong sides to overcome inner and outer barriers, declare positions and gain self-awareness. “Learning by doing” method; individual and group body work, performing arts approaches, PR techniques, improvisation.

Workshop Organiser: “The mighty mighty pressure cooker - an organisation for pressure-driven contemporary performing arts”

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1113 София
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E-mail: ohpressure@gmail.com

Workshop Reference number: 2012-1-BG1-GRU13- 07099

Venue: Sofia, Vitosha, Dragoman

Date of the Workshop: 06/07/2013 - 12/07/2013

Determination of Favourable Conservation Status as a Precondition for Biodiversity Protection

Subject area: Environment/sustainable development
New technologies, ICT
Natural Sciences

Working language(s): EN

Target Group + Translation:

Persons over 18 years old from Poland, France, Romania, Spain, and Bulgaria, nature lovers, without special biological education, willing to gain knowledge which can let them cooperate with different organizations dealing with Environmental protection, with comfortable clothing for easy hiking, and a camera.

Main activities Programme + Programme translation:

The programme includes 5 days of various work activities:

1. Theoretical course: lectures accompanied with PowerPoint presentations in a conference hall, training with the new online edition of the Red Data Book of the Republic of Bulgaria.
2. Training in several departments of the Bulgarian Academy of Sciences: The National Museum of Natural History, the Botanical garden and the Herbarium in IBER.
3. Field training: Visit of Biosphere reserves of Vitosha Mt. and in the protected wet land area of “Marsh of Dragoman”, observation of protected plant and animal species, assessment of the favourable conservation condition of habitat types and plant and animal species.
4. Demonstration of in vitro methods for reproduction of rare plants, in the Biotechnological laboratory of IBER – BAS.
5. Training to work with the new online edition of the Red Data Book of Bulgaria, design a profile of the workgroup in Facebook and create an Internet site.
6. General conclusions; Self-assessment test; Inquiry into assessment of the Workshop; Certificates delivering.

Workshop Organiser:

Institute of Biodiversity and Ecosystem Research, Bulgarian Academy of Sciences (IBER-BAS)

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Workshop Reference number: 2012-1-CH1-GRU13-00451

Venue: Melano

Date of the Workshop: 11/03/2013 - 15/03/2013

Boost your tourism initiatives through digital technologies

Subject area: New technologies, ICT
Media and communication

Working language(s): EN

Target Group + Translation:

Local hospitality structures owners (such as Bed & Breakfast and guest houses), associations of the former and organizations engaged in local territory and tourism promotion. Seniors and people coming from rural areas will be privileged.

Main activities Programme + Programme translation:

The workshop is structured around the development of a customized online communication strategy for each of the participants. For this reason, day 1 focuses on the Finding values and messages held as most relevant to be communicated for each of the represented hospitality structures or services, in the effort of identifying key content to convey. Before coming to the workshop, participants will be asked to collect good practices about hospitality and web communication that they experienced. They will be also asked to reflect on motivation and relevant prior experiences and felt needs. Finally they will have to bring some supporting material about their hospitality offers.

Day 1: Hospitality: your values and messages This day is focused on the identification of the unique messages and values to be communicated through digital media. Rural tourism in fact is not definitely perceived in the generic tourism market: each structure or service should find its voice and image in order to effectively reach its potential clients. The focus is on **WHAT** will be communicated, and **TO WHOM**: each participant will create her/his own specific communication map. Emphasis will also be given to potential intercultural pitfalls in tourism communication, which are especially tricky in local tourism.

Day 2: Digital communication on the web Day 2 provides an introduction to the wide palette of web communication channels and instruments. The focus is on the **MEDIA**, both on tools (how they work) and on applications (how they are actually used), namely through the analysis of case studies. That will help to develop a shared vision of what must or could be included in a hospitality offer/territory promotion web site, and on the basic procedures to create a simple set of instruments. During day 1 and 2 different moments will be dedicated to the collection and discussion of experiences and good practices brought by participants.

Day 3: Atelier activities In this moment, participants will have a communication map, and an overview of basic digital instruments. Implementing that plan will probably take more effort, but it is important that participants are made aware that the basic entry point in digital promotion can be lowered through proper design and rapid development models. To this purpose, day 3 will propose an atelier activity, where participants will be engaged in developing small digital communication objects for the promotion of the local territory. The focus will not be on technical development

tricks, but on lowering costs and barriers to the use of digital media for local tourism promotion in practice.

Day 4: Web promotion Once digital communication instruments are ready, promotion sets in. Day 4 is dedicated to presenting and understanding the basics of web promotion, how it works and how to take advantage of it. This will include a discussion about e-mailing, search engine optimization and promotion, and viral marketing. Also, these techniques will be analyzed with respect to the various moments in the yearly lifetime of a hospitality service/attraction. The focus is on the CHANNELS to promote the media and convey desired messages to the target audience.

Day 5: Action! Day 5 will be devoted to the actualization of the proposed path for each of the participant's own hospitality structures and services. Each participant will (a) revise the communication map (b) select relevant media and develop a communication plan, and (c) develop a realistic implementation plan. The groups will provide “critical friend” reviews, with proper scaffolding from trainers. After the workshop, some follow-up activities will be organized, mainly to support and evaluate the activities put in practice by participants and in order to activate the network of the participants and stimulate communication. Expected outputs (especially in terms of the learning outcomes for the participants) In general, participants will acquire information and develop skills on how to promote their own hospitality offers and the territory (both culture and landscapes). In particular, at the end of the workshop the participants will be able to: - identify key messages and values to communicate to promote their own hospitality offer; - develop a communication map connecting values, messages and audiences; - design and develop basic media items for digital promotional activities; - recall case studies of good practices in web local tourism promotion; - identify proper instruments and tools for web promotion; - exchange cultural views and interpretations of what hospitality is; - devise an implementation plan. Also, the workshop aims at creating a professional network among the participants, including the trainers. For this purpose, a workshop website will be made available also after the workshop.

Workshop Organiser:

Associazione seed

Contact details:

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6952 Porza
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www.seedlearn.org

Workshop Reference number: 2012-1-CH1-GRU13-00452

Venue: Walchwil

Date of the Workshop: 16/05/2013 - 20/05/2013

Öffnung für Bildung

Subject area: Addressing target groups with special needs
Development of training courses
Family / parent education

Working language(s): DE

Target Group + Translation:

Frauen / Women

Main activities Programme + Programme translation:

Unterrichtseinheiten, Vorträge, Diskussionen und Austausch von Erfahrungen (oral-history Konzept).

Durch eine Öffnung für Bildung sollen Suryoye-Assyrer-Frauen die Möglichkeit erhalten, Zugang zu Bildung zu finden. Dies soll sie dabei unterstützen, ihre an das Haus gebundene Rolle als Hausfrau und Mutter zu relativieren, um mehr Selbstbewusstsein und Stärke zu erlangen und ein europäisches Verständnis und eine gesunde Integration in die "europäische" Gesellschaft zu finden. Bei dem Workshop werden Suryoye-Assyrer-Frauen aus verschiedenen Ländern Europas zusammengeführt und ihnen wird die Chance gegeben, mit Frauen in derselben Lage zu kommunizieren und bedarfsgerecht gemeinsam zu lernen. Durch die Teilnahme von Frauen aus den einzelnen Ländern können unterschiedliche Kenntnisse und Erfahrungen eingebracht werden. Der Workshop wird ein umfangreiches Bildungsprogramm bereitstellen, das dazu beitragen soll, dass die Frauen aus der defizitären Situation herausgeführt werden. Denn nur durch ihre (Weiter-) Bildung kann ihre gesellschaftliche und kulturelle Lage verbessert werden. Sie lernen selbstsicherer und selbständiger zu werden. Die neuen Bildungschancen für die Frauen werden grundlegende und nachhaltige Auswirkungen auf ihre familiäre Situation haben. Die Frauen lernen im Workshop neben den Bildungsinhalten im engeren Sinn sich selbst zu organisieren: ihr Wissen an andere Suryoye-Assyrer-Frauen weiterzugeben, diese zu aktivieren, ihnen durch ihr Vorbild Mut zu machen und sie dazu zu bringen, sich an Bildungsangeboten aktiv zu beteiligen.

Workshop Organiser:

Union Freie Frauen Bethnahrin

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Aabachstr. 19
6300 Zug
CH-SWITZERLAND
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Workshop Reference number: 2012-1-CH1-GRU13-00455

Venue: Caux sur Montreux

Date of the Workshop: 01/04/2013 - 05/04/2013

Empowering Women's Leadership within Civil Society

Subject area: Active citizenship
Gender issues, equal opportunities
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

Active members of the civil society in Europe, both from diaspora communities and host societies, particularly but not exclusively women.

Main activities Programme + Programme translation:

In this workshop, participants will learn different dimensions of empowerment through a facilitative leadership style and gender approach, focusing on women of minority groups. We will be analysing together women's international legislation, gender-sensitive policies, interventions and rights-based practices within their leadership role in the education, governance and entrepreneurship fields. The training has been developed by the Institute of Cultural Affairs, Spain and has taken the approach of Initiatives of Change into consideration. It is embedded in and an integral element of the conference entitled 'Learning to live in a multicultural world: Tapping Civil Society's Potential' hosted by CAUX-IofC.

Workshop Organiser: Fondation CAUX-Initiatives et Changement

Contact details: Luzernerstrasse 94
6010 Kriens
CH-SWITZERLAND
E-mail: info@caux.ch
www.caux.ch

Workshop Reference number: 2012-1-CZ1-GRU13-10209

Venue: Znojmo

Date of the Workshop: 30/06/2013 - 07/07/2013

CULTURAL AND HISTORICAL EXPERIENCE IN THE BORDER REGION - ACQUIRING HISTORICAL CONTEXT BY CREATIVITY

Subject area: Regional identity
History and social science
Cultural heritage

Working language(s): EN

Target Group + Translation:

Creative people older than 18

Main activities Programme + Programme translation:

Workshop will be organized by the NGO “Na Věčnosti”, experienced organizer of cultural and awareness raising events in Znojmo. The content of the workshop will be educational - experiential program that guides visitors through important milestones of the history of Znojmo region from prehistoric times to the present with prospect of the future. The program will consist of theoretical lectures, excursions to cultural and natural monuments, and especially artistic outputs (music, art and theatre workshops) in response to experiences gained exploring the historical facts. Each day will focus on different historical stage (Palaeolithic period, middle Ages, Renaissance, Baroque, post-war period, the present). All activities will be conducted by erudite experts. The main mission of this workshop is for participants to develop the ability to find aesthetic values and cultures of the world and evoke seeking cultural values as an opportunity to enrich their own lives.

Workshop Organiser: Na Věčnosti, o.s.

Contact details: Velká Mikulášská 463/11
669 02 Znojmo
CZ-CZECH REPUBLIC
E-mail: andrea@sramlfest.eu
www.sramlfest.eu; www.navecnosti.cz

Workshop Reference number: 2012-1-CZ1-GRU13-10273

Venue: Prague

Date of the Workshop: 28/03/2013 - 04/04/2013

Break the silence

Subject area: Addressing target groups with special needs
Artistic education, also including Arts and Crafts and Music
Inclusive approaches

Working language(s): EN

Target Group + Translation:

Deaf and hearing people.

Main activities Programme + Programme translation:

The project “Break the silence” is an integrative workshop that will bring together both deaf and hearing adults. The main topic of the workshop will be culture in different points of view, through which we would like to show that deaf and hearing worlds are alike. Culture is a great tool how to integrate different groups of people and the workshop will be an innovative international learning experience. The mix between the 2 worlds: people who cannot hear and the ones who can will be an enrichment for all the participants and other people outside the group, breaking certain barriers and prejudices. During the workshop, we will use creative pedagogical tools like theatre, music, poetry and other cultural workshops in order to create a group dynamics, learn more about the cultures of deaf and hearing people and to empower participants. We will also concentrate together on intercultural learning. The non-verbal communication will be used as a working method and international sign language will be taught to all the participants.

Workshop Organiser: Humanitas – Profes, o.p.s.

Contact details: U Vinohradské nemocnice 3
130 00 Praha 3
CZ-CZECH REPUBLIC
E-mail: hp@humanitas-profes.cz
www.humanitas-profes.cz

Workshop Reference number: 2012-1-CZ1-GRU13-10276

Venue: České Budějovice

Date of the Workshop: 10/06/2013 - 14/06/2013

Health risks in your home and how to fight it

Subject area: Health education
Environment / sustainable development
Family / parent education

Working language(s): EN

Target Group + Translation:

Adult learners having interests to learn about health living conditions in homes

Main activities Programme + Programme translation:

Arrival 9.06.2013 Morning or early afternoon, accommodation. Late afternoon meeting: Mutual introduction, Icebreaker. Expectations of participants, discussion, presentation of objectives and detailed program description. Evening: Dinner

10.06.2013 Theme: Healthy home towards modern living. Morning: lecture, exchange of information and discussion. Afternoon : Analytical workshop: How healthy is your home?

11.06.2013 Theme: Construction materials and construction defects towards health risks in your home/house Morning : Lecture, exchange of information and discussion. Afternoon : Creative workshop: Freeing home from unhealthy construction practices

12.06.2013 Theme: Managing internal air quality in your home. Morning: lecture, exchange of information and discussion. Afternoon : Guided tour in and around České Budejovice

13.06.2013 Theme: "Survival in a sick home/house. Morning : lecture, exchange of information and discussion. Afternoon : Analytical workshop: Identify the symptoms and find solutions

14.06.2013 Theme: Go for sustainable home/house. Morning : lecture, exchange of information and discussion. Afternoon: Creative workshop „How can I make my home/house sustainable?“ Late afternoon : Questions and answers, distribution of certificates, evaluation of the workshop etc. Evening: Dinner Departure Departure from České Budějovice

Workshop Organiser: Vysoká škola technická a ekonomická v Českých Budejovicích

Contact details: Okružní 10
37001 České Budějovice
CZ-CZECH REPUBLIC
E-mail: vstecb@vstecb.cz
www.vstecb.cz

Workshop Reference number: 2012-1-CZ1-GRU13-10301

Venue: Praha

Date of the Workshop: 01/07/2013 - 10/07/2013

Treffen mit dem Prager Jugendstil mit Tschechisch

Subject area: Addressing target groups with special needs
Cultural heritage
Social integration / exclusion

Working language(s): DE

Target Group + Translation:

Main activities Programme + Programme translation:

Die Teilnehmer sollen typische Elemente des Prager Jugendstils kennenlernen durch – den Besuch von bekannten Prager Bauwerken im Jugendstil, das Kennenlernen des Jugendstilkünstlers Alfons Mucha und den Besuch des Museums von Alfons Mucha das Anfertigen von Plakaten im Stile von Alfons Mucha, durch das Anfertigen von Schmuck im Jugendstildesign (Basteln mit Perlen) Zusätzlich werden Grundkenntnisse der tschechischen Sprache vermittelt.

Workshop Organiser: Lundonia s. r. o.

Contact details: Hlavní 4
25207 Štechovice
CZ-CZECH REPUBLIC
E-mail: eva.mach@lundonia.cz
www.lundonia.cz

Workshop Reference number: 2012-1-DE2-GRU13-11900

Venue: Oberhof Ballenstedt

Date of the Workshop: 27/05/2013 - 02/06/2013

DiG - Deaf in the Garden

Subject area: Active citizenship

Artistic education, also including Arts and Crafts and Music
Environment / sustainable development

Working language(s): EN

Target Group + Translation:

Hörgeschädigte und Gehörlose Erwachsene in Europa mit Interesse an der aktiven und kreativen Auseinandersetzung mit Natur und Kunst.

Main activities Programme + Programme translation:

DiG ist ein Bildungs- und Begegnungsprojekt, das sich explizit an die Zielgruppe der gehörlosen und hörgeschädigten Menschen in Europa richtet. Diese Bevölkerungsgruppe ist oft strukturell aus dem europäischen Programm Lebenslanges Lernen ausgegrenzt, weil z.B. keine Gebärdensprachdolmetschung vorgesehen ist. DiG will zeigen, dass Gärten und Parks für das partizipative und gemeinschaftliche Lernen von gehörlosen Menschen ein ideales Handlungsfeld sind. In Gärten kann eine aktive Einbindung der gehörlosen Teilnehmer in den interkulturellen Austausch ohne die Kenntnis anderer Gebärdensprachen, und oft auch ohne Dolmetscher, ermöglicht werden. DiG verbindet künstlerische und gärtnerische Aktivitäten und stellt die non-verbale Kommunikation in den Vordergrund. Die Aktivitäten Kräuterkunde und Gemüsekunde stellen Elemente der Gartennutzung dar. Pflege dekorativer Gärten (Blumenkunde) ist ein Element der Gartenästhetik. Trommeln, Malerei und Pantomime schaffen den Übergang zur künstlerischen Betätigung in Gärten und bedeuten eine erweiterte Form der Kommunikation der Gehörlosen mit hörenden Menschen untereinander.

The workshop DiG is a European education project within the EU's Lifelong Learning Program project designed specifically for the needs of the hearing impaired adult population of the continent. Hearing impaired Europeans are often structurally excluded from projects that typically depend on verbal communication as a tool for education, and translation always comes with a certain loss of information. Gardens, Parks and urban green spaces represent an ideal field of action for participative, collaborative and intercultural learning approach to be applied within this project. Productive and creative garden(ing) activities allow a proactive involvement of hearing impaired participants from different countries without the need to learn foreign sign languages or to be dependent on translation. The workshop DiG combines art and gardening using non-verbal communication. The activities concerning herbs and vegetables show how to use gardens in a practical way. Also experiencing the beauty of gardens by using the senses (touching, smelling, visualization) will open the access to the esthetics of cultivated green spaces. Percussion, Pantomime and painting will be the elements of DiG using a garden as a background to create art.

Workshop Organiser:

Gartennetz Deutschland e.V. c/o HORTEC

Contact details:

Meierottostr. 7

10719 Berlin

DE-GERMANY

E-mail: info@gartennetz-deutschland.de

<http://www.gartennetz-deutschland.de/>

Workshop Reference number: 2012-1-DE2-GRU13-11681

Venue: Stein

Date of the Workshop: 09/06/2013 - 15/06/2013

Women are getting active - aging with joy! Frauen werden aktiv - Lustvoll Älterwerden gestalten

Subject area: Artistic education, also including Arts and Crafts and Music
Gender issues, equal opportunities
Intergenerational learning / learning in later life / senior citizens

Working language(s): DE

Target Group + Translation:

Frauen. Es sind keine besonderen Voraussetzungen oder Kenntnisse nötig.

Women. There are no special qualifications or abilities necessary.

Main activities Programme + Programme translation:

Wir möchten mit Ihnen den Prozess des Älterwerdens beleuchten und gemeinsam herausfinden, wie frau Älterwerden lustvoll gestalten kann. Unter den Schlagworten Gesundheit, Selbstfürsorge, Bewegung, Entspannung und Kreativität erwartet Sie ein vielfältiges Programm. Wir werden: - uns bewegen im morgendlichenm Lauftreff, - mit Qi Gong unser Wohlbefinden steigern, - mit Zapchen somatics, einer engergetischen Körperübungsform, die Achtsamkeit stärken, - Uns über Wünsche und Erleben vomn Älterwerden austauschen, - erfahren, warum es wichtig ist das Thema unter weiblicher Sicht zu beleuchten,, - mittels Meditation und Selbstmassage entspannen, - gemeinsam filzen und damit kreative Ideen für unsere Lebens- und Freizeitgestaltung bekommen, - eine Genuss-SBstadtführung durch Nürnberg machen und auf den Spuren berühmter historischer Frauen wandeln, - die Mosaiktechnik kennenlernen und ein gemeinsames Kunstwerk erschaffen, - durch eine Heilkräuterwanderung erfahren, wie ich mir und meiner Gesundheit etwas Gutes tun kann, - Tänze zur Entf-Faltung tanzen, - durch Sprachanimation Lust auf das Sprechen fremder Sprachen bekommen, - uns bei allen diesen Punkten die Vielfalt der Frauengruppe bewusst machen und uns über unsere Herkunft und Lebensrealitäten austauschen, - versuchen, die kulturelle Brille abzustreifen, - ein schönes Abschiedsfest am Ende der Woche miteinander feiern. - Antworten finden wie eine Jede lustvoll Älterwerden gestalten kann!

We would like to illuminate the process of getting older with you and find out, how women can shape their own concept for aging with joy. Keywords are health, self-care, to be in motion, relaxation and creativity – with them we builted a varied program for you. We will: - move ourselves with a morning walk - enhance our wellbeing with Qi Gong - strengthen our attentiveness with „Zapchen somatics“, an engergetic body work - exchange out wishes and experiences of getting older - notice, why it is important to illuminate this topic with a female point of view - relax with meditation and self-massage - felting together and get creative ideas for our recreational activities and lives - have a consumption guided tour through Nürnberg and walk in the footsteps of historical famous women - get to know the mosaic technique and create a collective art work - learn

how to do something good for my health during a guided walk with medicinal herbs - dance some dances for our unfolding - have some language animation to get some courage to speak other languages - be aware of the diversity of this women group and share our life realities and our cultural backgrounds - try to pull of our cultural glasses - have a nice farewell party at the end of the week - find answers how to be active and age with joy!

Workshop Organiser:

FrauenWerk Stein e.V. Fachstelle für Frauenarbeit der evang.-luth. Kirche in Bayern (ELKB)

Contact details:

Deutenbacher Str. 1
90547 Stein
DE-GERMANY
Tel.: 00 49 91 16 80 61 32
00 49 91 16 80 61 67
Fax: 00 49 91 16 80 61 77
E-mail: leisenheimer@frauenwerk-stein.de
www.frauenwerk-stein.de

Impressionen: von Augenblicken und Blickwinkeln

Subject area: Intercultural education
Cultural heritage
Intergenerational learning / learning in later life / senior citizens

Working language(s): DE

Target Group + Translation:

Generationsübergreifender Workshop für Erwachsene über 18 Jahren, die Impressionen und Augenblicke unter verschiedenen Blickwinkeln fotografisch festhalten möchten, die die kulturelle Vielfalt Bayerns entdecken und sich interkulturell austauschen möchten; die bestrebt sind, ihre Deutschkenntnisse zu verbessern.

Main activities Programme + Programme translation:

Den Augenblick festhalten, ein flüchtiger Moment des Glücks, der Schönheit, der Freude, den Lichteinfall auf einem Gesicht, auf einer Blume, auf einem Kunstwerk, auf einer Landschaft zu verewigen, das wünschen wir uns oft. Beim Fotografieren versuchen wir es auch. Und danach bei der Betrachtung der Bilder sehen wir diese immer wieder mit anderen Augen, von einem anderen Blickwinkel. Ist aber das, was uns bewegt auch das, was andere bewegt? Ist unser Verständnis für das Schöne und für die Kultur das Gleiche wie bei unseren europäischen Mitbürger/innen? Welchen Einfluss hat unsere Herkunft auf unsere Sichtweise, auf unsere Betrachtungsweise? Welche unterschwellig kulturellen Elemente prägen unbewusst unsere Sichtweise und Impressionen? Wir gehen gemeinsam auf Jagd nach Augenblicken, die wir fotografisch versuchen festzuhalten, die wir aus verschiedenen Blickwinkeln betrachten und die wir als Impressionen wiedergeben.

1. Praktische Tipps rund um das Fotografieren
2. Kleine Geschichte des bayerischen Alltags
3. Augenblicke festhalten, ist es möglich? Augenblicke in unserer Erinnerung.
4. Was sehe ich in diesem Bild? Über Sichtweise und Blickwinkel.
5. Prägung der Menschen durch ihren eigenen Kulturkreis und ihr Einfluss auf unsere Wahrnehmung von kulturellen Gegebenheiten
6. Gemeinsamkeiten des europäischen Erbes Die Aktivitäten rund um das Fotografieren, das eine Vielfalt von Vergleichen ermöglicht, gestalten sich auf vier Ebenen: das Entdecken, die Kreativität, der Blickwinkel und die Reflexion.

Workshop Organiser:

Volkshochschule Olching e.V.

Contact details:

Hauptstrasse 82

82140 Olching

DE-GERMANY

Tel.: 00 49 81 42 44 69 81

00 49 81 42 48 99 55

Fax: 00 49 81 42 44 39 67

E-mail: intercultural@sajons.com

www.vhs-olching.de

Workshop Reference number: 2012-1-DE2-GRU13-11888

Venue: Erfurt

Date of the Workshop: 17/03/2013 - 24/03/2013

Sprachenlernen anders - Im Dialog mit Johann Sebastian Bach

Subject area: Methods to increase students motivation
Foreign language teaching and learning
Recognition of non-formal and informal learning

Working language(s): DE

Target Group + Translation:

Erwachsene, die einst erlerntes, jedoch nicht mehr anwendungsbereites Wissen in der deutschen Sprache durch informelles und nonformales Sprachenlernen verbessern möchten und die sich für Kulturgeschichte (Musik/ Bach) interessieren.

Main activities Programme + Programme translation:

Der Workshop bietet die Möglichkeit, einst gelerntes, jedoch nicht mehr anwendungsbereites, Wissen in der deutschen Sprache zu aktivieren und zu erweitern. Hierzu werden verschiedene Methoden des informellen Lernens genutzt. Am Beispiel der Biografie und den Wirkungsstätten des weltberühmten Komponisten Johann Sebastian Bachs werden die Themen Familie, Kindheit, Jugend, Arbeit und Musik behandelt. Exkursionen zu verschiedenen Wirkungsstätten in der Umgebung des Workshops dienen dazu, die Themenfelder selbst zu erschließen und das Erlernte im Sprachgebrauch zu trainieren. Die Exkursionen werden durch die Teilnehmenden selbst organisiert, was ihre Sprachkompetenz in Bezug auf das Thema „Reisen“ festigt. Die Teilnehmenden erkunden das Geburtshaus Bachs in Eisenach, Städte, Dörfer und Kirchen Thüringens, in denen Mitglieder der Bach-Familie – der Bache – geboren, getauft und getraut wurden und nicht zuletzt die Thomaskirche in Leipzig, wo Bach als Thomaskantor tätig war. Sie lernen dabei anhand von täglich gestellten Arbeitsaufgaben, die deutsche Sprache zu verstehen und in ihr zu kommunizieren. Der Lernfortschritt wird täglich dokumentiert (z.B. in Mindmaps, Interviews, Präsentationen). Natürlich wird auch die Musik nicht zu kurz kommen: Wir lernen Instrumente kennen und besuchen ein Abendkonzert. Wir nehmen am Hausmusikabend einer Familie teil und frönen so einer Tradition, die in Erfurt wieder öffentlich praktiziert wird. Wir werden über die Verbindung von Bach und Luther den Bogen schlagen zu Lutherdekade.

Workshop Organiser: Ländliche Erwachsenenbildung e.V.

Contact details: Hinter dem Bahnhof 12
99427 Weimar
DE-GERMANY
Tel.: 00 49 36 43 74 98 13
00 49 36 16 53 67 42
Fax: 00 49 36 43 74 98 10
E-mail: sittig.e@leb.de
www.th.leb.de

Workshop Reference number: 2012-1-DE2-GRU13-11744

Venue: Haus Rosemarie Reichwein, Berlin **Date of the Workshop:** 12/05/2013 - 18/05/2013

Kunst als Sprache entdecken - Ich nehme wahr und ich teile mich mit.

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
Intercultural education

Working language(s): DE

Target Group + Translation:

Der Workshop richtete sich an Menschen in Europa, die ein Interesse daran haben, mehr über das Medium Kunst zu erfahren und selbst künstlerisch aktiv zu werden. Besondere Vorkenntnisse sind hierbei nicht erforderlich. Bewerbungen von Menschen mit Behinderung werden bevorzugt behandelt.

Main activities Programme + Programme translation:

Im Rahmen des Workshops treffen Menschen aus unterschiedlichen europäischen Ländern zusammen, um gemeinsam künstlerische Werke zu betrachten und gleichzeitig selbst künstlerisch aktiv zu werden. Kunst wird hierbei als ein Kommunikationsmedium gesehen. Mit Hilfe der Kunst werden wir uns in einer Art und Weise austauschen, die uns im alltäglichen Leben nicht zugänglich ist. Die künstlerische Arbeit ermöglicht es uns darüber bewusster zu werden, wer wir selbst sind und versetzt uns gleichzeitig in die Lage, dieses auszudrücken. Indem wir uns selbst ausdrücken erlauben wir es wiederum anderen, uns wahrzunehmen und diese Wahrnehmung für den eigenen künstlerischen Prozess nutzbar zu machen. Durch dieses gegenseitige Geben und Nehmen entsteht ein künstlerischer Raum, in dem wir ein tiefes Verständnis füreinander und für uns selbst entwickeln können. Der Workshop besteht aus einem Wechsel von Führungen durch die Berliner Kunst- und Kulturlandschaft einerseits und Kursen der Malerei und Fotografie andererseits. Am letzten Tag des Workshops werden wir gemeinsam eine Ausstellung organisieren. Jeder, der sich angesprochen fühlt, kann an dem Workshop teilnehmen. Vorkenntnisse in der Malerei oder im Fotografieren sind hierfür nicht notwendig, da jeder Mensch das Potential zur künstlerischen Selbstdarstellung von Natur aus in sich trägt.

Workshop Organiser: EU-Fundraising Association e.V.

Contact details: Friedrichstraße 17
80801 München
DE-GERMANY
Tel.: 00 49 30 60 98 57 12 0
Fax: 00 49 30 60 98 5712 1
E-mail: birgit@kuhley.de; kunstwerkstatt@kuhley.de
www.eu-fundraising.eu

Workshop Reference number: 2012-1-DE2-GRU13-11904

Venue: Freising (bei München)

Date of the Workshop: 07/06/2013 - 13/06/2013

Kompass - das Altern aktiv gestalten - neue Orientierungen für die nachberufliche Lebensphase

Subject area: Intergenerational learning / learning in later life / senior citizens
Active citizenship
Addressing target groups with special needs

Working language(s): DE

Target Group + Translation:

Menschen 55plus, vor allem bildungsferne, im Übergang zur nachberuflichen Phase, die diesen Schritt bereits vollzogen haben oder für die er unmittelbar bevorsteht.

Main activities Programme + Programme translation:

Wir bieten Ihnen neue Orientierungen für ein aktives Leben nach Ihrer Berufsphase. Sie erhalten im Workshop einen Überblick über gesellschaftliche Chancen und Hindernisse für ein aktives Leben im Alter in Europa. Bei Exkursionen nach München lernen Sie originelle Projekte des aktiven Alterns kennen. Sie erfahren, wie die deutsche Großstadt München den demographischen Wandel erlebt und damit umgeht. Im Dialog mit älteren Menschen aus mehreren europäischen Ländern, vor allem aus Deutschland, Frankreich, Luxemburg, Niederlande, Österreich und Tschechien lernen Sie, wie Sie Ihr Leben als Rentner sinnvoll gestalten, welche Träume und Wünsche Sie verwirklichen möchten.

Workshop Organiser:

Kifas gemeinnützige GmbH

Contact details:

Hofgartenstr. 2
93449 Waldmünchen
DE-GERMANY
Tel.: 00 49 99 72 94 14 85
00 49 17 28 69 70 27
Fax: 00 49 99 72 94 14 65
E-mail: bernhard.eder@kifas.org
www.kifas.org

Workshop Reference number: 2012-1-DE2-GRU13-11666

Venue: Bad Bederkesa

Date of the Workshop: 09/06/2013 - 17/06/2013

Green Learning: Energie sparen – Klima schützen

Subject area: Environment / sustainable development

Working language(s): DE

Target Group + Translation:

Menschen die an Nachhaltigkeit, Klimaschutz und praktischer Energieeinsparung interessiert sind und die Freude haben, in einer multinationalen, alters- und geschlechtergemischten Gruppe mit- und voneinander zu lernen. Menschen, die über ein geringeres Einkommen verfügen und sich Kompetenzen aneignen möchten, die ihnen helfen, Energiekosten zu sparen.

Adult learners, who are interested in sustainable development, climate protection and energy savings and who like to work and learn within an international group of mixed age and gender.

Main activities Programme + Programme translation:

Die Teilnehmer/innen erarbeiten sich den Themenkomplex Klimaschutz, Energieeinsparung und Kostensenkung. Wir bieten einen experimentellen Erfahrungs- und Ideenraum für nachhaltiges Leben und Wirtschaften. Während der Woche werden wir unterschiedliche und sehr praktische Möglichkeiten und Technologien kennenlernen, die uns helfen, Energie zu sparen und Kosten zu senken. Wir untersuchen zum Beispiel verschiedene Energieverbräuche im Bildungszentrum und vergleichen diese mit Verbräuchen von Häusern in der Nachbarschaft. Die unterschiedlichen Resultate und Lösungsvorschläge werden diskutiert und visualisiert. Inspirierende Experten, eine Vielzahl zukunftsweisender Beispiele zur Energiekostensenkung und die Erfahrungen der Teilnehmenden regen die Arbeit in der Gruppe an. Der Workshop findet in einem Plus-Energiehaus statt, in dem auf anschauliche Weise anwendungsorientiertes Wissen über Möglichkeiten der Energie- und Kostensenkung auch in Mietwohnungen angeeignet werden kann und das auf das tägliche Leben der Teilnehmenden übertragbar ist. Zusätzlich werden wir ein Entwicklungszentrum für erneuerbare Energien und Offshore-Windkraftanlagen besuchen. Theoretisches und praktisches Lernen ergänzen sich während des Workshops. Zudem verbleibt ausreichend Zeit, um während der Woche individuelle Erfahrungen und Kenntnisse zu Klimaschutz und Energieeinsparung auszutauschen.

The participants will consider the context of climate protection, energy savings and cost-saving opportunities. We offer a meeting place for exchange of experiences, ideas and methods of learning and acting for a sustainable development. We will acquire knowledge about different practical technologies for saving energy. The participants explore for example the size of the annual use of energy within the building we live and work in as well as in houses of the neighbourhood. The results and solutions will be discussed and visualised. We will become inspired and motivated by impressing examples, fascinating experts and trough the members of the group. The workshop will take place in a plus-potential energy-building. We are looking for descriptive and clear examples for applied knowledge, that could transferred to every-day use. Additionally we will come to see a development center for regenerative energy production and offshore technology. Theoretical and

practical learning will come together throughout the course. There will be sufficient space during the week for the exchange of individual experience and knowledge about climate protection and energy savings. After completing the workshop, the participants will: - gain knowledge on sustainable development and energy savings - be inspired by real examples of climate protection and sustainable lifestyle practices - be able to transfer their experience and practical solutions to every-day use

Workshop Organiser:

Ev. Bildungszentrum Bad Bederkesa

Contact details:

Alter Postweg 2
27624 Bad Bederkesa
DE-GERMANY
Tel.: 00 49 47 45 94 95 0
00 49 47 45 94 95 12
Fax: 00 49 47 45 94 95 96
E-mail: Joerg.matzen@ev-bildungszentrum.de
www.ev-bildungszentrum.de

Workshop Reference number: 2012-1-DE2-GRU13-11301

Venue: ev.Tagungsstätte Wildbad in Rothenburg ob.d.Tauber

Date of the Workshop: 14/04/2013 - 21/04/2013

“Mein Schatten – Mein Licht”, ein integrativer Coaching-Workshop für europäische Frauen mit und ohne Behinderung

Subject area: Addressing target groups with special needs
Methods to increase students motivation

Working language(s): DE

Target Group + Translation:

Frauen mit und ohne Behinderung ab 25 Jahren

Main activities Programme + Programme translation:

In diesem Workshop werden wir uns mit der Rolle von behinderten, europäischen Frauen in der Gesellschaft auseinandersetzen. Am Beispiel von berühmten europäischen Frauen, deren Behinderungen im öffentlichen Leben nicht wahrgenommen wurden, werden wir erarbeiten, inwiefern sich das Bild der Frau in Europa im allgemeinen und das der behinderten Frau im besonderen, im Laufe der Zeit geändert hat. An Hand von Bildern und Filmaufnahmen werden wir differenzieren, wie diese Frauen von der Gesellschaft wahrgenommen wurden und wie sie sich selbst wahrgenommen haben. Wir werden das Geburtshaus einer berühmten Frau mit Behinderung besuchen und ihre Lebensgeschichte erfahren.

Workshop Organiser: Institut für Supervision und Praxisentwicklung in Sozialen
Handlungsfeldern e.V. Bielefeld

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33615 Bielefeld
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Tel.: 00 49 52 11 76 89 0
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www.isp-bielefeld.de

Kreative Wege aus der europäischen Identitätskrise – jeder Europäer behält seine Identität und ist trotzdem Teil eines zusammenwachsenden Europas

Subject area: European citizenship and European dimension
Learning about European countries
Social integration / exclusion

Working language(s): DE

Target Group + Translation:

Europäische BürgerInnen verschiedener Altersgruppen, mit oder ohne Behinderungen, die sich auf kreative Weise mit ihrer europäischen Identität sowie mit Europas Zukunft beschäftigen möchten und die Interesse an einer gemeinsamen, intensiven und internationalen Lernerfahrung haben.

European citizens of both genders and all ages, with or without disabilities - who want to find out more about their European Identity and about Europe's future in a creative way - who are interested in an innovative and common multinational learning experience

Main activities Programme + Programme translation:

Der Workshop bietet den Teilnehmern unterschiedlicher kultureller und religiöser Herkunft die inklusive und multinationale Lernerfahrung, ihre eigene europäische Identität zu entdecken, sich mit der europäischen Identitätskrise auf kreative Weise auseinander zu setzen und sich Gedanken über Europas Zukunft zu machen. Wir unternehmen mit den Teilnehmern zunächst eine Zeitreise zurück in das Jahr 1685, um mehr über europäische Geschichte zu erfahren. Durch gemeinsames Kochen und Backen in der Gegenwart lernen wir, auch ohne große Worte miteinander zu kommunizieren. In der abschließenden Zukunftswerkstatt beschäftigen wir uns auf künstlerische und kreative Weise (Collage, Patchworkarbeit) mit unserer eigenen Identität und der Zukunft Europas. Wir planen nur mit 12 Teilnehmern, um eine persönliche und entspannte Atmosphäre während des Workshops zu gewährleisten. Grundkenntnisse in Englisch oder Deutsch wären gut, aber wir als Workshopveranstalter sprechen auch mehrere Sprachen.

The workshop will offer to the participants with different religious and cultural backgrounds an innovative and multinational learning experience to find out more about their European Identity and about Europe's future in a creative way. We will travel with the participants back in the year 1685 for a better understanding of European history. Back to the present, we learn with the help of common baking and cooking to communicate informally. The future session gives us the opportunity to express our future visions and shared European identity in a creative way (collage, patchwork). We only have 12 participants to guarantee a personal and relaxed atmosphere during the workshop. Basic skills in German or English would be of advantage but we also speak various languages.

Workshop Organiser:

International Guardianship Network e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11813

Venue: wohnen Plus Tagungshaus in Tiefurt – Weimar

Date of the Workshop: 04/05/2013 - 10/05/2013

Kraftquellen - Schatzsuche in Frauenbiographien

Subject area: Intergenerational learning / learning in later life / senior citizens
Intercultural education
Health education

Working language(s): EN

Target Group + Translation:

Women in the age above 60 and young women in the age between 25 and 40. They should like to enter a mutual process by looking on their biographical experiences which they have made across generations.

Women in an intercultural exchange to acknowledge the different biographical as enriching and to use them.

Women looking for means to shape their lives in a healthy, committed, and responsible way.

Frauen im Alter von 25 bis 40 und zum Anderen an Frauen über 60 Jahren, die in einen gegenseitigen generationsübergreifenden biographischen Austausch treten möchten.

Frauen interessiert sind im interkulturellen Austausch die unterschiedlichen biographischen Erfahrungen als Bereicherung zu erkennen und zu nutzen.

Frauen die Wege suchen, gesund, engagiert und selbstverantwortlich ihr Leben zu gestalten.

Main activities Programme + Programme translation:

In this workshop we will bring again to our awareness the competences, potentials, and coping strategies gained in our lives so far in order to use them in a healthy, self-conscious and self-responsible way to structure our lives. The intercultural exchanges which goes over different generations leads to mutual strengthening and enlargement of conceptions of life. Women can be models for each other and exchange strategies of life and coping with difficulties in life. Sources of strength and health are to be looked for and exchanged and made usable for the future. This will lead to the recognition that women will be able to manage their numerous roles and tasks in society in a more self-confident and self-responsible way. For this endeavour we will take inspiration from the theory of salutogenesis which poses the question what keeps us healthy in contrast to the factors which make us ill. Thus in this exchange we will stress the “treasures”, resources and potentials which we easily forget in times of crises. We will approach this topic in turning in the first place to historical biographies of women in Weimar which can serve as models. After having looked at the salutogenic aspects of historical biographies of women, we will turn to our own life histories. Employing creative methods as e.g. painting, theatre without words, working with inner images and so forth we will try to overcome language barriers in a rather personal exchange and to find out the personal abilities and potentials which at times are more recognizable in images and stories. By this procedure their relevance for a future vision of life-concepts will emerge.

Wir werden uns in diesem Workshop die bisher im Leben erworbenen Kompetenzen, Potentiale und Bewältigungsstrategien wieder bewusst machen, um diese für eine gesunde, selbstverantwortliche und selbstbewußte Lebensgestaltung zu nutzen. Die Lebenswege von Frauen sind in den verschiedenen europäischen Ländern sehr unterschiedlich. Der interkulturelle Austausch ebenso wie der generationenübergreifende führt zu einer gegenseitigen Stärkung und Erweiterung von Lebenskonzepten. Frauen können füreinander Vorbilder sein und in der generationenübergreifenden Erfahrung Lebens- und Bewältigungsstrategien austauschen und erweitern. Kraft- und Heilquellen werden aufgespürt, ausgetauscht und für die Zukunft nutzbar gemacht. Dies wird dazu führen, dass Frauen ihre vielfältigen Rollen und Aufgaben in der Gesellschaft gesünder, selbstbewußter und selbstverantwortlicher gestalten können. Für diese Arbeit lassen wir uns anregen von der Theorie der Salutogenese, die die Frage nach dem stellt, was uns gesund erhält, im Unterschied zu der Frage nach den krank machenden Faktoren. So werden wir in diesem Austausch "die Schätze", Ressourcen und Potentiale betonen, die wir auf dem Weg unserer bisherigen Lebensbewältigung gesammelt haben. Nachdem wir uns mit den salutogenen Aspekten der historischen Frauenbiographien aus Weimar beschäftigt haben, wenden wir uns unseren eigenen Lebensgeschichten zu. Mit kreativen Methoden werden wir versuchen, Sprachbarrieren in dem doch eher persönlichen Austausch zu überwinden und die manchmal mehr in Bildern oder Geschichten erkennbaren persönlichen Fähigkeiten und Potentiale zu erarbeiten. Dabei wird ihre Relevanz für eine Zukunftsvision sichtbar werden.

Workshop Organiser:

Impuls-Forum für Gesundheit und Prävention e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11534

Venue: Brücke/Most-Zentrum, Dresden

Date of the Workshop: 10/05/2013 - 17/05/2013

"...when borders turn into bridges" - A Graffiti Workshop on Borders

Subject area: European citizenship and European dimension
Intercultural education
Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

European citizens with interest in a multinational week on graffiti and the topic "internal and external border".

Interessierte europäische Öffentlichkeit Bürger mit Lust auf Graffiti-Kunst und Interesse am Thema innerer und äußerer Grenzen.

Main activities Programme + Programme translation:

The workshop invites you to explore the topic "borders" – internal and external ones, political and cultural ones, historical and individual ones. Borders don't only meander through Europe but also through regions, cities; they separate young from old, rich from poor, they separate fan communities. Borders can appear as massive walls. We will dare to tackle those walls – and paint them! By the help of graffiti and other street art techniques we will turn bare walls into paintings. That's how borders can turn into bridges, voiceless borderlands become places of communication. Graffiti professionals will accompany us while developing our own concept for a masterpiece and while realizing it. You don't have to be an expert in spraying at all; experienced participants are welcome, though – everybody is welcome. We also want to go on a Berlin excursion to see the famous Berlin Wall. We will walk along this former border that really became a wall. We'll get to know various places of the graffiti scenes in Berlin and Dresden. Finishing our masterpiece in Dresden, there will be a vernissage party to which we will invite publicly.

Der Workshop lädt ein, das Thema „Grenzen“ zu erkunden – innere und äußere, politische und kulturelle, historische und zwischenmenschliche. Grenzen durchziehen nicht nur Europa, sie durchziehen auch Länder, Regionen, Städte, Familien; sie trennen zwischen Altersgruppen, Bildungsschichten, Fangemeinden. Grenzen können sich aufrichten wie hohe Mauern. Wir wollen uns an diese Mauern wagen - und sie anmalen! Wir werden mit Graffiti und Streetart-Techniken kahle Mauern in Bildern verwandeln. So werden Grenzen zu Brücken; stumme Grenzen werden zu Orten der Begegnung! Graffiti-Profis werden uns begleiten, wenn wir ein Konzept für die Wandgemälde entwickeln und umsetzen. Vorkenntnisse sind nicht erforderlich; wir freuen uns aber auch über Erfahrene – alle sind willkommen. Wir werden für einen Tag nach Berlin fahren und die Berliner Mauer besuchen, an ihr entlang wandern und so eine ehemalige Grenze erleben, die wortwörtlich zur Mauer wurde. Wir werden Orte der Graffiti-Szene in Berlin und Dresden kennenlernen. Zum Abschluss unserer künstlerischen Arbeiten in Dresden wird es eine Vernissage geben, zu der offen eingeladen wird.

Workshop Organiser:

Brücke/Most-Stiftung

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Health at every size

Subject area: Consumer education
Health education
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

People who want to deal with the topic Health in relation to bodyweight.

Menschen, die sich mit dem Thema Gesundheit in Zusammenhang mit Körpergewicht auseinandersetzen wollen

Main activities Programme + Programme translation:

With our workshop "Health at every size" (HAES) we want to focus on an aspect of critical health care, the assumption that a healthy life often demands a change in weight. In the concept of "Health at Every Size" body weight plays no role, instead, it is looked at the whole person and the social environment. The assumption of HAES is, that a life of love and acceptance creates a good condition in order to live a healthy life. Including the experience that weight changes, especially weight loss, very rarely leads to a longlasting success. The goal, an establishment of HAES in Europe, will be too big for such a workshop, but we want to go a step into that direction, knowing, that we face lots of other very tight ideas in health politics concerning the ideas of weight loss, including the economic interest of the whole diet industry. We want to deal with both within the workshop, we want to discuss the social-political context, as well as new ideas with our own possibilities of a healthy life.

Mit unserem Workshop „Health at every size“ (HAES) wollen wir uns dem Gesundheitsaspekt des Körpergewichts und der damit verbundenen Gesundheitsvorsorge kritisch widmen. Bisher wird in der Medizin viel der Gedanke, „Gesundheit durch Gewichtsreduktion“ vermittelt. Bei „Health at every size“ spielt das Körpergewicht keine Rolle, stattdessen wird auf den ganzen Menschen und sein gesellschaftliches Umfeld geschaut. Dahinter steckt die Annahme, dass ein Leben in Liebe und Akzeptanz zu sich selbst, aber auch durch andere Menschen, eine gute Voraussetzung schafft, um gesund leben zu können. Diese Annahme ist verbunden, mit der Erfahrung, dass Gewichtsveränderungen sehr selten zum Erfolg führen, stattdessen Gesundheitsrisiken und verminderte Lebensqualität mit sich bringen. HAES in Europa zu etablieren oder zumindest die Vorstellung, dass dies eine Option sein könnte, heißt dicke Bretter in der Gesundheitspolitik zu bohren. Sehr fest ist die Vorstellung, ein gesundes Leben ist nur mit Gewichtsabnahme zu erreichen, in Gesundheitspolitik und Medien verankert, vom wirtschaftlichen Interesse der Diätindustrie ganz zu schweigen. Wir wollen uns im Workshop sowohl mit den gesellschaftlichen Rahmenbedingungen auseinandersetzen und diese diskutieren, genauso wie mit den eigenen Vorstellungen und Möglichkeiten eines gesunden Lebens.

Workshop Organiser:

Dicke e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11627

Venue: Berlin

Date of the Workshop: 06/05/2013 - 13/05/2013

The Visionary Europe – Visually impaired rethink the world they live to design an accessible and comfortable environment

Subject area: Addressing target groups with special needs
Learning about European countries
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Visually impaired people from all over Europe (in particular with Retinitis Pigmentosa and Usher-Syndrome) who are interested in intercultural exchange and who enjoy creative and experience-based learning.

Main activities Programme + Programme translation:

Visually impaired people from all over Europe come together to exchange positive and negative aspects of their own lives and places concerning mobility and create a visually impaired friendly model of Europe in order to use it as an inspiration for changes in the real world. The realisation will be based on the so-called future workshop method and encompasses three phases. The first phase serves to establish a critical understanding of the theme and the problems in question. Hence, the participants will be asked to explore Berlin and document (writing, photo, clips) all what they discover as problematic in connection to their impairment and compare it to the situation in the places they come from. The results will be categorized on a visual map showing Europe as it is now for visually impaired people. In a second phase the participants work out a utopia, an exaggerated picture of future possibilities. In this so-called Fantasy phase the participants use brainstorming techniques and creative games to find and to reflect utopian solutions. They will imagine and create (draw, making a collage etc.) an “visionary” model of Europe where all the mobility-related problems they experience in the real world are solved. In the last phase, the participants will withdraw from these imaginary world ideas that have a realistic and possible application and will work out practical next steps in order to realize them. Also they will be informed about self-help structures of visually impaired people and possibilities for participation on a national and European level. The workshop will be accompanied by activities for intercultural learning and empowerment. The organizers strive to achieve an environment of inclusion by its accessibility, non-discriminatory and respectful atmosphere and professional educational guidance, staffing and resources.

Workshop Organiser:

Pro Retina Deutschland e. V.

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Imagine: Math could be fun

Subject area: Mathematics

Intergenerational learning / learning in later life / senior citizens

New technologies, ICT

Working language(s): DE

Target Group + Translation:

Menschen der Altersgruppe 50Plus, die Mathe mögen

People in the age of 50 Plus who like math

Main activities Programme + Programme translation:

Der Workshop richtet sich an Erwachsene, die früher in der Schule gern Mathe machten und noch heute Spaß am Rechnen oder Knobeln haben. Die Alterseingrenzung auf die Zielgruppe 50Plus soll einen Rahmen bieten, in dem sich ältere Menschen nicht dem Konkurrenzdruck der „Jungen“ ausgesetzt fühlen. Der Workshop zeigt auf anschauliche Weise, dass Mathe überall ist, Spaß macht und aufregend sein kann. Auf Exkursionen erleben wir Geometrie in Natur und Architektur. Wir zeichnen die Formen nach. Wir lernen, Statistiken auszuwerten und kommen den Tricks der Darstellungen auf die Schliche. Wir beschäftigen uns mit optischen Täuschungen. Wir „spielen“ mit der Mathematik und lösen Fermi-Aufgaben. Der Workshop findet in Erfurt statt – der Stadt, in der Rechenmeister Adam Ries das „Rechnen auf den Linien“ entdeckte. Sie werden Erfurt als eine der schönsten Städte Deutschlands mit mathematischen Augen erleben. Das Ausgangsniveau der Teilnehmenden kann und soll unterschiedlich sein, damit kooperatives Lernen gefördert wird. Die Lust an der PC-Anwendung soll gefördert werden. Dafür steht jedem Teilnehmenden ein PC zur Verfügung. Der Einsatz eines Aktivboards erleichtert auch Ungeübten den Zugang zu den neuen Medien. Das Arbeiten am PC ist NICHT Pflicht. Auch althergebrachte Hilfsmittel wie Zirkel und Schablone können zum Einsatz kommen.

The workshop targets at people who liked math in school lesson and are interested in counting and riddling till today. It offers the chance to re-activate and increase hidden math skills – knowledge which had been acquired once but which isn't available well enough yet. Targeting people of an age of 50 Plus avoids that elder people could feel pressure of competition regarding “Youngsters”. The workshop shows attractively that math is everywhere, funny and exiting. We experience via excursions that geometry accompanies us in nature and architecture. Transferring nature shapes to abstract figures we reactivate formulas that we had learned in school We learn to evaluate statistics and to discover tricks of presentations. We deal with optic deceptions. We “play” with math and solve Fermi tasks. We deal with a lot of media using all our senses. By visiting a company we deal with optimization. The workshop is located in Erfurt – the city where the “Counting master Adam Ries” discovered the Counting on lines.

Workshop Organiser:

Ländliche Erwachsenenbildung Thüringen e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11177

Venue: Wollscheune Königstein

Date of the Workshop: 03/06/2013 - 10/06/2013

Young and elderly People knitting together - Jung und Alt in Europa verstricken

Subject area: Cultural heritage
Intercultural education
Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

Young women and men as well as older women and men (50+), who live in the countryside and are interested in: -intercultural exchange -development of their own personality and creativity - handicraft/handicraft

Junge Frauen und Männer und ältere (50+) Frauen und Männer, die in ländlichen Gebieten leben und interessiert sind an -interkulturellem Austausch, -der Entwicklung ihrer Persönlichkeit und Kreativität durch eignes Tun - Handarbeiten

Main activities Programme + Programme translation:

Knitting is an old tradition in Europe. But it is different from country to country all over Europe. In this workshop we invite young and elderly people from many countries interesting to meet and to exchange about knitting tradition. We will learn to knit in traditional and modern ways. While knitting we will have plenty time taking and getting to know each other intensively. Furthermore, we will have the possibility to exchange about our life experiences in Europe. Day of arrival -arrival - visit to the non-profit club house „Kümmelschänke“, dinner at the club house

1st day -introduction with photographs -introduction to knitting, first trials -guided tour through the “Wollscheune” (“barn of wool”) excursion to a farm with Alpacas and old breeds of farm animals -stroll through Saxon Switzerland

2nd day -presentation in pictures: knitting now and then -development of communal knitting project “Colors of my home” -experimental knitting with recycled fabrics, packaging and wire -small round of reflection at the campfire

3rd day -visit to an non-profit wool workshop of AWO Saxon Switzerland where teenagers work, joint felting with teenagers, introduction to knitting felt -mutual presentation of knitting traditions of European countries -knitting of communal project and demo pieces -input: how I can use the internet for information on knitting and social exchange?

4th day -excursion to Dresden with guided tour focusing on culture -lunch with typical Saxon cuisine -visit to the museum of folk art, a wool shop with knitting courses and galleries

5th day -demonstration of knitting with a knitting mill, finger knitting and “Strickliesel” (knitting nancy) -conclusion of the communal project -during all days: using the Internet for finding information on knitting and people who knit excursion to Königstein fortress

6th day -workshop - evaluation -creation of an exhibition and a documentary in photos -exhibition opening with knitting guests from the region -farewell party Day of departure

Anreisetag -Anreise -Besichtigung des Vereinshauses „Kümmelschänke“, Abendessen im Restaurant des Vereins

1.Tag -Vorstellungsrunde mit Fotos -Einführung in das Stricken, erste Versuche -Führung durch die Wollscheune -Besuch eines Bauernhofes mit Alpakas und alten Haustierrassen -Wanderung in der Sächsischen Schweiz

2.Tag -Bildvortrag: Stricken in Vergangenheit und Gegenwart -Gemeinsames Strickobjekt zum Thema "Farben meiner Heimat" entwickeln. -Experimentelles Stricken mit recycelten Textilien, Verpackungsmaterial und Draht -Kleine Reflexionsrunde am Lagerfeuer

3.Tag -Besuch einer sozialen Wollwerkstatt, der AWO Sächsische Schweiz, die mit Jugendlichen arbeitet. Gemeinsames Filzen mit den Jugendlichen. Einführung in Strickfilz. -Gegenseitiges Vorstellen von Stricktraditionen in europäischen Ländern. -Stricken von Musterstücken -Input: Wie kann ich das Internet fürs Stricken und den Erfahrungsaustausch nutzen?

4.Tag -Exkursion nach Dresden mit kultureller Stadtführung. -Mittagessen mit typisch sächsischer Küche -Besuch des Volkskunstmuseums, eines Wollladens mit Strickkursen und Galerien

5.Tag -Demonstration des Strickens mit der Strickmühle, Fingerstricken und Strickliesel. -Abschluss der Gemeinschaftsarbeit -An allen Tagen: Nutzung des Internets für Informationen über das Stricken und Strickende -Ausflug zur Festung Königstein

6.Tag -Evaluation -Aufbau der Ausstellung, Bilddokumentation -Ausstellungseröffnung mit strickenden Gästen der Region -Abschlussfest Tag der Abreise

Workshop Organisier:

Omse e. V. Verein für Lebenskultur und Gemeinsinn

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Licht & Schatten Bildende Kunst und Performance

Subject area: Addressing target groups with special needs
Artistic education, also including Arts and Crafts and Music
Inclusive approaches

Working language(s): DE

Target Group + Translation:

Erwachsene mit geistiger und körperlicher Behinderung sowie Menschen ohne Behinderung (inklusive Setting).

Main activities Programme + Programme translation:

Der Workshop Name Licht & Schatten soll dazu anregen, über die Licht und Schattenseiten im Leben zu reflektieren und die eigene Persönlichkeit ins „rechte Licht“ zu rücken. Hauptziel des Workshops ist es, Menschen mit und ohne Behinderung aus verschiedenen europäischen Ländern zusammenzubringen und den internationalen Austausch zu fördern. Der Workshop setzt sich intensiv mit neuen Lernwegen auseinander, wobei in einem integrativen/inklusive Setting kreativ, künstlerisch und darstellerisch gearbeitet wird. Die Lernziele werden aus Gefühlen, Stimmungen und eigenen Erfahrungen generiert. Durch gezielte Unterstützung von professionellen Referenten und Therapeuten soll Menschen mit Behinderung die bessere Teilhabe am Gemeinwesen ermöglicht werden. Während des Workshops können die Teilnehmenden (TN) anhand von kreativen Arbeitsweisen (z. B. Brigitte Guggenbiller (Kunsttherapeutin); Vanessa Werneke (Tanzpädagogin); Barbara Hartmann (Theaterpädagogin)) ihre Fähigkeiten und Ausdrucksformen im künstlerischen und darstellerischen Bereich erfahren. Der Workshop ist in drei Hauptmodule gegliedert. Jedes Modul setzt sich intensiv mit verschiedenen Inhalten wie „Ausdruck von Erlebnissen und Gefühlen“ mit Hilfe von Techniken wie z.B. Malerei, Bildhauerei, Tanz und Pantomime auseinander:

- (1) „Kennenlernen“ (Spiele zum Kennenlernen z. B. Speeddating, kleine gegenseitige Interviews, Austausch von Informationen über Lieblingsfarben, Lieblingstätigkeiten oder Lieblingsessen),
 - (2) „Bildende Kunst“ (spielerisches Gestalten eines großen Gemeinschaftsbildes auf Nessel mit Gouachefarben, Malen mit Dripping Technik, Gestalten eines Zaubersteines aus Ytong, Malen eines Teppichs aus der Märchenwelt, etc.),
 - (3) „Performances“ (Ausdruck von Gefühlen durch Körpersprache z. B. Pantomime, Darstellen von Geschichten durch Lichtspiele, Simulation des Spielens von Instrumenten z. B. der „Luftgitarre“).
- Der Workshop wird vervollständigt durch Exkursionen und gemeinsame Abendgestaltung wie z. B. einen Besuch mit Nachtführung im Stuttgarter Zoo, um die Aktivitäten von Nachttieren zu beobachten oder eine nächtliche Stadtführung.

The Workshop „Light & Shadows“ will inspire to reflect on the lighter and shadier sides of life and to put the own personality in the “right light/perspective”. The overall objective is to bring together people with and without disabilities from different European countries and to foster European exchange. The workshop takes intensive stock of new learning methods, working in an

integrative/inclusive setting in a creative, artistic and performing way. The learning outcomes will be generated by feelings, spirits and own experiences. During the Workshop the participants work together with experienced trainers (Brigitte Guggenbiller (arts); Vanessa Werneke (dance); Barbara Hartmann (theater)) on different fields of creative and artistic expression to increase the inclusion/integration of persons with disabilities in society. The Workshop is structured in three main modules. Each module deals intensively with different topics as “Expression of Experiences and Feelings”, „Express Your Motions“ or „Put Yourself in Perspective“ supported by techniques as e.g. painting, sculpturing, dance, pantomime. The three main modules are:

(1) „Teambuilding“ (e.g. “speed dating”, short interviews, exchange about favourite colour, food, etc.)

(2) „Graphic and Visual Arts“ (hands-on design of a large community-painting on nettle cloth using Gouache colours, design of a “magic stone” out of Ytong stone)

(3) „Dance & Performance“ (e.g. expression of feelings by body language e.g. pantomime, performance of stories by shadow theatre). The workshop is completed by a study-visit and cultural programme in the evenings for example a visit to the zoo during the nightfall and darkness to watch special animals and their activities at night.

Workshop Organiser:

Lebenshilfe für Menschen mit Behinderung Leonberg e.V.

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Wheels in Motion - wheelchairs and positive emotions!

Subject area: Physical education and sport
Addressing target groups with special needs
Health education

Working language(s): EN

Target Group + Translation:

EU-BürgerInnen im Rollstuhl / EU citizens who are wheelchair users

Main activities Programme + Programme translation:

Austausch, Diskussion und eigene Erfahrungen mit dem Rollstuhl als Sportgerät stehen im Vordergrund des Workshops. Die Lernenden erhalten verschiedene praktische Bewegungs- und Denkanstöße. Die Ziele sind: neue Bewegungsformen als Rollstuhlfahrer_innen zu entdecken (Rollstuhlbasketball, Bogenschießen, Cheerleading, Tanzen) Freude an Bewegung im Rollstuhl in einer interkulturellen Gruppe zu erleben Positive Einstellung zum Rollstuhl als Bewegungsmittel und als Sportgerät zu festigen und weiter auszubauen Die Teilnehmer_innen setzen ihre Erlebnisse untereinander in einen europäischen Zusammenhang. Sie tauschen sich über ihre persönlichen Erfahrungen im Rollstuhlsport aus, entdecken kulturell bedingte Unterschiede und stellen Gemeinsamkeiten fest. Sie stärken sich untereinander in der positiven Wahrnehmung der eigenen Behinderung und motivieren sich gegenseitig Neues auszuprobieren. Kennenlern- und Auflockerungsspiele zwischendurch dienen zur Interaktion der Teilnehmer_innen untereinander. Das Zusammenkommen mit deutschen Rollstuhlfahrer_innen, die Basketball spielen, eröffnen den Teilnehmern die Möglichkeiten, als Rollstuhlfahrer nachhaltig Sport zu betreiben. Für die Teilnahme sind keine tiefen sportpraktischen Erfahrungen notwendig, es wird allerdings eine eigene Mobilität im Rollstuhl vorausgesetzt. Die Arbeitssprache ist Englisch.

Exchange, discussion and personal experience with the wheelchair as a sports equipment is the basic objective of the workshop. The participants will receive a range of practical exercise and food for thought. The objectives are: discover new forms of exercise as wheelchair driver (wheelchair basketball, archery, cheerleading, dancing) to experience joy in a wheelchair in an intercultural group expand and consolidate a positive attitude to the wheelchair as a sports equipment The participants put their experiences with each other in a European context. They will exchange information about their personal experiences in wheelchair sports, discover cultural differences and identify similarities. They reinforce each other in the positive perception of their disability and motivate each other to try new experiences. Introductory and loosening games are in between for the participants' interaction with each other. The meeting with a German wheelchair basketball team will open to the participants the opportunities to sustainably operate as wheelchair sports. For participation no deep practical sport experience is necessary, however it is provided its own mobility in a wheelchair. The working language is English.

Workshop Organiser:

Behinderten-Sportverband Berlin e.V. (BSB)

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Workshop Reference number: 2012-1-DE2-GRU13-11282

Venue: Rauentaler Str. 22/1, 76437 Rastatt **Date of the Workshop:** 24/05/2013 - 01/06/2013

Bildkultur - Kulturbilder. Digitale Fotografie und Interkulturelle Kompetenz erfahren

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education
Media and communication

Working language(s): EN

Target Group + Translation:

All people above 18 interested in photography, art and Interculturalism.
Für alle Menschen über 18 Jahre, die sich für Fotografie, Kunst, und Interkulturalität interessieren.

Main activities Programme + Programme translation:

In the workshop "IMAGE-CULTURE - CULTURAL IMAGES" the digital photography is combined with the learning of intercultural competence. The basics of digital photography are explained and practically tested in the studio of the academy and during small tours in the surroundings of Rastatt. Lots of tips will be given in landscape photography, architecture photography, studio photography and digital imaging.

Im Workshop "BILDKULTUR - KULTURBILDER" werden die digitale Fotografie und das Erlernen von Interkultureller Kompetenz miteinander verbunden. Die Grundlagen der digitalen Fotografie werden anschaulich erklärt und praktisch bei Foto-Ausflügen in die Umgebung und im Studio der Akademie ausprobiert. Es gibt viele Tipps zur Landschaftsfotografie, Stadt- und Architekturfotografie, Studiofotografie sowie zur digitalen Bildbearbeitung. Die Barockstadt Rastatt sowie das altherwürdige Baden-Baden mit Thermen, Burgen und Schlössern bieten einen attraktiven Rahmen und viele phantastische Möglichkeiten für Fotografie und Kultur. Im Workshop geht es nicht nur darum wie man spannende Bilder machen kann, sondern auch um die Wirkung von Bildern. Mehr denn je bestimmen Bilder heutzutage unseren Alltag. Schon spricht man von der "Bildkultur". Bilder beeinflussen das menschliche Erleben und Verhalten. Wir denken sogar in Bildern und haben bildhafte Erinnerungen.

Workshop Organiser:

VINC Learning UG (haftungsbeschränkt) Trägerin der Europäischen Fotoakademie ArtWebDesign

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Europa schalom! - Jüdische Kultur erleben

Subject area: Addressing target groups with special needs
Cultural heritage
Teaching basic skills for adult learners

Working language(s): DE

Target Group + Translation:

Jüdische Migranten in Europa. ZWST (Zentralwohlfahrtsstelle der Juden in Deutschland) hat eine langjährige Erfahrung in der Integrationsarbeit mit jüdischen Einwanderern. Bildungsangebote mit lebensnahem Inhalt, die die persönliche Weiterentwicklung der Teilnehmer ermöglichen, spielen dabei eine zentrale Rolle. Dieser Workshop möchte vor allem Menschen ansprechen, die durch ihren Migrationshintergrund in ihrer neuen Heimat von sozialer Isolation bedroht sind. Durch ihre persönlichen Lebensumstände fehlt es ihnen an Selbstsicherheit, die jüdische Kultur als Teil der Europäischen kulturellen Vielfalt zu leben. Die Workshop-Aktivitäten, die aus dem Alltäglichen schöpfen (wie Kochen) und die die Teilnehmer kennen (wie Feste und Bräuche), werden im europäischen Zusammenhang aufgezeigt und helfen den Teilnehmern ihr Selbstbild zu stärken. Alle Teilnehmer können sich dabei selber und ihre eigenen Lebenserfahrungen in der Gruppe vorstellen. Ihre Integrationsfähigkeit wird geschult, damit sie sich perspektivisch pro-aktiv in ihre Gesellschaft einbringen und in ihrer Gemeinde beteiligen können.

Jewish migrants in Europe. ZWST is an experienced provider of educational programs with everyday life oriented content. Such informal education plays an important role in enabling the personal development of participants. This workshop is addressed to Jewish migrants living in Europe, whose talents and competences are not used. They feel useless, suffer from social isolation but actually willing to strengthen their self-confidence, to face up to new tasks, to be able to live the Jewish culture as part of European cultural diversity. The workshop activities of everyday life (such as cooking) and activities that the participants are familiar with (such as festivals and customs) are shown in an European context. An issue of paramount importance is the social aspect of such workshops. While introducing themselves, relating their own life experience, describing problems they daily confront, listening to other participants all of them get a chance to improve their self perception and to train their integration capacity. All these aspects could help them to find their own way of overcoming social isolation, very typical for this group and become an active member of the local Jewish community and society in general.

Main activities Programme + Programme translation:

1. Koscher Kochen: Bedeutung von Kaschrut. Gemeinsam wird der Unterschied zwischen koscheren und nicht-koscheren Lebensmitteln erarbeitet. Eine Auswahl an koscheren Rezepten für den Alltag und für Festtage (wie Chanukkah, Purim, Shawuot) wird besprochen - gemeinsames Kochen rundet diese Aktivität ab.
2. Jüdische Feste: Themen rund um jüdische Feiertage begleiten alle Workshop-Aktivitäten (siehe Kochen, Tanzen, Hebräisch). Die Hauptfeste des jüdischen Kalenderjahres dienen der Erkundung der gelebten Traditionen und Bräuche in ganz Europa und bei den Teilnehmern.

3. Hebräisch: hebräische Begriffe und Redewendungen werden in alle Aktivitäten eingebaut, zusätzlich wird es am Anfang eine Workshopeinheit zum hebräischen Grundvokabular geben. Die Teilnehmer werden am Ende ein eigenes Workshop-Hebräisch-Wörterbuch besitzen.
 4. Tanzen und Singen: den Ausgangspunkt bilden jüdische Feste. Tänze werden den Traditionen zugeordnet, Schritte werden erlernt und eine kleine Choreographie wird einstudiert.
1. Kosher Cooking: meaning of Kashrut, difference between kosher and non-kosher foods; kosher recipes for the holiday and everyday (like Chanukah, Purim, Shavuot) and cooking together
 2. Jewish holidays, customs and traditions - the main festivals of the Jewish calendar; reflection on traditions and customs in European and individual context of the participants
 3. Hebrew – at the beginning the ABC-course of Hebrew concerning workshop topics. Participants will create their own Workshop-Hebrew-Dictionary
 4. Dancing and singing - dances as part of Jewish culture, basic dance steps will be learned and a little choreography rehearsed

Workshop Organiser:

Zentralwohlfahrtsstelle der Juden in Deutschland e.V. (ZWST)

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Workshop Reference number: 2012-1-DE2-GRU13-11626

Venue: Kurt Schumacher Haus Berlin-Wedding

Date of the Workshop: 02/06/2013 - 10/06/2013

Understanding Marginalisation - Working for Inclusion. The Case of Berlin /Ausgrenzung verstehen - Inklusion erleben. Das Beispiel Berlin.

Subject area: Social integration / exclusion
Fight against racism and xenophobia
Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

People of all ages, social backgrounds, abilities and economic status who are interested in the topic of marginalization and social inclusion / empowerment. Individuals who personally experience(d) marginalization and / or who benefited from empowerment policies and strategies are particularly welcome to join our workshop.

Main activities Programme + Programme translation:

Exchange and discuss (1) on one hand experiences of and knowledge on marginalization of different types and in different countries of Europe and (2) on the other hand strategies and policies aiming at countering these exclusions and at benefiting from diversity, such as quotas, negotiated agreements and cultural interventions of marginalized groups. The workshop aims at a critical evaluation of the effects and benefits of strategies of empowerment / inclusion through a precise understanding of the mechanisms that are at the basis of marginalization. The cases of marginalization and empowerment we will discuss refer to ethnic identity, special bodily needs, gender and sexual orientation. We will learn about them both in workshop sessions and through meetings with representatives of marginalized communities / groups and experts on empowerment policies. The case studies we will look at are particularly relevant for the context of Berlin. However, participants will be asked to contribute to the workshop with inputs on cases of empowerment and marginalization in their country of residence. On this basis, we will finally discuss how we can work for a European society committed to a positive perspective on diversity, to equality and inclusion.

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Workshop Reference number: 2012-1-DE2-GRU13-11883

Venue: Weimar

Date of the Workshop: 06/04/2013 - 13/04/2013

Deutsch lernen durch die Poesie des Körpers, des Gedichtes und des Alltags

Subject area: Foreign language teaching and learning
Intergenerational learning / learning in later life / senior citizens

Working language(s): DE

Target Group + Translation:

50+

Main activities Programme + Programme translation:

Mit täglichen spielerischen Übungen zu Haltung, Bewegung, Gleichgewicht, Atem und Stimme erfahren die TeilnehmerInnen die körperliche Grundlage der Sprache. Durch aktive körperliche Entspannung lässt sich eine Fremdsprache viel leichter lernen. Gedichte zeigen wunderbar den Sprachrhythmus und fördern auch den Sprachfluss. Während eines Spazierganges durch den Park an der Ilm werden die TeilnehmerInnen das erste Mal mit Goethe und seinem "Gedicht an den Mond" vertraut gemacht. Das Gedicht entstand in der Nähe des Goethe Gartenhauses und wird am Ende des Spazierganges dort im Original besichtigt. Auf den Spuren Goethes wandert die Gruppe den Maria-Pawlowna-Weg von Tiefurt nach Kromsdorf. Am Rande des Weges befinden sich Steintafeln mit bekannten Zitaten Goethes die gemeinsam gelesen und sprachlich erschlossen werden. In kleinen Alltagsdialogen lernen die Teilnehmer Fragen zu stellen und eignen sich einen Wortschatz zu Grundsituationen des täglichen Lebens an. Durch ein Sprachtagebuch bleibt das Erlebte und Gelernte sicher lange in Erinnerung. Der Höhepunkt des Workshops ist ein Dichterfest auf dem alle Teilnehmer mit neuem Selbstvertrauen etwas in deutscher Sprache vorlesen oder vorspielen. Die Fremdsprache wird zur Freundessprache.

Workshop Organiser: Aktive Akademie 50+ GmbH

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Workshop Reference number: 2012-1-DE2-GRU13-11851

Venue: Arco Forum im Konrad-Arnd-Haus Wiesbaden

Date of the Workshop: 17/03/2013 - 24/03/2012

Metropolis – Urban Learning

Subject area: Pedagogy and didactics
Media and communication
Recognition of non-formal and informal learning

Working language(s): EN

Target Group + Translation:

Erwachsene mit Offenheit und der Bereitschaft für interkulturelles Lernen. Der Workshop ist platziert inmitten von Parks und Häuserschluchten, Teilnehmende lernen zu improvisieren, probieren neue Wege aus und setzen Akzente im in mitten des urbanen Umfelds. Zudem spricht METROPOLIS vor allem Menschen an, die auf Grund ihrer Biographie, Herkunft finanzieller Ausstattung und Geschichte bisher schlechten Zugang zu Bildungsprogrammen hatten.

Main activities Programme + Programme translation:

Active exploration and urban learning between parks and street canyons: Participants can experience the City of Wiesbaden actively and inter-culturally. The urban environment offers a wide variety of possibilities to explore and activities to choose from and provides options for personality development. By means of educational play, theatrical pedagogy and experiential education, an early concept of urban learning is presented and executed. Soft skills, such as capacity for teamwork, decision-making ability, communication and empathy are to be made experienceable for the participants and can be exercised in the learning section „City“. The learners are motivated to act actively, interactively and communicatively. The activities should challenge the participants and allow for a change in perspective. The main principle involves the consolidation and deepening of the events and experiences by subsequent reflection. Over time applications of the different methods are to be highlighted and compared. Urban Learning is action-oriented and finds multiple uses in institutions of non-formal education. The participants have the opportunity to help shape the design of the course in the beginning phase. Emphasis can be placed on experiential education-oriented activities, on multimedia-based installations or on the creation of an animated film with urban objects. Experiences, creativity, imagination, curiosity and joy will be set free by the exploration of the city. Experiential opportunities and activities in the city are varied and the character-building possibilities are to be easy and effective.

METROPOLIS ist aktive Stadterkundung und urbanes Lernen zwischen Parks und Häuserschluchten: Die Teilnehmer können die City von Wiesbaden aktiv und interkulturell erleben. Die Erlebnismöglichkeiten und Aktionsvarianten im urbanen Umfeld sind vielfältig und bieten Möglichkeiten zur Persönlichkeitsbildung. Mit Mitteln der Spiel-, Theater-, und Erlebnispädagogik wird ein erstes Konzept von urbanem Lernen vorgestellt und durchgeführt. Für die Teilnehmer sollen Softskills, wie Teamfähigkeit, Entscheidungsfähigkeit, Kommunikation und Empathie erlebbar gemacht werden. Denn diese fungieren als Schlüsselqualifikationen und können im Lernfeld „Stadt“ trainiert werden. Die Lernenden werden dabei zum aktiven, interaktiven und

kommunikativen Handeln motiviert. Die Aktionen sollen bei den Teilnehmern einen Perspektivenwechsel ermöglichen und sie herausfordern. Das zentrale Prinzip ist es, die Erlebnisse und die Erfahrungen, die in den Aktionen gemacht werden, durch anschließende Reflexion zu vertiefen und zu verankern. Dabei sollen im weiteren Verlauf Einsatzmöglichkeiten der verschiedenen Methoden beleuchtet und verglichen werden. Urbanes Lernen ist handlungsorientiert und findet vielfache Verwendung bei Einrichtungen der nicht-formalen Bildung. Die Teilnehmenden bekommen in der Anfangsphase des Workshops die Möglichkeit das Kursdesign mit zu gestalten. Schwerpunkte können gelegt werden bei z.B. erlebnispädagogisch orientierten Aktionen, bei multimedialen Rauminstallationen oder bei der Erstellung eines Animationsfilm mit urbanen Objekten. Erlebnisse, Kreativität, Phantasie, Neugierde und Freude werden bei der Stadterkundung freigesetzt. Die Erlebnismöglichkeiten und Aktionsvarianten sind in der Stadt vielfältig und die Möglichkeiten zur Persönlichkeitsbildung sollen leicht und effektiv wahrgenommen werden.

Workshop Organisier:

arco e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11821

Venue: Kunstwerkstatt Samariterstrasse in Berlin

Date of the Workshop: 03/06/2013 - 08/06/2013

Queer Empowerment by Art - Empowerment durch künstlerische Gestaltung für lesbische, schwule, bisexuelle, trans- und intergeschlechtliche Menschen

Subject area: Addressing target groups with special needs
Gender issues, equal opportunities
Social integration / exclusion

Working language(s): DE

Target Group + Translation:

Erwachsene Lernende mit lesbischen, schwulen, bisexuellen und trans*- und intergeschlechtlichen Identitäten sowie vielfältigen ethnischen, sozialen und kulturellen Zugehörigkeiten. Die TeilnehmerInnen interessieren sich dafür, Techniken und Ausdrucksformen aus dem Bereich der Bildenden Kunst auszuprobieren und sind offen für künstlerische Selbsterfahrung und interkulturellen Austausch. Für die Teilnahme am Workshop sind keine künstlerischen Kenntnisse oder Vorerfahrungen erforderlich. Ein Grundwortschatz in Deutsch oder Englisch ist empfohlen.

The target groups are lesbian, gay, bisexual, transgender and intersexual adult learners with a variety of social, ethnic and cultural backgrounds. The participants are interested in experimenting with techniques and means of expression in visual art, and are open for experiencing art individually and for intercultural exchange. To participate practical experiences with art aren't necessarily required. Basic language skills in German or English are recommended.

Main activities Programme + Programme translation:

Der Workshop bietet den Teilnehmenden die Möglichkeit, verschiedene künstlerische Materialien und bildnerische Gestaltungstechniken (Zeichnung, Malerei, Bildhauerei, Collage- und Drucktechniken) kennenzulernen und durch spielerisches Experimentieren ihre eigenen gestalterischen Vorlieben und Ausdrucksformen zu finden. Die TeilnehmerInnen haben Gelegenheit, gemeinsam in der Gruppe wie auch individuell für sich zu gestalten. Dabei wird mit künstlerischen Methoden sowohl themenbezogen wie auch in freier Gestaltung gearbeitet. Die Teilnehmenden werden von den Workshop-Leiterinnen bei der Umsetzung ihrer künstlerischen Vorhaben unterstützt. Es besteht die Möglichkeit, sich gemeinsam in der Gruppe über die entstandenen Arbeiten und die damit verbundenen persönlichen Erfahrungen unter Berücksichtigung von Herkunft und Kultur auszutauschen. Der Workshop bietet zudem einen geschützten Raum, um sich mit Themen wie z.B. sexueller und geschlechtlicher Identität, homo- und/oder transphoben Diskriminierungserfahrungen oder eigenen Lebensentwürfen im Kontext kulturspezifischer Rollenerwartungen künstlerisch auseinanderzusetzen.

Workshop Language will be German and English.

Participants are offered widespread possibilities to get to know various artistic materials and visual techniques (drawing, painting, sculpturing, techniques of collage and printing). By playful experimenting they can discover individual creative preferences and means of expression.

The participants can be creative on their own as well as in the group. Artistic methods will be both issue-specific and focusing on free creativity.

The workshop facilitators support participants in their artistic plans. Participants are invited to exchange about their artwork and related personal experiences in consideration of their social, ethnical and cultural backgrounds.

The workshop wants to offer a safe space where experiences around sexual and gender identity, homophobic and trans phobic discrimination or individual life scripts are dealt with by art in mutual respect and in the context of culture-specific role expectations.

The main focus of the workshop is the participants' mobilization and strengthening of positive resources of power and individual coping strategies. The creative process results in relaxation, relief and self-empowerment. By creative dealing with topics related to sexual and/or gender identity in a safe space, participants are supported to find empowering coping strategies and transfer them afterwards in their local and regional contexts into action.

The participants' learning experiences will be intensified by the intercultural exchange and are planned to strengthen the capacities and strategies for empowerment.

Part of the workshop is also a jointly prepared public showing at the TrIQ e.V. space, plus a brochure and documentation on the workshop. The showcase will be jointly developed by the participants throughout the workshop.

Workshop Organiser:

TrIQe. V. - TransInterQueer e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11797

Venue: Weimar

Date of the Workshop: 20/04/2013 - 27/04/2013

Designlabor Weimar- Senior-Designer gesucht!

Subject area: Artistic education, also including Arts and Crafts and Music
Intergenerational learning / learning in later life / senior citizens

Working language(s): DE

Target Group + Translation:

Erwachsene der Altersgruppe 50+, die Interesse an Kunst und modernem Design haben.

Main activities Programme + Programme translation:

Im Workshop wird auf spielerische Weise Wissen zum Thema Design vermittelt. Von traditionellem Handwerk bis zu modernem Industriedesign besuchen die TeilnehmerInnen gemeinsam und unter fachkundiger Begleitung wichtige Stätten der Produktion in Thüringen. Praktische Übungen zum Design werden durchgeführt. Sie lernen aktiv die Arbeit eines Designers kennen. Darüber hinaus werden sie sich mit dem Thema auseinandersetzen, indem sie an jedem Workshop-Ttag eine Designaufgabe in Form eines Kurzprojektes lösen. Zum gegenseitigen kennen lernen startet der Workshop mit einer Stadt-Rallye durch Weimar, bei der in Kleinstgruppen Aufgaben gelöst werden müssen. Dem Höhepunkt wird ein kreativ gestaltetes Abendessen sein, das die TeilnehmerInnen gemeinsam mit einem Fooddesigner entwickeln.

Workshop Organiser:

Aktive Akademie 50+ GmbH

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Workshop Reference number: 2012-1-DE2-GRU13-11584

Venue: Jugendfunhaus Berlin

Date of the Workshop: 25/04/2013 - 01/05/2013

KlangBilder

Subject area: Intercultural education
European citizenship and European dimension
Basic skills

Working language(s): EN

Target Group + Translation:

Erwachsene von 18-80 Jahren

Main activities Programme + Programme translation:

Discover the endless varieties of sound creation. Be part of a multinational workshop group alongside 20 other participants from five European countries in Berlin in November 2012. As you explore the relationships between movement and music, you learn from each other through active personal, social and cultural exchange. We will have a great time bringing all our sounds together, and at the same time finding out how Berlin sounds and what images we have of the sound of Europe. After five days of exciting experiences with sound recording, musical interaction, discussions, city excursions and cool workshops, we will perform our shared vision on a public stage.

Workshop Organiser: Rhythmmove e. V.

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Der Tod und das Meer

Subject area: Cultural heritage
Ethics, religions, philosophy
Family / parent education

Working language(s): DE

Target Group + Translation:

Menschen jeden Alters, die sich mit dem Thema Sterben und Tod auseinandersetzen, die Wege finden möchten, wie sie damit umgehen wollen. Auch ältere, kranke Menschen oder Menschen, die in der nahen Umgebung von Älteren und Kranken leben, mögen sich angesprochen fühlen.

Persons of every age trying to find ways to deal with Death and Dying. We would like to invite elderly and/or needy people as much as people who care for or live together with sick and/or senior persons.

Main activities Programme + Programme translation:

Der Ort Nebel auf der Insel Amrum, die historischen Grabsteine auf dem Friedhof St. Clemens, der Namenlosenfriedhof, die Kriegsgräberstätte: Hier bietet sich die angemessene Kulisse für eine Auseinandersetzung mit dem Thema Tod – inmitten des Weltkulturerbes Wattenmeer. In diesem Workshop haben die Teilnehmenden die Möglichkeit, danach zu fragen, woher wir kommen und wohin wir gehen, wie wir das Altern und Sterben gestalten wollen, soweit uns dies überhaupt möglich ist. Individuelle Antworten sind hier gefragt, aber auch die Fragen, wie sich die Gesellschaft zu diesem Thema verhält und welche Rahmenbedingungen für unsere Lebensgestaltung vorbestimmt sind, werden aufgeworfen. Was bringt jede und jeder einzelne von uns mit in diese Gemeinschaft? Wie gehen wir mit Anforderungen und Ansprüchen um, die in diesem Zusammenhang an uns als Einzelpersonen und als Gesellschaft gestellt werden? Die Auseinandersetzung mit den verschiedenen Begräbnis- und Trauerkulturen, Überzeugungen und Werten – solche Fragen wollen wir uns im Rahmen des Workshops stellen. Teilnehmende verschiedener Altersgruppen und aus verschiedenen Ländern, Religionen und Kulturen, können hier mit ihren Ansichten und Wertvorstellungen im gegenseitigen Austausch zu neuen Denkanstößen verhelfen. Die Beschäftigung mit dem Thema Tod und Sterben soll nicht nur durch Gespräche und Diskussionen bearbeitet werden. Durch Exkursionen sowie künstlerische und gestalterische Arbeit soll breiter Raum gegeben werden für ein Lernen im multinationalen Kontext. Zum Abschluss des Workshops werden die Erfahrungen, Kompetenzen und Erkenntnisse der Teilnehmenden sichtbar und einem breiten Interessentenkreis zugänglich gemacht.

Nebel is a little village on the Isle of Amrum/Nordfriesland, Germany. The historical graveyard with its „talking“ tombstones, the cemetery of the „Nameless“, the war memorial and old Teutonic graves on Amrum are most suitable to start a dialogue about Death and Dying – amidst the World Heritage of the Mud Flats in the North Sea.

Workshop Organiser:

Kirchengemeinde St. Clemens

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Workshop Reference number: 2012-1-DE2-GRU13-11892

Venue: Schloß Trebnitz

Date of the Workshop: 22/06/2013 - 29/06/2013

Chancen europäischer Grenzerfahrungen - ein Szenario-Workshop

Subject area: European citizenship and European dimension
Media and communication
Methods to increase students motivation

Working language(s): DE

Target Group + Translation:

Menschen mit Grenzerfahrungen, die keine Angst vor der Zukunft haben und die sich auf das Abenteuer einlassen wollen, einmal eine eigene Radiosendung zu produzieren.

People with experiences in European boundaries who are not afraid of the future and who want to join the experiment to produce their own radio programme.

Main activities Programme + Programme translation:

Haben Sie Lust in die Zukunft Europas zu blicken? Wollen Sie herausfinden, wie sich das Alltagsleben an einer fiktiven europäischen Binnengrenze bis zum Jahr 2025 entwickelt? Das geht gar nicht, sagen Sie? Lassen Sie sich vom Gegenteil überzeugen. In diesem Workshop bekommen Sie das notwendige Handwerkszeug dafür. Sie werden mit Hilfe der Szenario-Methode unterschiedliche Zukunftsgeschichten für die Grenzregion in Europa entwerfen, und damit mögliche Realitäten des Jahres 2025 beschreiben. Und Sie werden anhand dieser Geschichten eine Radiosendung für das Internet produzieren. Zur inhaltlichen Vorbereitung wird ein Exkursionstag an die deutsch-polnische Grenze in die Doppelstadt Frankfurt / Slubice organisiert. Dort werden Sie Vorbildprojekte besuchen und die Grenze mit ihren Problemen, Chancen und Perspektiven hautnah erfahren.

Would you like to take a look into Europe's future? Do you want to find out, how the daily life at a fictional internal EU border will be in the Year 2025? You mean that doesn't work? Get convinced to the contrary! This Workshop will offer you the necessary tools. The scenario-approach will help you to develop different stories about the future in a European border region and to describe different realities for the year 2025. Based on these stories you will produce a radio programme for the world wide web. In order to be suitable prepared we will travel to the nearby German-polish border towns Frankfurt (Oder) and Slubice. There you will have a look at best practice projects. And you will experience the frontier with all its problems, chances and perspectives at first hand.

Workshop Organiser:

Bildungs- und Begegnungszentrum Schloß Trebnitz e.V.

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MentalTOP und Bewegung mit Tradition und Musik - geistig fit und aktiv ein Leben lang

Subject area: Health education
Family / parent education

Working language(s): DE

Target Group + Translation:

Erwachsene Lernende über 18 Jahre, Einzelpersonen oder kleine Gruppe von Lernenden aus unterschiedlichen Staaten, mit Interesse an gemeinsamen multinationalen Lernerfahrungen.

Main activities Programme + Programme translation:

- 1) Vorstellen der Nationalitäten und deren Brauchtumpflege: z.B. Bilder, Produkte, Erzählungen, Zeichnungen. Darstellung der einzelnen Nationen an Moderationswand. Vorstellungsrunde und Abfrage der Erwartungen: Die Erwartungen werden mit Karten gesammelt und an die Moderationswand gepinnt. Diese Übersicht dient im Verlauf immer wieder zur Überprüfung und zum Ende des WS werden die Erwartungen nochmals überprüft: wurden sie erfüllt?! Wenn nicht, was braucht der TN noch, damit er zufrieden nach Hause fahren kann. Verbesserungen für künftige Angebote.
- 2) Einführung in MentalTOP: Geistige Fitness ein Leben lang im Alltag erhalten. Wichtigkeit der Bewegung, Funktion des Gehirns, was passiert beim Gedächtnistraining?
- 3) Bayerns Bekanntheit in der Welt: Vorurteile, Stereotypen und Realität des bayerischen Brauchtums. Verknüpfung zur Traditionserhaltung in anderen europäischen Ländern (Gespräch und Diskussion mit Teilnehmern)
- 4) Verknüpfung von Tradition und Bewegung: Bewegung zur Lernunterstützung anhand typisch bayerischer Tänze: Anleitung zum Schuhplatteln und Zwiefachen-Tanz durch Trachtenvereine und Musikkapellen. Erlernen von einfachem Liedgut.
- 5) Gehirnjogging und Gedächtnistraining traditionell: Kartenspiele wie das „Watten“ oder „Schafkopfen“ stellen die Teilnehmer vor hohe kognitive Aufgaben. Auf diese Weise werden in der Freizeit und unter Einbezug traditioneller Freizeitkultur die „grauen Zellen“ der Teilnehmer gestärkt.
- 6) Entspannung: Um gute geistige Leistungen abrufen zu können, darf die Entspannung nicht vernachlässigt werden. MentalTop bietet hier eine Reihe von Übungen zum Entspannen. Im Workshop erhalten die Teilnehmer bewusst freie Zeiträume, um diese zum „Runterkommen“ zu verwenden und/oder sich die Zeit zu vertreiben (z.B. Stadtbesichtigung, kulturelle Sehenswürdigkeiten)

Workshop Organiser:

Gesundheitsakademie health and more e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11850

Venue: Berlin

Date of the Workshop: 14/07/2013 - 20/07/2013

Overcome Borders - Gain Mobility!

Subject area: Intercultural education

Education of specific target groups: (occupational travellers, migrants, travellers, Roma)

European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

People from the age of 20 and older, who want to work and travel abroad and who want to experience the changes in border-regimes and mobility in Europe in the last thirty years. The participants will challenge their own borders in the head and gain strategies to cross borders in comfort, in order to perceive mobility as a natural part of their everyday life.

Main activities Programme + Programme translation:

The main activities will be interactive tools to ensure a permanent process of exchanging experiences and gathering individual experiences within matter of mobility and crossing borders. We will give an overview on the relevant tools and portals on mobility to learn how to deal with borders tomorrow but will experience as well borders yesterday and today. Part of the program will be a bike tour along the former wall stripe in Berlin, where will meet eye-witness of the wall time and see with our won eyes, how a former hard border disappeared. In an excursion to the German-Polish border region, we will meet current actors on the integration process and learn how life is today on both sides of the border. Therefore we will organise a “German-Polish Border Rally” and make street interviews. Along with these activities we will meet representatives from the Euroregion, experts on mobility and share our experiences with each other.

Workshop Organiser:

Comparative Research Network e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11843

Venue: Ökodorf Sieben Linden in Beetzendorf

Date of the Workshop: 23/08/2013 - 29/08/2013

Cooperative Games and Circle Dances

Subject area: Other
Cultural heritage

Working language(s): EN

Target Group + Translation:

Adults of all age groups to apply. No prior experience is needed, though participants are welcome to share their experience if they have any. The many practical and non-verbal aspects of these workshops permit also those with a limited command of the English language to be able to follow – but participants should have some basic command of the language.

Main activities Programme + Programme translation:

We will alternate between practicing dances and games, small theoretical units and interacting with and getting to know the local intentional community of the Ecovillage Sieben Linden. The participants will get to know a variety of traditional dances from various countries around Europe and Israel, experiencing directly the diversity of temperaments among the different cultures as part of Europe's cultural heritage. Cooperative games, as opposed to most traditional games have neither winners nor losers. This permits all players to have fun, relax and enjoy themselves. This type of games can enrich everyone's lives and be used at parties, meetings, to get to know each other in a group of unfamiliar people and many other ways. This workshop focuses especially on the community building aspects of both games and circle dances. Participants will experience how dancing and playing together brings people closer, bridges differences in background, age and culture and builds group spirit. Partly, the work will be done in smaller groups assembled according to participant's interests. Here, Participants will prepare and practice facilitating a dance or game and teaching it to others. On the last day, the workshop participants and facilitators will host an afternoon/evening open to the local public offering the games and dances learned during the previous days for all to participate, a moment of celebration.

Workshop Organiser: Global Ecovillage Network of Europe e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11593

Venue: Tagungs- und Gästehaus des FrauenWerk Stein e.V.

Date of the Workshop: 07/07/2013 - 13/07/2013

Find balance - Gesundheitsförderung und Burnout-Prävention für Frauen

Subject area: Basic skills for adult learners
Health education
Gender issues, equal opportunities

Working language(s): DE

Target Group + Translation:

Frauen. Es sind keine besonderen Voraussetzungen oder Kenntnisse nötig.

Women. There are no special qualifications or abilities necessary.

Main activities Programme + Programme translation:

Wir möchten Ihnen ein neues Verständnis von Gesundheit vermitteln und stellen die Tage unter das Motto: Gesundheitsförderung, Stress- und Burnout-Prävention und was hat das Ganze mit mir als Frau zu tun? Wir werden: uns entspannen und sportlich betätigen (Nordic-Walking), die Unterschiede von passiver (z.B. Massagen, Sauna, Thermalbad) und aktiver Entspannung (z.B. Autogenes Training, Progressive Muskelentspannung, Yoga, Atemübungen, einfache Meditationsformen) kennen lernen und ausprobieren, Stressfaktoren und energiezehrende Elemente im Leben identifizieren, herausfinden wie ich mit ihnen umgehen kann, erfahren was Burnout ist und wie frau sich davor schützen kann, lernen wie frau eine gute Balance aus An- und Entspannung herstellen kann, gemeinsam reflektieren warum es wichtig ist das Thema unter weiblicher Sicht zu beleuchten, die Entwicklung der Frauenrollen in Deutschland an Schauplätzen in Nürnberg erfahren, im Niedrigseilgarten (evtl. auch Hochseilgarten) unsere Komfort- und Stresszonen neu ausloten, herausfinden was Ernährung mit Stress- und Burnout-Prävention zu tun hat, lernen wie ich Stress beim Einkauf und Kochen vermeiden kann und stattdessen meine Gesundheit fördere, uns bei allen diesen Punkten die kulturelle Vielfalt der multinationalen Gruppe bewusst machen und über unsere Herkunft und Lebensrealitäten erfahren, versuchen, durch eine andere kulturelle Brille als durch unsere eigene zu sehen, ein schönes Abschiedsfest am Ende der Woche miteinander feiern.

We would like to impart you a new understanding of health and put all the following contents above the motto: promotion of health, prevention of stress and burnout and what does it mean for me as a woman? We will: - relieve pressure, relax and do sport (Nordic-Walking), - get to know differences between passive recreation (such as massage, sauna, hot springs) and active recreation (such as autogenic training, progressive relaxation of the muscles, yoga, breath exercises, basic types of meditation) and practise them, - identify stress factors and elements which undermine our live energy, - find out how to deal with them, - get to know what burnout is and how a woman can protect and encourage herself, - learn how women can establish a good balance between exertion and recreation, - reflect together why it is important to illuminate the topic under a female point of view, - get to know the development of female roles in Germany on original scenes in Nuremberg, -

sound our comfort- and stress zone on low level ropes (if you wish on high level ropes, too), - find out how alimentation and prevention of stress and burnout belong together, - learn how to reduce stress during buying and cooking and to use these two activities to promote my health, - during all this topics be aware of the cultural diversity of this multinational group and get information about our origin and the realities of our lives, - look through another cultural pair of glasses, not just through our one, - have a nice fare well party at the end of the workshop.

Workshop Organiser:

FrauenWerk Stein e.V. Fachstelle für Frauenarbeit der evang.-
luth. Kirche in Bayern (ELKB)

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Make Yourself Heard

Subject area: Intercultural education
European citizenship and European dimension
Learning about European countries

Working language(s): EN

Target Group + Translation:

People of all ages with an interest in vocal music and the voice, and in intercultural dialogue, making music together and creative activity, especially people with: - migrant backgrounds - little formal musical education or training - little experience of foreign countries and working in a multicultural group

Menschen aller Altersstufen mit Interesse an Vokalmusik und Stimme, und an interkulturellem Austausch sowie gemeinsamen Musizieren und kreativem Tun, besonders Menschen mit: - Migrationshintergrund - Wenig formalen musik-bezogenen Kenntnissen - Wenig Erfahrung in Auslandsaufenthalten und interkultureller Arbeit

Main activities Programme + Programme translation:

We will get to know songs and the cultures they come from through learning and singing them together. Each participant will bring songs from his or her original and new homeland to teach to others from other countries. We will talk about what these songs mean to us and what they say about our homelands and their people. You don't have to be able to read music; we learn the songs by singing together, the most natural way in the oral tradition. We will also learn to use our voices more strongly, firmly, subtly and convincingly, without strain or stress, so that we can feel more at ease and make ourselves heard in the many everyday situations where we have to assert ourselves (speaking in front of a group, at work and in the neighbourhood) and take a more active part in our community. Two experienced breathing, speech and voice trainers will lead a varied and enjoyable programme of movement and voice exercises that will teach us a lot about the power and beauty of our voices. We will see and hear our progress by recording ourselves on video and audio, and with a computer-assisted voice analysis programme. We will also work on 'stage fright' and learn exercises that help us use our nervousness constructively. We will live and work together in a friendly seminar house next to a wood on the edge of Hannover. To celebrate we will invite guests and acquaintances to a 'voice café' concert, but our main purpose is to enjoy our own and each other's voices and learn a lot about each other and with each other.

Wir werden durch die Vokalmusik einander und andere Kulturen kennen lernen. Jede/r bringt Lieder aus ihren/seinen alten und neuen Heimatländer mit und bringt uns allen sie in der Originalsprache bei. Dabei erzählen wir, was diese Lieder uns bedeuten und was sie über unsere Länder und ihre Völker zu sagen haben. Noten muss man nicht lesen können; wir lernen die Lieder durch Nachsingen, wie es eigentlich am natürlichsten geschieht. Wir lernen auch, unsere eigenen Stimmen stärker, fester, überzeugender und schonender zu nutzen, und schöner und differenzierter zu sprechen, um in den vielen Alltagssituationen, in den wir uns behaupten müssen (vor einer

Gruppe sprechen, bei der Arbeit und in der Nachbarschaft uns Gehör schaffen) wohler zu fühlen und effektiver in unseren Gesellschaften agieren zu können. Zwei erfahrene Atem- Sprech und StimmlehrerInnen leiten ein buntes Programm von Bewegungs- und Stimmübungen, die viel Spaß machen und viele neue Erkenntnisse über die Kraft und Schönheit unserer Stimme vermitteln. Unseren Fortschritt werden wir u.a. durch Video- und Tonaufnahmen und anhand einer computergestützten Analyseverfahren merken. Wir werden uns auch mit dem Thema ‚Lampenfieber‘ beschäftigen und Übungen lernen, damit wir unsere Nervosität positiv nutzen können, Wir wohnen und arbeiten zusammen in einem freundlichen Seminarhaus neben einem Wald am Stadtrand von Hannover. Als Abschluss laden wir Gäste und Bekannte zu einem Konzert mit Caféambiente ein, aber wir sollten in erster Linie Freude an unseren eigenen Stimmen finden und von- und miteinander viel lernen.

Workshop Organisier:

Ada-und-Theodor-Lessing Volkshochschule Hannover

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Workshop Reference number: 2012-1-DE2-GRU13-11842

Venue: Ökodorf Sieben Linden in Beetzendorf

Date of the Workshop: 10/02/2013 - 17/02/2013

Meaningful Conversation – Insights and Skills for building bridges in communication

Subject area: Basic skills for adult learners
Active citizenship
Other

Working language(s): EN

Target Group + Translation:

Citizens of EU countries who are socially and economically disadvantaged and/or have limited access to opportunities of education; people being interested in understanding more about the nature of communication, and in learning how to communicate successfully and meaningfully; people wanting to participate in society.

Main activities Programme + Programme translation:

We will create a vibrant learning community meeting in a constructive and focussed as well as playful and relaxing atmosphere. We will enquire into the nature of communication and typical challenges like misunderstandings and conflicts. We will learn more about ourselves by exploring into our voice, body language and general characters in communication. We will write creatively, and learn to speak up in front of small groups. A lesson on the inner critique will tell us how to coach and support ourselves. We will learn how to listen deeply, and how to give and receive feedback. We will learn about modern tools for conflict-resolution and non-violent-communication. We will learn to mutually support each other with simple coaching techniques. We will experience world cafe and open space as settings for participatory and self-organized active citizenship. We will visit a regional citizens' initiative for an exchange on cultural differences in participatory citizenship. We will learn more about living in the self-organized ecovillage of Sieben Linden. Throughout the workshop we will celebrate cultural diversity and focus on the possibilities for mutual learning within an international group from all over Europe.

Workshop Organiser:

Global Ecovillage Network of Europe e. V.

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Workshop Reference number: 2012-1-DE2-GRU13-11323

Venue: Berlin

Date of the Workshop: 01/07/2013 - 07/07/2013

Our Berlin – Discover your intercultural skills through film

Subject area: Intercultural education

Education of specific target groups: (occupational travellers, migrants, travellers, Roma)
Media and communication

Working language(s): EN

Target Group + Translation:

Persons from 23 and older, who are interested in strengthening their intercultural competences through new techniques. In the Workshop we will use the method of “Digital Storytelling” and film making to gather another point of view on other cultures. Participants do not need any experiences in film making, but should be willing to work together in creative, open processes. In the week participants will meet other Europeans and will challenge their own image of living together in Europe.

Main activities Programme + Programme translation:

The main activities will be interactive tools to ensure a permanent process of exchanging experiences and gathering individual experiences within matter of intercultural dialogue and sense of “EuropeanessEuropeanisms”. The goal will be reached by intercultural sensibilisation awareness trainings and discussions in a personal, nNon- formal atmosphere. The main focus will be nevertheless on the process of creating short movies on European and intercultural matters, taking Berlin as a stage.

Workshop Organiser:

Comparative Research Network e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11302

Venue: Tagungszentrum Hohenwart Forum **Date of the Workshop:** 30/06/2013 - 10/07/2013

Heimat Europa?!- Eine generationenübergreifende neue Impulse gebende Auseinandersetzung Lernender

Subject area: European citizenship and European dimension
Fight against racism and xenophobia
Intercultural education

Working language(s): DE

Target Group + Translation:

Haben Sie Spaß am interkulturellen Austausch und interessieren Sie sich für das Thema "Europa"? Möchten Sie sich auf die Suche nach Ihren europäischen Wurzeln machen? Möchten Sie Ihre Deutschkenntnisse ausprobieren? Wir laden Erwachsene aus den EU Ländern, der Türkei und Kroatien mit guten Deutschkenntnissen ein, an unserem Workshop teilzunehmen.

Main activities Programme + Programme translation:

Was ist Heimat? Ein Ort, an dem ich geboren bin? Meine Stadt, mein Land, meine Sprache, Religion? Meine Freunde, meine Familie? Fern der Heimat versteht man am besten was Heimat bedeutet. Heimat ist kein Ort, Heimat ist ein Gefühl" singt Herbert Grönemeyer. Was bedeutet Heimat in einer globalisierten Welt, im vereinigten Europa? Was ist Europa genau? Wo sind die Grenzen, wie ist die Geschichte? Welche Werte hat Europa? Worin besteht die „Einheit in Vielfalt“ und was bedeutet für mich persönlich "Europabürgerschaft"? Wir möchten diesen Fragen nachgehen. Breiten Raum werden dabei das gegenseitige Kennenlernen und der Austausch mit den anderen internationalen Teilnehmer/innen des Workshops einnehmen. Jeder bekommt die Gelegenheit sich und seine Heimat am Beginn des Workshops vorzustellen. "Lernen durch Handeln" ist ein wichtiges Element unseres Workshops. Daher werden wir in Pforzheim nach Spuren einer gemeinsamen europäischen Vergangenheit suchen und die "Fundstücke" als Impulse für Diskussionen, neue Erkenntnisse und praktische Tätigkeiten (z.B. Schmuck- und Kalligraphieworkshop) nehmen. Auch eine Exkursion in die Hauptstadt Europas" Straßburg ist geplant. In Pforzheim wurde 1455 Johannes Reuchlin geboren. Er und sein Freund Erasmus von Rotterdam waren die bedeutendsten europäischen Humanisten. Reuchlin beherrschte fünf Fremdsprachen, hatte Verbindungen in ganz Europa und sprach sich stets für Meinungsfreiheit, Religionsfreiheit und Toleranz aus. Welche Impulse können wir von Johannes Reuchlin heute aufnehmen? Pforzheim ist die "Goldstadt" Deutschlands, 80 % des deutschen Schmuckexports kommt aus Pforzheim. Im weltweit einzigartigen Schmuckmuseum werden wir Hinweise zu den Wurzeln europäischer Kultur(en) finden - zu Besonderheiten und Gemeinsamkeiten. Weitere Spuren werden wir bei den Pforzheimern selber suchen. Pforzheim ist sehr stark international ausgerichtet. 42 % der Einwohner haben einen Migrationshintergrund. Wie sehen sie "Europa"? Und wie wird es in Ihrer Heimatstadt gesehen?

Workshop Organiser:

Stadt Pforzheim

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Workshop Reference number: 2012-1-DE2-GRU13-11704

Venue: Flämingsstr. 122, Berlin

Date of the Workshop: 25/06/2013 - 01/07/2013

Materialist I Hedonist I Experimentalist. Economic Growth - Growth of People's Happiness? Introduction to the Sociodrama

Subject area: Active citizenship

Learning opportunities for people at risk of social marginalisation

Other

Working language(s): EN

Target Group + Translation:

a) unemployed and low paid persons, participants with migration background, not/low qualified persons, single parents, women, learners with experience of being homelessness, people living in the countryside, people with special needs (ca. 75%) b) students, well paid employed persons, businessmen/-women, pensioners, highly qualified persons (ca. 25%) a) and b) young and elder learners. The workshop is open for women and men.

a) Erwerbslose, Geringverdienende, Lernende mit Migrationshintergrund, Menschen mit geringer/ohne Qualifikation, Alleinerziehende, Frauen, Menschen mit Erfahrungen von Obdachlosigkeit, Behinderte, Bewohner auf dem Land (ca. 75%); b) Studierende, gut verdienende Angestellte, Unternehmer|innen, Pensionäre, gut bis sehr gut Qualifizierte (ca. 25%) a) und b) Junge und ältere Lernende Der Workshop steht sowohl Frauen als auch Männern offen.

Main activities Programme + Programme translation:

1st Day: Arrival, Light dinner, get to know each other □ every participant brings a quotation about growth

2nd Day: Working groups: Materialist | Hedonist | Experimentalist, □ every participant brings a picture/cartoon or definition about growth with; Input and Discussion: Growth seen in the fields of philosophy, economics, culture, politics Working groups: Experiences with the crisis: Growth and decrease within Europe Role-play: „Taler, Taler, you have to walk“. Credit money system and increase of money, Feedback

3rd Day: Economy: The silent drive to grow, or: From added value to nutrition value (in German: Mehrwert – Nährwert)? Excursion: Visit of the GLS-Bank | Money makes sense; Sociodrama; Feedback

4th Day: Ecology: (Re-)activate resources, or: Do we need the magical expansion of goods? Excursion Kunst-Stoffe Berlin – Zentralstelle für wieder verwertbare Materialien e.V. Sociodrama, Feedback, Film „Planned Obsolescence“

5th Day: Social aspects: Good labour, good money? Self-fulfillment and distribution of income, Fish-Bowl with Karin Gaulke, director of Frauenzentrum Marie, expert on income distribution, Sociodrama, Feedback

6th Day: To be in respectable society: Visions of personal and economic growth as well as happiness Working groups: Europe 2022: Grown through Crisis! Europass, Feedback: „Ich packe meinen Koffer ...“ Final evening: Celebrating the good life

7th Day: Return home

1. Tag: Ankunft, Imbiss, Kennenlernen □ jede/r Teilnehmer/in bringt ein Zitat über Wachstum mit
2. Tag: Arbeitsgruppen: Materialist | Hedonist | Experimentalist, □ jede/r Teilnehmer/in bringt ein Bild oder eine Definition von Wachstum mit; Input und Diskussion: Wachstum philosophisch, ökonomisch, kulturell und politisch interpretiert, Arbeitsgruppen: Erfahrungen mit der Krise: Wachstum und Schrumpfung in Europa Spiel: „Taler, Taler, Du musst wandern“. Kreditgeldsystem und Geldvermehrung, Feedback
3. Tag: Ökonomie: Der stille Zwang zum Wachstum oder: Vom Mehrwert zum Nährwert? Exkursion: Besuch der GLS-Bank | Geld macht Sinn; Soziodrama; Feedback
4. Tag: Ökologie: Ressourcen (re-)aktivieren oder: Brauchen wir die märchenhafte Expansion der Dinge? Exkursion Kunst-Stoffe Berlin – Zentralstelle für wieder verwertbare Materialien e.V., Soziodrama, Feedback, Film „Planned Obsolescence“
5. Tag: Soziales: Gute Arbeit, gutes Geld? Selbstverwirklichung und gerechte Einkommensverteilung Fish-Bowl mit: Karin Gaulke, Frauenzentrum Marie, Experte für Einkommensverteilung, Soziodrama, Feedback
6. Tag: In guter Gesellschaft: Visionen von Wachstum und Glück Arbeitsgruppen: Europa 2022: Durch Krisen gewachsen! Europass, Feedback: „Ich packe meinen Koffer ...“ Abschlussabend: Das gute Leben zelebrieren
7. Tag: Rückreise

Workshop Organiser:

Frauenzentrum Marie e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11280

Venue: Berlin

Date of the Workshop: 03/02/2013 - 09/02/2013

European transitions from dictatorship to democracy in the late 1980ies and their relevance for Europe today

Subject area: Active citizenship
European citizenship and European dimension
Learning about European countries

Working language(s): EN

Target Group + Translation:

Adult learners of all ages and educational backgrounds are invited. Participants are expected to have an interest in the political transitions in the late 80ies and their relevance for Europe today and a good oral command of English. Reading and writing skills are of secondary importance. Accommodation and workshop rooms are wheelchair accessible.

Main activities Programme + Programme translation:

The workshop starts by asking for your own memories, experience and knowledge of the political transitions in your own country and/or other European countries. We will share and illustrate our memories, perspectives and reflections through "objects" (pictures, newspaper clippings, letters, documents etc) related to the political transitions in Europe. Field trips to memorial sites in Berlin and discussions with eyewitnesses will help us to understand the variety and diversity of the political transition processes in Europe and their consequence for today's political and personal life. In the second phase of the workshop we will play a simulation reflecting several aspects of the transitions. The setup of this regime change simulation is a fictitious country, which allows us to focus on some basic elements and dominant interest groups involved in the political transitions throughout Europe.

Workshop Organiser: Humanity in Action Deutschland e. V.

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www.humanityinaction.org/EUTRA2013

Workshop Reference number: 2012-1-DE2-GRU13-11688

Venue: Beeskow

Date of the Workshop: 23/06/2013 - 29/06/2013

Die Europäische Tafel zu Gast in Brandenburg

Subject area: Consumer education
Intercultural education
Regional identity

Working language(s): DE

Target Group + Translation:

Europäische Erwachsene ab 18 Jahren die Interesse daran haben, gesundes Essen aus regionalen Produkten selbst zuzubereiten und im Austausch mit anderen neue Anregungen erhalten wollen.

Main activities Programme + Programme translation:

Im Workshop werden die Teilnehmenden den Geschmack Europas kennenlernen und erhalten neue Informationen zur Lebensmittelgewinnung und Zubereitung. Am Ende beim Abschlussdinee sind alle Teil einer einmaligen Europäischen Tafel. Das erste persönliche Kennenlernen erfolgt locker auch durch die aus ihren Heimatländern mitgebrachten Lebensmittel. Die Mahlzeiten werden von den Teilnehmenden für die Teilnehmenden selbst zubereitet. Alle haben zu Beginn die Möglichkeit, eigene Interessenschwerpunkte in den Workshopablauf zu integrieren. Im Verlauf des Workshops werden verschiedene Möglichkeiten vorgestellt, wie sie Lebensmittel direkt beim "Erzeuger" beziehen können und unterschiedliche Zubereitungsarten von Lebensmitteln vorgestellt. Die Bandbreite des Selbstgemachten reicht von der Marmelade über Nudeln, Fleisch, Fisch, Wurst, Käse bis hin zu Tees und Salaten. Exkursionen zu Erzeugern und in die Natur selbst sowie zu regional bekannten Spitzenköchen geben uns neues Wissen, Inspiration und Mut, bisher Unbekanntes auszuprobieren.

Workshop Organiser: Stiftung SPI Niederlassung Brandenburg

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www.stiftung-spi.de

Anti-discrimination in practice: Understanding discrimination, learning about diversity and sharing ideas on taking action against sexist, racist and homophobic remarks

Subject area: Fight against racism and xenophobia
Gender issues, equal opportunities
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

European Learners from 18 years on without prior knowledge/precognitions regarding anti-discrimination and diversity, who wish to learn about these subjects in an interactive experience based and action-oriented way and who are looking for an exchange of ideas and experiences.

Europäische Lernende ab 18 ohne Vorkenntnisse zum Thema Antidiskriminierung und DiversityDiversität, die erfahrungsbezogen und handlungsorientiert zu diesem Thema lernen wollen und den Austausch von Ideen und Erfahrungen suchen.

Main activities Programme + Programme translation:

We invite you to learn about the following subjects in our workshop: Awareness raising for diversity and anti-discrimination through interactive experience based learning Addressing the subjects gender, ethnicity, sexual identity through short presentations and interactive activities. Developing and exchanging individual strategies against sexist, racist and homophobic remarks. We use "methods of living learning" (interactive methods) based on the interaction and participation of the learning group Working process-oriented and resource-oriented We include wishes and experiences of participants We use a broad variety of didactical methods and learning activities integrating "head, heart and hands": the cognitive level (knowledge transfer), self reflexive level (awareness raising) and practical level (action-related competence and skills)

Wir laden Sie ein, sich mit folgenden Themen auf unserem Workshop zu beschäftigen: Sensibilisierung für Vielfalt und Anti-Diskriminierung durch erfahrungsbezogenes Lernen; Vermittlung der Themen Gender, Ethnizität, Sexuellesexuelle Identität durch Kurzinputs und interaktive Übungen; Entwicklung und Austausch individueller Strategien gegen sexistische, rassistische und homophobe Äußerungen; Wir arbeiten mit Methoden des lebendigen Lernens, die auf Interaktion und Partizipation der Lerngruppe basieren. Prozess- und ressourcenorientiertes Arbeiten; und beziehen die Wünsche und Erfahrungen der TeilnehmerInnen ein; Wir nutzen ein breites Methodenspektrum zur Verbindung von kognitiver Ebene (Wissensvermittlung), selbstreflexiver Ebene (Sensibilisierung) und praxisorientierter Ebene (Handlungskompetenz)

Workshop Organiser:

KomBi - Kommunikation und Bildung / KBZ e. V.
(Kommunikations- und Beratungszentrum homosexueller
Frauen und Männer e. V.)

Contact details:

Kluckstr. 11
10785 Berlin
DE-GERMANY
www.kombi-berlin.de

Migration: Eine europäische Herausforderung

Subject area: Intercultural education
Active citizenship
Fight against racism and xenophobia

Working language(s): EN

Target Group + Translation:

All people who are politically interested in global interrelations and who would like to be part of a cross-national exchange of knowledge and experience in regard to refugee policy within the different EU countries.

Menschen, die politisch interessiert sind und die Lust auf einen länderübergreifenden Erfahrungs- und Wissensaustausch haben, in dem es um die Auseinandersetzung mit globalen Problemen und die Flüchtlingspolitik der EU-Länder geht.

Main activities Programme + Programme translation:

Through globalization, the internet and affordable ways of travelling the world has become very accessible for a lot of people. EU citizens travel as much as never before. On the other side there are many “involuntary travellers” in many places of the world. People who leave their homes searching for places that can offer them better chances. Current statistics from the UNHCR (United Nations High Commissioner for Refugees) count 43 millions of refugees. The workshop will look at this discrepancy by pointing out our life situations in Europe on the one hand and the situation of refugees coming to Europe on the other hand. Given the increasing numbers of people fleeing to Europe we also want to discuss the controversial question if our European societies will have to pay more attention to the circumstance of growing migration or if the EU already takes on enough responsibility. The Workshop opens space to look into current global problems, to share informations and to discuss them. The program will consist out of: presentations by experts of European foreign politics; meetings with foreign aid organizations; exchange about the refugee policies of our countries; discussion about perspectives – how can we face these global problems from a European perspective?

Durch die Globalisierung, das Internet und günstige Reisemöglichkeiten ist die Welt für viele Menschen in hohem Maße zugänglich geworden. EU- BürgerInnen reisen heutzutage so viel wie noch nie zuvor. Auf der anderen Seite befinden sich aber in vielen Teilen der Welt „Reisende wider Willen“. Weltweit verlassen Menschen ihre Heimat, auf der Suche nach Orten, die ihnen bessere Chancen bieten. Die Statistik der UNHCR (der Flüchtlingsorganisation der UN) geht von 43 Millionen Menschen aus, die sich derzeit auf der Flucht befinden. Im Workshop wird es um diese Widersprüche gehen. Wir befassen uns zum einen mit unseren eigenen Lebensbedingungen in Europa, zum Anderen beleuchten wir die Situation von Flüchtlingen, die nach Europa kommen möchten. Angesichts der zunehmenden Flüchtlingsströme in die EU, möchten wir mit Euch (gerne auch kontrovers) die Frage diskutieren, ob Migration eine Herausforderung für unsere europäische

Gesellschaft ist, der wir uns zukünftig noch stärker stellen müssen, oder ob die EU bereits genug Verantwortung übernimmt. Der Workshop eröffnet den Raum, sich mit hochaktuellen globalen Problemen auseinanderzusetzen– sich gemeinsam zu informieren und zu diskutieren. Das Workshop-Programm wird u.a. beinhalten: Referate von ExpertInnen zur europäischen Außenpolitik; Besuche von Berliner Entwicklungshilfeprojekten; Austausch über die Flüchtlingspolitik in den jeweiligen Ländern, aus denen wir kommen; Perspektiven– wie kann den globalen Problemen aus europäischer Perspektive begegnet werden?

Workshop Organisier:

Solar e.V.

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www.kubiz-wallenberg.de

Workshop Reference number: 2012-1-DE2-GRU13-11290

Venue: Hamminkeln-Dingden

Date of the Workshop: 18/03/2013 - 25/03/2013

Informationsflut in Europa – Das Gedächtnis optimal nutzen

Subject area: Raising student achievement
Methodes to increase students motivation

Working language(s): DE

Target Group + Translation:

Zur Zielgruppe zählen Jugendliche ab 18 Jahren und Erwachsene, die ein Interesse an europapolitischen Informationen haben. Zur Zielgruppe des Workshops gehören Personen, die im privaten oder beruflichen Umfeld die Erfahrung gesammelt haben, dass Informationen und Nachrichten oft sehr schnell wieder vergessen werden und die das Bedürfnis haben, sich Merktechniken anzueignen, die ihnen helfen, das Gedächtnis besser und nachhaltiger zu nutzen.

Main activities Programme + Programme translation:

„Nachrichten, Informationen, Namen und Gesichter, Vokabeln und vieles mehr. Die tägliche Informationsflut ist groß. Wie soll ich mir das alles merken?“ Diese Frage stellen sich heute viele. Dieser Workshop bietet Ihnen praktische Techniken, wie Sie Informationen leichter, schneller und effektiver im Gedächtnis speichern können. Ohne Leistungsdruck und in motivierender Atmosphäre werden Ihnen kreative Techniken zur Verbesserung Ihrer Gedächtnisleistung vorgestellt. Miteinander werden Techniken erarbeitet, um sich zu europapolitischen Themen und im interkulturellen Dialog mehr Informationen merken zu können als bisher. Die Multinationalität der Workshop-Gruppe bietet optimale Voraussetzungen miteinander ins Gespräch zu kommen, um neue Informationen zu sammeln und diese mit den neuen Merktechniken professionell im Gedächtnis zu speichern.

Workshop Organiser:

Akademie Klausenhof gGmbH

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www.akademie-klausenhof.de

Workshop Reference number: 2012-1-DE2-GRU13-11630

Venue: Kulmbach

Date of the Workshop: 24/02/2013 - 02/03/2013

Leben nach dem Ölzeitalter – wie ernähren wir uns Morgen?

Subject area: Environment / sustainable development
Consumer education
Active citizenship

Working language(s): DE

Target Group + Translation:

Dieser Workshop richtet sich an alle erwachsene EU BürgerInnen, die sich mit dem Ende des Ölzeitalters auseinandersetzen und sich austauschen wollen. Die Erkenntnisse aus dem Workshop können sie für sich zuhause, als auch in lokalen Aktionsgruppen (Graswurzelbewegungen) nutzen. Besonders freuen wir uns über die Teilnahme der Generation 50+, die aus ihren lebenspraktischen Erfahrungen und /oder Kindheitserinnerungen berichten können. Es sind keinerlei Vorkenntnisse erforderlich. Zum besseren Verständnis sollte der Grundwortschatz in Deutsch oder Englisch vorhanden sein.

Main activities Programme + Programme translation:

Wir führen eine Zukunftswerkstatt zum Thema „Leben ohne Öl“ durch und betrachten den Schwerpunkt „Lebensmittelproduktion“. Es wird einen praktischen Teil geben, in dem wir Obst und Gemüse ernten und konservieren.

Workshop Organiser: Umwelt Arbeit Bildung e.V.

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Miteinander für Demokratie, Menschenrechte und Toleranz

Subject area: Active citizenship
European citizenship and European dimension

Working language(s): DE, EN

Target Group + Translation:

Adult learners who are interested in gaining an understanding of conflicts and conflict resolution as a learning opportunity for oneself, for a group and for a democracy and who are ready to work on their personal attitudes towards conflict and notion of democracy by means of interactive methods. Even if the main working language will be English also participants with very basic English language skills are welcome as we can also hold sessions partly in German and Spanish and consecutive translation can be provided in the group sessions.

Erwachsenen Lernenden die ein Verständnis von Konflikten bzw. von Konfliktlösung als eigene Lernchance sowie für Gruppen und Demokratien bekommen möchten und die bereit sind, mittels interaktiver Methoden, an ihrer persönlichen Konfliktfähigkeit und an ihrem Demokratieverständnis zu arbeiten. Obwohl die Hauptarbeitssprache Englisch ist, sind auch Teilnehmende mit wenig Englischkenntnissen willkommen, da die Workshop-Abschnitte sessions teilweise auch auf Deutsch oder Spanisch, bzw. mit konsekutiver Übersetzung gehalten werden können.

Main activities Programme + Programme translation:

The Workshop aims at approaching conflicts and to see them as learning opportunities as well as confronting ourselves with an understanding of democracy, which grants all people an equal right to freedom. Hereby we will acquire competences in dealing with minorities and majorities and with conflicts in everyday life. We will also deal with themes such as democratic principles, decision-making, basic rights, equality, etc.

On the first workshop day, we will get to know each others well, in order to lay a good base for this experiential and learner-centered workshop. This includes the assessment of the wishes and expectations of each of us concerning the workshop as well as finding out about our background and connection to the theme. In form of an exercise we will lay the base for our personal interaction in the group during the workshop.

On the second day we will already enter into the subject matter “conflicts” in the context of diversity, democracy and tolerance. The first part of the day we will do group exercises and in the afternoon we will jointly visit a best practice project dealing with the theme in Berlin. Based on this, the third day will enable us to discuss conflict in the context of human rights and equal sharing of natural resources at global level. This will be done by using exercises of the widely recognized “Betzavta” concept, which aims at imparting a different notion of democracy based on equal rights, followed by a transfer to different levels of decision-making. The mid-term evaluation will encourage participants to make proposals regarding the rest of the program days, which will aim at discussing different notions of democracy, freedom, (human) rights, justice, etc. This will be supplemented by a number of exercises, underlining the special importance of unbiased communication in situations of conflict and in negotiating. Towards the end of the workshop we

will focus on steps to democratic decision-making and will discuss the possibilities to apply the workshop learning experience to our everyday lives after our return.

Der Workshop möchte dazu anregen, sich Konflikten als Lernchancen anzunähern und sich mit einem Demokratieverständnis, das allen Menschen das gleiche Recht auf Freiheit gewährt, auseinanderzusetzen. Hierdurch werden Kompetenzen im Umgang mit dem Verhältnis von Mehrheiten und Minderheiten, Konflikten und Alltagsproblemen erworben, was u.a. auch zu einer Auseinandersetzung mit folgenden Themenbereichen beiträgt: Demokratische Prinzipien, Entscheidungsfindung, Grundrechte, Gleichheit, etc.. Am ersten Programtag werden wir uns intensiv kennenlernen um eine gute Grundlage für diesen erfahrungsorientierten und interaktiven Workshop zu legen. Hierbei geht es auch um die Abklärung unserer Wünsche und Erwartungen und das Kennenlernen unserer unterschiedlichen Erfahrungshintergründe bezüglich des Themas. In Form einer Übung möchten wir hier auch die Basis für das Miteinander in der Gruppe besprechen. Am 2. Tag beginnen wir uns bereits intensiver mit dem Themenfeld Konflikte im Kontext von Vielfalt, Demokratie und Toleranz zu befassen: Am Vormittag dienen Übungen zur Anregung und am Nachmittag einen Besuch zu einem Praxisprojekt. Am 3. Tag möchten wir auf der Grundlage der ersten Tage vertiefend die Bedeutung der Menschenrechte im Kontext gerechter Ressourcenverteilung durch Übungen des anerkannten Betzavta Konzepts und den anschließenden Transfer auf verschiedenen Ebenen behandeln. Eine Zwischenevaluation unterstützt die teilnehmenden-orientierte Umsetzung der nächsten Workshop - Tage, an denen wir uns mit unterschiedlichen Aspekten von Demokratie, Freiheit, (Menschen)Rechten, Gerechtigkeit, etc. auseinandersetzen. Dies wird ergänzt durch Übungen zur unvoreingenommenen Kommunikation, der in Verhandlungen und in Konflikten eine ganz besondere Bedeutung zukommt. Gegen Ende des Workshops geht es schließlich stärker um das Ausprobieren von Schritten zur demokratischen Entscheidungsfindung und einem Transfer der im Workshop gemachten Lernerfahrung in den eigenen Alltag nach unserer Rückkehr.

Workshop Organiser:

EBA Europäische Bildungsakademie gGmbH

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00 49 30 23 62 71 25
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www.eba-berlin.net

Life Balnace – Mit Bewegung, Ernährung und Entspannung neue Lebenskraft schöpfen

Subject area: Environment / sustainable development

Health education

Physical education and sport

Working language(s): EN

Target Group + Translation:

The workshop is addressed at all European citizens who want to enjoy creative cooking and explore their own eating habits. The main target group consists of adult learners with limited opportunities for travel and transnational experience. No professional skills are requested and a basic knowledge of English is sufficient. Preference will be given to adults older than 50 who are especially underprivileged concerning access to new learning experiences and who belong to the target group that primarily suffers from diet-related diseases.

Der Workshop richtet sich an alle europäischen Mitbürger, die Spaß an kreativem Kochen haben und sich gern mit dem eigenen Essverhalten auseinandersetzen. Die Zielgruppe sind erwachsene Lernende, welche nur über begrenzte Reismöglichkeiten verfügen und bisher kaum oder nur eingeschränkten Zugang zu länderübergreifenden Erfahrungen hatten. Es sind keine besonderen Fähigkeiten nötig und Grundkenntnisse in Englisch sind ausreichend. Teilnehmer über 50 Jahren werden bevorzugt, da es gerade für diese Altersgruppe kaum Bildungsmöglichkeiten gibt und sie die Hauptgruppe darstellen die von Ernährungsbedingten Krankheiten betroffen sind.

Main activities Programme + Programme translation:

This workshop deals with a healthy and sustainable vegetarian diet in a fascinating and multinational context. A popular vegan chef will show us how to cook a variety of tasty international dishes. All participants are invited to share their knowledge on the local recipes of their European home countries. Traditional recipes can be exchanged and healthy vegetarian varieties discussed and tested. In addition to the cooking lessons a variety of information and field trips will be offered. The advantages of a plant-based diet will be discussed and we can learn how to prepare healthy, well-balanced and very tasty meals. Together we will discover new possibilities and have fun while cooking and exploring.

The information will always be presented in practice and in an entertaining way. To reach this goal a movie night, presentations, workshops and a tour through Berlin's vegetarian shops and restaurants will be part of the programme.

Unser Workshop vermittelt die Kunst der gesunden und nachhaltigen vegetarischen Küche spannend und multinational. Wir werden von einem veganen Star-Koch die Zubereitung leckerer, abwechslungsreicher und internationaler vegetarischer Gerichte erlernen. Dabei können wir von der Beteiligung der Teilnehmer aus den verschiedensten europäischen Nationen profitieren, die ihr Wissen zu regionalen Gerichten ihrer Heimatländer mit einbringen. Nationalgerichte werden

ausgetauscht und leckere vegetarische Variationen besprochen und ausprobiert. Neben dem Kochkurs gibt es eine breite Palette an Informations- und Exkursionsangeboten. Es wird über die Vorteile pflanzlicher Kost aufgeklärt und gezeigt, wie man sich gesund, ausgewogen und dennoch sehr lecker ernähren kann. Wir entdecken gemeinsam neue Möglichkeiten und haben Spaß beim kochen und lernen. Es wird kurzweilige Aktivitäten, wie einen Videoabend, Präsentationen, Workshops und eine Führung durch Berlin, mit seinen vegetarischen Einkaufsmöglichkeiten und Lokalen geben.

Workshop Organisier:

Vegetarierbund Deutschland e.V. (VEBU)

Contact details:

Glatzer Straße 5
10247 Berlin
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E-Mail: info@vebu.de
www.vebu.de

MentalTOP und Bewegung mit Tradition und Musik – geistig fit und aktiv ein Leben lang

Subject area: Health education
Family / parent education

Working language(s): DE

Target Group + Translation:

Erwachsene Lernende über 18 Jahre, Einzelpersonen oder kleine Gruppe von Lernenden aus unterschiedlichen Staaten, mit Interesse an gemeinsamen multinationalen Lernerfahrungen.

Main activities Programme + Programme translation:

1) Vorstellen der Nationalitäten und deren Brauchtumpflege: z.B. Bilder, Produkte, Erzählungen, Zeichnungen. Darstellung der einzelnen Nationen an Moderationswand.

Vorstellungsrunde und Abfrage der Erwartungen:

Die Erwartungen werden mit Karten gesammelt und an die Moderationswand gepinnt. Diese Übersicht dient im Verlauf immer wieder zur Überprüfung und zum Ende des WS werden die Erwartungen nochmals überprüft: wurden sie erfüllt?! Wenn nicht, was braucht der TN noch, damit er zufrieden nach Hause fahren kann. Verbesserungen für künftige Angebote.

2) Einführung in MentalTOP: Geistige Fitness ein Leben lang im Alltag erhalten. Wichtigkeit der Bewegung, Funktion des Gehirns, was passiert beim Gedächtnistraining?

3) Bayerns Bekanntheit in der Welt: Vorurteile, Stereotypen und Realität des bayerischen Brauchtums. Verknüpfung zur Traditionserhaltung in anderen europäischen Ländern (Gespräch und Diskussion mit Teilnehmern)

4) Verknüpfung von Tradition und Bewegung: Bewegung zur Lernunterstützung anhand typisch bayerischer Tänze: Anleitung zum Schuhplatteln und Zwiefachen-Tanz durch Trachtenvereine und Musikkapellen. Erlernen von einfachem Liedgut.

5) Gehirnjogging und Gedächtnistraining traditionell: Kartenspiele wie das „Watten“ oder „Schafkopfen“ stellen die Teilnehmer vor hohe kognitive Aufgaben. Auf diese Weise werden in der Freizeit und unter Einbezug traditioneller Freizeitkultur die „grauen Zellen“ der Teilnehmer gestärkt.

6) Entspannung: Um gute geistige Leistungen abrufen zu können, darf die Entspannung nicht vernachlässigt werden. MentalTop bietet hier eine Reihe von Übungen zum Entspannen. Im Workshop erhalten die Teilnehmer bewusst freie Zeiträume, um diese zum „Runterkommen“ zu verwenden und/oder sich die Zeit zu vertreiben (z.B. Stadtbesichtigung, kulturelle Sehenswürdigkeiten).

Workshop Organiser:

Gesundheitsakademie health and more e.V.

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Workshop Reference number: 2012-1-DE2-GRU13-11170

Venue: Kiel

Date of the Workshop: 19/08/2013 – 23/08/2013

Europa zu Tisch

Subject area: Health education
Consumer education
Environment / sustainable development

Working language(s): DE

Target Group + Translation:

Alle erwachsenen Männer und Frauen, die Wert auf gesunde Ernährung und interkulturelle Lernerfahrungen legen und gern kochen.

Main activities Programme + Programme translation:

Gesunde Ernährung ist in aller Munde – doch viele gute Vorsätze scheitern an der Praxis. Keine Zeit, kein Geld und keine Ideen sind die Hauptgründe, die uns davon abhalten, diese Vorsätze zu verwirklichen. In unserem einwöchigen Kurs werden wir uns mit gesunder, nachhaltiger und alltagstauglicher Ernährung beschäftigen. Im gemeinsamen Austausch erarbeiten wir die Zutatenlisten und probieren sie direkt am Herd aus. Die kulinarische Praxis verbinden wir mit Theorie und Besuchen auf einem Bio-Hof, einer Käserei u. ä.

Kochen, Essen und Genießen sind elementare Bestandteile unserer Kulturen. In der Zubereitung von Speisen, dem Umgang mit Zutaten sowie beim Essen: Überall entdeckt man kulturelle Eigenheiten. In kaum einem anderen Bereich ist die Vielfalt der Regionen Europas mit allen Sinnen so unmittelbar zu erleben wie beim Kochen. Die Bereicherung des Speiseplans um Gerichte aus ähnlichen Klimazonen mit anderer kulinarischer Tradition ist demnach ein Ziel unseres Workshops. Teilnehmer aus verschiedenen Ländern werden jeweils ihr Ernährungs-, Einkaufs-, Koch- und Essverhalten gegenüberstellen, miteinander vergleichen und somit den Blick auf die eigenen Gewohnheiten erweitern sowie neue Impulse liefern. Darüber hinaus beschäftigen sie sich mit der Frage, wie eine verantwortungsbewusste Ernährung morgen aussehen kann. Wie kann man mit kleinem Budget und einfachen, schmackhaften Rezepten aus unterschiedlichen Regionen Europas die eigene Gesundheit fördern und die Umwelt schützen?

Workshop Organiser: KulturLife gGmbH

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www.kultur-life.de

Workshop Reference number: 2012-1-DK1-GRU13-05469

Venue: Enghavevej 80c, 3rd

Date of the Workshop: 29/04/2013 - 04/05/2013

My family on Skype

Subject area: Education of specific target groups: (occupational travellers, migrants, travellers, Roma)
Family / parent education
New technologies, ICT

Working language(s): EN

Target Group + Translation:

People who have experienced transnationality/migration within the family. It could both be persons who have shorter experience (e.g. from studying abroad) and people who have experienced transnationality for a longer period of time (e.g. when a close family member moves to another country for good).

Main activities Programme + Programme translation:

Family in another country? Portraits, Stories & Digital Media Learn how to make digital storytelling, and connect with your family abroad through stories. Explore Copenhagen in the summertime and produce, share and enjoy a creative and relaxing workshop with both storywalking around the city, creative mindfulness and lots of fun and sharing knowledge. The workshop aims to: Improve creative thinking through moving images, art and music Processing individual family stories and experiences Improving digital competences Motivating lifelong learning Develop a intercultural exchange of knowledge in the group Have a good time! Main activities / programme of the Workshop Digital story production: Creative Scriptwriting (e.g. storycircle) Visualisation (photography/painting/drawing/sculpting) Movie-/picture-/audioediting

Day 1: Arrival. Introduction to each other and to the theme of the workshop

Day 2: Scriptwriting og storycircle. -What is a family? -What is a digital story?

Day 3: Scriptwriting (continued) and voiceover recording. Software introduction Visual and audio layers (eg photography, painting, drawing, sculpting, creating musictracks)

Day 4: Visual and audio layers

Day 5: Finishing up Celebration: Presentation of films

Day 6: Departure Expected outputs: During the workshop the learners will produce their own personal digital story (a short film) about their family and how it effects his/her family life that the family is living in different countries. How do they maintain everyday family life? And how do they communicate (for instance via Skype)? During the workshop the learners will acquire skills within the field of visual communication and storytelling. On the workshop the learners will explore and reflect upon their own family relations in new creative ways e.g. through photography, video, music, text, sound and art. The participants will learn new creative methods of thinking in a great space for individual and group processes.

Workshop Organiser:

Digital Storylab

Contact details:

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2450 Copenhagen SV

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Workshop Reference number: 2012-1-DK1-GRU13-05466

Venue: Gerlev Idrætshøjskole

Date of the Workshop: 04/08/2013 - 10/08/2013

Inspiration to Active Living for Life

Subject area: Health education
Other
Physical education and sport

Working language(s): EN

Target Group + Translation:

We use Physical Activity as a mean to create higher self efficiency and as such create the background for life quality through active living. We focus on the adult citizen; however, we are aware that some groups of people are more vulnerable to be physically inactive. This is why we especially focus on unemployed people, people from rural or other disadvantaged areas, or adults with lower level of education.

Main activities Programme + Programme translation:

The workshop is organized by Gerlev P.E. & Sports Academy, which specialise in a broad approach to sport. At Gerlev we work with inclusion in sports activities where nobody will be exposed from the group at any time. Learners will be a part of a process in which we focus on the positive sport experiences and playfulness. Schedule of the workshop includes inside and outside activities, active lectures, lectures, discussions, social activities, choir and a study trip to Copenhagen. The workshop starts Sunday 04.08.2013 at 15.30 with an official welcome. Arrivals are welcomed during Sunday from 10.00 to 15.00. Workshop finishes Saturday the 10.08.2013 at 14.00 with official speech by the president of Gerlev P.E. & Sports Academy, Finn Berggren. Workshop includes following: Activities: Crossfitnes/fitness, virtual games, traditional games, beach volley for beginners, Danish beach as an activity environment, alternative activities in a forest, Rock-It-Ball, sauna, swimming activities Active Lectures: Teambuilding, Playbuilding, Philosophy of fight sports in practice

Workshop Organiser: Gerlev Idrætshejskole

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4200 Slagelse
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E-mail: Gerlev@gerlev.dk
www.gerlev.dk

Workshop Reference number: 2012-1-EE1-GRU13-03606

Venue: Elva town and its surroundings, Tartu county

Date of the Workshop: 06/06/2013 - 12/06/2013

Photography in Promotion and Preservation of Natural Heritage

Subject area: Artistic education, also including Arts and Crafts and Music
Natural Sciences

Working language(s): EN

Target Group + Translation:

This study circle is targeted at financially less secure people interested in nature photography, whose hobby is to take pictures in the wild. Participants should already have a certain experience in nature photography and would thereby like to improve their relevant skills, content-wise and technically. However, they lack financial resources to participate in international workshops of nature photography under the supervision of recognised nature photographers.

Main activities Programme + Programme translation:

The programme comprises thematic lectures-seminars, practical photography sessions and discussions regarding technical tips and the outcomes. During the last three days, the participants will be given specific tasks regarding taking pictures in natural surroundings, and the photos will be analysed at the end of the day. Themes to be covered: - The essence, goals and ethics of nature photography - Visual communication – the narrative and charm, i.e. about the foundation of composition - Photo-hunt methodology - Natural conditions as the object and resource of photography - Digital darkroom: opportunities and threats - Close-up photography, with a practical photo session in nature - Elimination of technical inadequacies in a digital darkroom - Long-range photography, with a practical photo session in nature - Landscape photography, with practical picture-taking in nature - Analysis of the outcomes

Workshop Organiser: Vapramäe-Vellavere-Vitipalu Foundation

Contact details: Voika 23
61601 Nõo
EE-ESTONIA
Tel.: +372 5695 2950
E-mail: kartleppik@gmail.com
www.vvvs.ee

Workshop Reference number: 2012-1-EE1-GRU13-03616

Venue: Tallinn

Date of the Workshop: 25/06/2013 - 02/07/2013

Enjoy Estonian (Brain-friendly Estonian course)

Subject area: Foreign language teaching and learning
Intercultural education
European citizenship and European dimension

Working language(s): ET

Target Group + Translation:

- 1) Adults from EU countries who have studied Estonian and are interested in: - improving their communicative skills in Estonian and practicing Estonian in brain-friendly way (using innovative and creative methods); - exchanging personal experience with other European adults and learning about their languages and cultures; - learning about Estonian culture (history, traditions, music, art).
- 2) Descendants of Estonian immigrants in other EU countries, who are interested in keeping up their parents and grandparents mother tongue and culture. Participants should have at least A2 level in Estonian (Common European Framework).

Main activities Programme + Programme translation:

Activate spoken Estonian in social situations, gain confidence and fluency in Estonian. The language material is presented in the form of an interactive performance. Participants of the workshop will turn into journalists and TV reporters who have come to see Tallinn and collect material about Estonia and Estonians. They are met by their tour guide in Tallinn (their teacher). During the workshop they will be engaged in different activities where they find out about Old Town, and its landmarks, experience Estonian lifestyle, culture, traditions, national cuisine. While practicing Estonian language the participants have an opportunity to sing in a choir, enjoy a folkdance, cook Estonian food, make a tour of Tallinn and virtual tour of Estonia. They can communicate with Estonians; learn about the countries and cultures of other participants. They experience a range of techniques for different learning styles: - activating vocabulary with music, songs and visuals; - learning grammar with rap, rhythm; - making mind maps; - using drama, etc.

Workshop Organiser: Language School Sugesto

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www.sugesto.ee

Workshop Reference number: 2012-1-EE1-GRU13-03608

Venue: Soontaga, Valgamaa

Date of the Workshop: 16/07/2013 - 21/07/2013

Education Through Sport

Subject area: Health education
Physical education and sport

Working language(s): EN

Target Group + Translation:

15-20 adult learners from different European countries are expected, who are interested in developing their self-confidence and social skills through sportive activities. A wide range of participants can apply to the workshop; especially people with the disadvantaged background (e.g. unemployed) and from different cultures and regions are welcome. Participants are not required to have any previous skills in sports, but should have adequate knowledge in English.

Main activities Programme + Programme translation:

The aim of the workshop is to develop participants' individual and social skills, relevant to their personal development and learning needs. During the workshop, the participants' creativity, teamwork skills, self-confidence and readiness for collaboration with others will be enhanced. Sport has a power to influence people with very different cultural and social background, so it can be used as a tool in the education process, providing competence development for personal fulfilment and giving an impulse to live more actively. Main activities of the Workshop are planned following the prototype of the Olympic Games, where each activity gives us the possibility to learn and/or experience some new knowledge, skill or value. The programme of the Workshop consists of four different parts, where participants have an active role (learning through action): health, values in sport, teamwork and culture. The participants are expected to use their knowledge in their home countries, organising the model of "Olympic Games" for introducing Estonian culture as well as creating a bases for the uniting their community.

Workshop Organiser: Estonian Olympic Academy

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51014 Tartu
EE-ESTONIA
Tel.: +372 525 0583
E-mail: info@olympiaharidus.eu
www.olympiaharidus.eu

Workshop Reference number: 2012-1-ES1-GRU13-53746

Venue: San Javier (Murcia)

Date of the Workshop: 08/07/2013 - 14/07/2013

Lerning Spanish with Hispanic Literature

Subject area: Foreign language teaching and learning
New technologies, ICT
Pedagogy and didactics

Working language(s): ES

Target Group + Translation:

Cualquier ciudadano adulto de la Unión Europea interesado en mejorar sus conocimientos de español mediante el uso de la literatura hispánica. Por las características del seminario, los candidatos habrán de tener, al menos, un nivel de español B1 de acuerdo al Marco común europeo de referencia para las lenguas.

Any adult EU citizen who is interested in improving his/her Spanish through the experience of Hispanic literature. In order to be accepted into the seminar, future participants will have to accredit a knowledge of Spanish equivalent, at least, to B1 (in the Common European Framework of Reference for Languages).

Main activities Programme + Programme translation:

Actividades principales / Programa del seminario: Este seminario de siete días lectivos de duración se plantea como objetivo fundamental poner en valor la literatura hispánica como herramienta privilegiada para la introducción del horizonte cultural en el aprendizaje del español como lengua extranjera. En muchos casos, el aprendizaje de la segunda lengua se lleva a cabo desde una perspectiva exclusivamente lingüística, relegando la competencia cultural, que todo aprendiz debe desarrollar si de verdad quiere ser proficiente en la lengua que estudia, a un papel muy secundario. Este seminario defenderá precisamente las cualidades de la literatura hispánica para abordar el aprendizaje del español desde un punto de vista integral: no solo como vehículo de desarrollo de los aspectos más formales del idioma, sino también como herramienta de acercamiento cultural a la realidad meta. El seminario se dividirá en tres bloques: Bloque 1: dará cuenta de los debates más significativos en torno al uso de la literatura en el aprendizaje de la L2 a fin de que los participantes puedan encuadrar en las conclusiones que se alcancen su propia experiencia previa como aprendientes de una lengua extranjera (1 sesión). Bloque 2: proporcionará los marcos teóricos más relevantes que apoyan el uso de la poesía, el relato corto y el teatro en el aula de ELE (2 sesiones). Bloque 3: los participantes trabajarán directamente con textos literarios reflexionando, primero, sobre qué aspectos de los mismos podrían tener un mayor impacto en su propio aprendizaje de ELE tanto lingüística como culturalmente. En segundo lugar, sus conclusiones serán contrastadas con la explotación que el profesor haya realizado previamente de esos mismos textos. De este modo, los participantes, además de generar consciencia sobre cómo aprenden, recibirán también instrucción directa sobre aquellos aspectos que el profesor estime más adecuados (5 sesiones). El uso de las TIC se favorecerá sobremanera en el desarrollo de todos los bloques del seminario.

Expected number of participants: 23 (20 foreigners+3 nationals) Activities / Program The main goal of this seven-day seminar will be to show that literature is a privileged tool for the introduction of the cultural horizon in the learning of Spanish as a Second Language. In many cases, language learning focuses on linguistic content and sidelines cultural competence, which is actually indispensable for true linguistic competence. This seminar will demonstrate how to use Hispanic literature to learn a language from an integral perspective, not only as a vehicle for formal linguistic aspects but also as a means of conveying the culture of the target language. The seminar will be divided into three blocks. Block 1: The first will cover the most significant debates on the use of literature in L2 learning (1 session). Block 2: The second (2 sessions) will furnish the most relevant theoretical frameworks for the classroom exploitation of poetry, short stories, and plays. Block 3: participants will work with literary texts to reflect, firstly, about which aspects in them might have a greater impact on their own learning both from a linguistic and a cultural perspective. Secondly, participants' conclusions will be compared with the instructor's exploitation of those same texts. In so doing, participants will not only become aware of how they learn, but they will also get direct instruction about the linguistic aspects the teacher considers more relevant (5 sessions). Special emphasis will be placed throughout the seminar in the implementation of ICTs.

Workshop Organiser:

Escuela Oficial de Idiomas de San Javier

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30730 San Javier MURCIA
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www.eoisanjavier.org

Workshop Reference number: 2012-1-ES1-GRU13-53725

Venue: Sierra Elvira

Date of the Workshop: 28/05/2013 - 05/06/2013

Community Theatre

Subject area: Artistic education, also including Arts and Crafts and Music
Inclusive approaches
Learning opportunities for people at risk of social marginalisation

Working language(s): ES

Target Group + Translation:

Todos/as los interesados/as (sin límite de edad, género o calificaciones específicas) a las dinámicas de relación entre grupos mixtos, miembros/as de teatros amateurs, voluntarios/as de ONGs en lo cultural y en lo social.

All interested in relationship dynamics in mixed groups, amateur theatre members, volunteer in social service associations, cultural and/or social promotion organizations. No qualification requirements or age or gender limits.

Main activities Programme + Programme translation:

Programa del seminario Encuentros sobre el teatro como medio de trabajo de comunidad: modalidades, aspectos pedagógicos, artísticos y sociales; importancia de la red local. Actividad laboratorial 1) reservada a los asistentes y 2) con los habitantes de la Fundación; práctica del teatro de comunidad focalizada sobre dinámicas intergeneracionales e interculturales. Realización de un espectáculo final con involucración del pueblo (Sierra Elvira). El método es el “aprender haciendo”: contiene planeamiento, evaluación de necesidades, medios creativos para involucrar y comunicar con el contexto local, talleres de práctica teatral y espectáculos. Los asistentes aprenderán instrumentos prácticos que podrán ser aplicados en cualquier contexto: Ejercicios de entrenamiento de tipo actorial; Ejercicios de improvisación; Lecciones frontales a cargo de expertos; Encuentros interactivos con stakeholders; Visión de material audiovisual; Creación colectiva con la participación de la comunidad.

Discussion workshops themed around: theatre as community work, facilitation, educational, artistic and social aspects, local network building. Practical activities involving group participants and local citizens, intergenerational and intercultural community theatre exercises, and culminating in a collaborative public performance with the village (Sierra Elvira). The method is a practical “learning by doing”. It incorporates planning and assessment of needs, creative means of involving and communicating with the local context, practical workshops on theatre practice and performance. Through exercises –individual and collective, role playing, improvisation and dramatization, participants will learn practical and effective instruments to be applied in any context: Acting Training & Improvisation exercises; Frontal lessons by experts; Interactive meetings with stakeholders; Vision of audiovisual documents; Collective creation work with the participation of community

Workshop Organiser:

FUNDACION ESCUELA DE SOLIDARIDAD

Contact details:

Calle – Número Avenida de Moises nº1

18330 Sierra Elvira - Granada

ES-SPAIN

Tel.: 609588561

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www.fundacionescueladesolidaridad.blogspot.com

Workshop Reference number: 2012-1-ES1-GRU13-53711

Venue: Chiclana de la Frontera (Cádiz)

Date of the Workshop: 23/06/2013 - 29/06/2013

Cadiz Bay, an Integrator of European Dimension

Subject area: Active citizenship

Addressing target groups with special needs

Artistic education, also including Arts and Crafts and Music

Working language(s): ES

Target Group + Translation:

Adulto interesado en conocer la cultura andaluza y, más concretamente, diversos aspectos socioculturales de la bahía de Cádiz y su dimensión europea. Se pretende mejorar su nivel de expresión oral en lengua española a través de diferentes situaciones comunicativas, así como su conocimiento de los rasgos característicos del habla de la zona. Se exigirá un nivel mínimo de B1 en lengua española, según el Marco Común de Referencia Europeo.

Adult learners interested in getting to know Andalusian culture and, particularly, a variety of sociocultural aspects of the Bay of Cadiz as well as its European dimension. It intends to improve their speaking skills in the Spanish language, through a wide range of communicative situations and, also, their knowledge of the local way of speaking. Participants are required to have a B1 level in Spanish (Common European Framework of Reference).

Main activities Programme + Programme translation:

Conferencias, talleres y mesas redondas sobre los siguientes temas: Variedades lingüísticas del español. Peculiaridades del español de Andalucía. Competencia comunicativa del habla de Cádiz. Evolución del concepto de ciudadanía europea a partir de 1812. El asedio a Cádiz como encrucijada de nacionalidades. La gastronomía de la bahía de Cádiz. Aspectos culturales de la bahía. El carnaval como seña de identidad. Visitas y excursiones: museos, bodegas, ruinas de Baelo Claudia, visita cultural al centro de Cádiz, paseo en barco y visita a las salinas de Chiclana.

Conferences and workshops on the following topics: "Linguistic Varieties of the Spanish Language. Peculiarities of the Spanish Spoken in Andalusia. Cadiz and its Local Way of Speaking". "Evolution of the Concept of European Citizenship from 1812". "The Siege of Cadiz as a Crossroads of Nationalities". "The Bay of Cadiz and its Gastronomy". "Cultural Aspects of the Bay. Carnival as its Hallmark". Visits and trips to: "Museums, wine cellars, Cadiz city centre, salt mine in Chiclana, Baelo Claudia Roman ruins, and boat trip around the Bay".

Workshop Organiser:

ESCUELA OFICIAL DE IDIOMAS DE CHICLANA

Contact details:

Calle – Número: Carretera de la Barrosa, nº 40
11130 Chiclana de la Frontera (Cádiz)

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699094812

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<http://www.juntadeandalucia.es/averroes/~11700408>

Workshop Reference number: 2012-1-ES1-GRU13-53756

Venue: Santoña

Date of the Workshop: 23/06/2013 – 29/06/2013

Finding a voice

Subject area: Active citizenship

Addressing target groups with special needs

Artistic education including Arts and Crafts and Music

Working language(s): ES

Target Group + Translation:

Adults interested in improving skills in order to enhance creativity and personal growth via storytelling activities set for promoting intercultural exchange. Specially those who are aware of the importance of listening to older people. No qualification of any kind is needed.

Main activities Programme + Programme translation:

- Icebreaking games to know each other.
- Theater workshop: finding our voice.
- Music therapy
- Make your puppet speaking
- Listen to my voice
- Broadcasting a radio program
- Outdoor activities and trips to know Cantabria

The program aims:

- Improving storytelling skills specially by using theater methods, puppet crafts and radio workshops.
- Enhancing sensitivity as an essential part of any act of communication.
- Encouraging self confidence in individual expression and intercultural exchange.
- Motivating lifelong learning

Workshop Organiser:

Centro de Enseñanza de Personas Adultas de Santoña

Contact details:

Street / number: Sor María del Carmen s/n
39740 Santoña (Spain)

TEL: +34 942502345 / + 34 669041999

cepa.santona@educantabria.es

<http://www.educantabria.es/cepa.santona>

Non Verbal Communication

Subject area: Basic Skills
Intercultural Education
Artistic Education

Working language(s): ES, EN

Target Group + Translation:

TODOS LOS INTERESADOS en mejorar las propias capacidades comunicativas, sin límites de edad, sexo, proveniencia, nivel de estudios. En particular para asistentes sin calificaciones específicas el seminario representa una oportunidad formativa rara porque las temáticas afrontadas son desarrolladas normalmente por medio de la formación universitaria o altos estudios psicológicos.

ALL THOSE INTERESTED in improving their communication skills – without age, sex, class limitations, particularly for people without high instruction taking a rare training opportunity as the themes of the workshop are usually developed through university or high psychological studies.

Main activities Programme + Programme translation:

El seminario es substancialmente práctico: una learning experience guiada por expertos, por medio de ejercicios creados para explorar los elementos principales del lenguaje no verbal: vocal, cinésico, áptico, proxémico, cronémico. Cada set de ejercicios será precedido por una breve introducción teórica. Son previstas también ejercicios conducidos con la participación de personas externas al grupo, para evaluar personalmente el incremento de capacidad comunicativa obtenido. Serán experimentadas situaciones que ayudarán los asistentes a hacer emerger sus propios recursos y a adquirir conocimientos sobre el campo respecto a “diferencias culturales” relevadas entre los asistentes presentes. Finalmente, también para profundizar los lazos con el territorio de acogida del seminario, será organizada una sesión particular dedicada al flamenco y a sus aspectos (gestualidad, uso de timbres de la voz) en la cual será involucrada la población.

The workshop offers a practical path, essentially a learning experience, led by experts, through exercises designed to explore the main elements of non-verbal language: voice, kinesic, haptic, proxemic, cronemic.

Each set of exercises will be preceded by a brief theoretical introduction.

Also are foreseen exercises conducted with the participation of people outside the group, to assess firsthand the increased communication skills gained. The participants will experience situations that will help in them the emergence of their own resources and to acquire practical knowledge about "cultural differences" found between the participants.

Finally, also in order to deepen the ties with the territory hosting the workshop will be organized a special session dedicated to flamenco and to its aspects (gestures, use of tone of the voice) in which the local community will be involved.

Workshop Organiser:

FUNDACION JOSE LUIS SUESCUN

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www.fundacionjoseluissuescun.es

In Spanish. Stories.

Subject area: Foreign language teaching and learning
Intercultural education
European citizenship and European dimension

Working language(s): ES

Target Group + Translation:

Adultos interesados en conocer la cultura española en general y la gallega en particular a través de sesiones de docencia, actividades culturales y su propia vivencia personal; mejorar sus destrezas comunicativas en español e intercambiar experiencias personales con otros adultos europeos para conocer de primera mano otras culturas europeas.

Estos adultos han de tener un dominio de español de al menos un B1 del Marco Común de Referencia Europeo.

Adults interested in getting to know the Spanish culture in general and Galician culture in particular through lessons, activities and also personal experiences; improving their communicating skills in Spanish; exchanging personal experiences with the other European adults so as to get to know their cultures.

Participants should have a B1 level in Spanish (Common European Framework of Reference).

Main activities Programme + Programme translation:

Se compaginarán actividades lectivas en el aula con actividades culturales, con el objeto de mejorar sus conocimientos de nuestra cultura así como sus destrezas comunicativas en español, ya que esta será la lengua utilizada. Algunas de las actividades serán:

Actividades docentes:

- Presentación de los asistentes, sus países de origen o región.
- ¿Qué sabemos de España?
- La cultura gallega
- El camino de Santiago
- Análisis y lectura del Quijote
- Reflexión intercultural: tratamiento y superación de estereotipos
- Música / poesía española
- Importancia de la “Costa de la muerte”
- Algo sobre nuestros tebeos
- Arte español

Actividades culturales

- Visita a la Torre de Hércules (patrimonio de la Humanidad)
- Visita a la Casa de las Ciencias y sesión de planetario
- Visita a “Domus”, Casa del Hombre
- Visita al “Aquarium Finiterrae”
- Visita guiada por la ciudad medieval y las casas modernistas
- Visita guiada a Santiago de Compostela

-Visita a Cee, Corcubión y Finisterre.

Participants will attend lessons and take part in cultural activities, so as to improve both their knowledge about our culture and also our language, especially because Spanish will be the only language used.

Lessons:

- Introduction of participants, its cultures and countries
- What do we know about Spain?
- Galician culture
- St James's way
- "Don Quijote" reading and analysis
- Intercultural reflection: Breaking stereotypes
- Spanish music /poetry
- The "coast of death" importance
- Something about our comics
- Spanish Art

Cultural activities:

- Visit "Hercules Tower"
- Science Museum and its planetarium visit
- Domus Museum visit
- Aquarium Finisterrae Museum visit
- Guided tour to Santiago de Compostela
- Guided tour through our medieval town and modern buildings
- Guided tour to Cee, Corcubión and Finisterre

Workshop Organiser:

Escuela Oficial de Idiomas de A Coruña (EOI A Coruña)

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39740 Santoña (Spain)
TEL: +34 981145075
eoicorunha@edu.xunta.es
www.eoicoruna.org

Workshop Reference number: 2012-1-FI1-GRU13-09558

Venue: Järvenpää

Date of the Workshop: 20/05/2013 - 25/05/2013

Finnish ways to recycle textiles

Subject area: Artistic education, also including Arts and Crafts and Music
Environment / sustainable development
Intercultural education

Working language(s): EN

Target Group + Translation:

European citizens interested in handicrafts and recycling textiles in traditional techniques as well as new innovative methods and materials. Priority is given for the unemployed, citizens under the thread of being excluded from society, senior citizens, immigrants and members of ethnic minorities.

Main activities Programme + Programme translation:

The course offers ideas and teaches new techniques of weaving, which have been used in recycling traditionally in Finland. The participants also learn new innovative techniques and materials such as video tape weaving and working on recycled felt into products. The participants work in two workshops in which they can work according to their interests. In the workshop on textile weaving, the participants learn the living Finnish tradition of weaving rags from old clothes. They will also weave bag textile from videotape and thread together, as well as interior design products from recycled paper. In the sewing workshop the participants will work on recycled textile materials into new products, for instance, by sewing, embroidery and needle felting old knit garments. In addition, we will use recycled felt made from recycled textiles for making bigger and smaller bags and pillows, and make different patterns on them. In addition to the workshops, we will visit different companies making products from recycled materials: GlobeHope, Edelcity and Kiva Shop. We will familiarize ourselves with second hand shops, handicrafts and the Finnish way of life. The participants learn to know other participants' cultures as each participant can bring an item or recycling idea from their own country. The items and ideas as well as the workshop products will be published on the website.

Workshop Organiser: Keravan Opisto

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4200 Kerava
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www.kerava.fi/keravanopisto.asp

Workshop Reference number: 2012-1-FI1-GRU13-09498

Venue: Kouvola

Date of the Workshop: 20/05/2013 - 24/05/2013

Exercise and Learn in the Nature Environment

Subject area: Environment / sustainable development
Physical education and sport
Learning about European countries

Working language(s): EN

Target Group + Translation:

Elderly people (60+). On excursions special attention is paid to arrangements which enable people to move about such as the suitable speed of moving and the use auxiliary devices if needed. Because the workshop is partly based on producing and using photo material, it is possible for people even with a poorer knowledge of English to active participation in the workshop. The participants are expected to have a European Health Insurance Card and personal travel insurance.

Main activities Programme + Programme translation:

Arrival day: 19th May Getting together, introducing the town of Kouvola and the aims and programme of the workshop. Presentation of the assignments given to the participants beforehand.

20th May. Lecture: The Nature of Kymenlaakso. Urban and natural environment in Kouvola – participants' own observations. Moving in natural surroundings: instruction in Nordic walking in Kettumäki Folk Park and water gymnastics, European evening, discussion and evaluation of the first day.

21st May Moving in natural surroundings, Lecture: Everyman's rights. Wilderness nature: walking and observing nature in Repovesi National Park, rowing a "church boat" as a form of exercise, in the evening sauna bathing, discussion and evaluation of the day.

22nd May Sustainable development, Lecture: Recycling and Disposal of Waste. The condition of waters: the River Kymi and the Gulf of Finland, an excursion along the River Kymi from Kuusankoski to Kotka, discussion and evaluation of the day.

23rd May Lecture: Finland's Forests. Walking in Heisanharju nature conservation area, observing the condition of forests, visit to the Verla Mill Museum (Unesco World Heritage site), discussion and evaluation of the day.

24th May Natural materials used in handicraft (participants make a souvenir of birch bark etc.). Sustainable development: Lecture on local food, walk along a nature path with a quiz on the things learned, discussion and evaluation of the day. Farewell party with the members of the KuuRet 55+ group.

Departure day: 25th May Final evaluation of the workshop, feedback, certificates, transport to Helsinki, flights back home. Extra programme for those who want to stay another day in Helsinki.

We expect those interested in the workshop to send their application by 20th January 2013.

Workshop Organiser:

Kuusankosken Retkeilijät ry.

Contact details:

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45160 Kouvola

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<http://www.kuusankoskenretkeilijat.net/> and

<http://kuuret55.nettisivu.org/>

Workshop Reference number: 2012-1-FR1-GRU13-35430

Venue: Cagnac

Date of the Workshop: 14/04/2013 - 20/04/2013

Confiance en soi et valorisation au féminin sur les pas des Dames d'Occitanie

Subject area: Addressing target group with special needs
Gender issues, equal opportunities
Cultural heritage

Working language(s): FR

Target Group + Translation:

Femme de tout âge, toute origine sociale et culturelle ayant besoin d'ancrer une confiance durable ou ayant un désir de valoriser son image, d'approfondir l'estime et l'affirmation de soi et de cultiver sa féminité à l'image des Dames d'Occitanie. Cet atelier est réservé aux non-professionnelles, aux personnes motivées qui ont un intérêt à la réflexion sur elles-même et à la rencontre d'autres personnes de cultures et d'horizons différents.

Women of all ages, from all social and cultural origins, in need of development of a lasting trust. Or, having a desire to enhance their image, to deepen their self esteem and assertiveness and cultivate their femininity in the image of the Ladies of Occitan. This workshop is for non-professional, motivated individuals who have an interest in thinking about themselves and meeting others from different cultural backgrounds.

Main activities Programme + Programme translation:

Cet atelier se fonde sur une méthode de travail interactive alternant études théoriques et exercices pratiques avec la découverte de l'histoire des dames d'Occitanie. Nous prévoyons des échanges avec femmes du pays d'accueil ayant suivies des formations de confiance en soi, afin de partager les singularités de la confiance de chaque pays dans un cadre égalité des chances. Un travail personnel est effectué par chaque participante sur l'établissement de sa propre confiance et la valorisation de son image avec la méthode Val Real©, outil de construction de la confiance en soi et de valorisation de l'image. Il invite à la réflexion sur la Confiance en Soi, l'image de la femme du moyen - âge et d'aujourd'hui et la représentation du féminin.

L'atelier favorise l'expression et l'échange entre les participantes et crée une dynamique de groupe qui soutient et encourage chaque participante dans l'étude et la réalisation des objectifs qu'elle s'est fixée.

L'atelier prévoit des mises en situation, des rencontres culturelles avec des personnages de la région et des visites d'étude sur des lieux sélectionnés par nos soins, qui ont été marqués par la vie de dames emblématiques: visites d'étude de la cité de médiévale de Carcassonne (Dame Carcasse), Château De Montségur avec la découverte de l'histoire de la Grande Esclarmonde de Foix, Toulouse, capitale d'Occitanie et découverte des hauts lieux de culture et d'histoire.

Dans un état d'esprit ludique, d'échange et de rencontre cet atelier vise à :

- découvrir et étudier l'histoire des grandes Dames qui symbolisent la féminité, le courage et la confiance des femmes du Moyen Age en Occitanie (cette identification valorisante permettra de voir à travers ses femmes une image de la femme idéalisée au Moyen Age)
- prendre confiance en soi et valoriser son image de femme
- encourager la rencontre entre les femmes de différentes cultures européennes
- s'enrichir à travers les échanges entre les femmes
- lever les freins à la mobilité et à leur réalisation personnelle par un travail sur l'estime de soi, la communication, l'image et par la découverte de la culture de ses dames sur leur lieu de vie
- faire naître ou approfondir le goût de l'apprentissage tout au long de la vie (découvertes de l'histoire des cultures européenne, etc.)
- approfondir ses connaissances et (re-)découvrir sa féminité.
- oser s'affirmer

This workshop is based on an interactive method of work alternating theoretical and practical exercises with the discovery of the ladies of Occitan. We plan to organize exchange with women of the host country who has followed self-confidence training, in order to share confidence's peculiarities of each country within the framework of the equality of opportunity. Personal work is done by each participant on the establishment of their own confidence and enhancing their image with the method Val Real ©, building confidence and self-image enhancement tool. It invites consideration on self-confidence, the image of women from the Middle Ages and today and the representation of femininity.

The workshop promotes expression and exchange between participants and creates a group dynamic that supports and encourages each participant in studying the goals they have set.

The workshop includes situational, cultural encounters with characters from the region and study visits to places chosen by us, which were marked by the life of iconic women: study visits to Carcassonne Medieval City (Dame Carcass), Castle Montségur and discovering the history of the Great Esclarmonde of Foix, Toulouse, capital of Occitan and discovering main historical and cultural places.

Le programme :

Drawing up the training objectives. Fill in the aims contract.

15/10/2012

Delivery of the navigation pad.

Personal cartography: self-confidence, personal self-evaluation.

Workgroup in Carcassonne: brainstorming about the image and the self-confidence of women.

Study visit in Carcassonne about women history and its connections with the Occitan ladies (Lady Carcasse)

Reflection about representation of feminine, supported by the model of Occitan medieval ladies. - Evening feedback.

16/10/2012

Femininity day: training of self-assertiveness and her own image.

Working about trainees' appreciation needs and trainees' valorisation.

Communication game, "in situ"

Personal work about image' cartography by interaction with the trainer

Writing her own experience in navigation pad

Training relaxation and refocusing on herself - Evening feedback.

17/10/2012

Ladies history in medieval age (Esclarmonde)

Study visit in Montségur castle

Techniques of relaxation outdoor - Evening feedback.

18/10/2012

Tutoring on quality assessment: reflection about intimate qualities, opportunities, talents, distinctive peculiarities of each one, in order to discover or to make appear them again.

Artistic expression about the representation of feminine

19/10/2012

Following the work made during the week: final step of decision-making and planning of the actions to carry out

Study visit of Toulouse historic centre, the Garden of Plants (Simon de Montfort), St Sernin Basilica, and its history

Signature of the aims contract - Assessment and final feedback about the week.

Filling in the satisfaction and evaluation form concerning personal workshop and the group

20/10/2012

Information about European Life Long Learning Programme (LLP).

Writing a letter to a friend bringing voice about their workshop experiences.

Departure

Workshop Organiser:

Institut européen de formation professionnelle VAL REAL

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VIDEO: Une ressource nouvelle - L'utilisation de la vidéo dans le domaine socioculturel

Subject area: Basic skills
New technologies, ICT
Media and Communication

Working language(s): EN

Target Group + Translation:

Toute personne désirant s'initier aux médias numériques dans le domaine socioculturel

People interested to be initiated to the digital media in the social and cultural field.

Main activities Programme + Programme translation:

Les principaux éléments d'apprentissage de cet atelier sont:

Les sessions "Apprendre par le jeu" contribuent aux objectifs suivants:

- Amener les participants à s'approprier l'utilisation de la caméra
- Encourager l'apprentissage par le jeu et réfléchir aux nouvelles formes d'interaction engendrées par les nouveaux médias

Les sessions "Apprendre en Faisant" contribuent aux objectifs suivants:

- S'initier à la vidéo en tant qu'outil d'apprentissage par la pratique
- Acquérir les compétences générales liées à la prise d'images comme la composition, la lumière
- Faire l'expérience du processus de production dans toute sa globalité

Présentations, discussions, mini-lectures contribuent aux objectifs suivants:

- Se familiariser avec la théorie du langage visuel et la tradition de la communication visuelle
- Réfléchir au rôle de la culture visuelle au niveau personnel
- Réfléchir au rôle et à la place de la vidéo et des nouveaux médias dans le travail social auprès des jeunes
- Renforcer l'autonomie dans l'apprentissage: comment contribuer à développer de nouvelles compétences à travers un plan d'apprentissage personnel.

Les Éléments ponctuels de l'Atelier contribuent aux objectifs suivants de l'Atelier :

- Acquérir les compétences générales dans la compréhension des médias
- Encourager les participants à s'investir avant, pendant et après l'Atelier pour favoriser leur apprentissage continu (professionnel et personnel)
- Renforcer la philosophie autour de l'apprentissage continu et l'apprentissage pour la vie

1. Les participants deviennent conscients de leur capacité à communiquer dans le langage des images, indépendamment de leurs compétences linguistiques ou artistiques ou de leur connaissance d'une langue étrangère.

2. Le processus d'apprentissage de la culture visuelle d'une personne et sa relation avec la caméra amène le participant à se développer personnellement.
3. Les participants sont encouragés à développer une compréhension globale de l'histoire et de l'état actuel du champ numérique et à réfléchir aux avantages et inconvénients de la « révolution » digitale.
4. Les participants apprennent les bases de la photo et de la composition d'une photo, par le biais de l'analyse de photos et de films et en travaillant directement sur les outils numériques.
5. Les participants sont encouragés à développer des projets multimédia ou personnels, par exemple en éditant une vidéo sur une histoire personnelle ou encore en faisant une exposition dans leur communauté locale.
6. Les participants sont accompagnés et encouragés à instaurer une démarche d'auto apprentissage grâce aux liens créés avec le groupe et le formateur.
7. Les participants découvrent que l'apprentissage peut être un moment de plaisir.

The main programme blocks of this Workshop are:

"Learning by Playing" sessions contribute to the learning objectives of:

- Developing a positive relationship with the camera
- Encouraging learning by playing and the playful acquisition of new forms of communication created by new media

Practical Skills sessions contribute to the learning objectives of:

- learning the educational use of video by doing
- practicing general sub-skills in video-making, such as composition, lights, sound
- experiencing the production process in its entirety

Presentations, discussions, mini-lectures contribute to the learning objectives of:

- Getting familiar with the theory of visual language & tradition of visual communication
- Reflecting on visual culture on a personal level
- Reflecting on the role & place of video & new media in social & youth work
- Encouraging self-directed learning: how to continue developing a new skill with a personal learning plan

One-off elements of the workshop contribute to the learning objectives of:

- General competence-building in visual literacy
- Encouraging the involvement of learners before, during and after the course

Workshop Organiser:

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Workshop Reference number: 2012-1-FR1-GRU13-35459

Venue: Marseille

Date of the Workshop: 17/02/2013 - 24/02/2013

La mémoire de l'Exil - S'appropriier un sujet historique et politique par des moyens artistiques

Subject area: Artistic education, also including Arts and Crafts and Music
Fight against racism and xenophobia
New technologies, ICT

Working language(s): DE

Target Group + Translation:

Des adultes (18 - 80 ans) qui parlent l'une des 2 langues de l'Atelier, soit le français soit l'allemand et qui s'intéressent au thème proposé. Les personnes intéressées par le sujet de l'Atelier disposent idéalement d'une expérience personnelle marquée par l'exil. A un moment de leur vie, ils ont dû s'adapter aux règles sociales et culturelles d'un pays d'accueil et ont appris une nouvelle langue. Nous allons cibler des adultes qui viennent d'arriver au pays d'accueil (des primo-arrivants) ainsi que des adultes issus de l'immigration. Même si ces groupes d'adultes auront la priorité pour participer à l'Atelier, nous accepterons également des adultes sans expérience spécifique d'exil mais qui s'intéressent à la problématique et aux enjeux sociaux des identités multiples et multiculturelles. Nous apprécierons chez ces candidats l'aspiration à une citoyenneté européenne active et solidaire.

Die Zielgruppe des Workshops sind Erwachsene zwischen 18 und 80 Jahren, die eine der beiden Werkstattsprachen - deutsch/französisch - beherrschen und die sich für das Thema interessieren. Idealerweise verfügen die KandidatInnen über persönliche Exil-Erfahrungen bzw. gehören zu der Gruppe von Menschen, die sich in ihrem Leben an die neuen sozialen und kulturellen Regeln eines Aufnahmelandes anpassen und eine neue Sprache lernen mussten. Zur Zielgruppe gehören ebenso Asylsuchende, Spätaussiedler als auch Menschen mit einem sogenannten 'Migrationshintergrund'. Kandidaten aus dieser Zielgruppe haben zwar Vorrang, aber wir werden ebenso sorgfältig Anträge von KandidatInnen prüfen, die keine eigene Exilerfahrung haben, aber die sich für das Thema und die damit verbundene Problematik der multiplen Identitätsbildung und dem Wert multikultureller Lebenszusammenhänge interessieren.

Main activities Programme + Programme translation:

Le programme de l'Atelier s'étalera sur 6 jours. Il y aura deux axes principaux à mettre en oeuvre; d'une part la transmission de connaissances approfondies sur l'histoire de l'Exil à Marseille et en région PACA qui se réalisera sous forme de conférences, d'explorations urbaines, de visites et de tables rondes. D'autre part, différentes pratiques créatives seront proposées aux apprenants, comme l'écriture sous contrainte, la photographie comme outil d'exploration urbaine et la création de cartes imaginaires en collages. Avant, durant et après l'Atelier, le principal moyen d'information, de communication et de publication sera un blog créé par Passage et Co... Il sera enrichi ensuite par les témoignages et les créations des apprenants. La formation à l'utilisation de ce blog et des médias sociaux sur internet sera le troisième axe de l'Atelier.

Das Workshop-Programm dauert 6 Tage. Es besteht aus 2 Hauptteilen. Zum einen wird es in Vorträgen, bei Stadtrundgängen und Diskussionsrunden um die Vermittlung von grundlegenden und vertieften Kenntnissen über die Geschichte des Exils in Marseille und der Provence gehen. Der zweite Teil betrifft unterschiedlichste Kreativ-Workshops, in denen sich die SeminarteilnehmerInnen auf eigene Art mit dem Exil-Thema auseinandersetzen. Unter Anleitung von gestandenen KünstlerInnen und ErwachsenenbildnerInnen haben die WorkshopteilnehmerInnen Gelegenheit, sich mit experimentellem Schreiben (nach dem Prinzip der 'Contrainte'), mit fotografischer Stadtrecherche und dem Herstellen imaginärer Stadtkarten (Collage-Prinzip) vertraut zu machen. Vor, während und nach dem Workshop wird als prinzipielle Informations- und Austauschplattform ein Blog eingesetzt, der von Passage et Co. entwickelt und anschliessend den WorkshopteilnehmerInnen zur Verfügung gestellt wird, um Diskussions- und kreative Beiträge zu posten. Der Einsatz des Blogs wird mit einer Einführung in «Social Media» verbunden und dient dazu, sich mit den vielfältigen Kommunikations- und Gestaltungsmöglichkeiten, die heute die sozialen Netzwerke im Internet bieten, vertraut zu machen.

Workshop Organiser:

Passage et Co. - Echanges culturels franco-allemands en Europe

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Patrimoine bâti: agir pour sa préservation de façon réfléchie

Subject area: Basic skills for adult learners

Active citizenship

Intercultural education

Working language(s): EN

Target Group + Translation:

Toute personne souhaitant découvrir différentes techniques de maçonnerie, participer à la sauvegarde d'une ferme du XVIIIème siècle située dans une zone classée patrimoine mondial de l'UNESCO et/ou initier des projets de construction d'aménagement avec cette technique;
Volontaires européens se destinant à la mise en oeuvre ou à l'animation de projets liés à la maçonnerie

Anyone who wants to discover different masonry techniques and wants to take part in the protection of a XVIII century farm located in an area inscribed on the World Heritage List of UNESCO and/or to develop a project based on different types of masonry; ·European volunteers who want to set up or to lead projects related to masonry; ·The workshop is intended for amateurs. The technique leaders and the professionals whether volunteers or employees, aren't allowed to attend this workshop.

Main activities Programme + Programme translation:

Le contenu de l'atelier s'articulera autour de temps de visites en lien avec la thématique technique (différents types de construction), des temps d'apprentissage théorique, des temps de réflexion individuel ou en groupe, des temps de travail concret en équipe autour d'un support technique défini, des temps de restitution. Les participants seront invités à venir avec des éléments visuels de maçonnerie particulière de leur pays qui permettront d'échanger sur les différentes techniques de maçonnerie. Apports théoriques. Sur la base des supports amenés par les participants, du support technique de l'atelier et en fonction de leurs connaissances: analyse du bâti et rudiments de lecture de site (diagnostic, matériaux, rôles et fonctions), apprentissage des différents matériaux (lauze, ardoise...) ; Initiation aux techniques de base de la maçonnerie et d'intégration du bâti dans son environnement ; Visites de différents sites régionaux pour sensibiliser aux différents types de maçonnerie, leur fonctionnalité, leur intégration paysagère ou à la notion de projet collectif y afférant. Création de supports pédagogiques (glossaire multilingues, «catalogue» de la maçonnerie en Europe) destinés à favoriser les échanges entre apprenants et à enrichir leur projet personnel ou leur regard par rapport à la maçonnerie ; Mise en place du projet pédagogique et éducatif de l'association au sein du groupe d'apprenants; Évaluation en continu de l'acquisition des savoirs et des pratiques au travers de questionnaires individuels aux apprenants individuels.

The content of the workshop will be divided between theoretical and practical moments, individually and in group. The participants will be contacted one month before the workshop in order to do a preparatory work. They will be invited to bring some information and visual elements of a typical masonry technique from their own country which will allow a dynamic of exchanging

about the different European techniques. -Theoretical benefits:the principles of masonry and their application in the construction,analysis of constructions and reading rudiments of the site (diagnostic, materials, role and functions), starting from the participant's knowledge about different materials (slate, limestone...), as well as the visual elements brought from their home countries. - Introduction to the basic masonry techniques and integration of the build in its environment; - Visits of different regional areas to raise awareness on the diversity of masonry, its functionality and its integration in the landscape. - Creation of educational tools as multilingual glossary and catalogue of masonry in Europe, that will contribute to the process of exchanging between learners and will enrich their personal project and their vision about masonry; - Setting up Concordia educational project among the group of learners; -Nonstop evaluation through individual questionnaire forms and discussing in a group -Post Workshop Follow-up: two to three months after the workshop, send a follow-up email to each participant with a final evaluation report and also to identify what impacts the workshop had and to identify potentials projects that will be developed.

Workshop Organiser:

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La Marionnette au service des hommes

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
Addressing target groups with special needs

Working language(s): FR

Target Group + Translation:

Personnes intéressées (non marionnettistes professionnels) personnellement et/ou dans le cadre de leur activité professionnelle par la pratique de la Marionnette. Elles sont confrontées à des publics exclus et/ou en difficultés (handicaps, prison, exclusion sociale...) dans le cadre de leur cellule familiale ou de leur pratique professionnelle et veulent découvrir comment notre pratique artistique participe à apaiser les conflits. En apprenant à construire, manipuler une marionnette, interpréter un personnage elles veulent se doter de nouveaux outils, retrouver les chemins de l'échange, réduire les différences et/ou difficultés.

People interested (not professional puppeteers), personally and / or in the field of their professional activity, by object manipulation and puppetry. They are working with people in social exclusion (jail, handicap, unemployment) or dealing with these kind of situations in their family or neighbourhood. They would be interested in knowing how an artistic process can become a tool to pacify people and overcome conflicts. By learning how to create, manipulate and play a character, they will discover new tools, new way to communicate and way to decrease differences/difficulties of language.

Main activities Programme + Programme translation:

Découvrir une technique artistique et marionnettique (construction manipulation et interprétation de personnage) qui, dépassant les différences, les transcendent. De la construction de sa marionnette à la découverte des techniques de manipulation, jusqu'à la présentation finale du travail réalisé l'apprenant découvrira les outils techniques et artistiques que nous utilisons et leur capacité à faciliter les échanges avec l'autre. En nous appuyant sur les expériences que nous menons auprès de publics en situation d'exclusion (Prison, Handicap, Publics défavorisés) nous amènerons les apprenants à découvrir comment la pratique artistique peut être mise au service d'un projet sensible à destination de publics particuliers et peut devenir un outil privilégié de dialogue. • **MODULE / CONSTRUIRE** (imaginer) La marionnette est un objet intermédiaire vers lequel se déplace le regard. Les participants découvriront dans ce module comment aborder la construction d'un objet personnel. A partir d'une base technique imposée (sculpture en volume), chaque participant construira le personnage qui deviendra objet et acteur du dialogue. En accompagnant les participants nous leur ferons dépasser les difficultés inhérentes à la sculpture en volume. De la sculpture à l'habillage chacun des participants construira une marionnette à gaine qui devenant son reflet et sa parole l'accompagnera lors de son retour en son milieu. • **MODULE / MANIPULER** (prendre de la distance) L'objet construit n'est rien sans le manipulateur. Chaque objet a sa respiration, son rythme, sa rapidité, son langage. A partir de l'objet construit, les participants seront amenés à découvrir les fondements de la manipulation. Ils chercheront dans leur approche à transférer à leur personnage le souffle de vie qui anime. Dans ce module, lentement nous

chercherons à faire paraître un « double marionnette », objet ami de l'apprenant. Dans le cadre de ce module, nous amènerons les apprenants à découvrir comment l'objet transporte les émotions et volontés du manipulateur. Entre technique et sensibilité l'objet colporte une humanité à échelle réduite, celle que le manipulateur décide de donner à son objet. • Module / Interpréter (reformuler) ou La parole de la marionnette est-elle plus fiable que celle de l'homme ? Dans ce troisième temps nous chercherons comme dans « le deuxième souffle sportif » à amener le manipulant à s'oublier derrière l'objet ; nous chercherons à pousser les apprenants à dépasser leur langue et à trouver dans celle de l'objet une parole plus universelle ; qu'elle soit parlée ou pas. Chaque marionnette construite aura un caractère, une couleur, une interprétation. Dans ce module et avant de le confronter au regard et à l'oreille du public feront apparaître leur double (ami/ennemi) et les questions qu'il portera. Pleine d'humanité ou véritable cauchemar la marionnette deviendra, poétique ou matérialiste, la petite voix de « l'autre en soi ». • Clôture en RE(s) TITUTION(s). De ces modules, sortiront des RE(s)TITUTION(s) qui seront présentés au public. Ce temps de RE(s)TITUTION(s) permettra de valoriser le travail accompli par chacun et donnera à comprendre comment la marionnette « agit ».

From construction of its own puppet and discovery of manipulation techniques, until the final showing, the learner will discover our artistic and technical process. We will show the way we use them as communication tools. Using our experience with people in great social difficulties (jail, handicap...) will lead the learners to understand how an artistic process can be put to service a sensible project targeting particular publics. UNIT Build / Imagin. A puppet is an halfway object on which the look moves along. Participants will discover how to manage the construction of a personal object. Using our technical knowledge in sculpture, every participant will create the character that will become object and actor of the dialog. We'll help the participants to overcome the difficulties that they could meet with sculpture. From sculpting to clothing, each participant will create an hand gloved puppet. This object will become their reflect and word and will be a companion for coming back in their area. UNIT manipulate - Take distance. A puppet is nothing without his puppet master. Each object has its own breathing, rhythm, speed, language. From the construct object, the participants will be led to discover the roots of object manipulation. They will be in search of insulate a breath of life. In this unit, slowly we'll search to make appear the "dual puppet" friend object of the learner. We will lead people to see how an object can become the vehicle of emotions and wills of the puppeteer. Between technicity and sensibility, the object brings a reduced humanity, the one the manipulator decides to give. UNIT - Play /Rephrase or Is the puppet talk weaker than the man's one? At this third stage we will ask the manipulator to forget himself behind the object. We will search to push the participant to pass over his own language in order to find in the object's one in a more universal language (talked or not). Each puppet will have a character, a color, a behavior. In this unit, before confronting the work to the look and ear of the public they will make appear their double (friend/enemy) and the questioning it will bring with him. Full of humanity or real nightmare the puppet will become poetic or materialistic, the tiny little voice of the other one. End - Re - Turns From these units will go out Re - Turns and they will be presented to the public. This Re-Turns period will allow to valorise the accomplished work by each one of the participants and will make the puppet acting understandable.

Workshop Organiser:

Ass. Les Mille et une Vies

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L'appropriation du milieu dans les activités d'éducation non-formelle

Subject area: Pedagogy and didactics
Environment / Sustainable development

Working language(s): EN

Target Group + Translation:

Personnes qui ont de l'intérêt pour l'éducation non-formelle ou qui ont déjà eu une expérience en tant que bénévoles ou volontaires dans le domaine de l'éducation non-formelle. Ils devront avoir de l'intérêt pour traiter des questions liées à l'environnement et des différentes activités de pleine nature possibles, hors activités nécessitant l'intervention de professionnels.

People interested in non-formal education or who have experience as volunteers in the field of non-formal education. They will be interested in issues related to environmental activities and the various mediations possible, outside activities requiring professional intervention.

Main activities Programme + Programme translation:

Il existe dans différents pays d'Europe des aires d'activités polyvalentes et créatives en zone naturelle dans laquelle les participants peuvent faire l'exercice de l'apprentissage social par l'activité. Il s'agit dans cet atelier de se former à différentes médiations possibles dans ces espaces et de réfléchir à l'intérêt de ceux-ci dans l'éducation pour adulte. L'éducation nouvelle s'appuie sur l'appropriation du milieu quel qu'il soit, rural ou urbain comme un axe essentiel de l'éducation et du développement de l'individu. Les activités proposées permettront aux participants de se former à différents types d'aménagement extérieurs (tels que la construction de cabanes, les parcours dans les arbres, l'aménagement des espaces de la vie quotidienne et la construction de tables à feu et objets de cuisson en terre), mais aussi aux pratiques physiques permettant l'appropriation et la découverte du milieu (randonnée avec différents supports, escalade) et en dehors de la nécessité d'interventions d'un professionnel. Les trois types d'activités de cet atelier seront: les temps de pratique, les temps d'échange sur le sens éducatif et pédagogique de ces activités et les temps consacrés à la réalisation d'un document de synthèse sur les activités réalisées et leurs intérêts pédagogiques dans l'éducation non-formelle. Ce troisième temps devra être l'occasion pour les participants de formaliser leurs apprentissages.

There are in Europe areas of creative activities in natural area in which participants can make the exercise of social learning through activity. In this workshop we will discover different kind of activities in these spaces and consider the value of these in education for adults. The new education is based on the relationship between human and his environment as a crucial factor in education and development of the individual being. The proposed activities will enable participants to train for different types of activities (such as the construction of huts, course in the trees, the space planning of daily life and the construction of tables and fire, cooking earth objects), but also practices physical ownership and enabling the discovery of environment (with different media hiking, climbing) and outside the need for a professional response. The three types of activities in this workshop will be: the practice time, the exchange time on the educational meaning of these

activities and time devoted to the realization of a paper on the activities performed and their educational interests in non-formal education. This third time will be an opportunity for participants to formalize their learning.

Workshop Organiser:

Centre d'entrainement aux Méthodes d'Education Active Pays de la Loire

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Say it loud !

Subject area: Intercultural education
Active citizenship
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

Jeunes européens adultes (cœur de cible 18-35 ans) intéressés par les questions de développement et de solidarité internationale. En aucun cas, il ne pourra s'agir de spécialistes ou de professionnels de l'éducation au développement. Nous serons particulièrement sensibles aux candidatures de jeunes de toutes nationalités étudiant ou travaillant en Europe. Etudiants et Développement veillera à assurer la parité sur cet atelier. Groupe cible indirect: Des jeunes appartenants à des groupes sociaux vulnérables et vivant dans des contextes sociaux marginaux qui vont pour la première fois porter un projet d'échange interculturel. Les jeunes seront sélectionnés et associés à travers le programme Ville Vie Vacances Solidarité internationale (VVVSI) du Ministère des Affaires Etrangères et Européennes. Le programme Ville Vie Vacances Solidarité internationale vise à permettre l'échange entre jeunes du Nord issus des «quartiers sensibles», et jeunes du Sud. L'échange interculturel et la recherche du bien commun sont des vecteurs essentiels d'apprentissage de la citoyenneté et d'insertion, voire de réinsertion sociale pour les publics les plus marginalisés. Ces jeunes seront associés au projet d'atelier lors d'une journée de restitution et d'échange autour de l'éducation interculturelle.

Young adults (core target: youth from 18 to 35) interested in international cooperation and development issues. This workshop is not intended for professionals in the development education field. We will take a close look at the applications of non-EU citizens who work or study in the EU. Etudiants et Développement will pay a particular attention that the workshop associates an equal number of male and female participants. Secondary target-group: youth with less opportunities and socio-economical difficulties having their first experience of a voluntary work at an international scale. They will be selected and associated to the project thanks to their participation in the program Ville Vie Vacances Solidarité Internationale led by the French ministry of Foreign Affairs. This program aims at developing the international voluntary work of youth with few opportunities. The young people will be associated to the workshop by being part of the intercultural activity created by the European participants.

Main activities Programme + Programme translation:

L'atelier vise à développer la créativité, les savoirs et les compétences communicationnelles de jeunes européens en matière d'éducation interculturelle et de citoyenneté active, dans un échange de pair à pair. L'atelier est conçu comme un cadre créatif et motivant d'apprentissage entre participants, intervenants et organisateurs. Les participants apprendront à exprimer et mettre en scène des situations interculturelles à travers différentes techniques telles que la vidéo, le théâtre, le jeu etc. Les créations issues de l'atelier auront toutes pour objectif d'interpeller des jeunes intéressés par la solidarité internationale sur l'importance de l'éducation interculturelle dans les

échanges Nord-Sud. Les jeunes du programme VVSI, issus de quartiers sensibles en France, seront associés à l'atelier lors d'une journée de restitution et d'échange autour des créations. Les participants seront accompagnés dans leurs créations par une équipe professionnelle d'artistes d'une part et d'animateurs en éducation au développement d'autre part. Les supports créatifs feront une large place au TIC (utilisation de la vidéo notamment) et aux pratiques innovantes dans le domaine de l'éducation des adultes (utilisation de techniques de théâtre forum, de jeux de rôles etc.).

One of the workshop's goals is to increase the learners ability to initiate, organise and deliver a collective awareness raising activity on intercultural education and active citizenship. The workshop will follow a methodology developed in our last Grundtvig workshop (Wiki Week for Development) in which the learners and staff together come up with an idea for an action (or actions) in awareness raising, and then carry out a programme of activities to make the idea a reality. The additional step in this workshop is to discover and use ITC, especially video, and to focus on theatre and other communicative tools to break ignorance and indifference among youth about intercultural dialogue. The workshop will offer a creative learning framework that delivers practical outcomes, embeds the learning from these outcomes through reflection and validates the learning process. Our learners will improve their competencies in communication and the creative use of ICT, especially video. The workshop is based on a peer-to-peer approach, using the high level of knowledge, skills and experience in the partner organisations, and the learners. Our learners will create 3 tools that can alert young people on North-south situations of misunderstanding with people from other cultures and mechanisms that can settle a successful communication in North-South relations. Youth with less opportunities having its first experience of a voluntary work at an international scale, will be associated to the workshop by being part of the intercultural activity created by the European participants.

Workshop Organiser:

Etudiants et Développement

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Workshop Reference number: 2012-1-FR1-GRU13-35444

Venue: Villebon-sur-Yvette (91140)

Date of the Workshop: 06/02/2013 - 17/02/2013

ETHNOFONIK - about pedagogy for traditional music transmission

Subject area: Pedagogy and didactics

Intercultural education

Artistic education, including Arts and Craft and Music

Working language(s): EN

Target Group + Translation:

Adultes, musiciens amateurs ou étudiants en musique, n'étant pas musicien professionnel. Nous cherchons à avoir une importante diversité de nationalités et des musiciens pratiquant les musiques traditionnelles de leur pays. Notre attention portera sur la sélection d'un groupe de nationalités variées, d'une dimension intergénérationnelle, d'une égalité des genres et de participants en situation de précarité socioéconomique.

Adults, amateur musicians or music students, who are not professional musicians. We try to have a broad diversity of nationalities and musicians who are practicing the traditional musics of their countries. The selection will be focused on having a group of various nationalities, of an intergenerational dimension, with gender balance and participants who are in a precarious socioeconomic situation.

Main activities Programme + Programme translation:

L'activité principale de l'atelier est le travail sur la pédagogie de transmission du patrimoine musical traditionnel des participants par eux même et par voie orale, ainsi que la pédagogie de l'accompagnement artistique de ce type de transmission. Les participants seront donc tour à tour élèves, enseignants et responsables artistiques pendant les activités. Les activités principales de l'atelier seront: - Ateliers pratiques de transmission des morceaux apportés par les participants. - Ateliers pratiques d'arrangement des ces morceaux pour l'orchestre créé par les participants. - Travail scénique des résultat des ces ateliers. - Représentations publiques des résultats de l'Atelier, avec enregistrements sonores et visuels; - Masterclass sur les musiques traditionnelles pour des musiciens français, animées par les participants. En plus de ces activités précises, nous introduirons des discussions informelles sur le statut social des musiciens traditionnels dans les différents pays (reconnaissance, débouchés professionnels...), sur la définition des musiques traditionnelles (sur les spécificités de chacune et leurs métissages via l'influence européenne), ainsi que des soirées de danses traditionnelles et jams sessions.

The main activity of the Workshop is about the pedagogy of the transmission of traditional musical heritage of the participants by themselves and orally, and also pedagogy for supporting others in this type of transmission. So participants will be by turns learning, teaching and in charge of the artistic development from one activity to the other. Workshop program will include: - Practical songs transmission workshops held by the participants. - Practical arrangement of these songs workshops for the orchestra created by the participants. - Stage performance workshop to prepare the public performances. - Public performances, with sound and video recordings. - Masterclass about traditional music for french musicians, held by the participants. We will also introduce

informal discussions concerning the social status of traditional musicians in their own different countries (recognition, professional opportunities ...), the definition of traditional music (their specificities, hybridisations by european influences) and also some traditional dances and jam sessions evenings

Workshop Organiser:

ALORS ON LE FAIT

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Speak Up! Le web participatif au service de la citoyenneté européenne

Subject area: Active citizenship
European citizenship and European dimension
Media and communication

Working language(s): EN

Target Group + Translation:

Tous les individus à la recherche d'une nouvelle façon de faire entendre leur voix citoyenne, à tous ceux qui s'intéressent aux médias citoyens, aux nouveaux aspects de la démocratie participative et de la citoyenneté active. L'atelier s'adresse également aux adultes engagés bénévolement dans des projets de médias citoyens, y compris les bloggeurs individuels et les bénévoles de projets collectifs.

Individuals interested in the concept of participatory media and are looking for new forms of written expression outside the norms of professional journalism. The workshop is designed for active bloggers and those participating in and volunteering with projects of civil society.

Main activities Programme + Programme translation:

Mouvement des indignés, manifestations, dans le contexte de la crise actuelle, nombreux sont les citoyens à la recherche de nouveaux modes d'expression. Faire entendre cette voix citoyenne alternative est essentiel, la démocratie a besoin de se rapprocher de ses citoyens. Les réseaux sociaux se développent et ont été au cours des révolutions arabes un outil décisif d'expression citoyenne. Blogging, micro blogging, médias participatifs, ces nouvelles formes d'expression sont avant tout le signe du développement de l'écriture et du journalisme amateur. En permettant l'expression des citoyens sur les questions de société, les médias participatifs offrent à chacun l'opportunité de partager ses opinions, ses analyses, ses compétences. L'individu devient lui-même émetteur de média et les possibilités d'apprentissage par ces nouvelles technologies sont infinies. Cet atelier aura comme objectif de permettre aux participants de réfléchir ensemble à ces nouveaux modes d'expression citoyenne en Europe. Ils seront amenés à se demander comment utiliser et valoriser les médias participatifs. Grâce au partage d'expérience et au contexte européen, la richesse d'une ouverture à l'Europe sera mise en évidence. Ils découvriront les clés pratiques d'un exercice de la citoyenneté au moyen des médias participatifs. Nous souhaitons que cet atelier favorise l'engagement citoyen et leur apporte une dimension européenne. Activités: Ateliers interculturels et interactifs, media battle, témoignages d'invités, ateliers d'écriture, mises en pratiques des TIC, Programme: J-1: Arrivée dans l'après-midi et dîner ensemble, icebreaker J1: Présentation des participants et présentation de l'atelier. Présentation des médias citoyens en Europe. Échange d'expérience puis débat sur l'Europe, la place du politique et des citoyens dans la société: réflexions interculturelles sur l'importance d'une nouvelle voix citoyenne J2: Session sur le montage de projets citoyens, témoignages de créateurs de projets et de bénévoles, échange d'expérience des participants et questions aux «témoins». Debriefing des participants puis rédaction de mini-projets personnels J3: Session sur l'écriture journalistique, la spécificité de l'écriture web et les reportages citoyens sur le terrain. Ateliers d'écriture et de reportages en petits groupes J4: Session sur les réseaux sociaux et

leur fonctionnement. Réflexion sur leur rôle dans la démocratie active, question de la diffusion puis mise en pratique en petits groupes J5: Media battle: chaque groupe se voit attribuer un sujet et doit proposer et construire un projet. Puis les projets sont présentés devant le reste des participants. Sélection du meilleur projet. Evaluation du séminaire, networking puis départ.

During the last months, protests and grassroots movements for change have multiplied. Citizens are looking for new ways of political and social expression. It is now absolutely necessary to make this alternative citizen voice sound and be heard. Media expression and social networks have played a crucial role in promoting the idea of freedom and democracy throughout the Arab revolutions. Blogging, micro blogging and participatory media offer new forms of written expression and enable the development of amateur journalism. In allowing all citizens to express themselves on society, economy or political topics in a constructive way, participatory media provide everyone with the opportunity to share experiences, analysis and skills. Citizens are becoming media producers and informal learning opportunities through these participatory media are unlimited. The Grundtvig workshop will focus on the above topics and offer participants the possibility to improve their knowledge of participatory media, share experience and practice written citizen expression together. We want to question the role of citizen media in building active citizenship in a European context. Activities: Intercultural and interactive workshops, media battle, on the ground reports, writing practices, new technologies and social networks practices... Programme: Day 1: Arrival in the afternoon, icebreaker, dinner together Day 2: Participants introduce themselves, and the Grundtvig workshop is presented. Citizens' and participatory media in Europe are mapped and described. Experiences can be shared before a debate on active citizenship and politics, Europe and citizen expression Day 3: Workshop on European citizens projects building, accounts by invited witnesses, debriefing and writing of personal mini-projects Day 4: Workshop on citizen writing for the web, on the ground' reporting, amateur journalism. Writing practices in groups and individually. Day 5: Workshop on social media usage. Brainstorming role in active citizenship. Online practice in small groups. Day 6: Media battle: each group will be given one specific subject and must prepare an innovative media project. Presentation of the projects. Best project will be nominated. Workshop's evaluation. Networking. Departure.

Workshop Organiser: Association Babel International

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Workshop Reference number: 2012-1-FR1-GRU13-35507

Venue: Saint-Pierre de Coutances

Date of the Workshop: 29/07/2013 - 08/08/2013

Réduisons nos déchets !

Subject area: Environment / Sustainable development
Active citizenship

Working language(s): EN

Target Group + Translation:

Toute personne majeure motivée par l'environnement, le développement durable, l'écocitoyenneté, souhaitant découvrir, échanger autour de la thématique des déchets.

Motivated people interested in environment, sustainable development, eco responsibly behaviour, wanted to discover and exchange knowledge about rubbish.

Main activities Programme + Programme translation:

- ateliers pédagogiques sur le thème des déchets, des méthodes de valorisation (recyclage, compost, réutilisation), de la consommation
- Visite d'un centre de tri, d'un centre d'enfouissement, d'une ressourcerie.- ateliers, débats sur les grands enjeux environnementaux, la notion d'écocitoyenneté, de ressources, de développement durable, d'empreinte écologique
- sorties de terrain animées par des animateurs nature
- échanges d'expériences, de réalités dans les différents pays
- rédaction d'une charte sur les solutions à adopter pour réduire notre quantité de déchets puis conception d'affiches à partir de matériaux de récupération reprenant les différents articles de la charte.
- Workshop about rubbish, where they come from, where they go, valorisation methods (recycling, re using, compost, ...)
- Visit of recycling installation, re using center, Landfill site
- Discussion about major environmental issues, concept of eco-citizenship, resources and sustainable development, ecological footprint
- Educational visits to the fields
- Exchange of experience on living in different countries- Writing a convention on reducing our rubbish and creation of poster with re using materials about convention articles.

Workshop Organiser:

Association pour la mise en Valeur des Rivières et des Initiatives Locales

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Art et démocratie : l'auto-édition.

Subject area: Active citizenship
Artistic education, also including Arts and Crafts and Music
New technologies, ICT

Working language(s): FR

Target Group + Translation:

Adultes de tous âges désireux de pouvoir s'exprimer publiquement par des moyens simples, en tant que citoyen européen et éventuellement en tant qu'artistes. Nous aimerions accueillir notamment des personnes qui n'ont jamais participé à un programme européen, n'ont jamais voyagé ou/et qui ont peu l'occasion de bénéficier de formations artistiques. Les apprenants devront avoir envie d'exprimer leur créativité ou leur sensibilité artistique et de participer à l'échange et au dialogue avec les habitants d'autres pays de l'Europe. Nous souhaiterions un groupe mélangé, composé de jeunes citoyens, d'artistes amateurs, de retraités, de jeunes artistes...

Adults learners belonging to all ages categories and willing to discover easy artistic home made editions technics. By this mean we would invite them to express themselves as european citizens, use their creativity and artistical sense. No need to be an artist to be part of the workshop, beginners are the most welcome. Priority will be given to people who have never been involved in a european programme, have never traveled in Europe or/and had no occasion to receive artistical education but who are interested to share and open dialogue with others citizens from Europe. We would like to build a mixed group with young citizens, art lovers, senior citizens, young artists...

Main activities Programme + Programme translation:

L'objectif du projet est de transmettre des techniques simples d'auto-édition permettant de contribuer à la société et notamment à la démocratie en Europe. Les participants rencontreront tout d'abord plusieurs figures françaises de l'auto-édition qui leur feront découvrir les multiples possibilités d'expression qui existent dans ce domaine et les réseaux européens. Les participants seront ensuite initiés en demi-groupe à la sérigraphie et à l'édition par les logiciels libres et l'impression ou la photocopie et produiront chacun au moins un objet sérigraphié avec des moyens simples qu'ils pourront retrouver dans leur propre pays pour un coût minime. Ils auront aussi l'occasion de visiter un atelier de sérigraphie à Marseille (Capitale Européenne en pour la Culture en 2013). En fin d'atelier, ils seront amenés à présenter leurs productions au public du théâtre géré par l'association qui propose l'atelier. Enfin, un blog constitué pendant l'expérience permettra de prolonger celle-ci et de suivre les travaux réalisés ultérieurement par chacun.

The aim of the project is to pass down easy homemade edition technics that will allow all learners to bring their active contribution to the society and mostly to the european democracy thanks to this mean of expression. During the workshop, learners will meet several french auto-edition professionals. Those will show various possibilities of expressions existing in this field of edition as well as a global view of the artistical european networks existing. Learners will then be initiated in

small groups to the silk screen printing and to home made editions: free softwares, printing and photocopying will be the main technics to be taught.

Workshop Organiser: Kaléidoscope

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Les loisirs des personnes handicapées

Subject area: Social integration / exclusion
Addressing target groups with special needs
Active citizenship

Working language(s): FR, EN

Target Group + Translation:

Personnes handicapées et/ou âgées

Persons with difficulties to moving: disabled and old people.

Main activities Programme + Programme translation:

Conceptualisation de l'Accessibilité sociale et solidaire au niveau européen Initiation à des pratiques sociales mixtes (personnes handicapées et valides, intergénération) notamment aux loisirs de plein air créatifs et récréatifs

Jour 1: Accueil des participants, installation des hébergements, Présentation de l'organisme. Information sur l'organisation et le programme de l'Atelier, module par module

Jour 2: Mutualisation des connaissances et compétences liées à la sensibilisation aux différents types de handicap. Journée d'échanges sur l'ouverture de pratiques sociales aux personnes handicapées dans les lieux et structures ordinaires (non spécialisées)

Jour 3: Mise en oeuvre d'une pratique de loisir : la randonnée d'accompagnement pour les personnes à mobilité réduite dans les Bois de Paris (Bois de Boulogne et Bois de Vincennes). Initiation à l'utilisation des aides et matériels de la Fédération ELM en milieu naturel.

Jour 4: Mise en oeuvre d'une pratique de loisir : les loisirs créatifs pour les personnes handicapées et les personnes valides. Discussions autour de la mixité, l'accessibilité sociale et la solidarité.

Jour 5: Présentation du film Vie publique, 22 mn, sous-titré en français. Evaluation et clôture de l'Atelier. Départs des participants.

Sensitizing and knowledge all kinds of handicaps. Formation to reception disabled persons
Formation on technical materials of mobility and accompagnement of disabled persons.

Day 1: reception of participants, installation lodging, Presentation of ELM organisation. Information on schedul of Atelier, module by module.

Day 2: Mutualisation of knowledges and capabilities, sensitizing to all kinds of handicpas. Day of discussion on opening society to disabled persons in ordinary areas.

Day 3: Practice a 'Randonnée d'Accompagnement', excursion of accompaniment with disabled persons in Bois de Boulogne. Initiation to use the technical materials (rolling chair, hand bike...) in natural environment.

Day 4: pratical of leisure for disabled persons. Discussion around mixity, intergénérationl co-education, accessibility and solidarity.

Day 5: Presentation of movie Vie publique, 22 mn, french subtitled. Evaluation and closure of Atelier.

Workshop Organiser:

Fédération ESCAPADE Liberté Mobilité

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C'est bon de rire de nous!

Subject area: Artistic education, including also Arts and Crafts and Music
Addressing target groups with special needs

Working language(s): FR

Target Group + Translation:

Personnes sourdes et entendants (non sourdes). Les personnes sourdes 70% des Sourds de naissance sont illettrés et leur accès à la culture est difficile. Pourquoi la mixité? Les Sourds ont tendance à rester isolés, se marginaliser. Les vraies rencontres entre Sourds et Entendants sont rares à cause des difficultés de communication. Permettre à ces deux populations de mieux se connaître est un des objectifs de Signes. Comment? Le choix d'une discipline ne faisant pas appel à l'oralité place les apprenants, sourds et entendants dans une situation où ils seront amenés à mobiliser les mêmes ressources. Quelles proportions? Sourds et entendants seront représentés dans les mêmes proportions.

Deaf and hearing (not deaf) persons Deaf persons 70% of people born deaf are illiterate and it is particularly difficult for them to access culture. Why this mix? Hearing-impaired people tend to remain isolated, to be marginalized. Real encounters between deaf and hearing people are rare because of the difficulties in communication. One of the objectives of Signes is to enable these two populations to get to know each other better. How? Choosing a discipline that does not involve oral communication puts the participants, Hearing-impaired and Hearing alike, in a situation where they will be obliged to employ the same resources. What proportions of deaf and hearing? Deaf and hearing people will be represented in equal proportions.

Main activities Programme + Programme translation:

La proposition est de travailler "son clown". Travailler son clown, c'est mettre en jeu ses émotions, ses fragilités et ses dimensions cachées en donnant la vie à un personnage sensible, naïf, imaginatif, en relation directe et complice avec ceux qui le regardent. C'est aussi cultiver sa présence, son écoute, son potentiel de jeu, de communication et de création, son acceptation de soi et de l'autre, son sens de l'humour et de la dérision. Ce travail donne lieu à un jeu d'acteur fondé sur l'improvisation en contact avec l'instant présent, le concret, l'imaginaire, le partenaire et le public. La démarche alterne jeux collectifs, improvisation sur scène, et temps de parole permettant de repérer à la fois ce qui se passe en soi, les personnages apparus et leurs rapports ainsi que les registres du jeu de clown.

The proposal is to work on "one's own clown". Working on your clown involves bringing into play your emotions, your fragilities, and your hidden sides, bringing to life a character who is sensitive, naïve, imaginative, in a direct relationship of complicity with those watching. It also involves cultivating your presence, your listening skills, your potential for play, communication, and creation, your acceptance of yourself and others, your sense of humour and of mockery. This work leads to an actor's performance based on improvisation that is in touch with the present moment, the concrete and the imaginary, the partner and the audience. The process alternates collective games

and improvisation on stage with discussion time, allowing participants to identify at one and the same time what is happening within themselves, the characters that have appeared and their relationships, and the registers of the clown's performance.

Workshop Organiser: Association Signes

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Workshop Reference number: 2012-1-FR1-GRU13-35502

Venue: Marseille

Date of the Workshop: 24/05/2013 - 29/05/2013

G(ART)bage power ! Ateliers de réemploi créatif de déchets pour des citoyens éco-responsables

Subject area: Environment / sustainable development

Active citizenship

Artistic education, also including Arts and Craft and Music

Working language(s): FR

Target Group + Translation:

Adultes provenant prioritairement de milieux défavorisés, notamment ayant quitté le système éducatif avec peu de qualifications - Séniors - Plus largement, tout citoyen motivé pour développer des initiatives éco-responsables dans sa vie personnelle.

People from vulnerable social groups and marginal social contexts, who have left education without basic qualifications. Older people. Citizens who are motivated to develop, in their personal or professional life, initiatives of waste reduction and re-use of waste material (notably upcycling).

Main activities Programme + Programme translation:

La consommation de biens manufacturés par les ménages en Europe a en moyenne doublé en 30 ans et la production de déchets ménagers a été multipliée par 3. Malgré des efforts, la quantité de déchets municipaux augmente encore chaque année. Elle reflète les habitudes de consommation et de production non durables des Européens. Lorsqu'on sait que la production d'une tonne de déchets municipaux équivaut à la consommation en amont de 100 tonnes de ressources, le Réemploi, la Réutilisation, le Recyclage, le compostage deviennent des enjeux primordiaux, qui nécessitent la transition d'une économie «linéaire», vers une économie «circulaire». A l'image de l'écosystème, on doit tendre ainsi vers l'abolition du déchet « définitif», tous les déchets devant un jour redevenir des produits qui reviennent à l'infini dans le circuit économique. La prévention et le réemploi sont donc des mesures prioritaires dans la gestion des déchets en Europe. Et elles reposent pour beaucoup sur la sensibilisation et la formation des citoyens de l'UE, pour leur transmettre des idées, outils et méthodologies concrets, facilement accessibles, leur donnant les moyens d'agir au quotidien et de transmettre à leur tour, de nouveaux comportements éco-responsables. C'est ce que propose la ressourcerie marseillaise Tri Logik, durant ces 6 jours d'ateliers thématiques Grundtvig 'G(ART)bage power', ateliers de réemploi créatif de déchets pour des citoyens éco-responsables. Au programme: - Atelier de sensibilisation sur les principales problématiques actuelles de gestion des déchets en Europe et plus particulièrement en matière de réduction et de réemploi des déchets et tour d'horizon en Europe, des initiatives inspirantes dans ce domaine. - Introduction d'outils et méthodologies en pensée créative. Largement applicables dans la vie personnelle et professionnelle de chacun, ces outils nous aiderons, les jours suivants, à générer de nouvelles idées de réemploi créatif de déchets. - 'Les glaneurs', balade urbaine pour découvrir des quartiers de Marseille, (capitale culturelle européenne en 2013!) de manière créative et éco-responsable - Ateliers de création d'accessoires et objets de décoration à partir de tissus récupérés, de bâches publicitaires, d'objets glanés dans les rues de Marseille et construction de mobilier en carton. - Plans d'actions

réalisés par les participants pour se donner les moyens d'agir localement, sur leur territoire de résidence.

European private consumption of manufactured goods has been doubling during the last 30 years while production of waste has been trebling. Despite some efforts, the quantity of local waste is still increasing each year. It reflects non sustainable European consumption and production habits. When we know that 1 ton of waste is equivalent to 100 tons of consumed resources before, reuse, recycling and composting appear as fundamental challenges. It is necessary to operate a transition from a linear economy to a circular one. As the ecosystem, we have to tend to do away with 'definitive' waste. Waste could be considered, one day, as a potential products that come back endlessly in the economic process. Preventive action and reuse are thus priority measures in the European waste management. These measures can be successful if we raise awareness and if we train European citizens so they can appropriate ideas, easily accessible concrete tools and methodologies to apply them in their daily life. And so they can disseminate themselves new eco-friendly habits. It is what it is offered by the Non Profit Organization Tri Logik in Marseilles, during these 6 day learner Grundtvig workshops entitled 'G(ART)bage power', upcycling workshops for eco-friendly citizens. Program: - Raising awareness workshop on the main waste management current issues in Europe and sharing inspiring initiatives in that field in EU. - Introduction to creative thinking tools. Widely applicable in our private and professional life, these tools will help us to generate new ideas in upcycling during the following days. - 'The gleaners', a urban walk to discover some areas of Marseilles (European cultural capital in 2013!) in a eco-friendly and creative way. - Workshops to create accessories and decoration objects with waste textiles, advertising banners, other gleaned objects and cardboard furniture building. - Action plans elaborated by the participants to apply these new ideas and techniques in their local area.

Workshop Organiser:

TRI LOGIK

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Out of the box: créer et réinventer sa vie

Subject area: Addressing target groups with special needs
Basic skills for adult learners
Career guidance and counselling

Working language(s): EN

Target Group + Translation:

Personnes en marge du marché du travail ou rencontrant des difficultés particulières d'accès à l'emploi soit à l'entrée (jeunes adultes) soit à la sortie (seniors) - Bénéficiaires des minima sociaux (RSA, ASS, AAH pour la France et équivalent dans les autres pays européens si dispositifs existant) - Travailleurs handicapés - Jeunes demandeurs d'emploi de moins de 26 ans - Personnes sur le marché du travail, au chômage - Personnes sortant de prison et en réinsertion - Personnes habitant en 'zone urbaine sensible' (ou équivalent dans un autre pays européen) - Seniors de plus de 50 ans ou personnes en fin de carrière et qui redoutent le passage à la retraite - Jeunes retraités. Nous veillerons à avoir une grande amplitude en matière d'âge afin d'ajouter la dimension intergénérationnelle à la dimension interculturelle du projet. Nous veillerons également à respecter une grande diversité sociale et si possible un équilibre hommes/femmes. En effet, les femmes rencontrent plus de difficultés pour trouver un emploi et/ou suivre une formation professionnelle car les modes de garde des enfants ne sont pas toujours adaptés aux horaires de travail ni aux problèmes d'organisation des familles monoparentales. Les apprenants sont des personnes ayant moins d'opportunités, notamment dans l'accès à la mobilité européenne.

People at the edge of the labour market: - young people under 26 - ex-offenders - people with disabilities - unemployed people - seniors (over 50 years old) - retired people The learners will be beneficiaries or volunteers of social and community centers or training centres from different European countries and with fewer opportunities, especially lack of access to European mobility. We will try to have different ages represented in order to add an intergenerational dimension to this intercultural project.

Main activities Programme + Programme translation:

Le bricolage développe l'ingéniosité, la persévérance mais aussi l'estime de soi et la solidarité, bref c'est une bonne école de la vie. L'adresse n'est pas indispensable, elle s'acquière en pratiquant. De même, en bricolant, on développe le sens de l'astuce: l'imprévu est la chose la plus prévisible, il faut s'adapter. Le bricoleur répare beaucoup et ne jette rien. Il a un rapport distant à la société de consommation de masse. La vie ne va pas sans déchirement, sans rapiécages et ce qui est abîmé en nous peut être rendu splendide. Pour cet atelier, il nous a paru intéressant d'utiliser le bricolage-récupération, recyclage, recycl'art, Upcycling, Arte Povera, Rehab - (l'art de refaire) pour faire un parallèle et porter un regard neuf sur le potentiel de la matière qui fuit notre système de production (chutes de production, fin de stock, ratés, prototypes) et les personnes en marge du marché du travail. Par le biais de cet atelier, nous voulons réveiller le potentiel créatif et la confiance en soi des apprenants grâce à des activités manuelles où chacun peut se surprendre à travers la création de son propre objet. Nous voulons les inviter sur le chemin de la créativité. Le bricolage, recyclage répond au besoin de création, re-création car il permet:

- de passer du temps avec soi, afin de se trouver, se retrouver

- de s'expérimenter
- d'avoir une recherche identitaire à travers les matières (peinture, sculpture, menuiserie...)
- de se mettre en difficulté, en ayant à chercher des solutions techniques ou esthétiques
- de faire travailler son imaginaire
- de sortir du 'prêt à mâcher et à consommer'. Travailler avec des matériaux de récupération fera passer les apprenants par toutes ces étapes, en sollicitant beaucoup leur imagination (et peu d'argent, aspect non négligeable en temps de crise). Avec peu, il est possible de:
- créer avec ce que nous trouvons dans la rue
- de faire travailler notre imagination
- d'avoir le plaisir de réaliser un bel objet ou un objet utile, ou les deux à la fois. Les apprenants n'ont pas besoin d'avoir de compétences particulières dans ce domaine. Nous sommes tous capables de créativité! Le bricolage, recyclage sera utilisé comme fil rouge pendant tout l'atelier pour aborder la question des compétences-clés.

Programme succinct:

Jour 0: Arrivée et accueil des apprenants (dans la journée); premiers jeux pour briser la glace et faire connaissance (en soirée)

Jour 1: Ouverture officielle de l'atelier: présentation des participants; de l'équipe pédagogique; découverte du lieu; présentation du thème de l'atelier et attentes des participants; découverte des différents pays représentés et jeux interculturels; évaluation quotidienne; soirée de bienvenue

Jour 2: Matin: construction et dynamique du groupe (activité en extérieur) - Après-midi: atelier linguistique 'tandem'. Première expérience avec recyclage et récupération, évaluation quotidienne, Soirée: projection du film 'Waste Land'

Jour 3: Matin: Présentation des compétences clés et auto-évaluation des apprenants (ligne de vie) - Après-midi: Présentation et alimentation du blog, écriture du communiqué de presse, évaluation quotidienne. Visite nocturne du MAMCS

Jour 4: Toute la journée: Atelier créatif de recyclage chez Libr'objet - Evaluation quotidienne - Soirée: Bateau mouche et dîner au centre ville de Strasbourg.

Jour 5: Toute la journée: Atelier créatif de recyclage chez Libr'objet - Evaluation quotidienne - Soirée libre.

Jour 6: Matin: compétences clés et atelier tandem Après-midi : montage de l'exposition Fin d'après-midi: Exposition des objets créés. Evaluation quotidienne Soirée festive

Jour 7: Retour sur les résultats des travaux, discussion en petits groupes, évaluation finale, bilan personnel et perspectives futures

Out of the Box: The imagination factory! We will use the techniques 'Do It Yourself' (handicrafts, recycl'art, upcycling, rehab) to draw parallels between the materials rejected by the society of mass consumption and the people rejected by the labour market because they don't fit the criteria: young people, seniors, people with disabilities... The learners will have creativite artistic workshops with the organisation 'Libre Objet' and will create design objects out of recuperation materials. With this process of 'doing', they will gain more confidence in themselves and will be able to auto-evaluate their competences (acquired or developped).

Workshop Organiser:

Réseau Express Jeunes

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What we do is what we get

Subject area: Environment / sustainable development
Active citizenship
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Apprenants adultes intéressés par le sujet des défis mondiaux et de citoyenneté globale. Les apprenants adultes doivent être motivés à apprendre de sujets tels que le développement durable, les droits de l'homme ou le dialogue interculturel. Ils doivent être désireux de participer activement et à contribuer avec leurs propres points de vue, leurs opinions, leurs expériences. La priorité sera donnée aux participants qui sont prêts à utiliser leurs nouvelles connaissances à la suite du séminaire, les valoriser et s'impliquer activement en tant que bénévoles. L'atelier vise à donner des opportunités aux apprenants venant de groupes sociaux vulnérables ou à besoins éducatifs.

Adult learners interested in the topic of global challenges and global citizenship. Adult learners should be motivated to get to know more about topics such as sustainable development, human rights or intercultural dialogue. They should be eager to participate actively and contribute with their own perspectives, opinions, points of view and experience. Priority will be given to participants who are ready to use their new knowledge from the seminar, valorize it and get involved actively as volunteers. The Workshop aims to give opportunities to learners coming from vulnerable social groups or with special educational needs.

Main activities Programme + Programme translation:

Le thème de l'atelier est «les défis mondiaux et la citoyenneté globale». Les apprenants adultes recevront un savoir concernant des sujets tels que le développement durable et les défis environnementaux globaux, les droits de l'homme, le dialogue interculturel, l'égalité des sexes ou de la pauvreté et l'exclusion sociale. Cet atelier sera une occasion unique pour les citoyens européens d'échanger leurs opinions sur ces questions et de réfléchir comment dans leur vie de tous les jours ils peuvent mener une vie plus durable. Les principales activités comprennent des jeux de simulation, de réflexion et activités de discussion, jeux de rôles, ateliers créatifs, présentations par des experts, débats avec des représentants politiques ou autres activités participatives. Les participants seront encouragés à contribuer activement à leur propre. Les activités comprendront notamment un jeu de simulation d'un sommet sur le changement climatique, des activités théâtrales sur les droits de l'homme, un atelier photographique sur l'égalité des sexes, des ateliers créatifs sur le développement durable. L'Atelier Open Space fournira à chaque participant l'occasion de discuter du thème choisi et de conduire son propre atelier.

The topic of the Workshop is global challenges and global citizenship. Adult learners will get to know more about topics such as sustainable development and global environmental challenges, human rights, intercultural dialogue, gender equality or poverty and social exclusion. The Workshop will be a unique opportunity for European citizens to exchange their opinions on these

issues and get to know what they can do in their every-day life to lead a more sustainable lifestyle. Main activities will include simulation games, reflection and discussion activities, role plays, creative workshops, presentations by experts, debates with political representatives or other participative activities. Participants will be encouraged to contribute actively with their own experience and the Workshop will use peer learning extensively. Specific activities will include a simulation game of a climate change summit, theatrical activities about human rights, photographic workshop about gender equality, creative workshops about sustainable development, etc. The Open Space Workshop will provide each participant with an opportunity to discuss his/her chosen topic with the others and lead his/her own workshop.

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Workshop Reference number: 2012-1-FR1-GRU13-35433

Venue: Montreuil (93)

Date of the Workshop: 27/05/2013 - 01/06/2013

Pratique théâtrale et dialogue interculturel à travers les mythes et légendes européennes

Subject area: Artistic education, also including Arts and Crafts and Music
Learning about European Countries
European citizenship and European dimension

Working language(s): FR

Target Group + Translation:

Toutes personnes adultes, de tout âge, présentant un intérêt pour le spectacle vivant et la pratique artistique, souhaitant développer sa créativité et renforcer son potentiel personnel. Personnes concernées par les questions de citoyenneté et souhaitant échanger avec d'autres européens à travers une expérience collective.

Adults from all generations, interested in performing arts, looking to develop their creativity and wishing to acquire new personal skills. People concerned by the questions of citizenship and wishing to share a collective experience with other european citizens.

Main activities Programme + Programme translation:

L'activité principale de l'atelier est la pratique théâtrale. A travers la thématique des mythes européens en partant des différentes origines des participants, des panels de discussion permettent de réfléchir et de travailler sur le passé et les pratiques des communautés européennes et de partager une expérience commune. Le programme se déroulera en plusieurs temps:

1. Un temps préparatoire avant l'atelier, pendant lequel les participants, selon leurs différentes références culturelles, devront recueillir un matériel de base pour effectuer cette approche artistique: une histoire, une anecdote, un conte, une comptine, une berceuse, de la musique, un chant, un rituel, une poésie, ou un mythe
2. La première étape de l'atelier sera de partager et de mettre en commun cette récolte d'informations.
3. Puis les participants s'essayeront à de nombreux exercices variés, individuels et collectifs de sensibilisation sur le corps et la voix. La pratique théâtrale permet d'expérimenter en groupe les possibilités qu'offrent ces pratiques.
4. Des moments informels d'échanges après ces périodes de pratique artistique et de sorties culturelles permettront d'affiner son regard critique et d'analyser l'intérêt que représentent ces pratiques.
5. Un moment de restitution permettra de créer un moment de représentation en groupe qui générera une expérience artistique collective innovante, nourrie des parcours de chacun.

The main workshop's activity is the theatrical practice. Through the theme of european myths, starting from the different origins of the participants, panels of discussions will lead to rethink the past and practices of european communities and share a common experience. The programm will be divided into several stages:

1. A preparatory work before the workshop, in which the participants, according to their different cultural references, diverse backgrounds and heritages, will collect a story, anecdote, rhyme, lullaby, song, ritual, myth
2. The first stage of the workshop will be to share the information gathered.
3. Then the participants will practice many different awareness exercises with voice and body, individually and collectively. The theatrical practice allows to experiment in group the potential of these practices.
4. Informal exchanges and cultural outings after these artistic practices will help to refine its critical view.
5. The last stage will allow the group to put together a piece of work through a collective innovative and artistic experience, imbued with each and everyone's story.

Workshop Organiser:

THEATRE DE LA GIRANDOLE

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Atelier Grundtvig FestiFaï 2013: création européenne en pleine nature - arts plastiques et installations théâtralisées

Subject area: Artistic education, also including Arts and Crafts and Music
Addressing target groups with special needs
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

L'atelier est destiné à des adultes de tous âges, expérimentés ou débutants, artistes, bénévoles associatifs, étudiants, enseignants et animateurs souhaitant élargir et partager leurs savoirs faire dans le domaine des arts plastiques, notamment pour la mise en oeuvre de manifestations culturelles de plein air (spectacles, concerts, projections, son et lumière): création de décors scénique, Land Art et création d'accessoires de costumes. Il s'adresse par ailleurs à des personnes désireuses de travailler leurs aptitudes dans le domaine de l'expression orale et corporelle par le biais de la pratique du théâtre, à des fins de développement personnel ou pour s'initier à ces méthodes dans le but de les utiliser dans leurs projets. Enfin, cet atelier qui aura pour fil conducteur la réalisation d'une création collective mêlant arts plastiques et théâtre, s'adresse à des personnes souhaitant vivre une aventure de création pluridisciplinaire et plurinationale.

This workshop is aimed at adults of all ages, experienced people or beginners, artists, volunteers in non-profit organizations, students, teachers, youth and social workers who would like to enlarge and share their know-how in the field of visual arts (creation of scenic decoration, Land Art and creation of accessories), especially when setting up cultural happenings in the open air such as sound and light shows, concerts, film projections. This workshop is also aimed at people wishing to work on their communication skills through the practice of drama (oral and body expression), either for their personal development or to use these methods in their projects. Finally, as one of the objectives of this workshop will be to set up a collective creation mixing plastic arts and theatre, it is aimed at people willing to share an experience of multinational and multi-disciplinary creation

Main activities Programme + Programme translation:

Cet atelier se déroulera parallèlement avec la 4ème édition de FestiFaï, un festival de chansons et d'arts plastiques mise en oeuvre avec le Fourmiable, scène artistique du pays du Buëch. Les créations réalisées avec les participants de l'atelier Grundtvig seront présentées à l'occasion du spectacle final de FestiFaï. Par ailleurs, cet évènement culturel sera l'opportunité pour les participants de partager pendant une semaine le quotidien des artistes professionnels qui seront en résidence au centre d'accueil du Faï. L'atelier mêlera les arts plastiques et le théâtre autour d'un thème artistique commun qui servira de fil rouge à l'ensemble des réalisations:

- Ateliers d'arts plastiques: à partir d'éléments naturels et de récupération (Land Art) les participants créeront collectivement une exposition de pleine nature, ils réaliseront par ailleurs les décors scéniques et les accessoires de costumes du spectacle final de « FestiFaï »
- Ateliers d'expression orale et corporelle: les participants exploreront les techniques d'improvisation individuelle et collective, l'expression des émotions, l'usage des mots, du langage et

des idées. En filigrane de cet atelier, ils prépareront la présentation de leurs oeuvres réalisées dans l'atelier arts plastiques (sculptures corporelles, mime, jeu sur les mots...) et l'accueil théâtralisé du public pour la journée finale de FestiFaï.

- Temps de rencontres autour d'ateliers créatifs avec la population locale et/ou les autres publics accueillis simultanément au centre d'accueil de la ferme du Faï (adolescents, familles, personnes en situation de handicap)
- Temps de rencontres avec des artistes confirmés, programmés dans le cadre du FestiFaï 2013

This workshop will take place simultaneously with the 4th edition of FestiFaï, a festival of songs and visual arts set up by the association "Fourmidaible". The realizations of the Grundtvig workshop will be presented during the final event of FestiFaï. Furthermore, this local cultural event will be an opportunity for the participants to share the everyday life of the musicians who will be in residence for one week at the Faï hosting centre. The workshop will involve plastic arts and drama practises with a common artistic theme which will be the "red thread" of all the realizations:

- Plastic arts and Land Art sessions: by using natural as well as recycled elements taken in the nature, the participants will create a collective exhibition in the open air. They will also make the scenic decoration and the accessories of the final event of FestiFaï
- Self expression through movement and oral expression sessions: the participants will explore individual and collective improvisation techniques, the expression of feelings, the use of words, languages and ideas. Throughout these sessions, they will prepare the staging of their visual arts creations (mime, human sculptures, play on words...). They will also prepare a theatrical way to welcome and orientate the spectators for the final day of FestiFaï.
- Creative sessions opened to the local population and/ or the other people hosted at the Faï centre during the workshop (teenagers, families, handicapped people)
- Meetings with the musicians artists scheduled for FestiFaï 2013

Workshop Organiser:

LES VILLAGES DES JEUNES

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Culture Gitane - Culture Européenne?

Subject area: Cultural heritage

Social integration / exclusion

Education of specific target groups: (occupational travellers, migrants, travellers, Roma)

Working language(s): FR

Target Group + Translation:

Toute personne s'intéressant à la place des minorités en Europe et tout particulièrement au peuple rom et aux Gitans qui en sont une composante, à un titre ou à un autre:

- par la culture gitane et plus largement la culture rom: que ce soit dans le domaine artistique (danse, chant, musique etc.) historique (les origines du peuple rom, ses migrations, sa langue) sociologique (leur place dans la société, l'organisation familiale et sociale) éducatif (scolarisation des enfants migrants).
- par les actions menées par les structures pour permettre ou faciliter leur intégration (associations, églises, pouvoirs publics, Union européenne).
- par la problématique de l'évolution d'une culture orale. Nous souhaitons en particulier que des Roms ou des descendants de Roms participent à l'atelier.

Every person interested in the position of minorities in Europe, particularly Romany people and Gypsy people - who are a part of Romanies - whatever the field of that interest:

- gypsy culture and more widely by Romany's: whatever in the artistic field (dance, singing, music, etc), historical field (Romany people's origins, their migrations, their language), sociological field (their position in the society, familial and social organization), educational field (schooling of children without permanent living place).
- actions led by structures to allow their integration or make it easier (associations, churches, public services, European Union)
- investigation of the problem of an oral culture evolution. We wish in particular Romany persons (or Romany origin persons) would take part in the workshop.

Main activities Programme + Programme translation:

Chaque jour étant consacré à un thème différent, les activités sont axées principalement sur l'échange et la discussion avec des communautés gitanes et sur la rencontre de personnes ou de structures travaillant avec le monde des Gitans afin de découvrir différentes facettes de ce peuple. Le moment phare est la participation à la fête des Gitans aux Saintes Maries de la mer en l'honneur de Sainte Sara leur patronne, le 24 mai. La musique et la danse, composantes importantes des peuples nomades, accompagnent toute la semaine.- découverte de l'histoire des Roms et des Gitans en particulier, de leur migration à travers l'Europe, de leur langue - visite de Nîmes et rencontre avec la communauté gitane - réalités quotidiennes présentées par les Gitans - prise de conscience de leurs conditions de vie localement et en Europe - présentation par le musée ethnologique d'Arles du travail réalisé sur la mémoire gitane - visite d'Arles et rencontre avec la communauté gitane arlésienne- découverte de la fragilité de la culture d'un peuple nomade et des efforts faits pour la

sauvegarder - la place de la religion et des traditions - les valeurs qui ancrent leur culture- l'influence des peuples nomades dans l'art: danse, musique, spectacles... - journée-débat avec des associations, des élus, des institutionnels nationaux et européens sur «CULTURE GITANE CULTURE EUROPEENNE? Europe: les peuples migrants et la société civile»:- moment privilégié pour rencontrer les responsables locaux, nationaux et européens en charge de différents aspects de la place des Roms dans notre société européenne.- participation à la grande fête des Gitans aux Saintes Maries de la mer le 24 mai en l'honneur de Sainte Sara leur patronne - C'est une occasion unique de rencontrer un peuple migrant dans sa diversité car c'est de l'Europe entière que les Gitans se réunissent pour cette fête - échange sur la place faite aux Roms dans les pays des différents apprenants.

As each day is devoted to a different topic, activities are mainly focused on exchanges and discussions with gypsy communities and on meeting with persons or structures working with Gypsies, in order to see various aspects of that population. Flagship moment is participation in the Gypsy festival in Saintes Maries de la Mer in the honor of Holy Sara their patron saint, on May the 24th. Music and dance, which are key components of Gypsy culture, are an essential background during the whole workshop. Main activities: - discovery of Romany history and Gypsies' in particular, of their migration all across Europe, of their language, visit of Nimes and meeting with a local Gypsy community. - daily life realities presented by Gypsies themselves learners' awareness of Gypsies' living conditions locally and in Europe. - introduction by the ethnological museum staff of Arles of the work made on the Gypsy community visit of Arles town and meeting with its important local Gypsy community getting aware of an endangered culture due to their itinerant life, and of actions in order to keep that culture alive.

Workshop Organiser:

Mouvement Européen Gard

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Workshop Reference number: 2012-1-GB2-GRU13-08503

Venue: Ludlow

Date of the Workshop: 10/04/2013 - 16/04/2013

Health in the Hills

Subject area: Health education

Addressing target groups with special needs

Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

Over 50s

Main activities Programme + Programme translation:

• Rambling • Visits to local historical sites • Visit to Ludlow Food Centre • Cookery demonstration
• Preparing and sharing a group meal • Sharing favourite national recipes and food memories • Joint collation of recipe book to take home • Visit to local orchard • Yoga session with qualified yoga teacher • Healthy brain activities • Social event with local community

Workshop Organiser:

Morpheus Training and Development

Contact details:

Ranters Cottage, Ranters Bank, Far Forest
DY14 9DU Kidderminster
GB-UNITED KINGDOM
E-mail: judith.morpheus@gmail.com and
angela.morpheus@gmail.com
www.morpheustraining.org.uk

Workshop Reference number: 2012-1-GB2-GRU13-08317

Venue: Embercombe, Devon

Date of the Workshop: 08/04/2013 - 13/04/2013

How can I help? Discover your ability to effect positive change in the world, whoever you are.

Subject area: Environment / sustainable development
Education in prisons or for social reinsertion of offenders
Learning opportunities for people at risk of social marginalisation

Working language(s):

Target Group + Translation:

The target group for this workshop is ex-offenders who want to make a serious commitment to social and environmental action for a better world. In particular: - You may feel deeply that you have something to give to the world but are unsure how. - You may have already stepped into action and seek nourishment and perhaps a re- appraisal of how you are spending your time and where you direct your energy. - You may be embarking on a new life or new direction. If you are not an ex-offendor but are desperate to come on this programme or make a connection, you can also contact us.

Main activities Programme + Programme translation:

The key elements of the workshop are: - Shared physical activity: Immerse yourself in practical tasks in the gardens, woods and kitchen. - Facilitated group work: Deep conversation, sharing and coaching. We learn through voicing our deepest feelings and hearing the experiences of others. - Facilitated breath work/therapeutic exercises: A profoundly experiential aspect of the programme, fully supported by our trained facilitators and support staff. - Time spent alone outdoors: You will be invited to spend time on Embercombe's land in contemplation and reflection. - Creativity and self-expression: Engagement with creative processes and the expressive arts. You will do all this whilst living in a green and beautiful place. Embercombe is a fifty acre small-holding one mile from the Dartmoor National Park. It is comprised of mature broadleaf woodland, a wildlife lake, south-facing meadows, a stone circle, and an organic orchard and garden.

Workshop Organiser: Landed Enterprises Limited

Contact details: CAN Mezzanine, 49-51 East Road
N1 6AH London
GB-UNITED KINGDOM
E-mail: martin@landedhq.com
www.landedhq.com

Workshop Reference number: 2012-1-GB2-GRU13-08265

Venue: Malvern

Date of the Workshop: 02/03/2013 - 09/03/2013

European Art History for Beginners

Subject area: Learning opportunities for people at risk of social marginalisation
Basic skills for adult learners
Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

Adults at risk of social marginalisation
People who have left school early with few or no qualifications
People interested in creative arts

Main activities Programme + Programme translation:

This workshop will explore European art movements, from the Impressionists to the present. To bring this to life, participants with little or no experience in art will have a go at drawing, creating mixed media pictures, sculpture and photography, inspired by art history. We will also visit galleries and exhibitions. The workshop will be very interactive, relaxed and 'hands-on'. This workshop is aimed at people from vulnerable social groups and people facing disadvantage.

Workshop Organiser:

EIL Cultural Learning

Contact details:

287 Worcester Road
WR14 1AB Malvern
GB-UNITED KINGDOM
E-mail: info@eiluk.org
www.eiluk.org

Workshop Reference number: 2012-1-GB2-GRU13-08358

Venue: Cumbria

Date of the Workshop: 16/03/2013 - 24/03/2013

European Cooperation to Create an Outdoor Workspace

Subject area: Basic skills for adult learners
Environment / sustainable development
Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

Older learners from rural regions
People with little or no formal qualifications
Geographically and/or socially disadvantaged learners
Retirees

Main activities Programme + Programme translation:

Creation of outdoor workspace / venue for benefit of local community (materials gathered from sustainable sources); traditional skills workshops for learners to learn new skills; visits to cultural heritage sites; group will live, cook and eat together for duration; visits to well-managed environmental organisations; dialogue and discussion throughout workshop

Workshop Organiser: Grampus Heritage and Training Ltd

Contact details: Ashgill, Threapland, Cumbria
CA7 2EL Wigton
GB-UNITED KINGDOM
E-mail: enquiries@grampusheritage.co.uk
www.grampusheritage.co.uk

Workshop Reference number: 2012-1-GB2-GRU13-08340

Venue: The Old Royal Naval College, London **Date of the Workshop:** 08/04/2013 - 12/04/2013

Investigating and Conserving European Baroque Wall Paintings

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
History and social science

Working language(s): EN

Target Group + Translation:

We are seeking applications from adult learners with a personal interest in art history and conservation. Priority will be given to participants who have not enjoyed the experience of international learning, those who have no formal qualifications in the subject, and those who would like to become more confident in accessing the visual heritage of their local art galleries and heritage sites. Priority will also be given to older applicants and to those from minority ethnic groups. Applications from Italy, France, Germany, Belgium and the Netherlands are encouraged, although learners from other countries will be welcome. For more information about the Old Royal Naval College please go to our website: www.ornc.org

Main activities Programme + Programme translation:

The wonderful baroque buildings of the Old Royal Naval College in Greenwich, designed by Sir Christopher Wren, were built in the 1690s as a hospital for old and injured seamen. The Painted Hall, originally intended as a dining hall, was decorated by English painter Sir James Thornhill in a style consistent with other European artists of the age including Rubens, Verrio, Ricci and Orazio Gentileschi. It is the largest painted interior of its type in the UK. A major conservation project taking place in the Painted Hall will give participants a once-in-a-lifetime chance to observe conservators at work and to take part in some hands-on conservation activities. The programme also includes visits to other world-famous painted interiors such as the Banqueting House and St Paul's Cathedral and talks by experts in baroque art and wall painting. Participants will have opportunities to investigate and discuss the international language of art and architecture – the themes and symbols used by European artists – and to compare artists and heritage sites from their own areas. Learners will stay in historic Greenwich, part of the Maritime Greenwich World Heritage Site.

Workshop Organiser: The Greenwich Foundation for the Old Royal Naval College

Contact details: Foundation House, 2 Cutty Sark Gardens
SE10 9LW London
GB-UNITED KINGDOM
E-mail: mhakman@ornc.org

Workshop Organiser:

Language Education and Partnerships Ltd

Contact details:

34 Fallowfield Road
WS5 3DH Walsall
GB-UNITED KINGDOM
E-mail: leaponline.eu@gmail.com
www.leaponline.eu

Workshop Reference number: 2012-1-GB2-GRU13-08353

Venue: Canterbury

Date of the Workshop: 13/03/2013 - 17/03/2013

Better English Through History

Subject area: Cultural heritage
Foreign language teaching and learning
Learning about European countries

Working language(s): EN

Target Group + Translation:

Those wishing to improve their English.
Those who left school with few basic qualifications and would like to learn some English language and some English History.
Older learners.
Those who are isolated from society.
Those disadvantaged socially, geographically, financially.

Main activities Programme + Programme translation:

Workshops, quizzes and practical exercises to improve English Language Skills.
Visits to historical sites in South East England accompanied by language teachers and historians
Graphic and verbal presentations combining information about local history

Workshop Organiser: Aspects Training and Project Development

Contact details: 158 High Street
CT6 5NP Herne Bay
GB-UNITED KINGDOM
E-mail: acwhyte10@gmail.com

Workshop Reference number: 2012-1-GB2-GRU13-08321

Venue: Bristol

Date of the Workshop: 08/04/2013 - 12/04/2013

Digital Dishes

Subject area: New technologies, ICT
Intergenerational learning / learning in later life / senior citizens
Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

The workshop will be open to people over 50 who are interested in developing their computer and digital media skills through taking part in a collaborative creative process. The theme of the workshop is cuisine so will appeal to those who would enjoy making and sharing stories of food.

Main activities Programme + Programme translation:

Our national cuisine, the food we cook and mealtimes with family and friends are important to us. We invite you to share stories of your favorite dishes and dinnertimes. Working with Stand + Stare Collective, you will develop basic digital skills and help create a collection of food related stories for Theatre Jukebox. Unlike a regular jukebox that plays songs, Theatre Jukebox allows people to choose from a selection of postcards and hear stories brought to life through images, sound and film. Through this workshop you will learn to use smart phones and blogs creatively to record your experiences and develop your confidence with using new technology. FFI on the Theatre Jukebox: <http://www.standandstare.com/projects/theatre-jukebox/>.

Workshop Organiser: Watershed Arts Trust

Contact details:
1 Canon's Road, Harbourside
BS1 5TX Bristol
GB-UNITED KINGDOM
E-mail: Hannah.higginson@watershed.co.uk
www.watershed.co.uk

Workshop Reference number: 2012-1-GB2-GRU13-08303

Venue: Bishop's Castle, Shropshire & Knighton, Powys **Date of the Workshop:** 12/05/2013 - 18/05/2013

From Grass-Roots to Green Lines

Subject area: Other

Volunteering

Environment / sustainable development

Working language(s): EN

Target Group + Translation:

The workshop, for those with limited or no previous experience wishing to develop trails that allow participants to experience the delights of slow travel will: • Reflect, Create & Plan publicly available routes: 'Green Lines' • investigate routes and trails in an economically & socially deprived area • Share & evaluate group knowledge & workshop activities • Provide learning from personal experience and with enthusiastic local trail promoters • Develop appropriate skills, programmes and a support network • Use informal & creative activities with structured visits to prehistoric forts and castles & relevant tourist facilities • Be based in an area renowned for its national and regional long distance walking trails, centred on a uniquely creative rural, Welsh Border hill town.

Main activities Programme + Programme translation:

From Grass-roots to Green Lines; Developing & Celebrating a Life Enhancing Action: A Green Line 'grown' by community enthusiasm and effort. The workshop is an Action Research programme with participants envisaging and planning a multi-functional community ('grass-roots') trail – A 'Green Line'. The plan to be capable of realisation (developed and promoted) by community based actions (by physical use, leaflets, web sites, celebratory events, community gatherings) and presented to appropriate authorities for formal implementation. The Green Line development to be used as a dynamic & practical means of encouraging engagement in social, community, environmental, well-being, celebratory & economic action amongst disadvantaged and isolated groups and communities. The workshop explores the full process of route planning and delivery – covering issues relating to purpose, form & function, health and safety, campaigning & marketing, sustainability, group management, associated community activities, commercial connections & supporters. The programme will include sessions with local 'route developers & promoters', volunteers & supportive commercial interests. Visits to include a variety of, national, regional and local 'Green Lines' including their information centres, evaluating their contribution to the themes of the Green Line Workshop and assessing their potential as exemplars for use elsewhere. The working sessions, which will be creative, experiential and informal set in a context of celebratory activity. Celebratory, as the gathering of diverse people for common purpose is worth celebration; Celebratory because the activities will be set in a context of words, music, dance and song; Celebratory because such an approach creates it's own dynamic and energy and becomes, itself, a methodology. Day 1: 'Contexts' Who are we? Where are we? What and Where are the Green Lines? Evening: "Nooks and Crannies Event", exploring the town Day 2: Experiencing The Green Line: Working with experienced trail developers on key issues. Evening: 'Musical

discoveries' amongst ourselves and others Day 3: The Green Line as National trail & regional trail: Offa's Dyke & Glyndwr's Way Long Distance Footpaths. Evening 3: The muse – notes, blogs, impressions in words Day 4: The Urban Green Line. Where would a trail go – and how? Evening: Social preparations for the final Exhibition Ceilidh Day 5: Action Steps towards a Green Line: detailed proposals & delivery plan. Evening: Exhibition & Celebration, Music, Words & Dance – a 'twmpath dawns' (ceilidh) using local & international talent, an event open to the whole local community

Workshop Organiser:

Pathways: Inspirational Development CIC

Contact details:

Bwthyn y Bryn, Bachaethion, Sarn, Newtown, Powys
SY16 4HH Newtown
GB-UNITED KINGDOM
E-mail: ian@pathways-development.com
www.pathways-development.com

Workshop Reference number: 2012-1-GB2-GRU13-08305

Venue: Devon

Date of the Workshop: 13/05/2013 - 24/05/2013

Sharpham Sounds

Subject area: Artistic education, also including Arts and Crafts and Music
Environment / sustainable development
New technologies, ICT

Working language(s): EN

Target Group + Translation:

The workshop will specifically target: older learners without basic qualifications and vulnerable groups (low income, rural location, job not secure, not in education, employment or training NEETs). At least two representatives from each of these groups will attend the workshop.

Main activities Programme + Programme translation:

Before they arrive, participants will collect a cultural resource from their local environment in response to the theme of 'Your local natural world'. This could be a sound recording, a poem, local artefact or artwork etc. Upon arrival in Devon, sharing these resources as a group will form an entry into the project. A core activity will be to complete an audio-visual translation resource. Participants will be helped to annotate images of sound recording equipment, animals and natural scenes in their national languages (overlaying text and their own recorded voices into an MS PowerPoint document), forming the start of an interactive 'Workshop Translation Glossary'. This will be expanded with additional terms over the workshop's duration, forming an adaptable support tool to enhance language and cultural awareness training delivery. Participants will attend guided field trips to record 'unheard' sounds before editing and narrating them into an interpretation of the natural world. The narration will inspire a verbal dialogue between different cultural, social and lingual backgrounds. Participants will work together in (mixed nationality and background) pairs using the Workshop Translation Glossary to help compose sonic art duets that will facilitate lingual, cultural and artistic communication across the group. The workshop will use the English cultural setting of the Sharpham Estate, Totnes, Devon in order to access local outdoor natural areas. Excursions will cover different sites and relevant recording techniques. Experts in digital sound capture, technical language support and the environmental sciences will help participants record natural sounds that people don't usually hear (e.g. high frequency bat calls recorded using a specialist bat detector). After each field trip recordings will be reviewed and edited. Cultural visits will be made to local historic public houses; Dartmoor National Park and the historic port of Dartmouth. Participants will be supported in experimentation with sound manipulation using free (open source) computer software. This will culminate in them exhibiting their creations at a large, free of charge public evening concert of multiculturally inspired sounds in a historic 18th Century acoustic space (Sharpham House). Alongside general public attendance, special invites will be sent to local community organisations, schools and special needs groups. The final material will provide an artistic and cultural learning resource for participants to consolidate their skills and to continue learning once the workshop is completed. Free open source software, means participants will be able to continue experimenting with their material from anywhere in the world.

Workshop Organiser:

Ambios Ltd

Contact details:

Little Gutton, Shobrooke, Crediton, Devon
EX17 1DJ Crediton
GB-UNITED KINGDOM
E-mail: billryley@ambios.net
www.ambios.net

Workshop Reference number: 2012-1-GB2-GRU13-08338

Venue: Wolverhampton

Date of the Workshop: 19/05/2013 - 25/05/2013

Through the Looking Glass: the industrial and artistic history of the Black Country

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage / History and social science

Working language(s): EN

Target Group + Translation:

Older/Senior learners Adult Learners Learners with no or low qualifications Adults who are not currently in employment Adults from rural areas Adults from minority groups

Main activities Programme + Programme translation:

The Black Country region is an area rich in cultural heritage and, during the 19th Century, was one of the most intensely industrialised areas of the nation. This industrial past gave rise to a number of art forms, crafts and skills that were known throughout the world. This workshop will enable participants to learn about the history of the Black Country and, more widely, the West Midlands, and it is envisaged that each day of the workshop will focus on a different aspect of our local history. With our worldwide reputation for glass making having its roots in Stourbridge and Dudley, participants will witness artistic techniques in glass blowing and visit the recently restored Redhouse cone; the last remaining glassmaking cone in the world. Participants will also visit the Black Country Museum for a 'canal art' session where a leading canal artist will guide the group through the history of the folk art style. Participants will be able to paint their own piece of art to take away with them. Another day of the workshop will be spent visiting Lichfield where participants will engage in a tour of the city and have the opportunity to visit the birthplace of Samuel Johnson, author of the 18th century 'Dictionary of the English Language'. Lichfield is also home to Darwin House, the 18th century residence of Erasmus Darwin (grandfather to Charles Darwin), and also Lichfield Cathedral which has a long a fascinating history, dating back to the 7th century. We also plan to run workshops throughout the week with the following possible topics (depending on availability): Pottery in the West Midlands, ceramics and their history in the Black Country, Saddlery in Walsall (with visit to the Leather Museum), the Jewellery Quarter and its origins. The workshop, as a whole, will provide delegates with a rich and diverse experience of the Black Country region. Delegates will be invited to research their own local history before arriving in the UK to allow everyone to share their own experiences and promote intercultural understanding. There will be a range of tours, hands-on workshops and classes during the week whereby delegates will communicate with one another and local specialists to share knowledge of the topic area.

Workshop Organiser: University of Wolverhampton

Contact details: Wulfruna Street
WV1 1LY Wolverhampton
GB-UNITED KINGDOM
E-mail: Networks4excellence@wlv.ac.uk
www.wlv.ac.uk

Workshop Reference number: 2012-1-GB2-GRU13-08342

Venue: Glasgow

Date of the Workshop: 09/06/2013 - 15/06/2013

Intercultural Learning through Voluntary Service

Subject area: Active citizenship
Cultural heritage
Volunteering

Working language(s): EN

Target Group + Translation:

The target group of the workshops are adults who have left school and not gained any further qualifications via higher or further education.

Main activities Programme + Programme translation:

The programme of the workshop shall focus on two main sections. The first section shall be the linguistic and cultural preparation of the participants and shall involve one day of language preparation and one day of cultural presentation. The following three days of the programme shall focus on these three topics 1. Why volunteer? – What's in it for me? A look at the history and origin of the concept of volunteering and an examination of it's practical benefits for societies and individuals 2. Active European Citizenship – An investigation of the meaning of citizenship in it's various forms and discussion of pros and cons of each model. Exploration of the 'European' model and what that means to each of us 3. Strength through Diversity: Why intercultural understanding is important and what are it's benefits The workshop will use a unique blend of participant led learning focusing on nonformal educational methods and active participation.

Workshop Organiser: Xchange Scotland

Contact details: The Pearce Institute, Govan Road, Glasgow
G51 3UU Glasgow
GB-UNITED KINGDOM
E-mail: info@xchangescotland.org
www.xchangescotland.org

Workshop Reference number: 2012-1-GB2-GRU13-08349

Venue: Wyre Forest, Worcester

Date of the Workshop: 11/05/2013 - 17/05/2013

Preserving Bushcraft Skills and Traditional Rural Crafts: Ancient wisdom for sustainable living in harmony with nature

Subject area: Intergenerational learning / learning in later life / senior citizens
Natural Sciences
Second chance education

Working language(s): EN

Target Group + Translation:

disadvantaged groups: second-chance learners, people with few or no qualifications, older learners, unemployed, disabled, people interested in the environment

Main activities Programme + Programme translation:

We will be learning traditional skills and Bushcraft knowledge, eg. shelter-building, coppicing, making fires, making furniture from materials in the forest, wood working and whittling, making natural string, willow weaving & basket making, outdoor cooking, felt-making and wool spinning. Participants should be willing to share traditional crafts from their culture.

Workshop Organiser:

Consilium Development and Training Ltd

Contact details:

11 Bluebell Close
WR14 3QR Malvern
GB-UNITED KINGDOM
E-mail: consiliumdt@gmail.com
www.consiliumdt.co.uk

Workshop Reference number: 2012-1-GR1-GRU13-10494

Venue: Athens

Date of the Workshop: 10/06/2013 - 16/06/2013

CITIZENS OF MOUNTAINOUS REGIONS AND TECHNOPHOBIA

Subject area: New technologies, ICT
Active citizenship

Working language(s): EN

Target Group + Translation:

Το Εργαστήριο αναφέρεται στη χρήση ηλεκτρονικών υπηρεσιών για τη βελτίωση της καθημερινότητας κατοίκων ορεινών και μειονεκτικών περιοχών που αντιμετωπίζουν προβλήματα τεχνοφοβίας. Περιλαμβάνει θέματα για την ασφαλή χρήση του Διαδικτύου και τον περιορισμό της τεχνοφοβίας σε ενήλικες. Οι κύριες δραστηριότητες είναι: ενημέρωση για θέματα ασφάλειας στο Διαδίκτυο και τεχνοφοβίας, χρήση ηλεκτρονικών υπηρεσιών για τον πολίτη (η-διακυβέρνησης, η-τραπεζικής, η-υγείας, η-μάθησης, η-τουρισμού, η-εμπορίου), επίδειξη παραδειγμάτων, πρακτικό εργαστήριο και δημιουργία «ζωντανού εργαστηρίου» (Living Lab) για τη συνεργασία όλων των συμμετεχόντων. Το Εργαστήριο πλαισιώνεται από μια σειρά εκπαιδευτικών ξεναγήσεων: στους χώρους του ΓΠΑ για τη μύηση των συμμετεχόντων στην αγροτική παραγωγή των ορεινών περιοχών της Ελλάδας, στα Τρίκαλα ορεινής Κορινθίας προκειμένου να έλθουν σε επαφή με το ορεινό, φυσικό και κοινωνικο-οικονομικό περιβάλλον της Ελλάδας, στο Ελληνικό Μουσείο Πληροφορικής και στο ιστορικό κέντρο των Αθηνών. Ενήλικες που ενδιαφέρονται για τη χρήση ηλεκτρονικών υπηρεσιών στην καθημερινή ζωή. Ενήλικες που ενδιαφέρονται για θέματα τεχνοφοβίας και μείωσης του ψηφιακού χάσματος. Θα δίνεται προτεραιότητα σε άτομα που προέρχονται από ορεινές και μειονεκτικές περιοχές και από ευπαθείς κοινωνικές ομάδες.

The workshop concerns the use of electronic services (e-services) for the improvement of the daily life of inhabitants of mountainous and disadvantaged regions facing technophobia. It includes issues regarding the secure use of the Internet and the restriction of technophobia in adults. The main activities include: information on Internet security and technophobia, use of e-services for the citizen (e-government, e-banking, e-health, e-learning, e-tourism, e-commerce), case studies, a practical exercise and the creation of a Living Lab for the collaboration of all participants in the workshop. In the context of the workshop a series of educational visits will take place in: the campus of the Agricultural University of Athens (AUA) for inducing the learners in the Greek agricultural production; the mountainous region of Trikala in Corinth prefecture for experiencing the mountainous natural and socio-economic environment of Greece; the Greek Museum of Information Technology; and the historical centre of Athens. Learners can be adults interested in the use of electronic services in the daily life. Also, adults interested in technophobia and the reduction of the digital gap. Priority will be given to persons that come from mountainous and disadvantaged regions and from social vulnerable groups.

Main activities Programme + Programme translation:

Ημέρα 1: Γνωριμία με τους εκπαιδευομένους. Παρουσίαση του σκοπού και των στόχων του Εργαστηρίου. Επίδειξη χαρακτηριστικών ορεινών περιοχών της ΕΕ σε σχέση με τις τεχνολογίες πληροφορικής και επικοινωνιών. Εκπαιδευτική ξενάγηση στους χώρους του ΓΠΑ για τη μύηση των συμμετεχόντων στην αγροτική παραγωγή των ορεινών περιοχών της Ελλάδας. Προβολή εκπαιδευτικού υλικού στο χώρο του Γεωργικού Μουσείου ΓΠΑ. Ημέρα 2: Παρουσίαση θεμάτων ασφαλείας στο Διαδίκτυο για πλοήγηση και αναζήτηση στον Παγκόσμιο Ιστό, για ηλεκτρονική αλληλογραφία (ενοχλητική αλληλογραφία, μηνύματα απατηλού περιεχομένου), για άμεση συνομιλία (chat) και διαμοιρασμό αρχείων (file sharing). Εργαστήριο για τη δημιουργία ασφαλούς περιβάλλοντος (λογισμικό προστασίας από ιούς, τείχος προστασίας). Ημέρα 3: Διάλεξη σε θέματα τεχνοφοβίας: ορισμός, τύποι, προφίλ, συμπτώματα, αιτίες, τρόποι αντιμετώπισης (εκπαίδευση, συνεργασία, καλύτερη πρόσβαση σε τεχνολογικές υποδομές). Παρουσίαση ασφαλών ηλεκτρονικών υπηρεσιών για τη βελτίωση της καθημερινότητας των κατοίκων ορεινών περιοχών (η-διακυβέρνησης, η-τραπεζικής, η-υγείας, η-μάθησης, η-τουρισμού, η-εμπορίου). Ημέρα 4: Ξενάγηση στα Τρίκαλα ορεινής Κορινθίας προκειμένου οι συμμετέχοντες να έλθουν σε επαφή με το φυσικό και κοινωνικο-οικονομικό περιβάλλον μιας ορεινής περιοχής της Ελλάδας. Συζήτηση με κατοίκους της περιοχής. Ημέρα 5: Επίδειξη επιτυχημένων παραδειγμάτων χωρίς τεχνοφοβία για την αντιμετώπιση καθημερινών αναγκών. Άσκηση για τον εντοπισμό και χρήση η-υπηρεσιών για την εξυπηρέτηση συγκεκριμένων αναγκών των συμμετεχόντων στις χώρες προέλευσής τους με την εποπτεία του εκπαιδευτή. Δημιουργία «ζωντανού εργαστηρίου» (Living Lab) για τη συνεργασία των συμμετεχόντων και των εκπαιδευτών μετά το πέρας του Εργαστηρίου. Ημέρα 6: Επίσκεψη στο Ελληνικό Μουσείο Πληροφορικής και στο ιστορικό κέντρο των Αθηνών. Συζήτηση και αξιολόγηση του Εργαστηρίου.

Day 1: Acquaintance with learners. Presentation of aim and objectives of the Workshop. Demonstration of the characteristics of EU mountainous regions regarding Information and Communication Technologies (ICTs). Educational visit in the campus of AUA for inducing the learners in the Greek agricultural production. Projection of educational material at the Agricultural Museum of AUA.

Day 2: Presentation of security issues for browsing and searching the World Wide Web, exchanging electronic mail (spams, malicious messages), chatting and file sharing. Laboratory for the creation of a secure electronic environment (antivirus software, firewalls).

Day 3: Lecture on issues of technophobia: definition, types, profiles, symptoms, causes, ways of confrontation (education, collaboration, better access in technological infrastructures). Presentation of secure e-services for the improvement of daily life for residents of mountainous regions (e-government, e-banking, e-health, e-learning, e-tourism, e-commerce).

Day 4: Guided visit in the mountainous region of Trikala in Corinth prefecture for experiencing the mountainous natural and socio-economic environment of Greece Discussion with local people.

Day 5: Demonstration of successful “non technophobic” examples for covering daily needs. Exercise for the identification and the use of e-services for real life situations. Creation of a Living Lab for the collaboration of all participants after completion of the Workshop.

Day 6: Visit in the Greek Museum of Information Technology and in the historical centre of Athens. Discussion and evaluation of the Workshop.

Workshop Organiser:

AGRICULTURAL UNIVERSITY OF ATHENS

Contact details:

Ιερά Οδός 75
11855 Αθήνα
GR-GREECE
Tel.: +302105294171-2
E-mail: vr1@aua.gr
www.aua.gr

Workshop Reference number: 2012-1-GR1-GRU13-10547

Venue: Serres

Date of the Workshop: 15/03/2013 - 25/03/2013

Aesthetics – Creativity – Innovation & Entrepreneurship

Subject area: Economics, business, industry and commerce
Artistic education, also including Arts and Crafts and Music
Reinforcing links between education and working life

Working language(s): EN

Target Group + Translation:

Πτυχιούχοι και τελειόφοιτοι Ανώτατης Εκπαίδευσης, που οι σπουδές τους και ταυτόχρονα οι λοιπές τους αποδεδειγμένες δεξιότητες (πιστοποιημένες ή εμπειρικές) συνδυάζουν τη διοίκηση και την παραγωγή (ή και τη διανομή) προϊόντων ή υπηρεσιών με την κάθε μορφής έκφραση τέχνης. Η επιλογή θα γίνει από τριμελή Επιτροπή που θα συστήσει ο φορέας μετά από πρόσκληση εκδήλωσης ενδιαφέροντος με στόχο πιστοποιημένους Μέντορες, μέλη της Διοικητικής ομάδας του φορέα και διδάσκοντες στο τμήμα Εσωτερικής Αρχιτεκτονικής του ΤΕΙ Σερρών. Η επιλογή θα γίνει με βάση τα βιογραφικά των ενδιαφερομένων. Σε περίπτωση που οι ενδιαφερόμενοι είναι πολλοί, η επιτροπή θα έχει τη δυνατότητα τηλεφωνικής (ή και με τηλεδιάσκεψη) επικοινωνία μαζί τους, λαμβάνοντας υπόψη ότι θα τηρείται και γεωγραφική κατανομή, ώστε να μην προέρχονται όλοι από την ίδια χώρα.

Graduates and graduates of Higher Education, which studies and also demonstrated the other skills (certified or empirical) combine the management and production (or distribution) of products or services by any form of art expression. The participants will be selected among candidates, by a committee to be appointed by the Directory Board, staff members of the local TEI (Technological Education Institute, equivalent to the Universities), teaching at the Department of Interior Architecture, Decoration & Items Design. For the selection of the participants, ICT will be used, mainly off-line.

Main activities Programme + Programme translation:

Εναλλαγή διαλέξεων – Εργαστηρίων (λειτουργία σε 5 μεικτές διεθνικές ομάδες κάτω από ένα διαφορετικό σενάριο) – προετοιμασμένων αντιπαραθέσεων (debates), καθώς και μεταφοράς των εθνικών συνθηκών που ενθαρρύνουν ή και αποθαρρύνουν τη δημιουργικότητα, τη συνδέουν ή τη διαχωρίζουν από την επιχειρηματικότητα και να διαχειρίζονται τα ζητήματα της καινοτομίας. Γνωριμία με την αισθητική της ευρύτερης περιοχής, όπως διαχρονικά έχει διαμορφωθεί, από την κλασική αρχαιότητα μέχρι σήμερα, παράλληλα με την αισθητική της κοινωνικής καλλιέργειας και νοοτροπίας.

Alternation of lectures – workshops (through 5 mixed international teams, under supervision and on different scenarios) – prepared debates, as well as transfer of the favoring and discouraging conditions of creativity, connect or dispartate it from entrepreneurship and deal with innovation management. Familiarity with the local aesthetics as it has been developed throughout the ages, from the ancient times, up to date, accompanied by the presentation of the social aesthetics and the cultural mindset.

Workshop Organiser:

Business & innovation Centre of Serres

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«Places of Worship: touching the earth, gazing at the sky»

Subject area: Cultural heritage

Learning opportunities for people at risk of social marginalisation

History and social science

Working language(s): EN

Target Group + Translation:

Οι συμμετέχοντες θα είναι πτυχιούχοι, κατά προτίμηση μακροχρόνια άνεργοι στο αντικείμενό τους, αρχιτέκτονες, μηχανικοί και απόφοιτοι σχολών καλών τεχνών, τεχνολογικών και Η/Υ

Participants will be graduates and preferably long-term unemployed in their respective fields; architects, mechanical engineers and graduates of Fine Arts, Technology and Computer Studies Faculties

Main activities Programme + Programme translation:

Η παγκόσμια πολιτιστική μας κληρονομιά κινδυνεύει από φυσικές καταστροφές, όπως σεισμούς, πλημμύρες, αλλά και πολέμους και τρομοκρατικές ενέργειες. Μνημεία ανεκτίμητης αξίας μπορεί να εξαφανιστούν μέσα σε μερικά λεπτά ή να καταρρεύσουν στο πέρασμα του χρόνου. Οι κύριες δραστηριότητες του Εργαστηρίου αφορούν σε Επιστημονικές Εισηγήσεις, Επιμορφωτικές - Εκπαιδευτικές Επισκέψεις, Μελέτη Πεδίου, Συλλογή – Επεξεργασία Υλικού, Αξιολόγηση. Στο πρώτο μέρος του Εργαστηρίου, με σειρά εισηγήσεων, θα δοθούν όλες οι γνώσεις και οι θεωρητικές βάσεις που αφορούν στα εργαλεία που πρόκειται να χρησιμοποιηθούν για την ολοκλήρωση του έργου του Εργαστηρίου, το οποίο θα αποτελέσει τη βάση για την τρισδιάστατη απεικόνιση όλων των μνημείων της περιοχής σε επόμενο χρόνο. Με τη συνεργασία ειδικών επιστημόνων οι συμμετέχοντες, οι οποίοι είναι πτυχιούχοι, κατά προτίμηση μακροχρόνια άνεργοι στο αντικείμενό τους, αρχιτέκτονες, μηχανικοί και απόφοιτοι σχολών καλών τεχνών, τεχνολογικών και Η/Υ, θα αποκτήσουν τις απαραίτητες μαθησιακές εμπειρίες και θα ενισχύσουν τις ατομικές δεξιότητες και ικανότητές τους στην αποτύπωση και τρισδιάστατη απεικόνιση μνημείων πολιτιστικής κληρονομιάς. Στο δεύτερο μέρος του Εργαστηρίου με την καθοδήγηση των εισηγητών, οι συμμετέχοντες θα προχωρήσουν σε μετρήσεις, φωτογραφήσεις και όποιες άλλες απαραίτητες ενέργειες παλαιοχριστιανικών, βυζαντινών ναών και μιας μονής, καταγράφοντας τα δεδομένα, τα οποία θα επεξεργαστούν στη συνέχεια. Προστατεύοντας την πολιτιστική μας κληρονομιά και με την καθοδήγηση ειδικών, θα «αφήσουν το σημάδι τους» προσφέροντας τη βάση για επόμενες δράσεις, με τις οποίες θα καταγραφούν, διασωθούν και αναπαραχθούν πολιτιστικοί θησαυροί. Και στα δύο μέρη του Εργαστηρίου προβλέπονται επιμορφωτικές επισκέψεις σε αρχαίους, βυζαντινούς και μεταβυζαντινούς ναούς και μονές της ευρύτερης περιφέρειας του Δήμου Αγιάς

Our world cultural heritage is in danger from natural disasters, such as earthquakes, floods, but also wars and terrorist acts. Priceless monuments may quite possibly disappear in a matter of minutes or collapse with the passing of time. The main activities of the Workshop concern scientific papers, educational visits, field trips, the collection and processing of materials, and assessment. In the first part of the Workshop a series of lectures will be given, which will provide all the knowledge and

theoretical basis pertaining to the tools to be used for completing the Workshop's task, which will constitute the starting point for performing the complete 3-D representation of the region's monuments in due time. With the collaboration of expert scientists, the participants will acquire the essential learning experience and enhance their individual skills in the imprinting of cultural heritage monuments. In the second part of the Workshop, under the guidance of the experts, the participants will proceed to take measurements, photos, etc. of Paleochristian and Byzantine temples and a monastery, recording the data which will be processed next. During both parts of the Workshop, there will be offered field trips to Ancient, Byzantine and Post-Byzantine temples and monasteries in the wider region of the Municipality of Agia.

Workshop Organiser:

Municipality of Agia

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Learning Greek language and Greek culture through the eyes of immigrants

Subject area: Foreign language teaching and learning

Education of specific target groups: (occupational travellers, migrants, travellers, Roma)
Intercultural education

Working language(s): EL

Target Group + Translation:

Το εργαστήριο απευθύνεται σε οποιονδήποτε γνωρίζει ελληνικά σε επίπεδο A2 και θα ήθελε να παρακολουθήσει ένα γλωσσικό μάθημα που συνοδεύεται από πολιτιστικές δραστηριότητες. Επίσης απευθύνεται σε μετανάστες και σε στελέχη οργανώσεων που δουλεύουν με μετανάστες και θα ήθελαν να συμμετάσχουν σε ένα εργαστήριο που μπορεί να αποτελέσει «καλή πρακτική». Γλώσσες εργασίας: ελληνική (διδασκόμενη γλώσσα-στόχος) και επιπροσθέτως αγγλική (για διευκόλυνση της επικοινωνίας).

The workshop is targeting any adult learner who is a greek language user at level A2 and would like to attend a language workshop with a cultural dimension. Also it addresses to immigrants and members of organisations working with immigrants who would like to participate in a workshop that can be a 'good practice'. Working Languages: Greek (target-language taught) and English (additionally used to facilitate communication).

Main activities Programme + Programme translation:

Το εργαστήριο φιλοδοξεί να φέρει σε επαφή τους εκπαιδευόμενους με την ελληνική γλώσσα και τον ελληνικό πολιτισμό με ένα τρόπο διαπολιτισμικό. Κύριοι συντελεστές του εργαστηρίου είναι οι μετανάστες/ εξυπηρετούμενοι της διοργανώτριας οργάνωσης, οι οποίοι συνοδεύουν το γλωσσικό μάθημα με δραστηριότητες όπως: μαγειρική, αφήγηση παραμυθιών, παραδοσιακοί χοροί, ελληνικά τραγούδια, πεζοπορίες σε μονοπάτια, επισκέψεις σε μουσεία, αρχαιολογικούς χώρους και τοπικές βιοτεχνίες. Μέσα από αυτές τις δραστηριότητες οι εκπαιδευόμενοι μιλούν στην ελληνική γλώσσα και στον ελληνικό πολιτισμό, αλλά έχουν και την ευκαιρία να συμβάλουν στην οικοδόμηση της ευρωπαϊκής διάστασης αποτελώντας και οι ίδιοι φορείς του πολιτισμού της χώρας τους. Και όλα αυτά συμβαίνουν σ' ένα νησί που αποτέλεσε το 19ο αι. σταυροδρόμι πολιτισμών και η πρωτεύουσα του, η Ερμούπολη, ανέδειξε την πρώτη αστική τάξη της χώρας. Σ' αυτό το χώρο όπου καθολικοί και ορθόδοξοι συνυπάρχουν μέχρι και σήμερα αρμονικά, η ιδέα της διαπολιτισμικότητας γίνεται τρόπος ζωής. Η Βαρδάκειος Σχολή, η διοργανώτρια οργάνωση, εκφράζει αυτήν την ιδέα, αφού σ' αυτήν μαθαίνουν ελληνικά και αγγλικά ενήλικες εκπαιδευόμενοι απ' όλα τα μέρη του κόσμου.

The workshop aims to acquaint students with Greek language and Greek culture through an intercultural way. Key factor of the workshop are the learners (immigrants) of the host organization, which accompany the language lessons with activities such as cooking, storytelling, traditional dances, Greek songs, trekking, visits to museums, archaeological sites and local crafts. Through

these activities participants learn the Greek language and Greek culture, but also have the opportunity to contribute to building the European dimension and becoming carriers of the culture of their country. And all these will happen in an island which was back in the 19th century a crossroad of cultures and the capital of Ermoupolis is the city that first revealed the bourgeoisie of the country. In this place where Catholics and Orthodox coexist harmoniously until now, the idea of multiculturalism becomes a lifestyle. Vardakeios School, the host organization, reflects this idea because their adult students come from all over the world.

Workshop Organiser:

Vardakeios Vocational School of Indigent Children of
Hermoupolis

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Workshop Reference number: 2012-1-HR1-GRU13-01891

Venue: Zagreb

Date of the Workshop: 08/04/2013 - 15/04/2013

Educational Theatre as the place for overcoming discrimination of people with disabilities

Subject area: Addressing target groups with special needs
Artistic education, also including Arts and Crafts and Music
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Individuals with physical or mental disability that are at least 18 years old.
Individuals interested in theatre and acting or working with the disabled (18 years old and older).

Main activities Programme + Programme translation:

Workshop aims to transfer practical knowledge for working with the disabled by means of theatre. Since both disabled and non-disabled individuals will participate in the workshop, we will actively search for actions that have the potential for overcoming prejudice in real life. The workshop will end with a joint public performance created by the disabled and non-disabled alike. This performance will advocate values of solidarity, inclusion and respect for people with disabilities. The workshop follows the stages of tribal initiation (rites de passage), as described by Victor Turner:

- 1) Separation stage: form roles, norms and values
- 2) Liminal stage: transitional or limbo phase in which we will explore our every day roles
- 3) Reincorporation stage: participants reunite with their everyday lives - but! – enriched with the workshop experiences)

Workshop Organiser: Centar za kulturu Trešnjevka

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Workshop Reference number: 2012-1-HU1-GRU13-07125

Venue: Budapest

Date of the Workshop: 03/03/2013 - 11/03/2013

"Craftissimo" – Boot your social enterprise!

Subject area: Learning opportunities for people at risk of social marginalisation, Second chance education, Social integration / exclusion

Working language(s): EN

Target Group + Translation:

The main goal of our workshop is to provide upgraded knowledge to disadvantaged people (eg unemployed, young mothers, older workers, etc) that supports them designing, developing, implementing their own social enterprise. Thus, our adult learners may return to the labor market and gain their own source of income and thereby improve their living conditions. A social enterprise does not only fulfill selfish interests, but also the whole society will benefit. This is a form of business, which is based on real social needs, and favors broader social layers. These goals are realized by working with disadvantaged and less educated social groups and/or by serving noble goals (eg. environmental protection). During the selection of participants we prefer: people with own social enterprise ideas, who lack the necessary business knowledge, representatives of non-profit organizations working with less educated social groups. The program targets adult learners, or people who do not participate in institutional education. There is no age limit.

Main activities Programme + Programme translation:

The adult learners will receive inspiration, ideas and creative thinking patterns, business skills (market research, business planning, pricing, public relations, communication). They can participate in fieldtrips at well-established social enterprises. Such as the Bike Kitchen, that is a community bike repair workshop, where citizens can learn fixing and building bikes and donate them to disadvantaged people.

Workshop Organiser:

Messzelátó Egyesület

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Workshop Reference number: 2012-1-HU1-GRU13-07134

Venue: Budapest

Date of the Workshop: 30/06/2013 - 07/07/2013

Parent-play – let's play to become a more successful parent

Subject area: Family / Parent education
Health education
Intercultural education

Working language(s): EN

Target Group + Translation:

The major topic of our workshop is to promote the participants in becoming a more successful parent by following along children's development – on the road of the development of play. During the 8-day-program the participants can relive the most important stages of childhood, from the beginning of infancy through toddler-age up to the teenager years – via a series of games, creative arts activities and sharing experiences. As a result of the experience, they can reflect on their own parental attitude, patterns, share their successes and get support in their difficulties in raising up a child. The supporting atmosphere and the colourful multicultural background help with the deepening of self-knowledge, exchanging parental experiences, energizing and, consequently, strengthening of the parental role and development. **TARGET GROUP(S):** Our workshop is aimed to support parents, especially single parents of any age-group. We are expecting those to take part who feel like getting stuck during the process of bringing up their children, who are puzzled and want to get distanced of everyday life and focus on themselves, gaining recreation and clarification of their own parental credo.

Main activities Programme + Programme translation:

MAIN ACTIVITIES / PROGRAMME OF THE WORKSHOP: We focus on a different age group each day through the characteristic, age-specific forms of play, in order to work with the parental attitude, skills, competences of the children belonging to that particular age group – in an intercultural, European medium. Day 1: ARRIVAL TO THE NEW WORLD - Birth of the group Day 2: PLAYING WITHOUT WORDS – Infancy Day 3: PLAYGROUND FOR LITTLE AND BIGGER ONES – Toddler Day 4: FAIRY TALES, DRAWINGS, MAGIC – Preschool Day 5: THE POWER OF THE TEAM – School children Day 6: GAME OVER? – Teenage Day 7: THE GAME NEVER ENDS! – Sharing experiences and observations, project day Day 8: THE SUCCESSFUL PARENT – Integration, closure, evaluation

Workshop Organiser: Magyar Mozgás- és Táncterápiás Egyesület

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Workshop Reference number: 2012-1-HU1-GRU13-07136

Venue: Pusztaföldvár

Date of the Workshop: 19/06/2013 - 30/06/2013

Grundtvig Workshop on "Traditional hooded oven construction" Our oven built together – the oven of the village, and the oven of many peoples

Subject area: Second chance education
Environment / Sustainable
Reinforcing links between education and working life

Working language(s): EN

Target Group + Translation:

Low-educated men/women aged 35-55. The objectives are to present self-sustaining lifestyles, teach their application in life and work (eco-tourism, sustainable development, energy efficiency). We will also use ICTs in promoting the knowledge transferred in the Workshop and in creating a network with the participants for maintaining cultural traditions. Every participant will contribute to this “peoples’ oven” with a creative signature on a chosen brick.

Main activities Programme + Programme translation:

Introductions, safety, tools, Oven’s structure, different tasks: Water insulation, first brick row; pointing. Multicultural dinner · Walls for the seat part, base of the ’hood’, wood storages. Completing the curved seat; frame for the arch of the wood storages. Filling the curved seat in the back and the ’hood’ below baking surface; insulation · Walls of the ’hood’, baking surface, wood storages. Walls of chimney base, ash-box opening; ash-box installation. Chimney walls; frames for the doors’ arches. Walling the arches; installing the outer (fixed) furnace door. Back walls for ’bogrács’; back and side walls for grill. Walling pillar of the ’bogrács’and grill. Cutting/installing bridging elements. Walls on two sides of the smoke vent pair; smoke channel between vents · Cutting/installing the bearers of the smoke channel openings. Walls of the ‘hood’ and the chimney pillar. Frame for walling the covering arch. Walls of the chimney closing ledge and the covering arch. Completing the construction phases started in the morning. Roofing the oven; cutting/nailing roof staves. Tiling the roof. Smoothing the mortar and impregnating the chimney ledge and covering arch. Lime coating. How to bake in oven: traditional braided bread; recipes. Testing and presenting the oven jointly with members of the S.G.P. Telecottages and IKSZT .
Lunch from the oven. Closing discussions

Workshop Organiser: Pusztaföldvárért Kiemelten Közhasznú Egyesület

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Workshop Reference number: 2012-1-HU1-GRU13-07143

Venue: Nagykovácsi

Date of the Workshop: 14/04/2013 - 22/04/2013

Playing Tales and Telling Plays

Subject area: Learning opportunities for people at risk of social marginalisation
Second chance education
Strategies for stimulating demand for learning

Working language(s): EN

Target Group + Translation:

Tales and plays are our common language that links us to our children on one hand, and different peoples of Europe on the other. We strongly hope participants in the workshop will experience this connection. Tales and plays are tools for learning for children and adults as well. Expected number of participants: 20 people from the European Union countries + 4 Hungarians

Preferred applicants:

- Young volunteers who were drop-outs for any reason. They are often unemployed, and volunteering means the first work experience for them. Lack of experiences makes it problematic for them to deal with their child. They may face difficulties even when playing.
- First generation migrants/refugees
- Unemployed women (aged 35-50) with multiple children and outdated education which put them at a disadvantage, and results in social exclusion. However, they may get considerably reinforced by learning experiences in an international team.
- Volunteers over 50 and/or unemployed for a long period of time.

Main activities Programme + Programme translation:

Let us take a 7-day excursion to the world of tales and plays. Since these two significantly correlate, we will examine how tales can be played and plays can be told.

- Theory: Lectures generating discussions are planned on the history, role and importance of tales and plays in our life. Outstanding experts will help us to collect views and examples in small groups.
- Practical application: All kinds of plays and games (children plays, plays developing competences), children and adult community games (self-knowledge, communication, team-building) community fantasy and board games, etc. will be tried in practice.
- In the daily creative activities we will use several techniques to prepare necessary tools to play out tales and our own plays that can be taken home in our box of treasures.
- We will discover how we can take advantage of social media to tell stories.
- We will go for a fabulous stroll full of puzzles in Budapest and visit the Szórákaténusz Toy Museum and Workshop in Kecskemét

Workshop Organiser: Otthon Segítünk Alapítvány

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Workshop Reference number: 2012-1-HU1-GRU13-07146

Venue: Leányfalu

Date of the Workshop: 07/07/2013 - 13/07/2013

Reviving the Fun of Learning (Music) for our Families - supporting the human potential in ourselves and our children

Subject area: Family / parent education
Strategies for stimulating demand for learning
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

For parents and grandparents, especially those without higher education. We invite you to a special week in Hungary, where parents can learn about how to best support their children's learning and study path, within or outside the former educational system. The workshop can host 18 participants, most of whom are parents without higher education.

Main activities Programme + Programme translation:

During the week, afternoons will be devoted to rediscovering the fun of learning for parents (and their children), through participating at workshops where they have the opportunity to learn music and to play an instrument through the learner-centered methods. This way parents will have a first hand experience of what supports and what does not support (their) learning.

These experiences then will be reflected upon and worked with in the Parents' Workshops of the mornings, where participants will learn further facts about different aspects of learning, based on the most recent research in brain science and psychology.

Parents' Workshops will also provide a space for getting to know principles and tools of the Parenting by Connection approach as well as certain communication tools which are proven to enable parents to successfully support their children on their learning path, to motivate them, to help them handle frustration, to make them resilient in face of failure and help them keep the inner drive for learning that is an inborn quality of all human beings.

Workshop Organiser: Szelíd Szavakkal Alapítvány

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Dance into your life / See life through dance - Let's get moving!

Subject area: Learning opportunities for people at risk of social marginalisation
Second chance education
Strategies for stimulating demand for learning

Working language(s): EN

Target Group + Translation:

See life through dance and get moving with it! Our workshop offers an opportunity, support and tools, in order to look on our lives from a different perspective. Not only look at it, but dive into the world of new and primary experiences! While this can change our images of ourselves, of others and the world, it also revitalises us and gives energy to carry changes through, by its adventurous nature. To reach this, we use a holistic approach and multimodal methodology that is based on the tools and methods of Integrative Expression and Dance Therapy, enabling us to work with a colourful variety of expressive art techniques, such as dance, painting, music and theatre.

Our aim is to provide participants an experience of wholeness and of a complete life, by accepting our various limitations and at the same time overcoming them.

The target group of our workshop is adults over 30 who are unemployed and/or don't have any kind of higher education. We expect participants who are open to new experiences, personal development, moving together, work in group processes and willing to experience the meeting of cultures and views. No previous dance knowledge/experience is necessary. In our understanding every such movement that is self-expression by the body considered to be dance and as such the born capability of every human being.

Main activities Programme + Programme translation:

We intended to create a program that makes it possible to experience as many things as possible for our participants and we are going for the integration of all channels of perception and for the use of most colourful toolset of expression. The whole process moves from body awareness through the discovery of own movements towards the authentic moving patterns and self-expression. Paralelly we will experience the connection to each other, the world of touching and the living of fullness of the self in a group context.

Main themes of the days:

1. day: Forming of the group - Me and the Group
2. day: Body awareness work - Me and my Body
3. day: Body memory - Me and my Life
4. day: Authentic movements - Me in the Present
5. day: Relationships - Me and my Connections
6. day: Communication, self-expression - Me and the World
7. day: Living our fulfilment - My Dance
8. day: Planning and implementation - Project work
9. day: Steps leading to the goal - Presenting and evaluating the project
10. day: Integration, drawing conclusions, closing

Workshop Organiser:

Élményakadémia Közhasznú Egyesület

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Workshop Reference number: 2012-1-IE1-GRU13-04927

Venue: Lord Bagenal Hotel, Leighlinbridge, Co Carlow

Date of the Workshop: 11/02/2013 - 18/02/2013

Diverse Citizenship: Exploring the relationship between citizenship, adult learning, equality and diversity.

Subject area: Active citizenship
 Fight against racism and xenophobia
 Gender issues, equal opportunities

Working language(s): EN

Target Group + Translation:

Adult learners from diverse identity groups.

Main activities Programme + Programme translation:

Roots Reel Films have extensive experience of facilitating workshops with a diversity of adult learners around Equality, Racism and Anti-Racism, Interculturalism and Social Inclusion over the past decade. The organisation also has a history of designing and developing workshops aimed at awareness raising. The methodological approach is participant centred and rely on a wide range of participatory methods using film/documentary, role play, group discussion and group activities. The objective is to create tangible outcomes and appropriate collective action initiatives. This Workshop will include themed sessions, training and participatory learning activities. The Workshop aims to: explore the relationship between citizenship and diversity from the perspective of adult learners and to share highlight and document examples of citizen activism based on adult learning; provide an opportunity for dialogue and discussion around adult learning, citizenship and diversity and create a forum for learning about the relationship between citizen engagement, civil society and adult learning.

Day 1: Arrival - induction to the workshop, getting to know participants overview and icebreakers.

Day 2: Developing a creative input. Supporting participants to work co-operatively to share their own knowledge and experiences (considering the relationship between citizenship, adult learning, equality and diversity).

Day3: Video Techniques: Using Video to support adult learners' empowerment and conscientisation.

Day 4: Culture and Diversity: Identity Activism and Social Change.

Day5: Adult learning and Dialogue: Promoting Dialogue to raise awareness: Themes and Topics: Gender, race and class. Equality theory and perspectives; opportunities, conditions and outcomes.

Day 6: Participant input: participants use their learning and experience to create and contribute to a shared learning session. Making it Real- Tangible outcomes, recommendations for future action and activities.

Workshop Organiser:

Roots Reel Films

Contact details:

Augha, Nurney
Co Carlow Nurney
IE-IRELAND

Tel: 00353 87 1259449
00 353 87 7713099

E-mail: rootsreelfilms@gmail.com

www.rootsreelfilms.com

Workshop Reference number: 2012-1-IT2-GRU13-37366

Venue: Zagarolo (Rome)

Date of the Workshop: 07/02/2013 - 17/02/2013

What a Waste! Recycle for Change

Subject area: New technologies, ICT
Environment / sustainable development
Consumer education

Working language(s): EN

Target Group + Translation:

Social and environmental sustainability and new educational opportunities for adults from different European countries, with particular attention to the strengthening of technical and managerial skills related to the recovery, reuse and enhancement of computer considered obsolete and digital divide reduction. Group(s) Target: adults and European citizens, active in the local community and urban contexts, active volunteers interested in social initiatives to develop recovery and reuse of computers initiatives. Number of participants: 19

Expected results (especially in terms of learning for participants): Participants will acquire new skills and techniques to be used in cross-project management and sustainability initiatives related to ICT. Acquisition of new skills, both manual and scientific, related to the operation of computer and new skills to manage online tools. Practical information (including information on living arrangements of participants): The international participants will arrive at the Rome railway station, from which we will arrange two meeting points using a 9-seater van rented for the duration of the course..

Main activities Programme + Programme translation:

Meetings, group discussions and presentation of case studies to discuss the different types of consumption of technology, management analysis of the phases of the recovery of computers, exchange of experiences and evaluation of potential exportability; technical workshops: how to organize a Community factory as project for promotion and awareness campaigns; recovery and reuse as computers, how to spread the know-how; social activity done to face digital divide. The group will be housed at the non-profit hostel in Zagarolo (Rome), "Wiki Hostel". Hostel will also host the different sessions of the workshop: for those relating to manual training, classrooms will be used, while for group discussions and thematic workshops we will use the common areas within the facility

Workshop Organiser: Binario Etico Società Cooperativa a r.l.

Contact details: Via del Forte Tiburtino, 98/100
159 Rome
IT-ITALY
E-mail: info@binarioetico.org
www.binarioetico.org

Workshop Reference number: 2012-1-IT2-GRU13-37397

Venue: Sulmona

Date of the Workshop: 20/03/2013 - 28/03/2013

European Social TurISM

Subject area: Cultural heritage
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

The target group is composed by 18 Europeans adults employed/unemployed who will develop knowledge of communication, social tourism, citizenship and European dimension, cultural heritage through education activities do not formal and informal, especially using techniques of gaming simulation to create more active participation and cooperation in team spirit that is essential in the work context.

Main activities Programme + Programme translation:

The project aims to train the operators, from any European countries with strong tourism potential, that can offer to their customers' travel social making it possible to bring together young and old in an environment of cooperation and socialization. All activities will be conducted in English and at the end of the workshop will produce a profile on a social network for all professionals who have attended or are interested to create a network of sites that facilitate social tourism Europe.

Participants will be involved in simulation played on the following topics:

- Environment and Territorial Protection
- Anthropology and Geography in tourism
- Destination Management
- Awareness and responsibilities of social tourism

Participants will stay in the center of town near the room where most activities take place. During the week the participants will also enjoy typical Abruzzo food culture through varied traditional menus. We will pay attention to any special dietary requirements that they intend to follow a special diet (intolerance, allergies, religious traditions).

Workshop Organiser:

MC Project di Biasotto Martina & C. Snc

Contact details:

via Ettore Troilo, 11
67039 Sulmona
IT-ITALY
E-mail: info@mc-project.eu
www.mc-project.eu

Workshop Reference number: 2012-1-IT2-GRU13-37512

Venue: NAPOLI

Date of the Workshop: 07/05/2013 - 13/05/2013

SFIZZICARIELLO

Subject area: Social integration / exclusion
Learning opportunities for people at risk of social marginalisation
Regional identity

Working language(s): IT

Target Group + Translation:

Cooking and theatre workshops; welcome opening, the visit of the cooperative SFIZZICARIELLO restaurant. Cooking classes, lessons of theatre and testing of, comparing experiences, food tasting of the region Campania.

Expected outputs (especially in terms of the learning outcomes for the participants) Learn how to cook some recipes, learn how to act on stage, insecurities due to exceed the comparison with the public as will confront customers of restaurant SFIZZICARIELLO.

Main activities Programme + Programme translation:

Expected outputs (especially in terms of the learning outcomes for the participants)

LEARN HOW TO COOK SOME RECIPES, LEARN HOW TO ACT, INSECURITIES DUE TO EXCEED THE COMPARISON WITH THE PUBLIC AS WILL CONFRONT CUSTOMERS OF RESTAURANT SFIZZICARIELLO

Practical arrangements (including detailed information on the accommodation)

Workshop Organiser: Arte Musicae Caffè' Società Cooperativa Sociale

Contact details: VIA ANTONIO MANCINI 30
80127 NAPOLI
IT-ITALY
E-mail: info@artemusicaecaffè.com
www.artemusicaecaffè.com

Italian architecture & Photography tactile

Subject area: Addressing target groups with special needs
Artistic education, also including Arts and Crafts and Music
Learning opportunities for people at risk of social marginalisation

Working language(s): IT

Target Group + Translation:

1. Realizzazione di laboratori fotografici condotti con i non vedenti, gli ipovedenti e i normodotati al fine di introdurre la metodologia teorica e pratica di composizione fotografica e stampa su supporti tattili.
2. Visita al museo Tattile di Pittura Antica e Moderna Anteros e dell'Istituto Cavazza che ospita il museo.
3. Viaggio attraverso le bellezze architettoniche di Bologna e realizzazione di un reportage fotografico guidato.
4. Elaborazione digitale e tridimensionale delle fotografie con percorso tattile di esplorazione.
5. Allestimento di una mostra fotografica su supporti tattili e digitali, presso l'Istituto per non vedenti "Cavazza" con il materiale realizzato durante il workshop.
6. Conferenza con i maggiori esponenti delle associazioni per i non vedenti in apertura della mostra, evento visibile in streaming live.

Expected learning outcomes for the participants:

1. I discenti si avvicinano al mondo della fotografia affiancati da uno nuovo metodo di apprendimento specifico per i non vedenti e ipovedenti alcune delle fotografie saranno sviluppate su stampa tridimensionale.
 2. I discenti si avvicinano al mondo dell'architettura Italiana attraverso le traduzioni tridimensionali e fotografiche di forme architettoniche tipiche di Bologna, per i non vedenti sarà una opportunità per conoscitive e "vedere" l'arte attraverso il tatto.
 3. I discenti normovedenti hanno l'opportunità di imparare metodi di applicazione della fotografia tattile per non vedenti.
 4. I discenti si mettono alla prova attivamente, si confrontano con altre persone svantaggiate, documentano la loro condizione secondo il loro particolarissimo "punto di vista".
 5. I discenti realizzano un'opera di valore per la comunità e questo rafforza il loro senso di inclusione sociale, la loro autostima, gli dà la possibilità di intrecciare nuove relazioni.
-
1. Realization of photo labs conducted with the visually impaired and able bodied in order to introduce the basic knowledge and practice of photographic composition and printing of tactile media.
 2. Visit to the Tactile Museum of Ancient and Modern Painting and Anteros Cavazza Institute that houses the museum.
 3. Guided journey through the beautiful architecture of Bologna with emphasis on production of a photographic reportage
 4. Digital and three-dimensional processing of photographs with tactile exploration

5. Setting up a photo exhibition on tactile and digital media at the Institute for the Blind "Cavazza" with the material produced during the workshop.
6. Conference with the leaders of associations for the blind at the opening of the exhibition, an event that will be streamed live

Main activities Programme + Programme translation:

Workshop Organiser:

Associazione di Promozione Sociale Creativi108

Contact details:

Via Frati 3
40019 Sant'Agata Bolognese
IT-ITALY
E-mail: creativi108@libero.it
www.creativi108.it

Workshop Reference number: 2012-1-IT2-GRU13-37350

Venue: Florence

Date of the Workshop: 12/05/2013 – 18/05/2013

Framing Florence: Photography as a bridge between times and cultures

Subject area: Artistic education, also including Arts and Crafts and Music
Other
Cultural heritage

Working language(s): EN

Target Group + Translation:

adults with a strong interest in photography and basic knowledges in this field. Preference given to over 50 years old women. Preference will be given to unemployed, less educated, people coming from rural ares, who have never been abroad.

Main activities Programme + Programme translation:

The workshop aims at visually exploring the city by following paths along which the coexistence of historical and modern elements are clearly visible. Concept: Each city necessarily reflects its history and its relationship with its inhabitants. Photography has a key role in visually exploring such relationship, giving an opportunity to investigate the liaison between man and the territory which he inhabits.

Lectures on digital photography and photo post-production (basic level) along with ICP lectures on the basic elements to realize a photo blog. Practice: street photography; photographic project concept development; excursions in various areas of the city of Florence; photo review, discussion, editing under TerraProject photographers supervision; daily uploading of the photo blog. Practical Arrangements: the participants will reach Florence by air. They will be accommodated in Florence, in close proximity to the workshop venue, where they will spend 6 nights. Lectures will take place in a classroom at Multiverso, in via del Campo d'Arrigo 42/r

Florence (<http://www.multiverso.biz/>) equipped with everything needed for the workshop activities. In this structure the participants will be also provided with full board service (lunch and dinner).

Workshop Organiser:

Associazione Culturale Fotografica TerraProject

Contact details:

via Fornace di Troghi, n 38/12
50067 Rignano sull'Arno (Firenze)
IT-ITALY
E-mail: info@terraproject.net
www.terraproject.net

Workshop Reference number: 2012-1-IT2-GRU13-37369

Venue: Venice Mestre

Date of the Workshop: 02/03/2013 - 10/03/2013

The E-Factor: Employability, Empoerment, Entrepreneurship and Europe

Subject area: Active citizenship

Methods to increase students motivation

European citizenship and European dimension

Working language(s): IT

Target Group + Translation:

The Workshop targets 20 participants (2 from the hosting country) who are unemployed or in very unstable working situations.

Main activities Programme + Programme translation:

Unemployment is one of the most relevant challenges in contemporary Europe and we believe that many efforts must be done in order to promote efficient employability strategies. E-Factor wants to be a step towards the inclusive growth by promoting a high-employment economy and active citizenship and investing in skills. Concretly, the project aims to provide unemployed persons a learning experience where they can increase their E-Factor, that mix of attitudes, skills and knowledge that increase the possibilities to become "employable".

The learning outcomes for the participants are: increased self-esteem and confidence through empowerment methods - improvement of Learning to Learn Key Competence, that is the base to be an independent learner and to be able to evaluate what learning path needs to be followed in order to get a certain objective - to get to know about self-employment and entrepreneurship through the development of their sense of initiative (key competence) - to improve their civic competence (key competence); to improve their ability to be able to participate in society and voice their concerns, ensure their rights and the rights of others - to be informed about the Mobility possibilities offered by the EU funds and about the chance to work in Europe. The Organisers will be in charge for the accommodation and travelling so that there will be no costs for participants. Participants will be accommodated in a single and/or double room hotel accessible to people with disabilities.

Workshop Organiser:

Eduforma srl

Contact details:

Via Regia 88

35030 Vigonza

IT-ITALY

E-mail: info@eduforma.it

www.eduforma.it

Workshop Reference number: 2012-1-IT2-GRU13-37358

Venue: Forlimpopoli (FC)

Date of the Workshop: 06/08/2013 - 11/08/2013

Playing Nyckelharpa: an orchestral experience between European folk music and contemporary compositions

Subject area: Cultural heritage

Artistic education, also including Arts and Crafts and Music
Pedagogy and didactics

Working language(s): EN

Target Group + Translation:

Musicians of different levels, in particular nyckelharpa players as well as composers writing contemporary music for nyckelharpa on a basis of folk music.

Main activities Programme + Programme translation:

The nyckelharpa is a bowed instrument with keys to change the pitch. One of the earliest depictions (1408) has been found in Siena, Italy. Since the Baroque period, the instrument was played only in the region of Uppland in Sweden as a folk instrument. In the 20th century, the nyckelharpa has been preserved from an impending final demise primarily by two exceptional Swedish musicians: August Bohlin (1877 - 1949), who improved the instrument technically to be played fully chromatically, and Eric Sahlström (1912 - 1986), who set an entirely new musical stimulus with an improved technique and many own compositions. Today, the nyckelharpa is played worldwide by a fast increasing number of musicians and in more and more musical styles. Outside Sweden, there is no traditional nyckelharpa repertoire. In the pan-European folk revival since the 70s, many musicians composed new tunes on traditional roots. Since Bartok and Kodaly, contemporary composers often rely on folk music of their countries. These different trends we will assemble in a verbal, medial and musical exchange about folk music in the respective home countries of the participants and contemporary compositions with their specific challenges of playing technique. We will contribute to a European repertoire for the nyckelharpa that does not neglect the roots but at the same time points a musical way for the future. The results of the musical work will be presented in a concert during which the media will be invited to report.

Participants are expected to contribute obligingly and enthusiastically whilst the workshop, as well as to achieve well-defined and manageable tasks as regards preparing and follow-up. The organizer selects the participants on the basis of criteria so that a productive working relationship appears to be possible.

Workshop Organiser:

Associazione Culturale Scuola di Musica Popolare

Contact details:

Piazza Fratti, 2
47034 FORLIMPOPOLI
IT-ITALY
E-mail: info@musicapopolare.net
<http://www.musicapopolare.net>

Workshop Reference number: 2012-1-IT2-GRU13-37427

Venue: Comprensorio del Cuoio – Regione Toscana - Italy

Date of the Workshop: 03/03/2013 – 09/03/2013

Becoming protagonists of "tannery life"

Subject area: Artistic education, also including Arts and Crafts and Music
Environment / sustainable development
Foreign language teaching and learning

Working language(s): IT

Target Group + Translation:

Main activities Programme + Programme translation:

The activities that the participants will carry out together or in small groups are aimed at introducing and acquiring knowledge on the reality of the leather district, the phases of its development, the relationship between environment and territory and how tradition and innovation coexist. Participants will be able to experience daily working tasks, becoming protagonists of "tannery life and work" and use traditional techniques and tools for the creation of small handicraft accessories. For their realization various types of finished scraps and remnant leather will be used.

Creative laboratories, guided visits, meetings with experts and teachers, hand-work, comparison and exchange of information on the productive activities of their own territory are on the programme. The production of video podcast tutorial will enhance participants' basic skills on ICT.

San Miniato town hall will provide rooms/space for meetings and conferences, and the large hall "Sala del Bastione" for the creative laboratories, equipped of all necessary tools and reachable on foot.

Participants will stay in the historical centre of San Miniato. Space for thematic and informal meetings, computers workstations with internet access for the realization of podcast, videos and blog updating are available. (www.hotelsanminiato.com)

The conference centre that is housed in a wonderful 16th century church, supplied with modern technologies is also at full disposal.

Workshop Organiser:

Comune di San Miniato

Contact details:

Via Vittime del Duomo, 8

56028 San Miniato

IT-ITALY

E-mail: segreteria@comune.san-miniato.pi.it

<http://www.comune.san-miniato.pi.it/>

Workshop Reference number: 2012-1-IT2-GRU13-37476

Venue: La Spezia

Date of the Workshop: 28/02/2013 – 09/03/2013

Migrants and Roma Inclusion

Subject area: Social integration / exclusion

Education of specific target groups: (occupational travellers, migrants, travellers, Roma)
Volunteering

Working language(s): IT

Target Group + Translation:

Adults active in volunteer organizations from new EU Member States: Bulgaria, Romania, Slovakia, Hungary and also from Turkey, wishing to improve their skills for initiating projects for social inclusion. Priority will be given to Roma, people discriminated for their ethnical origins; people from disadvantaged areas from a geographical or economic point of view.

Main activities Programme + Programme translation:

Ethnic minorities, and in particular Roma people, continue to face social exclusion and discrimination throughout Europe especially in education, housing and social welfare. Civil society organizations have an important role in developing and implementing strategies for inclusion. They will learn from Cooperativa LINDBERGH's experience in the field of social inclusion of migrants and Roma through training, counseling, job and house search assistance.

We will focus on the fundamental rights of people socially excluded and mobilize support to help them integrate in the communities they live in. Volunteers will present examples of good practices involving different stakeholders, local and regional authorities, schools and NGOs. Methods of non formal learning: group work, role playing, study visits, demonstrations, meetings and discussions, encouraging active participation and learning outcomes. Participants will improve their competences in developing initiatives for social inclusion of migrants and Roma through mobilizing community resources. They will learn about EU policies for inclusive growth and the possibility to access EU funding for social inclusion projects. Participants will reflect on respect for human rights, inclusive growth, common European values, thus contributing to the development of an active European citizenship. They will learn about the other participants' cultures. Practical support to participants including interpretation if needed is provided. A cultural program and sport activities will be organized to give participants opportunities to learn about Italian culture and in particular the Liguria region culture, to socialize and establish partnerships that will continue after the project. MIR is the acronym of the project, but also a word that in many East European languages means "peace", which adds a symbolic meaning to the title. It will be used in publicising the project and project results. A brochure, DVD, and web site will be produced to disseminate project results through the participants' organizations and their regional and national networks.

Workshop Organiser:

COOPERATIVA SOCIALE LINDBERGH

Contact details:

VIA XXIV MAGGIO 351

19125 LA SPEZIA

IT-ITALY

E-mail: info@cooperativalingbergh.it

www.cooperativalingbergh.it

Workshop Reference number: 2012-1-IT2-GRU13-37356

Venue: Campofornido (UD)

Date of the Workshop: 22/04/2013 - 26/04/2013

Word Around Word

Subject area: Addressing target groups with special needs
Inclusive approaches
Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

15 disables + 5 operators

Main activities Programme + Programme translation:

This workshop, through a sinergic integration of various workshops where non verbal communication becomes a strength point in an European dimension, wants to contribute to the socialization and the competence acquisition of people suffering from mental disability. The intent is to offer, through the art form in all its aspects, the communication structures that can be integrated to the existing ones, to allow everyone to reach a wide, conscious and usefull network of social relations.

Workshops provided: music: selection and listening of traditional rithms and melodies of the participant countries.

Theatre: the gestures through the use of the glance, body movements, hands and mimic in general.

Hhandcraft: production of artifacts utilizing poor materials and different techniques.

Computer: guided and safe approach to the Web global relation.

Cooking: guided preparation of lunch, considering the existing traditions of the participants countries.

Workshop Organiser: Università Senza Età Città del Trattato

Contact details: via Stretta,5
33030 Campofornido (Ud)
IT-ITALY
E-mail: universitasenzaeta@yahoo.it
www.usecampofornido.it

Workshop Reference number: 2012-1-LT1-GRU13-07477

Venue: Rumšiškės

Date of the Workshop: 22/07/2013 - 28/07/2013

Sign of the Earth

Subject area: Artistic education, also including Arts and Crafts and Music
Environment / sustainable development
Health education

Working language(s): EN

Target Group + Translation:

People interested in the natural environment of the Lithuania's nature and with interest in artistic activities and use of nature's supply for everyday life (colouring fabrics with natural paints)

Main activities Programme + Programme translation:

Theoretical seminar about Lithuania's healthy herbs traditional SPA procedures 3. Theoretical seminar about natural paints made from herbs 4. Collection and preparation of herbs for Lithuanian traditional bath 5. Colouring of fabrics with natural paints 6. Participation in the national St. Ann day fair at the museum.

22/07/2013 Arrival day; International dinner; Accessing games

23/07/2013 Theoretical part of the day about healing herbs. Theoretical part about colouring herbs
Tour around living place with tutorial for collecting healing and colouring herbs

24/07/2012 Morning tea from collected herbs; Active questionnaire about the tools used in traditional Lithuanian house for making food (going around the museum).

25/07/2012 Practical seminar about using herbs in Lithuanian bath (herbs for inhalation and tea, making bath brooms, woollen caps, how to make peeling, massage). Evening bath.

26/07/2012 Practical seminar: preparation natural paint for painting; painting of fabrics

27/07/2012 Event – "stamp of the earth" (colouring of one big sheet of cotton with natural paints and iron)

28/07/2012 Practical part – preparation of exhibition in Ethnographical museum during St. Ann day fair; participating in the fair with healing herbs and coloured fabrics.

29/07/2012 Participation in St. Ann fair; evaluation of the workshop; departure.

Workshop Organiser: VSI „Menassau“

Contact details: J. Basanavičiaus g. 16/5
1118 Vilnius
LT-LITHUANIA
Tel.: 868659736
E-mail: menassau@gmail.com
www.menassau.lt

Workshop Reference number: 2012-1-LT1-GRU13-07595

Venue: Andrioniškis

Date of the Workshop: 03/06/2013 - 12/06/2013

Recharge yourself

Subject area: Career guidance & counselling
Reinforcing links between education and working life
Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

- 35-55 year old adults
- Unemployed or tired from their job and suffering from burn-out syndrome
- Those who want to change their working profile
- Eager to learn and looking for creativity in themselves
- Adults who are searching for something new in their lives
- Adults who have appropriate skills to communicate in English at a basic level.

Main activities Programme + Programme translation:

Basic principles: experiential learning, holistic approach to education, existential worldview. Experiential methods: low ropes, contact improvisation, survival hike, kayaking, geocaching. Reflection methods: art therapy, psychodrama, reflections. Theoretical presentations with discussions about: introduction to experiential learning method; looking at your life from E.Erikson's psychosocial crisis live cycle model (the eight stages of human development) with emphasis on the mid-adult crisis stage; stress management; waking up creativity; the role of existential givens (freedom, responsibility, time, anxiety, meaning) in life decision making.

Workshop Organiser: Public youth organization "Lentvaris park renaissance"

Contact details: Klevų al. 61-3
25108 Lentvaris, Trakų r.
LT-LITHUANIA
E-mail: rechargeyourself@lrp-lt.org
www.lpr-lt.org

Workshop Reference number: 2012-1-LU1-GRU13-00893

Venue: Luxembourg City

Date of the Workshop: 03/03/2012 - 09/03/2012

Europe Without Barriers!

Subject area: Addressing target groups with special needs
Artistic education, also including Arts and Crafts and Music
Inclusive approaches

Working language(s): EN

Target Group + Translation:

Adult learners with various disabilities (e.g. wheelchair users, deaf participants, with light mental disabilities, etc.) and other adult learners interested in the culture of disabled people and willing to learn how to communicate with disabled people

Main activities Programme + Programme translation:

The Workshop “Europe Without Barriers” will bring together participants with various disabilities (wheelchair users, deaf participants, with light mental disabilities, etc.) as well as adult learners without disabilities. It is an integrative Workshop that will enable all participants to get to know more about the world of the others. The Workshop will use creative and artistic methods of non-formal education. Participants will play theatre, write poetry and participate in dance, music or photo workshops. They will experiment with various techniques of cultural expression. Together they will prepare a cultural performance that will be presented to the local community in Luxembourg at the end of the Workshop. The creative activities will be complemented by visits to a centre for disabled people, discussions about the situation of disabled citizens in Luxembourg and other European countries and workshops to plan possible future projects.

Workshop Organiser: Inter-Actions asbl

Contact details: 9, route de Thionville
L-2611 Luxembourg
LU-LUXEMBOURG
E-mail: Inter-actions@inter-actions.lu
www.inter-actions.lu

Workshop Reference number: 2012-1-LU1-GRU13-00889

Venue: Luxembourg-City

Date of the Workshop: 09/05/2013 - 14/05/2013

Municipalities enabling the citizens

Subject area: Addressing target groups with special needs
Environment / sustainable development
Inclusive approaches

Working language(s): EN

Target Group + Translation:

Citizens with reduced mobility and/or their representatives

Main activities Programme + Programme translation:

Many recent legal initiatives insist on the importance of “user involvement” in decision making. Especially people with mobility reductions due to disability, age, illness or any other reason - respectively people representing them and/or being in touch with them - express their willingness to be involved in decision making processes. Yet they often do not have the appropriate background knowledge needed for taking influence. The workshop's central object will be the concrete involvement of people with reduced mobility and/or their representatives in planning and decision making processes at municipal level. Each of the 5 workshop days will be divided into 2 kinds of activities: a) visits of particular “targets” in the City of Luxembourg and b) discussion and exchange of opinions on what has been observed and how this particular topic is handled in the countries where the participants live.

Workshop Organiser:

Info-Handicap – Centre National d’Information et de Rencontre du Handicap

Contact details:

Avenue de la gare, 65
L-1611 Luxembourg
LU-LUXEMBOURG
E-mail: info@iha.lu
www.info-handicap.lu

Workshop Reference number: 2012-1-LV1-GRU13-03696

Venue: Jēkabpils

Date of the Workshop: 04/03/2013 - 08/03/2013

Stiprinot sociālo taisnīgumu

Subject area: Active citizenship

Addressing target groups with special needs

Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Pieaugušo apmācību vadītāji, vietējās sabiedrības, nevalstisko organizāciju aktīvisti, vecāki, pedagogi, sociālie darbinieki, jebkurš aktīvs pilsonis.

Teachers and trainers in adult education, community and NGO leaders, parents, teachers, social workers, every active citizen.

Main activities Programme + Programme translation:

Darbnīca ir veidota, lai veicinātu izpratni un cieņu pret daudzveidību, un mudinātu dalībniekus palūkoties uz situāciju savā vietējā sabiedrībā caur iekļaujošas sabiedrības un sociālā taisnīguma prizmu. Darbnīcas mērķi ir, izmantojot interaktīvas apmācību metodes, veicināt dalībnieku izpratni par sociālā taisnīguma nozīmi pilsoniskas un iekļaujošas sabiedrības stiprināšanā, un apgūt prasmes, kas iedrošinātu Darbnīcas dalībniekus aktīvāk rīkoties savās vietējās sabiedrībās, lai iestātos pret netaisnību un veicinātu sociālo taisnīgumu un iekļaušanu. Darbnīcas galvenās tēmas ir:

- Sociālais taisnīgums kā pamats iekļaujošas, demokrātiskas sabiedrības veidošanai,
- Atšķirīgā pieņemšana,
- Sociālo un pilsonisko prasmju attīstīšana taisnīguma un demokrātiskas, iekļaujošas sabiedrības ideju īstenošanai. Darbnīcas laikā dalībnieki ne tikai iegūs plašākas zināšanas un izpratni par sociālā taisnīguma, cilvēktiesību un demokrātiskas sabiedrības jutājumiem Eiropas kontekstā, bet arī attīstīs pilsoniskās prasmes, iegūs praktiskas iemaņas, apgūs stratēģijas un darbības soļus, kuras pielietojot, viņi spēs pārvērst savas idejas darbībās. Izmantojot dažādu metodiku un rosinot dalībniekus darboties valstu komandās, tiks izveidoti tālākas darbības plāni, kopīgai darbībai sociālā taisnīguma veicināšanā savā valstī.

Workshop is designed to promote understanding and respect for diversity, and encourage the participants to look at the situation in their communities through the prism of an inclusive society and social justice. The workshop aims to promote workshop participants' awareness of the role of social justice in the strengthening of civil and an inclusive society, by using interactive learning methods, and to learn skills that would encourage workshop participants to act more actively in their local communities against injustice and promote social inclusion. The main topics of the workshop are:

- Social justice as a basis for an inclusive, democratic society
- The acceptance of the diversity

- Development of the social and civil skills for implementation of ideas of social justice and an inclusive, democratic society.

Workshop Organiser: Biedrība "Izglītības iniciatīvu centrs"

Contact details: Rīgas iela 216b
LV-5202 Jēkabpils
LV-LATVIA
E-mail: info@iic.lv
www.iic.lv

Acquiring traditional music instrument playing skills for people with no preliminary experience

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
Intercultural education

Working language(s): EN

Target Group + Translation:

People with preliminary or no special knowledge of music, enthusiastic about learning traditional music, instrument playing skills and skills of ensemble music making. People interested in traditional culture, folklore and music.

Main activities Programme + Programme translation:

The workshop will provide a wide variety of practical and theoretical activities. Several workshops in small groups for practical skills will take place simultaneously, interchanging with group activities as well as other educational activities and intercultural experience.

The participants will acquire basic skills of playing one or more music instruments as well as skills of playing together in an ensemble, as well as knowledge of folk music in Europe and Latvia, the styles, sources and use, interpretation of traditional music and practical use. The participants will make several simple music instruments and will learn to use them.

- Individually supervised instrument playing workshops (participants will have to choose the instrument before the start of the workshop: fiddle, mandolin, *kokle* (traditional diatonic string music instrument in the Baltics), accord-zither, autoharp, tambourine);
- Playing in an ensemble, which develops playing skills and allows to practice notwithstanding the level of the participant's playing skill;
- Playing skills and folk music knowledge of the latest layer of the European folk music;
- Folk dances from Europe and the Baltics (as essential part of the folk music repertoire);
- Producing of simple musical instruments (traditional wind instruments made of natural materials) for expanding the comprehension of specifics of folk music;
- Contemporary interpretations of traditional music and possibilities of using it in the modern cultural environment;
- Traditional dance evening and meeting with a folk music group as well as performances of participants themselves at the end of the workshop will be organized to improve skills of folk instrument playing and music interpretation.

Workshop Organiser: Biedrība "Pārdaugavas tautas mūzikas biedrība" (NGO "Pārdaugava Folk Music Society")

Contact details: Ļermontova 3 - 3
LV-1002 Rīga
LV-LATVIA
Tel.: +371 67617643
E-mail: workshop@muzikanti.lv
www.muzikanti.lv

Workshop Reference number: 2012-1-LV1-GRU13-03707

Venue: Rīga and several regions of Latvia **Date of the Workshop:** 16/06/2013 - 23/06/2013

Ethnobotany - herbs, environment, human

Subject area: Environment / sustainable development
Health education
Natural Sciences

Working language(s): EN

Target Group + Translation:

Adult learners (not professionals) interested in environmental issues, plants, ecology, tourism and education. The participants with no prior experience can also take part in it.

Main activities Programme + Programme translation:

Ethnobotany is a branch of botany that studies plant and human relations. The aim of the workshop is to provide knowledge and better understanding of the plant, environment and human relations. The participants will obtain information about Latvian nature and vegetation. Training hikes in meadows, marshes and dunes will be offered. The staff of the Herbarium of the University of Latvia will provide training on preparation of a herbarium.

The experts of the branch will explain the issues of the use of plants for food, medicine and cosmetics. The participants will get acquainted in practice with the wild flora of the Gauja National Park, Engure Lake Nature Park and the Orchid trail.

Another topic covered during the workshop will be the healing properties of honey. The participants will also be able to extract plant paint for yarn and fabric processing. The participants will visit the Latvian Nature Museum, the National Botanical Garden and Ethnographic Open Air Museum. A guided excursion "Architecture of the Old Riga" will be organized.

The participants will gain knowledge about ethnobotany and use of plants for food, cosmetics and medicine. The understanding of how this knowledge can be applied in the context of the participants' countries will be facilitated.

Workshop Organiser: Biedrība NVO „Ozols” (NGO "Ozols")

Contact details: Stūrmaņu iela 5-16
1016, Riga
LV-LATVIA
Tel.: + 371 28354403
E-mail: nvo-ozols@inbox.lv
www.nvoozols.lv

Workshop Reference number: 2012-1-LV1-GRU13-03672

Venue: Tukums district, Ķemeri National Park

Date of the Workshop: 12/06/2013 - 22/06/2013

Basics and methods for the archeological research and interpretation of cultural and historical heritage

Subject area: Cultural heritage

History and social science

Regional identity

Working language(s): EN

Target Group + Translation:

Expected participants are enthusiasts of local culture life and research of history of their local communities. Professional knowledge or skills in the subject of the workshop are not required. Basic communication skills. Participants must be able to carry out accurate physical work with their hands. The expected participant is creative and motivated to develop personal abilities, learn new methods and gain experience in order to polish the image of the local community through research and popularization of its identity.

Main activities Programme + Programme translation:

The workshop will provide knowledge on archeological research of cultural and historical heritage and synthesis of newly discovered information and artifacts with already known historical facts and legends in order to create a message establishing a strong local identity. The participants will learn basic skills of archeological research and protection of cultural and historical heritage in accordance with the principles of modern archeology.

Practical tasks will include research on a site of an old household in a region with rich and diverse history and learning basic practical archeological skills. In addition participants will learn how to incorporate research findings into the framework of local history.

Theoretical part includes lectures about the process and techniques of archeological research and site preservation, the history of the site, methods of construction and running households in Latvia. Participants will be asked to share their knowledge about similar objects in their local communities on voluntary basis.

Workshop Organiser: SIA „Ķemeru takas”

Contact details: Cēsu iela 29
LV4201 Valmiera
LV-LATVIA
Phone.: +371 2 9239273
E-mail: liga2410@inbox.lv
www.takas.lv

Workshop Reference number: 2012-1-NL1-GRU13-09128

Venue: Huissen

Date of the Workshop: 18/03/2013 - 22/03/2013

Volunteering seen as adult education.

Subject area: Assessment, certification, valuing learning
Recognition of non-formal and informal learning
Volunteering

Working language(s): EN

Target Group + Translation:

Adult volunteers of all ages and background are welcome.

Main activities Programme + Programme translation:

Day 1 Arrival. Introduction of the programme, introduction and expectations of participants and staff, reflection on own learning process, working with learning diary

Day 2 What is recognition? What is non formal learning? Introduction of terms, background information about European programs and policies, transfer to own learning environment as volunteer

Day 3 Recognition on personal level: what are my competences, how can I describe the competences, why would I like to have external recognition, how to get external recognition.

Day 4 Recognition on the level of the organization: what can my organization do to support the recognition of my learning outcomes

Day 5 Overview of existing tools. Evaluation and dissemination. Departure.

Workshop Organiser: Stichting Edos

Contact details: Rijplaan 23
6681 EG Bommel
NL-NETHERLANDS
E-mail: post@edosfoundation.com
www.edosfoundation.com

Workshop Reference number: 2012-1-NL1-GRU13-08989

Venue: Leiden

Date of the Workshop: 07/04/2013 - 13/04/2013

International Child Development Initiatives (ICDI)

Subject area: Family / parent education
Pedagogy and didactics
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adult volunteers (for example: parents and teachers active in Parents Teachers Associations, or members of Foster Care Parents Networks, or people in Neighbourhood Support Groups, and so forth)

Main activities Programme + Programme translation:

The workshop will have two main components: on the one hand, working group sessions will enable participants to explore non formal education tools and methods and will support them in designing innovative activities and interventions; on the other hand, "learning by doing and by seeing" will have a central role thanks to the field visits to projects where the use of the 'anti-dotes to violence' approach can be experienced.

Workshop Organiser: Stichting International Child Development Initiatives (ICDI)

Contact details: Hooglandse Kerkgracht 17F
0 Leiden
NL-NETHERLANDS
Tel.: 071-5127420

Fax: 071-5127432
E-mail: icdi@icdi.nl
www.icdi.nl

Workshop Reference number: 2012-1-NL1-GRU13-09140

Venue: Enschede

Date of the Workshop: 04/04/2013 - 08/04/2013

The Transformation of Traditional Migrant Music in Europe: The example of Assyrian/Syriac Music

Subject area: Cultural heritage

Artistic education, also including Arts and Crafts and Music

Learning opportunities for people at risk of social marginalisation

Working language(s): EN

Target Group + Translation:

Adult learners who are interested in Assyrian/Syriac music, unprofessional musicians, Lyric writers and singers. The group which will benefit from the workshop in the first place are the participants (direct group). We aim at a selection of different age groups (but all above the age of 18) of people who are interested in Assyrian/Syriac music or who produce music at a non-professional level; these can be singers, lyric writers and musicians. We will both advertise the workshops in various media and approach individuals whom we assume that they are of value to apply to the workshop. The final selection will be based on the combination of all the people who applied in order to be able to organize an interesting group of people in the sense that participants can cooperate effectively and reach interesting results. Indirectly, other Assyrians/Syriacs in the field of music will benefit because of future influence with the newly produced music by the group that attended the workshop. We assume this because of the high level of influence at community level. With the expected increase of the quality of music we also hope that younger generations of Assyrians/Syriacs will become more interested in modern expressions of music and culture in general and that their future participation in this field will increase. At a different level, we hope that indirectly the broader European audience will benefit in the future from this first workshop. Namely through individual singers and musicians who will be able to reach out to a broader audience at European level due to the quality of their music and due to cooperation with other European based artists.

Main activities Programme + Programme translation:

This workshop aims to discuss the main problems and challenges of contemporary Assyrian/Syriac music and provide a learning platform for people who are interested in the innovation of Assyrian/Syriac music in Europe. Furthermore, it aims to increase the quality of the music produced by Assyrian/Syriac musicians in Europe and to professionalize it in order to be able to reach out to a broader audience. The main activities of the workshop consist of lectures in the morning sessions about the ancient and contemporary church and secular Assyrian/Syriac music. In the lectures, the focus will remain on the production of modern secular Assyrian/Syriac music in Europe. In addition, as a matter of exercise, in the afternoon sessions participants will be working in small groups on the production of songs in order to get acquainted with the rich history of this music and the diversity of opportunities to work with it. In the evening sessions, participants will improvise music and discuss the outcomes of the working groups, both in relation to cooperation in the production of songs and the quality of the songs itself. Furthermore, special attention will be paid to the specific problems and challenges of the transformation of traditional Assyrian/Syriac music in

the European diaspora. In our study visits we will be cooperating with local Dutch professional musicians.

Workshop Organiser: Stichting Inanna Foundation

Contact details: Duivelshofhoek 23
7546 BK Enschede
NL-NETHERLANDS
Tel.:
E-mail: inanna@inannafoundation.org
www.inaanafoundation.org

Workshop Reference number: 2012-1-NL1-GRU13-09177

Venue: Alkmaar

Date of the Workshop: 22/04/2013 - 26/04/2013

Food in the City 2012 - Aquaponics and More

Subject area: Learning opportunities for people at risk of social marginalisation
Environment / sustainable development
Volunteering

Working language(s): EN

Target Group + Translation:

Adult learners, volunteers, social workers. 1. Individuals who want to grow fish and vegetables for their own use, for economical, ecological or health reasons; 2. Social entrepreneurs who want to start growing food in their urban or rural environments; 3. Social workers who want to introduce Urban Farming programs in their communities for social cohesion, integration of minority groups or educational purposes; 4. Members of associations active in a wide range of fields, both social and economic; 5. Volunteer workers at different kinds of organizations; 6. Workers at institutions like prisons who want to embed Urban Farming in their daily activities program. Selection will be based on: - the potential impact that a participant may have in regard to starting initiatives in his or her community; - the country of origin of the applicant; the objective is to have as many countries involved as possible; - the professional background of the applicants; the objective is to have people from different sectors taking part in the Workshop.

Main activities Programme + Programme translation:

- Introduction to “Food in the City”, different types of methodologies, technologies and applications in the field of Urban Farming; overview of different growing systems;
- How to organize an Urban Farming project, which partners are useful;
- How to promote a new Urban Farming initiative;
- What is Aquaponics (the simultaneous cultivation of fish and plants in a closed system) and how does it work;
- After harvest: then what?
- Environmental impact of innovative (Aquaponics) vs. traditional food production methods;
- How to build and maintain an Aquaponics system;
- Legislation on food production;
- How to create and maintain a network of stakeholders, i.e. food producers and food buying cooperatives, businesses, authorities, educational institutions, social workers and financial investors in order to establish viable, sustainable food systems;
- ‘Growing in the dark’: viable techniques to grow vegetables like mushrooms and chicory indoors without light;
- ‘Edible gardens’: how to grow vegetables and fruits in the house, on a balcony, in the garden and on empty plots in the neighborhood.

Workshop Organiser:

Stichting Youmanitas Energy Farm

Contact details:

Vorsterman van Ooyenstraat 35
2024 EG Haarlem
NL-NETHERLANDS
Tel.: 0031-20-8208309
0031-6-26533703
E-mail: gino.smit@gmail.com
www.youmanitas.nl

Workshop Reference number: 2012-1-PL1-GRU13-28480

Venue: Katowice

Date of the Workshop: 17/06/2013 - 22/06/2013

A Joy of Being Active. How to be an Assistant to Blind People in a Multicultural Context.

Subject area: Addressing target groups with special needs
Learning opportunities for people at risk of social marginalisation
Inclusive approaches

Working language(s): EN

Target Group + Translation:

Adults over 50 years of age including people with Asperger's syndrome (autism spectrum conditions) Workshop participants should have the following characteristics: Involved or interested in voluntary work in their local communities Contact with blind people Openness to disability issues and interest in assisting blind people Interest in activities which promote integration

Main activities Programme + Programme translation:

The Credo Foundation organises a workshop for people interested in providing personal assistance to blind people. The workshop should be enjoyable and fulfilling for participants and will use creative and innovative methods to ensure its success. The workshop will be based on practical sessions on the following topics:

- I. Abilities and attitudes: openness, understanding, acceptance and active citizenship.
 1. Active participation in local communities.
 2. Empathy
 3. Positive attitudes to volunteering
 4. Discovering your own abilities and strengths
- II. Work in pairs or small groups
 1. Group communication skills
 2. Communication with blind people
- III. Organising leisure activities for blind people
 1. Learning to get around a town or city: guiding blind people and teaching them new routes
 2. Guiding blind people in the mountains
 3. Showing blind people historic sites
 4. Nordic walking with a blind person
 5. Swimming with a blind person
 6. Riding a tandem
 7. Films for blind people and the role of audiodescription
- IV. The multicultural and international dimension to the workshop: developing a community without borders. The participants from different countries, will give a multicultural and international dimension. They will share and analyse their different experiences and perspectives on attitudes and treatment of disabled people in different countries.

Workshop Organiser:

Fundacja Credo

Contact details:

ul. Wojewódzka 29/8
40-026 Katowice
PL-POLAND
E-mail: credo@credo.org.pl
www.fundacja.credo.org.pl

Workshop Reference number: 2012-1-PL1-GRU13-28522

Venue: Katowice

Date of the Workshop: 01/07/2013 - 05/07/2013

Web 5.0+

Subject area: New technologies, ICT
Intergenerational learning / learning in later life / senior citizens
Social integration/exclusion

Working language(s): EN

Target Group + Translation:

Adults of 50+ male or female. English will be the working language. Employed, unemployed or retired (access to Internet should be equal for every EU citizen)

Main activities Programme + Programme translation:

A training room with computer stations fully equipped to conduct training sessions (projector, flip charts, etc..) will be at our disposal. We will conduct a survey examining the exact needs of the participants. If necessary the workshop will be split into two groups. During the meetings we are planning the following forms of activity:

Inclusion of participants - plays (3 hours)

Motivational training (exercise) (8h)

Introduction to the issues related to the Internet (Internet language, instant messaging, social networking sites, blogs and microblogs) (3h)

Communication skills (10h)

Use of the Internet - basic skills: use of browsers, setting up an e-mail, create and send a message with an attachment (attachment types) and receive mail. (3 h)

Introduction to social media - workshop on social platforms, setting up a profile, create groups of interests and community gathering -Copyrights (uploading music files, graphics, photos) - Netiquette Afternoons will be spent to look for interesting topics to publish on the Web - starting field.

Workshop Organiser: Ad Infinitum

Contact details: Sobieskiego 27
40-082 Katowice
PL-POLAND
E-mail: adinfinitum@wp.pl

Workshop Reference number: 2012-1-PL1-GRU13-28425

Venue: Krakow - Poland

Date of the Workshop: 13/05/2013 - 17/05/2013

Make friends with your own memory - workshop for seniors.

Subject area: Intergenerational learning / learning in later life / senior citizens

Working language(s): EN

Target Group + Translation:

Make friends with your own memory” – is a workshop addressed to senior citizens from all over Europe who are older than 55, have at least an intermediate command of English and the desire to use the workshop for their personal development.

Main activities Programme + Programme translation:

The workshop topic is learning in later life and it focuses on various innovative methods for supporting and developing memory in later life. These will be extracted from various sources including scientific research, personal experience, literature and art, “folk knowledge” and so on. Each day will include morning and afternoon sessions, held both in the classroom and outdoors. For the fieldwork we will use various historical, cultural, social and natural environments of the city of Krakow, to illustrate, expand and train the knowledge acquired in the classroom. The program will include topics such as: - general information about the functioning of memory, especially in later life - supporting the memorization process: concentration and attention, rules for memorizing, the role of senses and the body - recalling information and memories – rules and techniques, the construction of memories - the influence of lifestyles, attitudes to and perceptions of one’s own memory, on memory functioning - a role of the “art of memory” in the culture and art development - how to use cultural, environmental and personal resources to support and develop one’s own memory - a construction of personal strategies for aiding and developing one’s own memory based on available local resources. Classes will be organized in a highly interactive way, using various methods, techniques, and exercises designed especially for the workshop. We are going to use personal experience shared by the participants to combine it with contemporary knowledge, the rich experience we already possess and also tracks of the “art of memory”, both historical and modern. We will use diverse and innovative teaching means, engaging not only the brain, but also emotions, senses and the entire body.

Workshop Organiser:

Stowarzyszenie Akademia Pełni Życia im. Joanny Boehnert

Contact details:

ul. J.Lea 5a/4
30-046 Kraków
PL-POLAND
E-mail: biuro@apz.org.pl
www.apz.org.pl

@ctive Senior in Web

Subject area: Intergenerational learning / learning in later life / senior citizens
Intercultural education
New technologies, ICT

Working language(s): EN

Target Group + Translation:

Seniors over 50 years especially from new EU-countries. Unemployed and economically active people, people who want to get involved in building civil society and increase their mobility and competence, from sectors and social environments who wish to develop their personal skills and increase the mobility not only by traveling in Europe, but also to communicate via modern technologies. Favored will be disadvantaged people, from different discriminated or endangered by social exclusion environments and from the new Member States who by participating in the workshop will be able to profit and accelerate the process of meeting the EU standards. However, the educators as well as other persons interested in the topic of the Workshop are invited to submit their applications, because the organizers would like to combine participants having different backgrounds. It should result in proposal of possibly comprehensive approach. Selection Criteria: motivation, sufficient knowledge of English, basic computer skills, preference: lack of similarity between subjects with occupational skills, wish to engage in the future for/with seniors, wish to multiply the knowledge gained during workshops in own environment.

Main activities Programme + Programme translation:

The workshop "@ctive Senior on the Web" enables seniors to adapt new skills and become well-informed, computer liberated and interested in local and European issues. The attendees will learn how other seniors are involved in various actions over Europe, what kinds of projects have already been initiated and how seniors benefit from them. Seniors will enhance their efficiency and engagement by increasing their computer skills and interpersonal competences. They will learn how to activate other seniors. The participants will acquire additional knowledge and computer skills and using it, they will be able to apply Internet for their own purposes and to improve the quality of their lives. The seniors will take actively part in the following activities relevant to seniors in a globalizing and networking world:

Seniors in the web:

1. Learning how to use a computer, deal with the world wide web and social media
2. Tools and working methods on the Internet for self-realization and motivation of peers : blog, social network profile on communication forums (Yahoo Communicator, Skype), planning of networks for seniors with help of ICT Seniors in the network of interpersonal interactions:
 1. Personal skills, enhancing the reliability of seniors as leaders (workshops for leadership).
 2. Team work.
 3. Activation of seniors to get involved at the local scale.

4. Creating space for and supporting the creativity.

Seniors in European networks:

1. Workshops to enhance skills of European cooperation.
2. Workshops on intercultural competences, awareness of their own and other cultures.
3. Discussions about the seniors' situation in Europe.
4. Workshop about creating and funding of European networks

Workshop Organiser:

Towarzystwo Polsko-Niemieckie w Krakowie

Contact details:

Skąpczna 2
31-065 Krakow
PL-POLAND
E-mail: tpnk@interia.pl
www.tpnk.org.pl

Workshop Reference number: 2012-1-PL1-GRU13-28477

Venue: Grzybow - centre of the Association ZIARNO, part of the activities will be held in Warsaw, in Plock and in the natural setting near the ZIARNO centre

Date of the Workshop: 23/06/2013 - 27/06/2013

Christianity and Sustainability: If you want to cultivate peace, care for creation.

Subject area: Ethics, religions, philosophy
Environment / sustainable development
Active citizenship, democracy, human rights

Working language(s): EN

Target Group + Translation:

Adults active in their churches of different denominations and/or those who want to learn more about involvement in environmental work in the spirit of Christian faith. We expect people of different professions and backgrounds and also we will take care to invite Christians from different Churches: catholics, protestants, ortodox and others. We expect participants from UK, Lithuania, Slovenia, Germany, France, Portugal, Slovakia, Austria, Switzerland and other European countries. The fact that we (ZIARNO) are preparing the workshop application with a our long-term partner from UK, James Hindson (from Sense and Sustainability Training, later mentioned as SST) we will have better access to many Christians groups within Anglican, Baptist, Methodist Churches and other groups.

Main activities Programme + Programme translation:

A balanced mix of activities:

- a) presentations and lectures of academics and experts with a great knowledge of the subject as well as a passion towards the topic,
- b) workshops involving participants to play an active role, thus helping them to understand how to integrate the learning with practical life
- c) field trips connected to the topic - observing and learning about the Nature,
- d) discussions and exchange of good practice
- e) individual and group Bible studies around care for creation aspects
- f) worship and prayer sessions prepared by different participants

Workshop Organiser: Stowarzyszenie Ekologiczno-Kulturalne ZIARNO

Contact details: Grzybow 1 /2
09-533 Słubice
PL-POLAND
E-mail: ziarnongo@o2.pl
www.ziarno.eu

Workshop Reference number: 2012-1-PL1-GRU13-28451

Venue: Pszczyna surroundings

Date of the Workshop: 13/04/2013 - 18/04/2013

Happy with myself beyond 50 +

Subject area: Intergenerational learning / learning in later life / senior citizens
Environment / sustainable development
Intercultural education

Working language(s): EN

Target Group + Translation:

Senior adult learners (50+), capable of communicating in English and eager to increase their self-knowledge, improve interpersonal communication, grandparents who are op

Main activities Programme + Programme translation:

The Workshop will take place in southern part of Silesia region, with close proximity to the natural spots, in tranquil environment, well suited for groups workshops and inclusive activities. The main objective of the workshop is personal development, gaining more interpersonal knowledge, develop self-awareness, get back in touch with everyone's inner voices, reduce tensions in the context of cross-generation dialogue. We would like to equip participants with tools and methods on how to build tolerance and respect of other generations, countries, cultures while at the same time not neglecting individuals' borders and values. All this process will be managed focusing on sustainable way of living and respecting the natural environment. The subject will be presented in an interesting, communicative and active way and it will be based on many practical games, active methods such as kinaesthetic and manual arts, in-door and out-door activities, roles plays, etc. Particularly, the following issues, will be developed: - "creative myself" at age of 50+ allowing for further potential development, self-awareness and self-esteem in context of people's own potential;- how to improve the quality of life, better understanding of myself, better communication with others, low impact on the earth, other ecological values; how to define your borders, while still being open to others; respecting your body and diverse relaxation methods

Workshop Organiser:

Polskie Stowarzyszenie Pedagogów i Animatorów
"KLANZA" koło w Tychach

Contact details:

ul. Moniuszki 13/16
43-100 Tychy
PL-POLAND
E-mail: Klanza.workshop@gmail.com
www.klanza.org.pl; www.klanza.tychy.pl

Workshop Reference number: 2012-1-PL1-GRU13-28464

Venue: Zabrze

Date of the Workshop: 07/05/2013 - 11/05/2013

Discover Silesia - Workshops

Subject area: Artistic education
Cultural topics
Regional identity

Working language(s): EN

Target Group + Translation:

Adults of 50+ interested in history, cultural heritage, photography, artistic activities, and exploring traditions in Europe

Main activities Programme + Programme translation:

Day 1 Arrival and accommodation of participants

Day 2 "Integration activities." Activities will include: learning basic phrases of the language of language of participants in the workshops, lessons from the pantomime, classes in intercultural communication.

Day 3 "Silesia cooking workshops." Activities will include tasting and learn cooking traditional dishes with the Silesian cook showing the secrets of the silesian kitchen area and history of food.

Day 4 "Silesia in the lens - photography workshops." Learning the basic principles of photography. Practical training in the field: photographing objects present on The Industrial Monuments Route of the Silesian Voivodeship and sightseeing.

Day 5 "Industrial Monuments Route - Educational path" The first part of the day will be held in Historic Coal Mine "Guido". Participants in the project will go to the level of the mine, located 320 meters under the ground and take part in thematic lessons. The whole visit to the mine is an active tour combined with learning about the customs and dialect of miners. The second part of the day will include a visit to the Tyskie Brovarium in Tychy, where participants will see the history of brewing tradition in Silesia and the production process.

Day 6 "Feast of Silesia." The last day will include preparation for the feast: dancing workshops - learning the basic steps of the Silesian dance, music workshops about local songs, handmade workshops – preparing traditional hats. Day ends with a common feast modeled on the feasts of miners with presentation of photographs of participants. Participants on this day will receive a certificate of participation in workshops.

Day 7 Leaving day

Workshop Organiser:

Mine of Art Association

Contact details:

ul. Hagera 41
41-800 Zabrze
PL-POLAND
E-mail: poczta@kopalniasztuki.com
www.kopalniasztuki.com

Workshop Reference number: 2012-1-PL1-GRU13-28390

Venue: Rybnik

Date of the Workshop: 22/07/2013 - 27/07/2013

VARIETY IS THE SPICE OF LIFE Holistic Approach to Seniors'' Well-being

Subject area: Intergenerational learning / learning in later life / senior citizens
New technologies, ICT
Foreign language teaching and learning

Working language(s): EN

Target Group + Translation:

50+ age persons interested in various ways of improving their physical and mental well-being, balance, concentration, memory and want to experience a meaningful learning adventure in a multinational environment. Basic knowledge of English required.

Main activities Programme + Programme translation:

Enable seniors experiencing learning in a multinational environment, to enhance their personal development and meet their individual learning needs. The participants will be exposed to various ways of caring for their physical and mental health such as: Tai Chi practice, yoga for the eyes, Nordic Walking, singing and dancing but also learning English as means of communication and exploiting some ICT tools. Participants will be taken on a mountain trip to experience highlanders' dances and on a Nordic Walking trip in a nearby forest. The objectives are: activating seniors for the sake of their physical and mental well-being. To provide a meaningful learning experience in multinational surrounding with the help of a bridge language (English). To enable seniors to travel for self-development purposes and to enhance and sustain their needs for learning new skills. To support and encourage the course participants to use ICT-based technologies to record experience of the workshop (e-diary), to keep up contacts with other Workshop participants and hosts. Local seniors will be invited to participate in the classes and extracurricular activities and junior volunteers to help workshop participants with ICT and English.

Workshop Organiser:

ProEdu, Edukacja i Kultura Sp. z o.o.

Contact details:

ul. Raciborska 39
44-200 Rybnik
PL-POLAND
E-mail: info@proedu.com.pl
www.proedu.comp.pl

Workshop Reference number: 2012-1-PL1-GRU13-28431

Venue: Sopot, Gdańsk

Date of the Workshop: 07/05/2013 - 12/05/2013

Polish in action – active ageing through language learning and culture

Subject area: Foreign language teaching and learning
Intercultural education
Basic skills / key competences for adult learners

Working language(s): EN

Target Group + Translation:

Learners of 50+ who wish to learn basic Polish and are interested in getting to know Polish culture, history, art, the Pomeranian region etc. as well as exchanging opinions and information about selected areas of culture and art from their own countries. The participants will also acquire new learning skills and gain insights into the subject of learning techniques. Part of the activities – sightseeing, discussions, exchange of opinions, ideas and information about their own culture and art. (level A2 of English according to the European Framework of Languages). Motivation of candidates will be the decisive factor in the selection process. Professional development is excluded.

Main activities Programme + Programme translation:

The program of workshops will be divided into daily modules holding similar elements:

1. Learning basic Polish in classes by means of communicative method; students will gain the skills of communicating in Polish in typical situations (functional language) connected with their stay in Poland. During all types of activities the participants will also acquire modern techniques of learning. The programme of teaching Polish will combine modern and innovative techniques with the needs of learners 50+ (the pace of the course, didactic materials, subjects connected with hobbies and interests of that age group)
2. The next module will be a panel (presentations and discussions), matched thematically with the type of tasks realized in the classroom. E.g. cuisine, architecture and art, folk art and crafts, nature, music and dance, history. Before coming to Poland, participants will be asked to prepare a short presentation (not necessarily in the electronic form) on one of the chosen subjects from their native country and culture. After participants' presentations there will be a presentation on this subject given by the Polish side (e.g. by volunteers, our 50+ learners) and a discussion in English will follow.
3. Sightseeing and language projects in the most interesting and attractive parts of Tricity (Gdańsk, Sopot, Gdynia).

Workshop Organiser: English Unlimited Sp. z o. o.

Contact details:
ul. Armii Krajowej 73
81-844 Sopot
PL-POLAND
E-mail: polishinaction@eu.com.pl
www.eu.com.pl

Workshop Reference number: 2012-1-PL1-GRU13-28507

Venue: Poznań, Poland

Date of the Workshop: 27/05/2013 - 01/06/2013

Great Grandparents! Seniors and grandchildren without barriers

Subject area: Intergenerational learning / learning in later life / senior citizens
Family learning / parent education

Working language(s): EN

Target Group + Translation:

Seniors of 50+

Main activities Programme + Programme translation:

The activities will be practice-oriented with the necessary theoretical background. Participants will have the opportunity to implement the workshop experience and knowledge. The programme of the Workshop: Intergenerational dialogue: talking to children so that they listen; exchanging the experiences of the upbringing between grandparents and their children (parents) constructively ; passing on the experience and knowledge to grandchildren effectively ; wise and effective rewards and fines; loving without spoiling; setting the limits for grandchildren; INTUITIVE PARENTING - NEW TENDENCIES IN UPBRINGING: basics of attachment parenting and babywearing; carrying babies in slings, wraps and soft carriers; senior health, stamina and babywearing CREATIVE GAMES AND PLAYING WITH CHILDREN: basics Developmental Movement Method (DMM) by Veronica Sherborne; DMM as energetical balance for grandparents and children; emotional relation improvement through DMM; the use of DMM in the field of body work for seniors: self-acceptance and awareness; the elements of relaxation in DMM; family picnic as the way of spending time with families;

Workshop Organiser:

Izabela Czaja-Antoszek

Contact details:

ul. Niedziałkowskiego 23/13
61-578 Poznań
PL-POLAND
E-mail: biuro@ideownia.pl
www.ideownia.pl

Workshop Reference number: 2012-1-PL1-GRU13-28458

Venue: Kraków

Date of the Workshop: 10/06/2013 - 15/06/2013

LOVE YOUR 50+ BODY and learn how to handle it in a friendly and educated way.

Subject area: Health education

Intergenerational learning / learning in later life / senior citizens

Artistic education

Working language(s): EN

Target Group + Translation:

Mature people (aged 50+) who would like to learn more about their own body, how it functions and what they can do to help it thrive and age beautifully. The participation of persons from vulnerable social groups (long-term unemployed, people living in rural or economically disadvantaged areas, representatives of immigrant, ethnic or other minorities) will be encouraged. No special skills or knowledge required.

Main activities Programme + Programme translation:

The main goal of the workshop is to help everyone who wants to actively take a more conscious approach to their body to explore and learn practical and effective ways they can help their body to serve them in good health for a very long time. During the 6 days of the workshop participants will have a chance to: - get to know their bodies better (through lectures, visual aids and practical body awareness sessions) - orient themselves to their bodies both physically and psychologically - understand and explore the power of good breathing - learn practical exercises aimed at building strength, balance and flexibility tailored for their age group - improve their body image - learn safe and effective self-help practices for the body (self massage, acupressure and kinesiology) - listen to interesting lectures on lifestyle choices for our body when it comes to nutrition, movement, mental health and others - watch inspirational DVD's - have an individual session with the trainer

Workshop Organiser:

Stowarzyszenie Sztukmisja

Contact details:

ul. 11 Listopada 16

43-460 Wisła

PL-POLAND

E-mail: biuro@sztukmisja.org

www.sztukmisja.org

Workshop Reference number: 2012-1-PL1-GRU13-28422

Venue: Olsztyn

Date of the Workshop: 12/05/2013 - 17/05/2013

Discover Warmia with education workshops

Subject area: Intergenerational learning / learning in later life / senior citizens
Environment / sustainable development
Regional identity

Working language(s): EN

Target Group + Translation:

People above 50 years old. People willing to explore the hidden values of the region, explore, learn, gain new experience, open-minded persons willing to feel the charm of a region. People who would like to learn, broaden cultural horizons, improve their basic soft skills, enhance their motivation for self-development, gain experience in interacting in a multinational environment, integrate with people of the same age from other countries, activate themselves for the benefit of their local society.

Main activities Programme + Programme translation:

- 1 - Arrivals of the participants to Olsztyn from where they will be carried to the place of accommodation.
- 2 - Presentation of the program; explaining concepts of the project and its notions. Introduction to methods of the Questing, presentation of project materials. The Questing in Poland - examples in Warmia&Masuria. Open-air work „Quest Olsztyński” . Soft skills workshop part 1
- 3 - „Horn of Plenty” - Quest with developed component of activation of local societies - discussion, solutions, choosing topics and methods of activation."We build a quest" - initial stocktaking of cultural heritage potential, defining possible quest's trail. Soft skills workshop part 2
- 4 - "We build a quest" - finishing works from the previous day. Field work – visiting the chosen venues. Elaborating information gathered in the field part 1. Soft skills workshop part 3
- 5 - Elaborating information gathered in the field part 2.Begining field work in working groups. Completing creation of instructions/hints to the quest.Soft skills workshop part 4
- 6 - Creating a stamp, graphic elements, maps and figures to the trail. Presentation of further steps of work on the Quest.Soft skills workshop part 5
- 7 - Testing of the trail. Implementing improvements to the quest after the testing. Soft skills workshop part 6
- 8 - Summary and evaluation. Departure

Workshop Organiser: Artists' Association of Warmia and Mazury

Contact details: Poranna 13
11-041 Olsztyn
PL-POLAND
E-mail: estewim@wp.pl
www.e-warmia.pl

Workshop Reference number: 2012-1-PL1-GRU13-28494

Venue: Kashubian People's University: Starbienino 1, 84-210 Choczewo

Date of the Workshop: 05/05/2013 - 11/05/2013

Diet for Citizens Baltic Sea Region

Subject area: Consumer education
Environment / sustainable development
Health education

Working language(s): EN

Target Group + Translation:

Persons interested in environmental problems but also in improving their health by the way of nutrition. They will be EU citizens of countries located in the Baltic Sea catchment area – Denmark, Germany, Lithuania, Latvia, Estonia, Finland, Sweden-in the age 50+ interested in preventing degradation of the environment, preventing spread of the civilization diseases connected to the now-a-days lifestyle through defined activities focused on raising awareness and promoting the proper way of nutrition based on the diet composed of the local organic products. People of 50+ are persons whose most active time has already passed, and they become natural interest in their health and the environment. Moreover, they have already experienced, and they can share of it with other participants of the workshop.

Main activities Programme + Programme translation:

Lectures: PP presentation of rules diet for Clean Baltic, role of the proper diet in humans life, PP presentation on the BS environment, organic vegetable qualities as a basic component of the diet for Clean Baltic, PP on vegetarian and vegan diet, the rules of Ecological Recycled Agriculture – PP, macrobiotic diet – PP the seminar on the environmental problems of the Baltic Sea

Workshops: preparation of the balanced meal in accordance with the Baltic diet rules, preparation of lunch on the basis vegan and vegetarian diet, preparation macrobiotic dishes.

Integration activities: Welcome activities, our relationship and net in BSR. We are the children of the BS, culture event: national stories or songs containing elements relating to food, Sherlock Holmes in the world of labels, whether male or female will eat the same. Food is everywhere, national savoir vivre will be the conversations at the table.

Study trips: to Hel peninsula, Trzcińsk, demonstration farm of Mr Jacek Plotta

Films/slides presentations: on environmental and food issues

Contest: each participant prepare a good Baltic Sea dish. The best dish will be awarded.

Moreover: every day cuisine of a different Baltic country will be presented and participants will do some physical exercises.

Workshop Organiser: Polski Klub Ekologiczny w Krakowie Kolo Miejskie w Gliwicach

Contact details: Ziemowita 1 street
44-100 Gliwice
PL-POLAND
E-mail: biuro@pkegliwice.pl
www.pkegliwice.pl

Workshop Reference number: 2012-1-PT1-GRU13-12208

Venue: Cadaval

Date of the Workshop: 25/03/2013 - 30/03/2013

Majolica Painting in Portuguese Tile: Cultural Heritage

Subject area: Cultural topics;
Teaching basic skills for adult learners;
Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

Adult people interested in arts and crafts, unemployed, adults from rural territories with low level of education, seniors, youth workers and those who are interested in learning new work skills and to explore different cultures

Main activities Programme + Programme translation:

The “Majolica Painting in Portuguese Tile: Cultural European Heritage” is a Workshop designed by an expert in restoration, member of ES ASSOCIAÇÃO-ENERGIA SUSTENTÁVEL and responsible for artistic programs for adults (ceramics, painting, wool dolls and storytelling).

In a countryside environment, an expert in tile restoration facilitates a learning programme about Majolica Painting in Portuguese Tile, underlining the European influence over a major artistic expression of Portuguese identity, designed for non-expert learners. Artistic sessions are dedicated to experiment and create an individual tile project, based on 4 painting techniques (free-hand, “sgraffito”, stencil and perforated paper), to be exhibited as part of a multinational panel, simulating Europe reality. Cultural tours and study visits have the purpose of giving adult learners the possibility to question, debate and compare cultural and artistic aspects, exchanging ideas and concepts and gather inspiration for the group project.

The aim is to merge participants into simple painting techniques using basic processes, easy to be multiplied and disseminated within their home organizations and their daily life, as well as integrating participants? Competencies and knowledge.

The workshop is based on the 4 pillars of education (“The treasure Within” Report, UNESCO):

- Learning to know
- Learning to do
- Learning to live together and with others
- Learning to be

Learning about LLL and its possibilities in EU context;

Individual and peer-to-peer learning during collective games and during project construction, interpersonal relationship, innovative and team skills when applying concepts and ideas – a collective panel simulating Europe collective heritage;

Every guided tour has a participative methodology - video and photo recording, cultural diary with individual opinions, thematic discussions about compared culture and selection of “images” and ideas - to be integrated in the final project and for product dissemination on web.

Participants will have the joy and benefit of becoming acquainted with a foreign country, interacting with local residents and exploring Portuguese rural values and traditions, and enjoy immediate contact with participants from other countries.

Yoga and Tai-Chi moments are intended to expand self-development and help to relax during the day. Some leisure time activities are foreseen. ICT competences development through computer and internet use during preparation of dissemination results and web platform (text, images) are also part of the learning activities.

Workshop Organiser: ES ASSOCIAÇÃO – ENERGIA SUSTENTÁVEL

Contact details: QUINTA DE SANT“ANA, EN 361
2550-505 CADAVAL
PT-PORTUGAL
E-mail: esassociacao@gmail.com
<http://esassociacao.blogspot.com/>

Workshop Reference number: 2012-1-PT1-GRU13-12184

Venue: Sede da Fundação
AFID Diferença, Amadora e Lisboa

Date of the Workshop: 15/04/2013 – 19/04/2013

Dancing for Inclusion

Subject area: Artistic education, also including Arts and Crafts and Music
Family / parent education
Inclusive approaches

Working language(s): EN

Target Group + Translation:

People with Disabilities and their families and / or caregivers

Main activities Programme + Programme translation:

Inclusion through dance - methodologies and sharing of good practices.
Sessions of Dance - Body Expression. Creating Choreographies.
Choreographies of inclusion.
Debate on strategies for promoting inclusion of disabled people at European level.
Debate on the measures and policies to support Inclusion.
Presentation of the choreography in a show open to the community.

Workshop Organiser: Fundação AFID - Diferença

Contact details: Quinta do Paraiso, Bairro do Zambujal
2720-502 AMADORA
PT-PORTUGAL
E-mail: fundacao@fund-afid.org.pt

www.fund-afid.org.pt

eWork for Active Seniors: e-work as a tool to promote active ageing and sustainable behaviour in competitive digital society

Subject area: Intergenerational learning / learning in later life / senior citizens
New technologies, ICT
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

European Seniors and adult learners that intent to use e-work as a pathway to improve their knowledge and competences (primarily disadvantaged adult learners);
Any individual who is interested in developing his or her competencies that are highly required in the world of globalization.

Main activities Programme + Programme translation:

It has been proposed by the European Commission that 2012 would be elected as the "European Year for Active Ageing". The main aim of this initiative is helping to create better job opportunities and working conditions for the growing numbers of older people in Europe, by helping them take an active role in society and encouraging healthy ageing. The increase of empowerment and of social participation of European Seniors in today's society is especially relevant as there are more and more learning opportunities that seek to meet the challenge of including older people in the information and communication society. These training opportunities are mostly in traditional learning settings and less frequently in a context of mutual support where older people work in a self-directed way. And yet seniors could be one of the target groups who would profit most from online learning opportunities, if appropriate e-learning scenarios are developed for meeting the needs of older people and dealing with some of their constraints. E-learning and e-work connect people overcoming mobility constraints and social isolation. These two learning and working methods combine sustainability, adaptability, interactivity and above all, usability. E-learning and e-working can be seen as the answer to Senior's problems and as an opportunity for intergenerational experience sharing and knowledge.

This workshop aims to introduce and to prepare Senior European citizens to e-learning and to e-working by presenting and working around several important topics such as active ageing, sustainability and digital competencies. It will gather a group of 25 English-speaking participants from 7 European countries and it will stimulate activities and discussions about how e-work can contribute to a more sustainable and inclusive society. The model of this workshop consists of bringing together a group of European citizens to work collaboratively and exchange ideas, knowledge and best practices.

Workshop Organiser:
Professional,

Inovaformação – Prestação de Serviços de Formação
Lda.

Contact details:

Rua do Dr. Afonso Cordeiro, 877 – sala 203
4450-007 Matosinhos
PT-PORTUGAL
E-mail: geral@inovafor.pt
www.inovafor.pt

Workshop Reference number: 2012-1-PT1-GRU13-12483

Venue: Beja

Date of the Workshop: 02/04/2013 - 10/04/2013

Sustainable Music

Subject area: Environment / sustainable development
Consumer education
Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

People interested in getting to know or deepening in knowledge about recycling and self construction throughout musical experience related to percussion. There is no need for previous experience in the two themes (recycling and music), nevertheless the ones with experience in some of the themes shall share it with the other in order to stimulate the work within the group. People, aged between 18 and 35 years old, with different background experiences and special needs.

Main activities Programme + Programme translation:

BIOMUSIC will through the use of recycled material there will be a phase for sensibilization and discover about the working method of the inbakment and recycling centers. Then it will start the phase of instruments construction and also the musical learning. In the end it will be created a musical percussion group and present to community. In this workshop there will be created many musical instruments related with percussion, by using recycled materials. There will be explained basic and advanced techniques, besides that there will be space available to share ideas and to stimulate creativity in each individual.

Workshop Organiser: Associação Check-In – Cooperação e Desenvolvimento

Contact details: Rua Campo de Tiro, nº14
7800-256 Beja
PT-PORTUGAL
E-mail: info@checkin.org.pt
www.checkin.org.pt

Workshop Reference number: 2012-1-RO1-GRU13-23972

Venue: Date of the Workshop:

Open Institutions – active aging through community arts

Subject area: Inclusive approaches

Intergenerational learning / learning in later life / senior citizen

Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

Teaching 10 young adults from different European countries community arts tools to give new life perspectives to old people in Retirement Homes.

Main activities Programme + Programme translation:

Learners with good communication skills in English, who are determined and attached to the cause of elderly and institutionalized individuals, and who have the potential to promote and develop community arts-based initiatives in their local context.

The planned activities are meant to facilitate both learning, and the intercultural and intergenerational experience. The core of activities is represented by workshops of community arts, a form of art techniques defined by the fact that the community/communities are involved in the creative process from the starting point to the final product. In the case of the workshop, the elderly are at the same time authors, subjects and the main audience for the community arts products.

Learners will work together with tutors and the seniors on several community arts activities (collage, drawing, photography etc.). This will give the participants the opportunity to interact with a vulnerable community, to experience the approach of community arts with seniors, to understand at least in part, both the benefits and difficulties of such an endeavour. This hands-on approach will be complemented by activities focusing on theory, reflection and conceptual framing of processes, events and situations resulting from the community arts workings. The theoretical part will focus on presentations regarding methods used by several practitioners (artists, therapists, social workers) in community arts projects with institutionalized individuals. It will expose both methods developed by the 4th Age team and by other Romanian projects. It will focus on working with different categories of institutionalized communities – seniors, people with mental disabilities, homeless children, and prison inmates.

Most activities will take place at the the “Amalia and Chief Rabbi Dr. Moses Rosen” Retirement Home, but we will also spare time for study visits, cultural walks and leisure events, which we will organise in order to give learners the chance to become familiar with the urban environment and to meet peers and other similar inclusive initiatives with an artistic input. Accommodation for the learners will be provided at the Retirement Home, with whom timely practical arrangements will be made.

Workshop Organiser:

Centrul pentru Educație și Formare Sintagma

Contact details:

Bld. Gării nr. 1 bl. 2 sc. B ap. 11

500148 Brașov

RO-ROMANIA

E-mail: mihai@centrulsintagma.ro

www.centrulsintagma.ro

Workshop Reference number: 2012-1-RO1-GRU13-23913

Venue: Craiova

Date of the Workshop: 23/06/2013 - 29/06/2013

Colourful ageing: storytelling, social media and volunteering activities

Subject area: New technologies, ICT
Intergenerational learning / learning in later life / senior citizens
Volunteering

Working language(s): EN

Target Group + Translation:

adults over 50 years old

Main activities Programme + Programme translation:

Do you want to age well and be active? Learning how to use social media (Facebook, LinkedIn, Skype and blogs) is very important in the current society, especially for communication with peers and the young generations. In order to prevent passivity or social exclusion after/during retirement, participants will learn the importance of building social networks and doing volunteering activities. Each participant will closely work with young Romanian persons. Storytelling of memories and sharing experiences both in an artistic way and by using ICT tools is a method that participants can use to improve their relationships with younger generations and to contribute to society, in general.

1st Day: Building the first social network (getting to know each other and the young volunteers, guided cultural visit of the city made by the young locals)

2nd Day: Storytelling in Social Media (learning how to use Facebook, LinkedIn and Skype). Storytelling of memories using pictures, movies, music, beloved objects brought from home etc.

3rd Day: Storytelling own blogs (learning how to use blogs). Artistic expression of memories using drawing, painting and personalizing the Memory Box.

4th Day: Storytelling in images (learning how to scan and edit images in Photoscape). Preparing the interviews and posting on the blogs

5th Day: Presentations of the stories in the form of interviews. Presentation of the Senior Volunteering Grundtvig Action, writing draft proposal. Informal activities will also be organised such as reflection groups, Intercultural evening and Playing games evening. Intercultural evening: - The Market of countries - Fair of traditional food and drinks, brochures, pictures, flags, traditional objects, discussions about cultures and traditions etc. - Let's dance together! – learning and practicing traditional dances and listening to traditional songs from all countries - Let's sing together! – traditional Romanian instruments (special invitees)

Workshop Organiser: Asociatia EDUNET

Contact details: Basarabia 9 Bl E2 ap19
200056 Craiova
RO-ROMANIA
Tel.: +40 (0) 351 401 203
E-mail: office@edu-net.ro
www.edu-net.ro

Workshop Reference number: 2012-1-RO1-GRU13-23911

Venue: Sasca Montană

Date of the Workshop: 07/06/2013 - 16/06/2013

COB BUILDING – A Path Towards Volunteering, Environmental Sustainability and a Healthy Lifestyle

Subject area: Environment / sustainable development
Volunteering
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adults interested in volunteering and ecological lifestyle either on the personal or professional level. We will value and welcome any kind of experience in these fields, or in adult education, but this is not a compulsory criterion for selection of participants. A strong motivation and interest in the topics and willingness to invest energy into one's development and growth will be key points in forming the group of learners. The profile of the learners includes the ability to communicate in English (at least basic level), and the willingness to get engaged in physical work during the cob building activities. There is no age limit set for the participants as we consider that age diversity will bring an added value to the workshop and the learning process.

Main activities Programme + Programme translation:

The workshop will use the cob building methodology and a holistic approach to tackle issues related to environmental sustainability and healthy lifestyle and to develop competences in the field of volunteering. We will use experiential learning and a variety of methods from theoretical inputs, practical workshops, debates, simulations, self awareness and personal development methods, fostering a safe learning space for the participants and empowering them for the involvement in volunteering activities using the competences acquired.

Workshop Organiser:

CENTRUL DE VOLUNTARIAT RESITA

Contact details:

Street – Number PETRU MAIOR NR.2 CAM.220
320100 REȘIȚA
RO-ROMANIA
E-mail: voluntariat_resita@yahoo.com
www.voluntariat-resita.ro

Workshop Reference number: 2012-1-RO1-GRU13-23901

Venue: Miercurea Ciuc and Madaras Ciuc **Date of the Workshop:** 02/06/2013 - 08/06/2013

Lessons of flowery meadows

Subject area: Health education
Learning about European countries

Working language(s): EN

Target Group + Translation:

Adults wishing to improve their knowledge and active implication regarding biodiversity, sustainable use of nature resources and medicinal herbs (regardless of age, educational background, occupation)

Adults living in rural areas (characterized by hay meadows and High Nature Value farmlands in the countries participating at the Lifelong learning programme).

Main activities Programme + Programme translation:

Overview of the functions of extensively managed hay meadows in terms of biodiversity and renewable source of medicinal plants - Comparing situation of plant (and medicinal herb) diversity in similar natural habitats in the participating countries - “In situ” training on herbs combined with health-maintaining hiking tours - Presenting traditional knowledge on how to prepare and use medicinal herbs as health-maintaining and health-improving agents (including its pharmaceutical and cosmetic use) - Transforming traditional knowledge into up-to-date practice (practical sessions on processing medicinal herbs for dietetic, health maintaining and cosmetic purposes)

Workshop Organiser: Fundatia Central Educational Soros

Contact details: Street: Kossuth Lajos, No. 9/ 3rd floor
530220 Miercurea Ciuc
RO-ROMANIA
E-mail: sec@sec.ro
www.sec.ro

Workshop Reference number: 2012-1-RO1-GRU13-23926

Venue: IASI

Date of the Workshop: 25/05/2013 - 31/05/2013

Social-Art Project Management

Subject area:

Working language(s): EN

Target Group + Translation:

Adult learners who want to improve their knowledge in Social-Art Project Management; managers, staff, trainers, learners involved in social institutions that want to improve their programmes through art or adults involved in art institutions

Main activities Programme + Programme translation:

The aim of the workshop is to develop project management skills and competences for adults involved in Social-Art projects for a better integration of marginalized persons from communities (integrative social-art vision development). The workshop represents an “integrative social-art vision” approach built on theory (in Project Management and European funds), ICT instruments, non-formal exercises, institutional visits and study-cases discussions. The workshop is based on 3 structured levels of work:

Level 1: Social-Art Project Management;

Level 2: Creating European synergies in Social-Art projects approach;

Level 3: Reinforcing links between education and working life through “integrative social-art vision”.

Workshop Organiser:

Centrul de Resurse si Consultanta în Educatie

Contact details:

Grajduri village, Grajduri County

707 215 IASI

RO-ROMANIA

E-mail: cruceromania@yahoo.com;

www.crceromania.ro

Workshop Reference number: 2012-1-RO1-GRU13-24014

Venue: Iasi

Date of the Workshop: 22/05/2013 - 28/05/2013

Using art to improve the quality of our life

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adults, unemployed persons, adults not involved in formal adult education; adults who want to increase their abilities in an art – having social interest and also in gaining a perspective of new work skills; adults eager to learn about different European communities and to meet, work, organise discussion groups with people from other countries / cultures; no professional skills are required.

Main activities Programme + Programme translation:

Presentation of the LLP, Grundtvig and European Commission Policies on Adult Education; Techniques for drawing, painting, making collages (multimedia presentations and individual exercise);

Participants are, individually, choosing a technique to work with;

Preparing the ideas / models and the necessary materials to complete a small group (3 - 4 persons) work;

Develop the groups projects;

Preparing the ideas and the materials to complete the personal piece work; - Design and develop the individual piece work / project; - Finalizing the art objects;

Preparing and organizing the exhibition;

The vernissage of the art objects / paintings;

Evaluating: (1) each participant delivers: a piece of work (drawing, painting, collage etc.); a small-group art object; (2) organize the exhibition with all pieces of work created; (3) final evaluation procedure / questionnaire;

Preparing multimedia CDs for participants and creating internet pages / profiles.

Workshop Organiser:

Fundația AXart

Contact details:

no. 24, “Stefan cel Mare” road

700497 Iasi

RO-ROMANIA

E-mail: sabindrinceanu@gmail.com

www.fundatiaaxart.ro

Workshop Reference number: 2012-1-RO1-GRU13-23954

Venue: Craiova

Date of the Workshop: 12/03/2013 - 16/03/2013

Facilitating the social and professional integration of deaf people, by using the European sign language

Subject area: Addressing target groups with special needs
Active citizenship

Working language(s): EN

Target Group + Translation:

Main activities Programme + Programme translation:

12.03.2013: 09.00-11.00-Linguistic preparation for English language- linguistic elements of art
11.00-13.00-Pedagogic and cultural preparation- presentation of the European institutions for a deaf people
15.00-18.00-Workshopp – European Sign Language – applied in arts

13.03.2013: 09.00-11.00-Linguistic preparation for English language- linguistic elements of theatre
11.00-13.00-Pedagogic and cultural preparation- European work market on the internet
15.00-18.00-Workshopp – European Sign Language – applied in pantomime

14.03.2013: 09.00-11.00-Linguistic preparation for English language- linguistic elements of legislation and administration
11.00-13.00-Pedagogic and cultural preparation- European legislation concerning people with disabilities
15.00-18.00-Workshopp – European Sign Language – applied in legislation and administration

15.03.2013: 09.00-11.00-Linguistic preparation for English language- linguistic elements of social life
11.00-13.00-Pedagogic and cultural preparation – informing by using internet
15.00-18.00-Workshopp – European Sign Language – applied in social life

16.03.2013: 09.00-11.00-Linguistic preparation for English language- linguistic elements of family and job
11.00-13.00-Pedagogic and cultural preparation – European sign language to the internet
15.00-18.00-Workshop – European Sign Language – applied in family and job

Workshop Organiser: Asociația Window România

Contact details: Street – Number: Emil Gîrleanu, 10, Bl. 58B, sc.1, ap.16
200239 Craiova
RO-ROMANIA
E-mail: window.romania@yahoo.com

Workshop Reference number: 2012-1-RO1-GRU13-24068

Venue: Vatra Moldovitei

Date of the Workshop: 22/06/2013 - 28/06/2013

“The Power of Non-formal”

Subject area: Recognition of non-formal and informal learning
Strategies for stimulating demand for learning
Pedagogy and didactics

Working language(s): EN

Target Group + Translation:

Adult learners, seniors, volunteers, researchers, practitioners, trainers, staff members working in Adult Education institutions (adult education departments); people interested to acquire, develop new skills that would help them coming up with better adult education products (seminars, trainings, courses); coordinators of European projects with a focus on adult education and adult skills development; adult education curriculum developers; professional artists.

Main activities Programme + Programme translation:

Practicing non-formal exercises;
Theory on non-formal exercises;
Theory on adult learning process;
Performances rehearsals -performance with community audience (interactive performing)

The aim of the workshop is to develop adult learners' skills and competences in using non-formal methods for growing efficiency and stimulate adult learning process. “The right exercise, for the right learner in the right moment” is the innovative concept that we will develop into this workshop using non-formal methods and theory, performances rehearsals and a community final performance.

Workshop Organiser: EUROPLANET

Contact details: Obreja Str. No. 5
707215 Iasi
RO-ROMANIA
E-mail: neteuropa@ymail.com
www.europamet.ro

Workshop Reference number: 2012-1-RO1-GRU13-23956

Venue: Sarata Monteoru

Date of the Workshop: 05/08/2013 - 10/08/2013

ONward

Subject area: Reinforcing links between education and working life
Strategies for stimulating demand for learning
Career guidance & counselling

Working language(s): EN

Target Group + Translation:

Adult learners

Main activities Programme + Programme translation:

The workshop introduces the learners to the EquiliTri method via a new learning technology, Indoor “Virtual reality” and using a new experiential learning cycle: T-ACT. A few highlights of the topics include: Personal Development Zones, Radial Analysis – 360, the Triquetra Tool, Needs Analysis, Equiltri Framework, The CWS Tool, the Prioritisation Tool, The Motivation & De-Motivation Maps, Drive Analysis (Willpower - Motivational Drive), Personal & Social Footprint Analysis, T-Act Learning Cycle.

Workshop Organiser:

C.A.D.D.R.U. – Centrul de Asistenta pentru Dezvoltare
Durabila si Resurse Umane

Contact details:

Str. Complexului 3, sector 3
Bucharest
RO-ROMANIA
E-mail: Caddru.ngo@gmail.com
www.caddru.ro

Workshop Reference number: 2012-1-RO1-GRU13-23963

Venue: Targu Mures

Date of the Workshop: 28/04/2013 - 04/05/2013

Romanian Ornamental deSign Experience

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education

Working language(s): EN

Target Group + Translation:

Adult learners who want to improve their artistic education, especially unemployed persons, those from rural or other disadvantaged areas, seniors, adults not taking part in formal adult education, youth workers and teachers involved in adult education, members of NGO organizations.

Main activities Programme + Programme translation:

- Introduction of participants' home countries/regions using visual and/or multimedia tools
- Private flower history: tour to the Centre of Targu Mures (known as the city of roses) – floral art, use of floral motifs
- Showcasing floral art from the participants' countries: visual (pictures, photos, books, handmade objects) and/or multimedia tools (presentation, video) to show function, forms, motifs and symbolism
- Discussions based on the sightseeing experience and introduction to the art of floral arrangements: a taste of local culture, renaissance of the art of floral arrangements, survival of the floral art and its modern day influences
- Interpreting the flower language: acquiring knowledge about the significance of particular flowers, about the flowers different meaning within different cultures, how the cultural meaning of colours affects the choice and use of flowers
- Flower arranging around the world: comparing the art of flower arrangement in the participants' countries - visual (pictures, photos, books, handmade objects) and/or multimedia tools (presentation, video) to show forms, motifs, and symbolism in the art of flower arrangement
- Floral design as a local service: study of techniques, motifs and their meaning
- Occasional flower arrangements, pinned vases and bouquets from cut flowers: Participants put knowledge into practice and make flower arrangements
- Flower parade: the 13th edition of Flower parade, exhibition of ornamental flowers and trees in Targu Mures. At this exhibition there will be exposed ornamental shrubs, flowers, organic products, and local products
- Evaluation: during the parade participants will exhibit their artistic flower arrangements created during the workshop and will create an illustrated report of the workshop.

Workshop Organiser: Asociatia Tabula

Contact details: Bulevardul 1 Decembrie 1918 no. 86F
540447 Targu Mures
RO-ROMANIA
www.atab.ro

Quality in adult education

Subject area: Quality and evaluation of education
Strategies for stimulating demand for learning
European citizenship and European dimension

Working language(s): EN

Target Group + Translation:

Members of adult educational organization: managers, trainers, responsible with quality assurance, responsible with educational programs, staff, adult education advisers interested in quality of adult education and in opportunities for quality lifelong learning

Main activities Programme + Programme translation:

Lectures held by highly qualified trainers from Formare Studia, with experience in international workshops, in order to ensure high quality of the workshop's activities.

Interactive activities and group discussions on various themes: the relationship between management and quality, how is quality in education measured in different countries, how do the changes in the concept of quality affect your country's education practices, how to keep the educational offer updated and adapt it to the new regulations and demands, gguidelines for performance improvement.

Laboratory of Ideas: Group work activity: Using their creativity and teamwork capacity, a unique learning activity, a Laboratory of Ideas will take place as the participants will have to designing an information campaign addressing personal development opportunities for adults through formal, non formal and informal education. This campaign will be presented in front of an audience formed of 20-30 adults in different stages of personal development. The campaigns will also be posted on Facebook for information and dissemination purpose. This will allow the participants to create a database of adult education learning opportunities to be further used, disseminated and continuously enhanced.

Role playing game: the participants will experience what happens when there is lack of communication between staff members of an organization, to emphasize the importance of quality assurance.

Study visits in organizations which are good practices examples for quality management implementation in our community.

Scientific event: the participants will attend the annual International Conference that Formare Studia organizes on the theme of quality in formal and non formal education. They will have the chance to interact with the participants from the conference and share their expertise in this field.

Social activities : an international evening will be organized, inter-active games on the topic of the workshop, visit to museums and touristic attractions of the region.

Day 1: Opening session: Presentation of the program, trainers, each participant and organisations;
Lecture 1: Quality management systems – Fundamentals and vocabulary; Workshop - team work: Presentation of main findings and conclusions on the theme; Lecture 2: National policies in the field of quality in adult education

Day 2: Lecture 3: Quality evaluation models applied to the evaluation of adult educational organizations; Lecture 4- Self-assessment processes in adult education

Day 3: Lecture 5 - Strategies for Stimulating Quality in Adult Education; Study visit,

Day 4: Laboratory of Ideas- Group work: the participants will be divided in 3 groups and will work on creating an information campaign with resources (Database) for personal development opportunities for adults through formal, non formal and informal education.

Day 5: Presentation of the information campaigns: each team presents their outcomes in an interactive activity with the audience, followed by discussions and feedback from the audience; Interactive activity: Funding opportunities for adults (both the participants and the audience is invited to attend this activity where Formare Studia Staff, with diverse experience in international projects as project managers, Grundtvig assistant, workshop participants and organizers, will present different funding opportunities)

Day 6: The participants will attend the International Conference “Quality in formal and non formal education – third edition” - an annual event of Formare Studia and will have the chance to interact with the other participant at the scientific event and create networks and share expertise in the field of quality in education. The information campaigns designed, the database of resources gathered will also be presented at the conference.

Workshop Organiser:

Asociatia FORMARE STUDIA

Contact details:

Martha, no. 8A

700325 IASI

RO-ROMANIA

E-mail: formarestudia@gmail.com

www.formarestudia.ro

Workshop Reference number: 2012-1-RO1-GRU13-23978

Venue: Corbi village, Argeş County

Date of the Workshop: 23/06/2013 - 02/07/2013

Image-in the community: photography and storytelling for rural revival

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education
Regional identity

Working language(s): EN

Target Group + Translation:

Adult learners

Main activities Programme + Programme translation:

Participants will use tools like photography and storytelling in order to gradually discover and picture the local identity of the rural community, while also being guided toward reconnecting with their own roots and sharing this connection with the others. They will be involved in a discovery learning process that will reveal to them the power of image and imagination and guide them toward the idea of using storytelling (both verbal and non-verbal) as a tool for rural regeneration. During the 10 days of the Workshop, the participants will take part in a series of activities aimed at building group cohesion, exploring the community and the surrounding space, stimulating creativity and raising awareness concerning the importance of rural heritage.

Workshop Organiser: Asociația UNIVERSITUR

Contact details: Nicolae Bălcescu Bvd. no.1
10041 Bucharest
RO-ROMANIA
E-mail: universitur@gmail.com
<http://universitur.ro>

Workshop Reference number: 2012-1-RO1-GRU13-23959

Venue: Moldovita

Date of the Workshop: 11/08/2013 - 15/08/2013

Beautiful Art Technique

Subject area: Intercultural education

Basic skills for adult learners

Artistic education, also including Arts and Crafts and Music

Working language(s): EN

Target Group + Translation:

Unemployed people, project managers, older people, social workers which deal with social reintegration, people interested to develop artistic skills

Main activities Programme + Programme translation:

During the workshop the participants will develop several activities as learning two traditional techniques of painting eggs, documentation visits, group activities, cultural exchange.

Workshop Organiser:

Asociatia De Ajutor Mutual A.D.A.M. Moldovita

Contact details:

Street – Principala Number

727385 Moldovița

RO-ROMANIA

<http://adam-moldovita.fdaam.ro/>

Workshop Reference number: 2012-1-RO1-GRU13-24029

Venue: Constanta

Date of the Workshop: 08/04/2013 - 15/04/2013

“Culture and environment – new paths for the sustainable tourism”

Subject area: Environment / sustainable development
Intercultural education
Volunteering

Working language(s): EN

Target Group + Translation:

NGO volunteers, people with experience in project work, interested in alternative tourism and sustainable development. The participants will be selected according to the motivation for taking part in this workshop, their background in intercultural learning and English communication skills.

Main activities Programme + Programme translation:

8.04.13: Arrival if different from day 1

9.04.13: Welcome session – presentation of Mare Nostrum, workshop objectives, partner institutions presentation NGO fair – each participant will present their organizations, background, interest in taking part in this workshop Black Sea diversity, as a premise for an effective sustainable tourism

10.04.13: Visit at History and Archaeological Museum and Folk Art Museum Constanta “Cultural animation in the Black Sea region” – workshop/ debate at The Regional Centre for Traditional Culture Conservation Intercultural evening

11.04.13: “The naval tradition in the Black Sea region – from golden flees to the modern cruises” – visit and workshop at the Constanta Harbour and Naval Academy “Cultural animation – a practical approach” – local community projects, (meeting with the students from “Ovidius” High-school for a project fair)

12.04.13: “Sustainable tourism – when nature meets history” – visit and workshop at the archaeological site and museum of Histria Visit to the Danube Delta Biosphere Reserve Administration “Danube Delta – an island of nature” – meeting at the Tourist Resource Centre Tulcea

13.04.13: Danube Delta trip –sustainable nature

14.04.13: Constanta – local sustainable development - from traditional to alternative tourism – workshop with representatives of tour operators Workshop evaluation Press conference Farewell session – identify ways to continue the collaboration with the workshop participants Departure

15.04.13: If different from last day of Workshop

Workshop Organiser: ONG Mare Nostrum

Contact details: 1 Decembrie 1918 Bdv, no 3, Bl F 17, sc A, ap 3.
900658 Constanta
RO-ROMANIA
Tel.: 40241612422
E-mail: office@marenostrom.ro
www.marenostrom.ro

Workshop Reference number: 2012-1-RO1-GRU13-23907

Venue: Ramnicu Valcea

Date of the Workshop: 22/07/2013 - 30/07/2013

Uniqueness in Diversity – A portrait of an European Citizen

Subject area: Artistic education, also including Arts and Crafts and Music
European citizenship and European dimension
Intercultural education

Working language(s): EN

Target Group + Translation:

Target group(s): Adult learners – particularly from disadvantaged groups (migrants, ethnic minorities, families with low level of income, people from isolated areas etc.) interested in their personal development and willing first to develop their multicultural skills, increase their awareness on the European Active Citizenship concept and then, to involve in volunteering activities related to promote the European Values and European Citizenship concept

Main activities Programme + Programme translation:

The activities will be focused on a “virtual trip” in space and time across the Europe. From the Greek legend of Europe (the Phoenician princess Zeus was inlove with) to the Lisbon Treaty and the new Constitution, passing through each participant’s country (with their most specific traditions and cultural habits) learners will discover the meaning of “an European Citizen” and, most of all, they will discover themselves and the meaning of their voice in the contemporary Europe. In this respect we will mix in a pleasant way training sessions (includes both theoretical information about European history, Values Citizenship etc. and practical sessions for personal development by participative arts) with an interesting program of cultural, touristic and entertainment activities.

Workshop Organiser:

Asociatia PRO-XPERT Râmnicu Vâlcea

Contact details:

Street Raureni – Number 132
240475 Ramnicu Valcea
RO-ROMANIA
Tel.: 40374015545
E-mail: proxpert2007@gmail.com
<http://proxpert.asoc.ro/>

Workshop Reference number: 2012-1-RO1-GRU13-23927

Venue: Fizesu Gherlii

Date of the Workshop: 09/06/2013 - 14/06/2013

Learning through volunteering - conservation of inland wetlands in Transylvania

Subject area: Environment / sustainable development
Natural Sciences
Volunteering

Working language(s): EN

Target Group + Translation:

Adult learners from qualifying European countries. The participation of people who have left education without basic qualifications, older people, and those from minority ethnic groups will be encouraged.

Main activities Programme + Programme translation:

Main activities / programme of the Workshop: Wetlands are among the most biodiversity-rich habitats on Earth, yet they are threatened by a number of human and natural factors. European inland wetlands in particular have been suffering from intensification or abandonment in the past century. Eastern Europe still preserves relatively large wetlands, and those of ‘Bazinul Fizesului’ in north-western Transylvania are particularly valuable being protected at European level. Participants to this 6-day workshop will have a chance to learn about environmental conservation and the study of wetlands and bird species, while at the same time helping to preserve the natural treasures of “Bazinul Fizesului”. The workshop organiser is also the organisation responsible for the management of these protected areas. As such, we offer participants a unique opportunity to experience and learn “from within” about the research and conservation of important habitats and species. Scheduled during the birds’ autumn migration season, the workshop will combine a small number of formal presentations with practical training sessions in field research and conservation skills, group discussions on specific topics, and a practical application making bird nesting boxes for protected species.

Workshop Organiser:

ASOCIATIA EDUCATIONAL-ECOLOGICA
ECOTRANSILVANIA

Contact details:

5A Garii Street, Bloc FII 4
545400 Sighisoara
RO-ROMANIA
E-mail: ecotransilvania@gmail.com

Workshop Reference number: 2012-1-RO1-GRU13-23960

Venue: Campulung Moldovenesc/ Rarau Mountains
12/08/2013

Date of the Workshop: 05/08/2013 -

BATS BETWEEN MYTH AND TRUTH

Subject area: Environment / sustainable development
European citizenship and European dimension
Volunteering

Working language(s): EN

Target Group + Translation:

Representatives of environmental bodies, teachers, people interested in volunteering, nature lovers

Main activities Programme + Programme translation:

“BATS BETWEEN MYTH AND TRUTH” is a 7 days workshop joining people interested to act for preserving biodiversity. The workshop place the BAT in the centre of the attention due to its importance in maintaining the ecological balance in nature. Pointing out that his only natural enemy is the MAN, the workshop change the wrong perception about bats, which was weaved by movies, horror stories. The workshop is an assembly of theoretical and practical activities, carried out in nature, at the Centre for research and protection of bats from Rarau, in the nearby of the Bats Cave- a scientific protected area. Even if the topic of the workshop looks to be of a narrow addressability, it could be a workshop for every nature lover who wants to enlarge his skyline. Based on non formal educational methods, accessible language, the workshop programme includes topics about bats like habitats, way of life, feeding behaviour, specific features. We review some titles: “Bats-co-habitants unique in their way” “Bats- very social air acrobats”, “A small animal with a huge appetite”; “Hibernation- an economical way of life”; “A high-tech echolocation system” “What’s the world without Bats?” Practical activities: exploring the Bat Cave, detecting bats echolocation system with special detectors, physical measurements on bats, building bat homes. The workshop also provides efficient tools of teaching about bats and coping at an European level in this field. Eurobats Agreement for bats conservation will be presented. As a put into practise exercise, learners will organise “European Bat Night” –annual multifaceted event carried out in 33 European countries in August.

Workshop Organiser:

FUNDATIA SPEOLOGICA CLUB SPEO BUCOVINA

Contact details:

Street –Mihai Viteazu No 56 Bloc M Sc C Ap 4
720061 Suceava
RO-ROMANIA
E-mail: speo.bucovina@yahoo.com
www.speo.org.ro

Workshop Reference number: 2012-1-RO1-GRU13-23969

Venue: Oradea

Date of the Workshop: 14/04/2013 - 20/04/2013

Food industries and agriculture prospective in the 3rd Millennium

Subject area: Consumer education
Health education
Economics, business, industry and commerce

Working language(s): EN

Target Group + Translation:

Target group(s): adult learners interested in food industries and agriculture Expected number of participants: 13, 10 (from LLP countries involved) + 3 (from Romania)

Main activities Programme + Programme translation:

Main activities / programme of the Workshop

1. Preparation activities Elaborating and printing training materials, Elaborating selection questionnaire, Selection of the participants, Accommodation arrangements, Schedule synchronisation of the workshop.
2. Day 1 Travelling, receiving and accommodation arrangements for participants.
3. Day 2 Registration at the of the participants, Opening of the workshop, Natural resources for rural development (climatic and pedagogical, natural raw materials in crop production, horticulture and animal husbandry, foods for local markets, bio energy uses), Organic farming (production systems and practice in crop production, horticulture, animal husbandry).
4. Day 3 Pest protection of the foods and agricultural products Storing the food and agricultural products, The bioactive compounds from vegetables.
5. Day 4 Food safety chains in crop production for small holder farmers (crop technologies, primary processing, storage, food processing and commercialisation), Non-invasive Methods for Food Quality and Risk Assessment, Traditional food: living food versus dead food, Living food for life quality.
6. Day 5 Eating for living not living for eating, How to taste food and agricultural products, Food and agricultural European legislation, Sustainable rural development.
7. Day 6 Food crises, Food security, The influence of e-commerce on agriculture, Closing the workshop.
8. Day 7 Departure and travelling of the participants.

Workshop Organiser: Universitatea din Oradea

Contact details: Universitatii Street – Number 1
410087 ORADEA
RO-ROMANIA
Tel.: -408332
E-mail: rectorat@uoradea.ro

Workshop Reference number: 2012-1-RO1-GRU13-23970

Venue: Sibiu

Date of the Workshop: 01/07/2013 - 05/07/2013

EURO-AEROBIC

Subject area: Physical education and sport
Health education
Cultural heritage

Working language(s): EN

Target Group + Translation:

Target group(s): Adults interested in adopting a good lifestyle through aerobic gymnastics and healthy eating by means of intercultural learning

Main activities Programme + Programme translation:

In the preparatory phase learner will: -search and select a traditional song from his/her country which will be used as a musical background of the EURO-AEROBIC programme; -initial evaluation; -prepare a portfolio about their region and country as well as specialties of healthy traditional food, music and dances for an intercultural evening. During the workshop the learners will be involved in: -sessions dedicated to learners' self-introduction and get-to-know-each-other activities; -group work in order to present the selected music of each learner and create the EURO-AEROBIC musical background; -sessions of aerobic gymnastics to create and learn the EURO-AEROBIC programme; -activities to learn how to adopt a healthy way of life; -work sessions during which the EURO-AEROBIC programme will be recorded to make a DVD (the performers being the learners); -multicultural evening; -activities of discovering of the Romanian spirit; -evaluation activities; -learning to learn activities; -activities related to the workshop visibility; -individual moments of self-reflection and analyze of the skills acquired; -group work in order to establish a dissemination plan; After the workshop activities the learners will: -make a final evaluation of the workshop; -organize activities of disseminating the outcomes of the workshop within the community they belong to; -multiply and distribute the EURO-AEROBIC programme DVD; -make an evaluation of the impact the workshop had on him/her and the community.

Workshop Organiser:

ASOCIATIA CULTURALA PENTRU COPII SI TINERET
„MILLENIUM ART”

Contact details:

Str. VLAD TEPES, Nr.30
80095 GIURGIU
RO-ROMANIA
www.milleniumpart.ro

Workshop Reference number: 2012-1-RO1-GRU13-24017

Venue: Râmnicu Vâlcea

Date of the Workshop: 02/04/2013 - 06/04/2013

Educational support for children and youth with disabilities

Subject area: Inclusive approaches
Learning opportunities for people at risk of social marginalisation
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Topic of the Workshop: Educational support for children and youth with disabilities
Language of the Workshop: English
Target group: Parents, Representatives of specialized centres who provide services for children with special educational needs (SEN), Technicians/teachers working with children with SEN, interested persons.

Main activities Programme + Programme translation:

Main activities: -Debate: Comparison of different educational systems and plans of work for support children with SEN; Presentation about a strategy of integration through volunteering of pupils and teachers, "NSCA"; Practical participation and assistances at support activities in specialized schools/organizations; -Focus group: The best methods and techniques of educational support for children/youngsters with SEN. -Workshops: Create, reflect and discuss different supportive activities for parents of children with SEN. Using participants experience, creativity and teamwork capacity, in a learning activity participants will exchange the best practices regarding the support activities, added in a brochure.

Programme of the Workshop:

Day1: Knowing the education system for children with SEN in Romania. Participants will present their own organizations.

Day2: Methods and techniques of educational support for children/youngsters. Assistance at support activities in the School Centre of Inclusive Education for children with SEN.

Day3: Support activities for children with autism. Complementary activities adapted to each child. Handicrafts, as a therapeutically way of education (pottery, wood, garden ornaments). Work visit to the School Centre of Inclusive Education for youngsters.

Day4: Integrative activities offered by Children's club from Horezu. "The National Strategy of Communitarian Action" implemented in many school – a way for support and integration.

Day 5: Participation at "Conference of parents" – presenting the group work of participants.

Workshop: Conclusions, the results of the course. Final form of the brochure. Final evaluation.

Workshop Organiser: ASOCIATIA PROFAMILIA VALCEA

Contact details:
Str. Calea lui Traian, Nr.147, D2-A-4
240210 Ramnicu Valcea
RO-ROMANIA
E-mail: aprofamilia@yahoo.com

Workshop Reference number: 2012-1-RO1-GRU13-23965

Venue: Sfantu Gheorghe - Ilieni

Date of the Workshop: 27/05/2013 – 31/05/2013

Elderly people and natural caregivers: European partnership about guiding and supporting natural caregivers for autonomy and citizenship of elderly people

Subject area: Social integration / exclusion
Intergenerational learning / learning in later life / senior citizens
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Target group(s): non professional care givers (family, friends, neighbours, any person having in his entourage one or more older people who needs help in his daily life.
The European caregivers group should represent the diversity of elderly persons they care for (dementia, disease, physical dependency) and also a diversity of age and experience of the caregivers

Main activities Programme + Programme translation:

Day 1: Official welcome in Sfantu Gheorghe – Ilieni to Christian Foundation Diakonia
Presentation of all the participants
Presentation of the policy of assistance to caregivers of the elderly people in Romania
Presentation of the specific aspects from Romania regarding to the ageing, frequent illnesses, social conditions of elderly and their needs
Day 2: Visit to the County Council of Covasna
Presentation of the policy of assistance to caregivers of the elderly people in Romania
Presentation of the organizations which support caregivers in County Covasna: self help groups, supporting groups for non professional care givers
Workshop for exchange between caregivers on one topic (according to the needs of caregivers)
Day 3: Visit of the home for caregivers of Diakonia Foundation in Sf. Gheorghe
Models of socialize the elderly / presentations
Workshop for exchange between caregivers on one topic (according to the needs of caregivers)
Day 4: Visit 2-3 rural places near Sf. Gheorghe and meeting with local caregivers
Models for active ageing/presentations
Workshop for exchange between caregivers on one topic (according to the needs of caregivers)
Day 5: Evaluation, impacts and future perspectives
Exchanges about the impacts of the workshops for the participants
Synthesis and evaluation of the learning impacts for the participants
Exchanges about future perspectives

Workshop Organiser: Fundatia Crestia Diakonia Filiala Sfantu Gheorghe

Contact details: Grof Miko Imre nr 13/C/5
520001 Sfantu Gheorghe
RO - ROMANIA
diakoniaoffice@yahoo.com
www.diakonia.ro

Workshop Reference number: 2012-1-RO1-GRU13-23881

Venue: Drobeta Turnu Severin

Date of the Workshop: 21/07/2013 – 28/07/2013

Photography - a bridge to European cultures

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education
Learning about European countries

Working language(s): EN

Target Group + Translation:

members of organizations and institutions or adult citizens of European countries interested to promote intercultural exchange through photography

Expected number of participants: 14

Workshop Organiser:

ASOCIATIA DE TURISM ECOLOGIC CAMENA

Contact details:

SAT LAZU, JUD. MEHEDINTI
227321 SAT LAZU
RO - ROMANIA
OFFICE@CAMENA.RO

Le bien manger est un devoir

Subject area: Consumer education
Physical education and sport
Health education

Working language(s): FR

Target Group + Translation:

- professeurs
- formateurs de professeurs
- inspecteurs
- directeurs d'école, directeurs d'organisations de la formation des adultes
- autres personnes appartenant au staff des institutions/organisations
- membres des conseils des étudiants

Main activities Programme + Programme translation:

1er jour:

- Présentation du contenu du stage.
- Présentation des participants au cours.
- Élaboration et expérimentation de démarches : manger sain pour le corps, les aliments et la santé

2ème jour:

- Visite de ferme bio : découvrir un mode de vie écologique, et des fermiers désireux de partager leur savoir-faire en agriculture biologique
- Travail sur le thème : partager un mode de vie alternatif
- Atelier : expérimentes : produits bio, produit avec des additifs alimentaires.

3ème jour:

- Approche du lieu choisi. Observation et expérimentation sur le terrain : visite de ferme traditionnelle : découvrir la vie d'une ferme : ses animaux, ses cultures de plein champ et de jardin, la faune et la flore...
- Atelier : le danger des aliments: l'excès pondéral et l'obésité des enfants

4ème jour:

- Présentation: les dangers potentiels des "restaurants rapides" à plus ou moins long terme pour la santé, les causes du surpoids ou de l'obésité
- Atelier : la mauvaise alimentation, nouveau mal du siècle.

Les participants à l'atelier, par le biais du programme éducatif et les contacts interpersonnels, approfondiront les aspects suivants:

5ème jour:

- Atelier : Allier alimentation équilibrée et activité physique
Elaboration d'un programme d'activités physiques

Boîte à outils : Découverte et manipulation des outils pédagogiques disponibles. Outils pratiques de formation, capables de combiner différents thèmes et connaissances dans un projet interdisciplinaire et transversal par rapport à l'éducation de la santé en Europe.

-Échange en vue d'une collaboration éventuelle pour de futurs Grundtvig en lien avec les contenus de l'atelier.

- Evaluation du stage.

Workshop Organiser:

Asociatia Culturala Branart

Contact details:

Str. Maramures, nr.3, Bl. I 18, Ap. 10

200049 Craiova

RO - Romania

asociatiabranart@yahoo.com

<http://branart.awardspace.info>

Workshop Reference number: 2012-1-RO1-GRU13-24009

Venue: Iasi

Date of the Workshop: 10/04/2013 – 15/04/2013

How to work with gender issues in real life?

Subject area: Gender issues, equal opportunities
European citizenship and European dimension
Active citizenship

Working language(s): EN

Target Group + Translation:

People involved in adult education, adults coming from grassroots women's group, adults being employed or volunteers as service providers which are gender blind or gender neutral

Main activities Programme + Programme translation:

day 1 A guide to gender mainstreaming. A practical guide to implementing a gender mainstreaming strategy. What difference does EU make?

day 2 Gender impact assessments : A step-by-step guide to conducting your own.

day 3 Gender budgeting

day 4 The gender mainstreaming tools. Gender disaggregated data

day 5 What it is and why it's important, plus a list of resources and a look at the Equality Measurement Framework. Participation. Analysing how inclusive you are.

day 6 Workshop evaluation

Workshop Organiser: SC ALIA CONSULT SRL

Contact details: Street Gh.Doja – Number 7A
700082 Iasi
RO - Romania
aliaconsult2@yahoo.com

Workshop Reference number: 2012-1-RO1-GRU13-23975

Venue: Sibiu

Date of the Workshop: 01/07/2013 - 08/07/2013

Discover a Healthy Way of Life through the Romanian Traditions

Subject area: Cultural heritage
Consumer education
Learning about European countries

Working language(s): EN

Target Group + Translation:

Teachers, parents, grandparents, ONG workers and volunteers, seniors (50+), lonely people, people from orphanages, people living in large cities, people living in remote areas

Expected number of participants: 12

Main activities Programme + Programme translation:

The workshop main activities combine lectures given by specialised trainers, interactive dialogue, Power Point Presentations, short films and in-situ visits for the participants. All these activities will be aiming to discover a healthy way of life in the 21st century, through the Romanian traditional culture and civilization; in this regard, “healthy life” will be approached from three perspectives: food habits, communication, and social habits. The workshop participants will deal with this subject by examining items like posters, by film watching, by debates, by direct contact with the local people and by experiencing a healthy life in the Romanian villages.

Before and after the workshop, the participants will be asked to give their own definition on a “healthy life” and, thus, each of them can observe the change of perspective. The workshop findings and support materials will be uploaded on the organiser’s site and on the especially created blog, in order to promote and disseminate knowledge on a healthy life.

Workshop Organiser: Asociatia “Sibiul Azi”

Contact details: Oncești 18, Ap. 34
Sibiu
RO - Romania
asociatiasibiulazi@gmail.com
www.wix.com/asociatiasibiulazi/asociatiasibiulazi

Workshop Reference number: 2012-1-RO1-GRU13-24020

Venue: Arcus

Date of the Workshop: 06/05/2013 – 10/05/2013

European autonomies in practice

Subject area: Regional identity
Learning about European countries
Active citizenship

Working language(s): EN

Target Group + Translation:

Civil society and local administration representatives

Main activities Programme + Programme translation:

The general objective of the workshop is to bring closer different ethnic groups from Europe and to discuss the role of multiethnicity in regional development. The existence of several minority groups in Europe is a burning topic for defining regional identity, as the basic of all cohesion and regional policy.

There is an ongoing discussion about the minorities, languages and different possible cross-border cooperation forms in European countries. Most of countries are hosting between 3 and 45 minority groups each. Nowadays Europe is counting 37 national languages, but 53 languages are without a state and are spoken by only 5% of the population. In order to define and to protect regional identity based on ethnicity there were supplementary mechanisms developed to protect them: proportional representation, autonomy and self-governance. Discussions about this topic at European level brought up such themes like: tourism and minorities, traditional products and minorities, minority languages and cultural autonomy. These topics are of great interest to adults living in such regions where the population has a different ethnic identity than the country they live in. Most of the European countries have this experience, so throughout this project we would like to bring upfront the discussion about the coherence between regional identity and regional development.

The Workshop is built up with a specific theme for each day. The themes are introduced then discussed in smaller groups and then all together. The themes are:

- Minorities influencing multicultural countries, with special regards to cross-border cooperation
- Tourism in regions with different ethnic culture: traditional products and regional marketing,
- Minority rights in Western and Eastern Europe in a comparative perspective and good governance in multiethnic communities,
- Cultural and territorial forms of autonomy in Europe,
- Financial aspects of self-governance models in Europe.

Workshop Organiser: Consiliul Judetean Covasna

Contact details: Street – Number: P-ța. Libertății nr. 4
520008 Sfântu Gheorghe
RO - Romania
office@kvmt.ro
<http://www.kvmt.ro>

Workshop Reference number: 2012-1-RO1-GRU13-23973

Venue: Cluj Napoca

Date of the Workshop: 04/06/2013 – 08/06/2013

Commedia dell'arte and the Monologue Theatre

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage

Working language(s): EN

Target Group + Translation:

Adult learners (non professionals) aged 18 or above with interests in theatre and literature. Professionals and people of an adult education staff cannot participate to the Workshop

Main activities Programme + Programme translation:

03.06.2013 Arrival. Picking up the participants at the airport and accomodation.
Welcome dinner.

04.06.2013 09,00 – 11,00 Nazzareno Vasapollo, Andrea Anconetani- Opening of the workshop

05.06.2013 11,00 – 13,00 Andrea Anconetani - The medieval Jester– Francis the holy Jester.
15,00 – 17,00 Andrea Anconetani - Technical-practical laboratory

06.06.2013 09,00 – 10,30 Andrea Anconetani - Introduction to the themes of the day
11,00 – 13,00 Andrea Anconetani - The characters in the Commedia dell'Arte

07.06.2013 09,00 – 10,30 Andrea Anconetani - Introduction to the themes of the day
11,00 – 13,00 Andrea Anconetani - The evolution of the Monologue Theatre
15,00 – 18,00 Andrea Anconetani - Technical practical laboratory

08.06.2013 09,00 – 10,30 Andrea Anconetani - Introduction to the themes of the day
11,00 – 13,00 Andrea Anconetani - Dario Fo, the “grammelot“ and the rap
15,00 – 18,00 Andrea Anconetani - Technical-practical laboratory

09.06.2013 Departure

Workshop Organiser: S.C. IMPROWISE S.R.L.

Contact details: Str. Ioan Ghica Nr. 1
300406 Cluj Napoca
RO - Romania
office@improwise.ro
www.improwise.ro

Workshop Reference number: 2012-1-RO1-GRU13-24019

Venue: Iasi

Date of the Workshop: 12/05/2013 – 18/05/2013

Entrepreneur in the mirror

Subject area: Economics, business, industry and commerce
Career guidance & counselling
Learning opportunities for people at risks of social marginalisation

Working language(s):

Target Group + Translation:

Unemployed persons; people interested in starting their own business, interested in improving entrepreneurial knowledge or in expanding their business to European level

Main activities Programme + Programme translation:

Participants will be actively involved in workshop development following training methods like:

- individual and group exercises,
- discussions with local entrepreneurs,
- study cases,
- exercises to stimulate creativity

Workshop Organiser:

BUSINESS WITHOUT BORDERS ROMANIA

Contact details:

Street – Number Clopotari, nr.38, bl.673, sc. A, et.1, apt.5
700724 IASI
RO - Romania
www.bwb.ro

Workshop Reference number: 2012-1-SI1-GRU13-03998

Venue: Velenje

Date of the Workshop: 12/05/2013 - 23/05/2013

Active ageing at home

Subject area: Intergenerational learning / learning in later life / senior citizens
Social integration / exclusion
Reinforcing links between education and working life

Working language(s): EN

Target Group + Translation:

Adults

Main activities Programme + Programme translation:

Arrival (12.5.2013): International day, welcome day

Day 1 (13.5.2013): Welcome activities and how to motivate people from rural parts for active aging at home

Day 2 (14.5.2013): Getting to know the importance of proper nutrition process in ageing

Day 3 (15.05.2013): Getting to know the secret of proper gym exercises (physiotherapy, work therapy)

Day 4 (16.05.2013): Getting to know music therapy and relaxation

Day 5 (17. 05.2013): Getting to know Art Therapy

Day 6 (18. 05.2013): Getting to know reading as a place of empowerment

Day 7 (19. 05.2013): Workshops on the theme of active ageing; brainstorming of ideas, themes for concrete thematic workshops (gym, music, art,...).

Day 8 (20. 05.2013): Workshops of thematic days in groups; (writing stories, combining music, life stories,...)

Day 9 (21. 05.2013): Workshops of thematic days in groups; (making pottery, making things from youth, childhood...)

Day 10 (22. 05.2013): Presentation of results of thematic day, final evaluation

Departure (23.05.2013)

Workshop Organiser:

DOM ZA VARSTVO ODRASLIH VELENJE

Contact details:

Kidričeva 23

3320 Velenje

SI-SLOVENIA

E-mail: dom@dvov.si

<http://www.dom-velenje.com>

AKTIVIRAJMO LASTNE SAMOZDRAVILNE POTENCIALE SKOZI POVEZOVANJE Z ZDRAVILNIMI SILAMI NARAVE

Subject area: Addressing target groups with special needs
Health education
Social integration /exclusion

Working language(s): SL

Target Group + Translation:

gibalno ovirane osebe in gibalno neovirane osebe (spremljevalci, prostovoljci dela z gibalno oviranimi osebami) od 18 do 60 let, iz Hrvaške, Avstrije, Madžarske, ki želijo spoznati oblike pomoči in samopomoči ter jih uporabiti za obogatitev življenja gibalno oviranih.

Handicapped and their attendants - volunteers from age of 18 to 60 from Croatia, Austria, and Hungary, who would like to learn ways for self-healing and enriching their lives.

Main activities Programme + Programme translation:

Ozavestiti o njihovih lastnih močeh in jih usposobiti za aktivno uporabo le teh in s tem dvigniti kakovost življenja in delovanja.

Delavnica AKTIVIRAJMO LASTNE SAMOZDRAVILNE POTENCIALE SKOZI POVEZOVANJE Z ZDRAVILNIMI SILAMI NARAVE je namenjena gibalno oviranim in gibalno neoviranim osebami, da ozavestijo lastne moči, se usposobijo za aktivno uporabo le teh in s tem dvignejo kakovost življenja in delovanja.

Skozi praktično izkustveno delo in medsebojno izmenjavo bomo spodbujali pozitivno samopodobo in lastne zdravilne ustvarjalne potenciale, spoznavali zdravilne moči petih elementov in ter se usposobili za dejavno soočanje z vsakodnevnimi izzivi in vključitev v družbeno življenje.

Po uvodni medsebojni predstavitvi drugi dan spoznavamo sebe in naravo, gradimo pozitivno samopodobo, slikamo in se kopamo v zdravilni termalni vodi.

Tretji dan: odkrivamo zdravilne moči zemlje, konkretne načine za podporo zdravja in dobrega počutja, oblikujemo glino, se nahranimo z zdravilnimi energijami parka.

Četrti dan : izkušamo zdravilno moč vode, vzpostavljamo energijsko pretočnost, čustveno ravnovesje, občutenje miru, slikamo na svilo, se kopamo.

Peti dan: celodnevni ogled zgodovinsko - kulturno - umetniških znamenitosti Ljubljane. Spoznavamo zdravilne moči zraka. Skozi dihalne vaje, vodeno meditacijo in oblikovanje z nepredeno volno spodbujamo sprostitvev in pozitivno miselno naravnost.

Šesti dan: izkušamo zdravilne moči ognja, krepimo lastno voljo, ustvarjalno delovanje in duhovno zavedanje, oblikujemo sveče, se športno udejstvujemo in pojemo ob ognju.

Sedmi dan: ozavestimo zdravilne moči etra, vsepovezanost , skupaj slikamo na svilo in pripravljamo zaključno predstavitev.

Osmi dan zaključimo s predstavitvijo, razstavo in nadaljnjo vizijo.

Večeri so posvečeni kulturno-umetniškimi dogodkom in medsebojnem sproščenem druženju.

LET US ACTIVATE OUR SELF-HEALING POTENTIALS THROUGH CONNECTING WITH HEALING FORCES OF NATURE is a workshop aimed at handicapped and volunteers for empowering their self potentials, learn to use them properly and enrich quality of life and acting. Through practical experience and mutual exchange, we will enhance our positive self-image, own potentials, access natural healing sources of five elements and acquire skills for actively facing everyday challenges and social inclusion.

After first day introduction, we spend the second day exploring ourselves and Nature, building a positive self-image, painting and bathing in thermal waters.

Third day we explore healing powers of earth and specific ways to support health and wellbeing, model clay, nurture with healing energies of the health resort park.

Fourth day we experience the healing power of water, restore our energy flow, emotional balance, peace of mind, paint on silk, have bath.

Fifth day we have a whole-day visit to Ljubljana and its important cultural, historical places.

We feel healing forces of air, we stimulate positive mind-et. meditate and model unspread wool.

Sixth day we experience healing powers of fire, enhance our will, creativity, spiritual awareness, mould candles, do sports and sing by the fire.

Seventh day we recognize healing powers of ether and all-connectedness, we do group-painting on silk, prepare the final presentation.

Eight day we do the presentation, exhibition, shape the vision for the future.

Evenings are reserved for cultural events and socializing in a joyful atmosphere.

Workshop Organiser:

DRUŠTVO ZA POMOČ ZA CELOVITOST ŽIVLJENJA
KLJUČ ŽIVLJENJA

Contact details:

Planina 3
4000 Kranj
SI-SLOVENIA
Tel: 00386 5 90 344 33
00386 40 838 570
E-mail: kljuczivljenja@gmail.com
<http://www.kljuczivljenja.si>

Workshop Reference number: 2012-1-SK1-GRU13-04485

Venue: Šahy

Date of the Workshop: 02/06/2013 - 08/06/2013

Building Successful and Sustainable, Close-to-Nature SMEs in Rural Slovakia

Subject area: Environment / sustainable development
Intercultural education
Economics, business, industry and commerce

Working language(s): EN

Target Group + Translation:

Learners from geographically remote areas with few social, cultural and economic opportunities, not well-travelled, those that can only build on local resources to create new local values. Finding and addressing the potential workshop participants will be done through our network partners in Hungary, the UK, Germany, Romania, Bulgaria, Cyprus and Iceland.

Main activities Programme + Programme translation:

Visits to well-working local small businesses and NGOs to learn about their activities and success stories

Visits to the natural sites having potential for successful eco-tourism activities, discussion about their latent economic potential

Learning traditional skills: making honey and other bees products, wine-making, willow weaving, rope-making, glass painting, making corn dollies, weaving rugs on traditional looms, wood carving, cooking and baking traditional rural food, green woodworking

Discussion about the marketing methods of local know-how and products.

Workshop Organiser:

Ochránárske a kultúrne združenie Poiplia

Contact details:

Hlavné námestie 1
936 01 Šahy
SK-SLOVAKIA
E-mail: ipelunion@gmail.com
www.ipelskaunia.sk

Workshop Reference number: 2012-1-TR1-GRU13-36155

Venue: Trabzon

Date of the Workshop: 03/02/2013 - 10/02/2013

Cook Fish Properly, Play Horon and Learn Turkish

Subject area: Foreign language teaching and learning
Intercultural education
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adults interested in Turkish culture and language, working with Turkish immigrants. Staff of organisations offering services to Turkish originated European citizens, living in Europe and planning to learn Turkish.

Main activities Programme + Programme translation:

DAY 1- Arrival.

DAY 2- Introduction to Turkish. Meeting people in Turkish local folk dance training (horon). Round table discussion on ideas of courses and exchange of ideas on language learning and teaching.

DAY 3- Meeting basic needs in Turkish. Introduction to present continuous tense in Turkish. Practical session; a city walk under the guidance of the trainer, meeting people and initiating basic conversations. A presentation on Turkish cuisine. Local folk dance training (horon).

DAY 4- Talking about oneself and daily routines. Shopping in Turkish. Practical session; Going shopping and making conversations under the guidance of the trainer. Cooking local food (kuymak and fish).

DAY 5- Cases in Turkish. Family members (talking about family members). Practical session; visiting Hagia Sophia Museum under the guidance of the trainer and creating authentic dialogues). Local folk dance training (horon).

DAY 6- Imperative form in Turkish, cooking and giving instructions, Shopping for food, talking about food; ordering food at a restaurant. Cooking local food (kaygana). Practical session; taking a tour to a Sumela Monastery and creating conversations in Turkish.

DAY 7- Introduction of traditional Turkish clothes. Professional horon dance show and folk dance training. Final evaluation of the Workshop and the preparation of the Workshop report. Closing ceremony.

DAY 8- Departure.

Workshop Organiser:

Trabzon Egitimsiz Olmaz Diyenler Dernegi

Contact details:

Kemerkaya Mahallesi Ticaret Mektup sok. Ustaömeroğlu Kat:
4
61100 TRABZON
TR-TURKEY
Tel.: 0090 462 230 04 40
E-mail: egitimsizolmaz@gmail.com
www.teodd.org

Workshop Reference number: 2012-1-TR1-GRU13-36168

Venue: Pursaklar/ Ankara

Date of the Workshop: 10/03/2013 - 15/03/2013

AMAZING TURKISH ART EBRU

Subject area: Artistic education, also including Arts and Crafts and Music
Cultural heritage
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

No special skills required. Adults interested in Ebru Art (marbling), a traditional Turkish art, the workshop is also addressing adults being hearing impaired. The beginner level of English is sufficient to communicate. Hearing impaired learners can join with an accompanying person who knows sign language and English to communicate because there is no universal sign language. There are vacancies only for 5 hearing impaired candidates. Participants will have a chance to create their own masterpieces in the workshop.

Main activities Programme + Programme translation:

This workshop will focus on how to make Ebru.

DAY 1 - Arrival. Welcoming the participants and introducing the staff and the place where they will work.

DAY 2 - Giving general knowledge about Ebru including the short history of it. Introducing the materials to be used. We will make selected visits to contemporary Ebru workshops in Suluhun in Ulus, Ankara to explore how Ebru (paper marbling) has evolved through the centuries and how it is relevant today.

DAY 3 - Working Session: Starting to practice using the techniques of Ebru Art (painting Ebru).

DAY 4 - Working Session: Painting Ebru.

DAY 5 - Working Session: Producing the products using Ebru painting techniques. Visiting "Sevgi Evleri", which is a school bound to Provincial Directorate of Family and Social Policy also making Ebru Art painting with orphan children.

DAY 6 - Working Session: Painting Ebru. Exhibition of learner's products open to the public and other local institutions in Pursaklar. Giving the certificates.

DAY 7 - Departure.

Workshop Organiser:

Pursaklar Halk Egitim Merkezi

Contact details:

Atatürk Cd. Merkez Mh. No:36

ANKARA

TR-TURKEY

Tel.: 0090 312 527 61 10

E-mail: 970266@meb.k12.tr

www.pursaklarhalkegitim.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36223

Venue: Ankara

Date of the Workshop: 15/03/2013 - 23/03/2013

MEDIA LITERACY FOR ADULT LEARNERS

Subject area: Media and communication
New technologies, ICT
Basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adult learners interested in media literacy and representatives of NGO's working with adult learners related with mass media.

Main activities Programme + Programme translation:

Contribute through lifelong learning to the development of the EU as an advanced knowledge society. Foster interchange, cooperation and mobility between education and training institutions and systems within the EU.

Official introduction.

Expectation analysis.

Media Literacy in the EU: towards a Knowledge Society.

Impact of the media in the formal and non-formal education.

Country presentations. Informal research on Media Literacy in participating countries: presentation of results by participants.

The Lifelong Learning Programme: the new generations of education programmes for the period 2014 – 2020.

Workshops: Media literacy tools. Digital media tools. Field and Historical Visits.

Working Groups: Livestream report. Magazine report. Social platform. Feed back: Daily reflection groups. Evaluation.

Workshop Organiser:

GençlikKatilimi ve Kültürlerarası Diyalog Derneği

Contact details:

Mustafa Kemal Mahallesi, Barış Sitesi, 2113.Sokak, No:29

Yenimahalle

6520 ANKARA

TR-TURKEY

Tel.: 0090 312 285 12 46

E-mail: office@ypida.org

www.ypida.org

Workshop Reference number: 2012-1-TR1-GRU13-36143

Venue: Mardin

Date of the Workshop: 01/04/2013 - 05/04/2013

Living Languages Through Europe

Subject area: Intercultural education
Cultural heritage
Active citizenship

Working language(s): EN

Target Group + Translation:

Adults interested in languages, minorities, cultural diversity, adult learners who have minority background in Europe.

Main activities Programme + Programme translation:

Focus on the cultural diversity and living languages through Europe and raise awareness of minorities.

DAY 1 - General presentation about living languages and minorities in the region in Turkey and as a whole in Europe, their history backgrounds, characteristics features, cultural diversity with society will be covered and negotiated in groups.

DAY 2 - Meeting on minority samples linguistic units as grammar and in a very general context by academicians of Living Languages Institute at Mardin Artuklu University.

DAY 3 - Mardin Public Education Center, Mardin Gap Cultural Center, Mardin Youth and Culture House, Mardin Syranian Culture Associations and all related organizations about languages and cultures will be visited and there will be prospect briefing upon the workshop content and intercultural dialogue.

DAY 4 - Cultural visit to the constructions such as monasteries, mosques, churches, medresahs, cidedals in the city which shows the remains of the prehistoric and historical civilizations contributing to the blends of languages, cultures, religions and colours in the region.

DAY 5 - The participants in the route of coordinator instructions and assistance will be given the tasks to take the pictures of a building, a material or an object that appeals to a certain language that they learnt during the workshop. So the participants with the group will make a draft upon their tasks in Mardin old town and each group share their own workshops by presentation and at the end of the presentations there will be closure and attendance certification session.

Workshop Organiser: Mardin Valiligi

Contact details: Hükümet Konağı, Vali Ozan Cd. 47200
47200 MARDİN
TR-TURKEY
Tel.: 0090 482 212 11 06
E-mail: abmar47@gmail.com
www.abmar.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36171

Venue: İzmir

Date of the Workshop: 07/04/2013 - 13/04/2013

Ecolife

Subject area: Artistic education, also including Arts and Crafts and Music
Environment / sustainable development
Consumer education

Working language(s): EN

Target Group + Translation:

Adults from different ages, education and profession, but particularly for individuals having little access to education and/or facing disadvantaged circumstances (unemployed, social/economical difficulties, low education).

Main activities Programme + Programme translation:

Create awareness about the environmental sensitivity by using recycling. Produce new products out of materials which are originally from any kind of materials such as packages of consumer goods like candy bags, papers, detergent sacks, clothes, accessories, furniture, textile etc. and share the joy of creativity. Trainers will give information about methods how participants produce new materials by given materials. Participants will learn practical methods using recycled material for crafting new and different items that can be useful or decorative accessories, instead of throwing them away, they can make different kinds of products for other benefits. The workshop will encourage the creativity, artistic exploration, and talents to some extent of participants to utilize organic and inorganic wastes as useful or valuable crafts. They will also use this productivity as their source of income. A home industry of making new products will support the family income. The workshop will use the techniques of peer learning and experiential learning, with specific activities including cultural presentations, evaluating sessions, ice-breakers. The program includes workshop activities, inter-cultural events, meeting with the local community and a few hours of free time. Participants will have an opportunity to learn about culture in an informal way.

Workshop Organiser:

Konak Sosyal Yardimlasma ve Dayanisma Vakfi

Contact details:

Konak Kaymakamlığı , B blok , zemin kat, Konak,İzmir
35268 İZMİR
TR-TURKEY
Tel.: 0090 232 445 83 13
E-mail: konaksydv@ttmail.com
www.konak.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36209

Venue: Sivas

Date of the Workshop: 14/04/2013 - 20/04/2013

Ethics for Everyone

Subject area: Ethics, religions, philosophy
Active citizenship
Other

Working language(s): EN

Target Group + Translation:

Adults interested in Ethics for Everyone. Basic level of English is sufficient to understand the activities.

Main activities Programme + Programme translation:

Day 1 - Arrival Day.

Day 2 - Presentations about Turkey and Sivas, presentations about ethics; business ethics, environmental ethics.

Day 3 - Presentations about ethics; religious ethics, ICT ethics, behavioral ethics, universal ethics, City tour.

Day 4 - Preparation of drama by the participants about the unethical behaviors in their countries and exhibiting dramas about unethical and ethical behaviors (business ethics, environmental ethics). Dramas about unethical and ethical behaviors (environmental ethics).

Day 5 - Dramas about unethical and ethical behaviors (ICT ethics-religious ethics). Dramas about unethical and ethical behaviors (behavioral ethics-universal ethics).

Day 6 - Making a short film about ethics. A traditional Turkish Night.

Day 7 - Departure Day.

Workshop Organiser:

Etik Derneği

Contact details:

Çarşıbaşı Mah. Ziyabey Sok. Yuvam Apt. Kat:1 D:2
SİVAS
TR-TURKEY
Tel.: 0090 505 654 29 41
E-mail: etikder@hotmail.com
www.etikder.org/

Workshop Reference number: 2012-1-TR1-GRU13-36183

Venue: Eskişehir

Date of the Workshop: 14/04/2013 - 20/04/2013

Universal Consumer Rights and Concious Consumer

Subject area: Consumer education
Other

Working language(s): EN

Target Group + Translation:

Adults interested in consumer education, particularly persons with negative or positive shopping experiences and observations.

Main activities Programme + Programme translation:

In this workshop, participants will have the opportunity to share their experiences and knowledge about consumer problems and rights. True life stories, common problems and solutions will be discussed in a universal context. The participants will be informed on "how to be a conscious consumer" and "universal consumer rights" through using drama facilities. They will produce memorable slogans during the workshop to raise consumer awareness. Besides this, a survey will be handed out to the participants and they will conduct this survey back home and the survey results will be evaluated by our institution through SPSS survey evaluation program. In addition to 20 participants' survey results, each participant will apply this survey to least 10 people back home. Thus, we will have some idea of at least 220 European consumers' experiences in Europe. The results will be published in type of booklets and in the workshop's official website both in English and Turkish. This website will be updated regularly through the contribution of the participants. Additionally, the design of the booklet will be made with the cooperation of the participants. There will be a blog which allows participants to share their ideas. Thus, information technologies will be used actively.

DAY 1 - Arrival of the partners.

DAY 2 - Basics of economics: goods, value, price, consumer, etc.

DAY 3 - Universal consumer rights. Inventing slogans.

DAY 4 - Consumer awareness, consumer behaviour and responsibility.

DAY 5 - Shopping awareness.

DAY 6 - Qualifications for consumer rights. Preparing brochure, working files, photos, and slogans will be added to the brochure.

DAY 7 - Presenting of certificate of attendance and departure.

Workshop Organiser:

Odunpazari Ilce Milli Egitim Mudurlugu

Contact details:

Paşa Mah. İmamoğlu Sok. NO: 2 26030 Odunpazarı /
Eskişehir
26030 ESKİŞEHİR
TR-TURKEY
Tel.: 0090 222 230 60 61
E-mail: odunpazari26@meb.gov.tr
odunpazari.meb.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36185

Venue: Ödemiş / İzmir

Date of the Workshop: 14/04/2013 - 21/04/2013

Women and Work

Subject area: Gender issues, equal opportunities
Social integration / exclusion
Active citizenship

Working language(s): EN

Target Group + Translation:

Women having left education without the basic qualifications and skills necessary for confidence and competitiveness in the labour market. Women wanting to be more informed and educated in women issues, with interest to improve their skills and knowledge in different significant areas related to their possibility to reach more successful involvement in the labour market.

Main activities Programme + Programme translation:

Main activities will be related with: Understanding women's issues through a human rights perspective. Women activism in history. Women's viewpoint about their involvement in society. Leadership skills. Make your speech. Raising awareness and reflecting on different stereotypes about women in society. Insight about women activism in history in order to compare women's involvement in society now and in the past. Sharing European countries cultures through women's professional experience. Giving knowledge and skills in the tools of the time management, conflict management, work organization, job interviews, Europass Curriculum Vitae preparation and leadership. Meeting with successful women in professional life from the local area.

Workshop Organiser:

CEIPES Türkiye - Eğitim ve Kalkınmanın Yaygınlaştırılması için Uluslararası Merkez

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Workshop Reference number: 2012-1-TR1-GRU13-36196

Venue: Ankara/Bala

Date of the Workshop: 14/04/2013 - 25/04/2013

From Gypsum to Art

Subject area: Teaching basic skills for adult learners
Economics, business, industry and commerce
Intercultural education

Working language(s): EN

Target Group + Translation:

All adult learners and especially unemployed persons who are interested in making ornaments and decorative products using gypsum.

Main activities Programme + Programme translation:

Teach to turn gypsum which we have reserves in our district as raw material by processing into a product without grinding. Training of making knickknack, ornaments, jewellery and decorative products, acquiring profession and art of processing gypsum.

DAY 1 - Arrival.

DAY 2 - Trip to gypsum mine in our district and introduction of gypsum by giving general information how it is mined and its preparation for process.

DAY 3 - How to use tools in processing gypsum, hand brush hook, dagger, lathe, chisel, heater, processing knife, strickle, drill, milling cutter, bits, pliers). Teaching techniques used (engraving, passing from power lathe, and making practice applications with these tools.

DAY 4 - Teaching tools used in decorating products produced from gypsum, beewax, parafine, perhydrol, paper emery, teflon screw, fishline, paints. Teaching techniques used in decorating products, embossing technique, decorating with milling, awaiting in beewax, burning, painting with marbling paper, painting technique.

DAYS 5 – 6 – 9 – 10 - 11 Practising making knick-knack, ornaments, jewellery and decorative products from gypsum. Exhibition of the products.

DAY 7 - Evaluation of the workshop half time and practising making knick-knack, ornaments, jewellery and decorative products from gypsum.

DAY 8 - A trip to centers of handcraft products and practising making knick-knack, ornaments, jewellery and decorative products from gypsum.

DAY 12:- Departure

Workshop Organiser:

Bala Halk Egitim Merkezi

Contact details:

Göztepe mh. Atatürk Cd. No:12
6720 ANKARA
TR-TURKEY
Tel.: 0090 312 876 10 68
E-mail: bala119078@gmail.com
<http://www.balahem.meb.k12.tr>

Workshop Reference number: 2012-1-TR1-GRU13-36164

Venue: Afyonkarahisar

Date of the Workshop: 15/04/2013 - 19/04/2013

Turkish Traditional Village Rooms as an Informal School

Subject area: Cultural heritage
History and social science
Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Adults interested in Turkish culture, Anatolian people's life, sociology, village life and charities.

Main activities Programme + Programme translation:

Introduction of our association and its activities and to know each other. Giving information about the history of Afyonkarahisar and village rooms. Discussion of village rooms and similar centers in European. Observation of the architecture of village rooms and specific features. Some activities which are performed traditionally in different village rooms. Study visit to different village rooms, and to criticise them. Conversation with people who hold village rooms. Experience about affairs of village life. Visit the Afyon house which includes traditional restaurant, traditional handmade present showroom. Certification.

Workshop Organiser:

Umit Gonullu Egitimciler Dernegi

Contact details:

Marulcu Mahallesi, Şehit Yüzbaşı Erdinç ŞATIRER Sokak,
Gedik Ahmet Paşa İlköğretim Okulu arkası, No:7/A
Merkez/ Afyonkarahisar
3200 AFYONKARAHİSAR
TR-TURKEY
Tel.: 0090 272 217 29 01
E-mail: umitgonder@hotmail.com
www.umitgonder.org

Workshop Reference number: 2012-1-TR1-GRU13-36182

Venue: İzmir

Date of the Workshop: 20/04/2013 - 26/04/2013

Women Alive: With Energy and Consciousness

Subject area: Health education

Gender issues, equal opportunities

Recognition of non-formal and informal learning

Working language(s): EN

Target Group + Translation:

Women having little access to adult education and/or who live in disadvantaged circumstances (such as unemployed, single-mother, divorced, lesbian, social/economical difficulties, low education) and wanting to develop their self-consciousness and to feel their own power and vividness.

Main activities Programme + Programme translation:

The participants will experience a process of self-reflexion, of growth of self-esteem and they will get more and more abilities to express their own feelings, needs and desires. This will happen with the use of bodywork and other holistic tools like meditation, creativity, roleplaying and dance/movement.

DAY 1 - Arrival.

DAY 2 - Opening ceremony, the participants will make contact with each other and with their own body.

DAY 3 - body-emotion-mind; they will reflect their life-situation and get in an exchange with other women about the situation of women in different countries.

DAY 4 - vitality and aliveness; they will be fully used to activate the energy and vitality of the participants. They get enabled to feel their strength and power.

DAY 5 - womanhood; brings the participants in contact with their own womanhood. The bodywork helps them to connect with their own female body. They reflect female role models - especially their mothers.

DAY 6 - letting go, changinig, being alive; the main question will be; how to transfer the own power and vividness in the daily life and how to transfer the experiences and the risen consciousness in normal life. The participants will create an own ritual to experience confirmation in their process of getting free. There will be space to evaluate the workshop and to celebrate the community.

DAY 7 - Departure.

Workshop Organiser:

Izmir Valiligi

Contact details:

Vilayet Konakları, B blok, kat 3, Konak

35268 İZMİR

TR-TURKEY

Tel.: 0090 232 445 83 13

E-mail: izmirab@izmirab.gov.tr

www.izmir.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36205

Venue: Ayaş / Ankara

Date of the Workshop: 06/05/2013 - 16/05/2013

STYLE YOURSELF

Subject area: Basic skills for adult learners
European citizenship and European dimension
Other

Working language(s): EN

Target Group + Translation:

Adults who interested in hairdressing, especially unemployed women.

Main activities Programme + Programme translation:

Day 1 - Arrival.

Day 2 - A powerpoint presentation about general knowledge of hair care. Introducing hair care products, showing how to use them, the participants' applying them to each others hair. Giving information and showing the hints of washing the hair in a right way.

Day 3 - Showing how to set in different ways and participants' application by setting each other's hair.

Day 4 - Giving information and showing one of the easiest and smartest way of plucking eyebrow and practising.

Day 5 - Giving information about different types of hair and practising. A small trip around Ayaş, Beypazarı and Centre of Ankara.

Day 6 - Presenting and showing the hints of a good hair dyeing.

Day 7 - The hints of using curling irons, what to do to have your hair curly after using the curling irons.

Day 8 - Teaching the different ways of hair plaits.

Day 9 - Showing a good example of professional make-up and practising.

Day 10 - Showing the hints of cutting hair especially deformed ends of the hair. Departure.

Workshop Organiser:

Ayas Halk Egitim Merkezi

Contact details:

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118908@meb.k12.tr

Workshop Reference number: 2012-1-TR1-GRU13-36218

Venue: İstanbul

Date of the Workshop: 11/04/2013 - 15/04/2013

Homeopathy

Subject area: Health education
Career guidance and counselling

Working language(s): EN

Target Group + Translation:

Adult learners interested in homeopathy and familiar with homeopathic treatment. No special medical skills required. The participation of persons with health problems will be encouraged.

Main activities Programme + Programme translation:

Lectures and presentations by experts on Basic Principles of Homeopathy. Discussion by the participants on the homeopathic counselling and "case taking" techniques and methods and difficulties encountered in counselling. Study on live cases and variations in different countries. Special cases; pediatrics, psychiatry, gynecology. Use of homeopathic software and brainstorming for repertorization. Evaluation and feedback of the workshop.

Workshop Organiser: Homeopati Dernegi

Contact details: Büyük Hendek Cad. No: 21 K:2 Kuledibi, Beyoğlu
İSTANBUL
TR-TURKEY
Tel.: 0090 216 545 76 35
E-mail: bilgi@homeopatidernegi.org
www.homeopatidernegi.org

Workshop Reference number: 2012-1-TR1-GRU13-36198

Venue: Samsun

Date of the Workshop: 11/05/2013 - 20/05/2013

A Warm Intercultural Dialogue Can Begin With Kece

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education

Working language(s): EN

Target Group + Translation:

Unemployed people, housewives and adults over 20 with at least elementary level of English who are interested in learning traditional Turkish art of wool, Kece (felt) and Turkish culture.

Main activities Programme + Programme translation:

- Day 1- Arrival, checking in the hotel. Welcome meeting ,getting to know each other, general information about the programme, orientation.
- Day 2 -Introducing Atakum Halk Eđitim Merkezi (AHM) and courses in AHM, showing previous Kece (felt) exhibitions, the history of Kece (felt), showing the fields of using Kece (felt).
- Day 3 -Introducing making Kece (felt) by crushing and necessary equipment and techniques to make Kece (felt), practising making Kece (felt) by crushing. Visiting Amisos Tumulus and Storerooms.
- Day 4 - Learning basic skills of shaping and coloring Kece (felt).
- Day 5 -Practising materials and techniques, getting to know Turkish culture with the help of Turkish classmates.
- Day 6 -Producing works with Kece (felt) (purse, handbag, phone bag,etc...). Visiting Bandırma Vapour, Kurtulus Way and museums.
- Day 7 - Producing works with Kece (felt) (necklace, bracelet, earrings,etc...).
- Day 8 - Producing works with Kece (felt) (vest, socks, pillow, etc...) evaluations, discussions and getting the reflections. Joining the Sıra Gecesi.
- Day 9 -Attending 19th May Commemoration of Atatürk, Youth and Sport Festivity (a Turkish National Festivity). Exhibition of the participants' works with Kece (felt), certificate ceremony.
- Day 10 - Departure.

Workshop Organiser:

Atakum Halk Eđitim Merkezi ve Aksam Sanat Okulu

Contact details:

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55200 SAMSUN
TR-TURKEY
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E-mail: 970407@meb.k12.tr
<http://www.atakumhem.gov.tr>

Workshop Reference number: 2012-1-TR1-GRU13-36162

Venue: Manisa

Date of the Workshop: 12/05/2013 - 18/05/2013

Kings of This Age

Subject area: Physical education and sport
History and social science
Learning about European countries

Working language(s): EN

Target Group + Translation:

Adults, women and men, dynamic, motivated, interested in sport - 18+

Main activities Programme + Programme translation:

Provide adult learners an opportunity to develop their interest in sports and mountaineering and to develop their personal social skills. The participants will be equipped with basics of trekking, how to survive in the nature, to set up a tent, how to read a map and compass and some basic first aid techniques. On the last day of the workshop there will be a trekking activity where they will walk along a part of the road that was known as “King’s Road” in the past and they will apply the things they learned during the week.

12 May 2013: Arrival of the participants. Welcome dinner. Name games, introduction of the participants, pre-information about the workshop activities and the workshop.

13 May 2013: Morning: General theoretical information about camping and trekking. Introducing camping and trekking materials such as shoes, bags, tents, sleeping bag etc. How to choose a suitable material and preparing the camping bag, warm-up activities before starting.

14 May 2013: Map and compass studies, essentials of map and compass reading. Practical activities of map and compass reading.

15 May 2013: Choosing the camp site, practicing to set up a tent, activities at a campsite such as lighting a fire without fire material. Setting a route for trekking.

16 May 2013: Rules to be obeyed at a camp and while trekking. Leading a trekking group and communication with the leader. Learning first aid techniques.

17 May 2013: A question & answer session about problems that can occur at the campsite and while trekking and suggestions about how they can be solved. A trekking activity: Participants will walk a part of the road that was known as “King’s Road” in the past and they have the chance to apply the things they learnt during the week.

18 May 2013: Departure of the participants.

Workshop Organiser: Turgutlu Dagecik Kulubu

Contact details: Cumhuriyet Mah. 7 Eylül Yolu, 15/1
45400 MANİSA
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Tel.: 0090 236 313 10 41
E-mail: ortaj45@hotmail.com
www.turdak.com

Workshop Reference number: 2012-1-TR1-GRU13-36221

Venue: Afyonkarahisar

Date of the Workshop: 14/05/2013 - 20/05/2013

European Choir

Subject area: Cultural heritage

Artistic education, also including Arts and Crafts and Music

Social integration / exclusion

Working language(s): EN

Target Group + Translation:

Adults interested in Turkish music, Turkish culture and making music together. Especially those living in disadvantaged areas and in disadvantaged socio-economic situations, in struggle with loneliness, isolation and lack of perspectives, in difficult financial situation and unemployed. Those not able to take part in multicultural events. People with disability are welcome.

Main activities Programme + Programme translation:

Introduction of the programme and organiser, presentations of the participants. Giving information about Turkish music culture. Introduction of Turkish musical instruments. Visiting the Music Department of Conservatory and practising Turkish musical instruments. Learning Turkish music. Receiving pronunciation exercises. Visiting old town of Afyonkarahisar City. Choir practices. Public concert, TV Programme, Certification ceremony.

Workshop Organiser:

Afyon Kocatepe Universitesi Devlet Konservatuvarı Mezunlar Derneği

Contact details:

Milli Birlik Cad. No:51
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TR-TURKEY
Tel.: 0090 272 216 33 04
E-mail: akudekomed@yahoo.com
www.akudekomed.com

Workshop Reference number: 2012-1-TR1-GRU13-36215

Venue: Afyonkarahisar

Date of the Workshop: 20/05/2013 - 24/05/2013

MANGALA- Turkish Strategy and Mind Game

Subject area: Cultural heritage
Regional identity
History and social science

Working language(s): EN

Target Group + Translation:

Adults interested in Turkish culture and in Turkish strategy and mind games.

Main activities Programme + Programme translation:

Introduce and teach Turkish strategy and mind game MANGALA which has been played for centuries. Introduction of Mangala and talking about similar games from participant's countries, the effects of Mangala on the development of the human brain (by demonstrating with chess). Discussion about tracks of Mangala in European countries and videos and slide show about Mangala. Teaching Mangala rules. Playing Mangala and practise the game. Visit the town and observe traditional life of the local people and watch them playing Mangala. Giving information for participants about traditional food culture, plays, natural and historical places (national parks, ruins, etc.) of Afyonkarahisar/ Hocalar. Mangala tournaments among participants. Award ceremony for the winners of the tournament. Certification ceremony, a tour to thermal bath of Afyonkarahisar/Sandıklı.

Workshop Organiser:

Hocalar Halk Egitim Merkezi

Contact details:

Şafak Mah. Hükümet Konağı Yanı No:34 Hocalar
3530 AFYONKARAHİSAR
TR-TURKEY
Tel.: 0090 272 551 22 23
E-mail: hocalar.aec@gmail.com
<http://hocalarhalkegitim.meb.k12.tr/>

Workshop Reference number: 2012-1-TR1-GRU13-36166

Venue: Samsun

Date of the Workshop: 26/05/2013 - 01/06/2013

EforT: Environment for Tourism

Subject area: Environment / sustainable development
Economics, business, industry and commerce

Working language(s): EN

Target Group + Translation:

Adults interested in environmental issues, eco-tourism, sustainable development and alternative tourism activities and willing to share experiences with others to develop innovative instruments about environmental tourism. Exchange of ideas and experience. Basic interest in environment, tourism and sustainable development. Will to learn about alternative tourism activities. - Active participation in experience-based sessions.

Main activities Programme + Programme translation:

- Day 1 - Arrival of the participants.
- Day 2 - Plenary session: Basic knowledge about environmental tourism; Definitions and concepts. Presentations of the participants' organization, projects, best-practices.
- Day 3 - Introduction to types of environmental tourism. The role and importance of tourism for sustainable development. Alternative sustainable tourism activities: Theme I: Nature. Field study: Visit to Bird Paradise and Yayla Houses.
- Day 4 - Alternative sustainable tourism activities: Theme II: Mountain. Expert presentation on environmental tourism activities.
- Day 5 - Alternative sustainable tourism activities: Theme III: Water. Field study: Visit to trekking routes and seaside facilities.
- Day 6 - Open Space Activity: Find out at least 3 most promising ideas on eco-tourism. Round table meeting: Exchange of experiences. Conclusion and certification.
- Day 7 - Departure of the participants.

Workshop Organiser:

Orta Karadeniz Kalkinma Ajansi

Contact details:

Kale Mah. Şükrüfendi Sok. No:2/3 İlkadım
55070 SAMSUN
TR-TURKEY
Tel.: 0090 362 431 24 00
E-mail: info@oka.org.tr
www.oka.org.tr

Workshop Reference number: 2012-1-TR1-GRU13-36161

Venue: Nallihan Ankara

Date of the Workshop: 03/06/2013 - 12/06/2013

First Aid Saves Life

Subject area: Health education
European citizenship and European dimension
Intercultural education

Working language(s): EN

Target Group + Translation:

Adults who care about human health and happiness and want to share the information within the society and feel/take social responsibility. Participants shall not be working in the health sector.

Main activities Programme + Programme translation:

Introduction of the training programme: Basic life support, general first aid information.
First aid in bleeding and injury.
First aid in burn, freezing, heat conductivity.
First aid in fracture, luxation, sprain, intoxication.
First aid in objects in ear and nose. Insect stings.
First aid in drowning and natural events.
Techniques of carrying casualty, visiting Nallihan State Hospital.
First aid in shock and coma.
Evaluation of the Workshop.

Workshop Organiser: Nallihan Anadolu Sağlık Meslek Lisesi

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okulweb.meb.gov.tr

Workshop Reference number: 2012-1-TR1-GRU13-36150

Venue: Adapazarı / Sakarya

Date of the Workshop: 09/06/2013 - 15/06/2013

UNFORGETTABLE TASTE: COKERTIME KEBAB

Subject area: Cultural heritage
Intercultural education
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adults interested in cooking and eating different cultural tastes. Basic level of the English Language is sufficient to follow up the programme.

Main activities Programme + Programme translation:

Basic training about how to cook a kind of kebab called Cokertme and how to cook some Turkish traditional desserts. Participants will get an overview on other European tradition and heritage and develop and appreciate their neighbours culture.

Day 1 - Arrival Day.

Day 2 - Getting to know each other, general information about the programme. Introducing necessary equipments for cooking cokertme kebab. Doing a peeling application with vegetables necessary for the kebab. Learning some Turkish words which are useful in daily life.

Day 3 - Preparation of the meat in the kitchen which is used in cokertme kebab. Learning to make one of a traditional dessert named kazandibi.

Day 4 - Preparation of other ingredients in the kitchen which are needed to make cokertme kebab. Doing an application how to serve the meals and show the table layout. Learning to make one of a traditional dessert named tavukgöğsü.

Day 5 - Learning to make different sauces for the kebab and how to prepare the plate for an effective presentation. Learning to make a traditional dessert named sütlaç.

Day 6 - Cooking practice for all participants in the kitchen. Getting feedbacks from the participants through questionnaires. Exhibiting of participants cooking products. Preparing a photo-album of the workshop.

Day 7 - Sightseeing to city center, museums, historical places and departure of the participants.

Workshop Organiser:

Adi Bahce Yiyecek Icecek Turizm San. Tic. Ltd. Sti.

Contact details:

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54100 SAKARYA
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www.adibahce.com

Workshop Reference number: 2012-1-TR1-GRU13-36175

Venue: AMASYA

Date of the Workshop: 16/06/2013 - 27/06/2013

Making 3D Animated Movies

Subject area: New technologies, ICT
Assessment, certification, valuing learning
Media and communication

Working language(s): EN

Target Group + Translation:

Unemployed adults and adults who are interested in technology, especially in making animated movies.

Main activities Programme + Programme translation:

- DAY 1 - Introduction of training institute, teachers and tutors of the workshop, the project and the training modules and 3D Studio MAX, participants will learn the panels and toolbars of the 3dsMax and they get the ability to use all the menus for themselves, practical exercises, visit to the town with a guide.
- DAY 2 - Start to draw objects with the transform tools moving the objects, turning them and scaling the objects.
- DAY 3 - Learning to use the display panel to hold back and freeze the objects and making a new object with a grouping of different objects.
- DAY 4 - Learning to set the stage and scaling the stage by the snap tools. To make up the object like chair, table or sofa and changes on its coordinate systems.
- DAY 5 - Learning with the copy tools modelling and drawing the objects more faster. To make up the animated objects.
- DAY 6 - Thanks to the modifiers giving the effect to the objects and through the effects, objects can be drawn in a different style and shape or draw different objects. Exemplary drawing of vase and symmetrical embossed objects will be done.
- DAY 7 -Compound Objects and Loft Menu trees, walls, doors, stairs or other architectural design drawings. The objects such as houses or street which will be used in animation drawing.
- DAY 8 - With Material Editor making face and appearance to the drawn objects. With the lights; menu lights, shadows and reflection can be added to the objects. In animation drawing sunset and wallpaper objects with light menu.
- DAY 9 - Video Post: Adding the video camera into the objects for watching inside of the objects. Through the particle system making animation such as rain, snow or explosion.
- DAY 10 - Certificate ceremony. Exhibition and departure of participants.

Workshop Organiser:

Amasya Turk Telekom Teknik ve Endustri Meslek Lisesi

Contact details:

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Workshop Reference number: 2012-1-TR1-GRU13-36148

Venue: Ankara

Date of the Workshop: 24/06/2013 - 01/07/2013

Let's Create Our Own Ebru Designs on Textile through its Historical Background

Subject area: Artistic education, also including Arts and Crafts and Music
Intercultural education
History and social science

Working language(s): EN

Target Group + Translation:

Adults, male or female interested in Turkish culture and Ebru art.

Main activities Programme + Programme translation:

The Workshop content will be about the history of Ebru and learning basic steps how to make ebru and transferring Ebru designs to textile to have magnificent accessories such as scarves, shawls, ties, handkerchiefs, etc. The working language will be English. However, basic level of English is sufficient to follow the programme. If you are interested in getting knowledge about ebru history and learning how to make ebru and especially creating your own ebru accessories made of textile you can apply for this workshop.

The programme: Opening ceremony of the Workshop, getting to know each other, having a European table consists of different cultural food and goods from participant's countries, giving general information about the workshop programme. Giving information and exchanging ideas about the history of ebru. Introducing necessary equipments/tools for Ebru. Teaching basic skills in ebru Art. Practising materials and techniques. Producing ebru products on paper. Transferring ebru designs on prepared cloth/textile. Evaluations, discussions and getting the reflections. Study visits to city center, universities, museums, historical places. Exhibiting participants' products (EBRU European Exhibition). Closing ceremony.

Workshop Organiser:

MEB Ankara Hizmetici Egitim Enstitusu ve Aksam Sanat Okulu

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6500 ANKARA
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E-mail: ankara_hee@meb.gov.tr
<http://ankarahee.meb.gov.tr>

Workshop Reference number: 2012-1-TR1-GRU13-36214

Venue: Bartın

Date of the Workshop: 24/06/2013 - 30/06/2013

Modelling Our Sailing Tradition

Subject area: Basic skills for adult learners
Cultural heritage
Teaching basic skills for adult learners

Working language(s): EN

Target Group + Translation:

Adults especially unemployed and disadvantaged groups who are interested in wooden ship modelling.

Main activities Programme + Programme translation:

DAY 1 - Arrival Day.

DAY 2- Kick-Off meeting. Observation tours to Amasra and Kurucaşile, museum visits. Organizing study visits, practical meetings of boat and modelling companies, model ship presentation. Organizing workplaces one-by-one.

DAY 3 - Presentations of participants. Practical wooden ship modelling education.

DAY 4 - Presentations of participants. Practical wooden ship modelling education. Measurement, assessment and satisfaction surveys. Exhibition and dissemination activities.

DAY 5 - Presentations on shadow copied and survived historical ships. Usage of wooden materials in ship building throughout history. Information about the technical properties of traditional type historical wooden ships unique to Bartın such as Armoni Yacht. Golden Hind Presentation. Practical wooden ship modelling education.

DAY 6 - Practical wooden ship modelling education. Exhibition and dissemination activities.

DAY 7 - Departure Day.

Workshop Organiser:

Bartın Üniversitesi Orman Fakültesi

Contact details:

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74100 BARTIN
TR-TURKEY
Tel.: 0090 378 223 51 00
E-mail: selmankzku@yahoo.com
www.bof.bartın.edu.tr

Workshop Reference number: 2012-1-TR1-GRU13-36193

Venue: Afyonkarahisar

Date of the Workshop: 01/07/2013 - 05/07/2013

People who come from behind the Kaf Mountain

Subject area: Cultural heritage
Ethics, religions, philosophy
History and social science

Working language(s): EN

Target Group + Translation:

Adults interested in culture and languages of different nations especially Karachay Balkar and that of Caucasian people, who would like to know about language, dance and literature of Karachay Balkar and mysterious fairy tails and literature of minorities.

Main activities Programme + Programme translation:

Main activities in this workshop are:

- Talking about the different cultures from different countries.
- Visiting the Association of Karachay Balkar.
- Mini seminar about the origin of Karachay Balkar and its culture.
- Conference at the University of Kocatepe.
- Visit to village Dođlat where the culture and language of Karachay Balkar is still alive, observe their life styles.
- Performance of dance group.
- Performance of traditional folk dance with participants.
- Mini seminar about life style of Karachay Balkar and examples of their traditional foods.
- Joining the 'Meeting of Karachay Balkar' which is organized every year.
- Promotional materials related to Caucasian culture.
- Concert of Karachay Balkar musicians with accordion.
- Participating in a wedding of Karachay Balkar.
- Traditional Caucasian dress parade.
- Videos which showed exile of Karachay Balkars.
- Certificate ceremony.

Workshop Organiser:

Karacay Balkar Kafkas Kultur ve Yardımlasma Dernegi

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B. IN CHRONOLOGICAL ORDER

Starting date	Ending date	Project Title	Organization Country
3/02/2013	9/02/2013	European transitions from dictatorship to democracy in the late 1980ies and their relevance for Europe today	DE-GERMANY
3/02/2013	10/02/2013	Cook Fish Properly, Play Horon and Learn Turkish	TR-Turkey
6/02/2013	17/02/2013	ETHNOFONIK - about pedagogy for traditional music transmission	FR-FRANCE
07/02/2013	17/02/2013	What a Waste! Recycle for Change	IT-ITALY
10/02/2013	17/02/2013	Meaningful Conversation – Insights and Skills for building bridges in communication	DE-GERMANY
10/02/2013	17/02/2013	VIDEO: UNE RESSOURCE NOUVELLE L"utilisation de la vidéo dans le domaine socioculturel	FR-FRANCE
11/02/2013	18/02/2013	Diverse Citizenship: Exploring the relationship between citizenship, adult learning, equality and diversity	IE-IRELAND
12/02/2013	17/02/2013	Speak Up! Le web participatif au service de la citoyenneté européenne	FR-FRANCE
17/02/2013	23/02/2013	Der Tod und das Meer	DE-GERMANY
17/02/2013	24/02/2013	La mémoire de l'Exil - S'approprier un sujet historique et politique par des moyens artistiques	FR-FRANCE
24/02/2013	02/03/2013	Leben nach dem Ölzeitalter – wie ernähren wir uns Morgen?	DE-GERMANY
28/02/2013	09/03/2013	Migrants and Roma Inclusion	IT-ITALY
02/03/2013	09/03/2013	European Art History for Beginners	GB-UNITED KINGDOM
02/03/2013	10/03/2013	The E-Factor: Employability, Empowerment, Entrepreneurship and Europe	IT-ITALY
3/03/2013	10/03/2013	Make Yourself Heard	DE-GERMANY
3/03/2013	3/09/2013	Becoming protagonists of “tannery life”	IT-ITALY
04/03/2013	08/03/2013	Stiprinot sociālo tainīgumu	LV-LATVIA
4/03/2013	9/03/2013	Antidiskriminierung und kulturelles Bewußtsein (Afrikabild und Darstellung Schwarzer Menschen in Unterrichtsmaterialien und Medien in Europa)+CHAR(13)+'Antidiscrimination and cultural awareness (Image of Africa and Black People in medias and education in Europe)+CHAR(13)+'	AT-AUSTRIA
08/03/2013	17/03/2013	Migration: Eine europäische Herausforderung	DE-GERMANY
10/03/2013	16/03/2013	Anti-discrimination in practice: Understanding discrimination, learning about diversity and sharing ideas on taking action against sexist, racist and homophobic remarks	DE-GERMANY
10/03/2013	15/03/2013	AMAZING TURKISH ART EBRU	TR-Turkey
11/03/2013	15/03/2013	Boost your tourism initiatives through digital technologies	CH-Switzerland
11/03/2013	15/03/2013	Les loisirs des personnes handicapées	FR-FRANCE
12/03/2013	16/03/2013	Facilitating the social and professional integration of deaf people, by using the European sign language	RO-ROMANIA
13/03/2013	17/03/2013	Better English Through History	GB-UNITED KINGDOM
15/03/2013	25/03/2013	Aesthetics – Creativity – Innovation and Entrepreneurship	GR-GREECE
15/03/2013	23/03/2013	MEDIA LITERACY FOR ADULT LEARNERS	TR-Turkey
16/03/2013	24/03/2013	European Cooperation to Create an Outdoor Workspace	GB-UNITED KINGDOM
17/03/2013	24/03/2012	Metropolis – Urban Learning	DE-GERMANY
17/03/2013	24/03/2013	Sprachenlernen anders - Im Dialog mit Johann Sebastian Bach	DE-GERMANY
18/03/2013	23/03/2013	Mentoring School Children – A Job For Volunteers / Schüler/innen-Mentoring – eine Aufgabe für Freiwillige	AT-AUSTRIA
18/03/2013	25/03/2013	Informationsflut in Europa – Das Gedächtnis optimal nutzen	DE-GERMANY
18/03/2013	24/03/2013	Out of the box: créer et réinventer sa vie	FR-FRANCE
18/03/2013	22/03/2013	Volunteering seen as adult education.	NL-NETHERLANDS

19/03/2013	29/03/2013	A perspective of World War I	BE-BELGIUM
20/03/2013	28/03/2013	European SOcial TuriSm	IT-ITALY
22/03/2013	28/03/2013	Impressionen: von Augenblicken und Blickwinkeln	DE-GERMANY
24/03/2013	30/03/2013	Pimp My Europe. Ideas for Refreshing Europe	AT-AUSTRIA
28/03/2013	4/04/2013	Break the silence	CZ-CZECH REPUBLIC
1/04/2013	5/04/2013	Empowering Women's Leadership within Civil Society	CH-Switzerland
1/04/2013	5/04/2013	Living Languages Through Europe	TR-Turkey
2/04/2013	10/04/2013	Sustainable Music	PT-PORTUGAL
02/04/2013	06/04/2013	Educational support for children and youth with disabilities	RO-ROMANIA
04/04/2013	10/04/2013	Europa schalom! - Jüdische Kultur erleben	DE-GERMANY
04/04/2013	08/04/2013	The Transformation of Traditional Migrant Music in Europe: The example of Assyrian/Syriac Music	NL- NETHERLANDS
6/04/2013	13/04/2013	Deutsch lernen durch die Poesie des Körpers, des Gedichtes und des Alltags	DE-GERMANY
6/04/2013	6/12/2013	Italian architecture & Photography tactile	IT-ITALY
7/04/2013	13/04/2013	Ecolife	TR-Turkey
08/04/2013	12/04/2013	Digital Dishes	GB-UNITED KINGDOM
08/04/2013	12/04/2013	Investigating and Conserving European Baroque Wall Paintings	GB-UNITED KINGDOM
8/04/2013	13/04/2013	Miteinander für Demokratie, Menschenrechte und Toleranz	DE-GERMANY
8/04/2013	13/04/2013	How can I help? Discover your ability to effect positive change in the world, whoever you are.	GB-UNITED KINGDOM
8/04/2013	15/04/2013	Educational Theatre as the place for overcoming discrimination of people with disabilities	HR-CROATIA
8/04/2013	15/04/2013	"Culture and environment – new paths for the sustainable tourism"	RO-ROMANIA
10/04/2013	15/04/2013	How to work with gender issues in real life?	RO-ROMANIA
10/04/2013	16/04/2013	Health in the Hills	GB-UNITED KINGDOM
11/04/2013	15/04/2013	Homeopathy	TR-Turkey
13/04/2013	18/04/2013	Happy with myself beyond 50 +	PL-POLAND
14/04/2013	20/04/2013	Licht & Schatten Bildende Kunst und Performance	DE-GERMANY
14/04/2013	21/04/2013	"Mein Schatten – Mein Licht", ein integrativer Coaching- Workshop für europäische Frauen mit und ohne Behinderung	DE-GERMANY
14/04/2013	20/04/2013	Confiance en soi et valorisation au féminin sur les pas des Dames d"Occitanie	FR-FRANCE
14/04/2013	22/04/2013	Playing Tales and Telling Plays	HU-HUNGARY
14/04/2013	20/04/2013	Food industries and agriculture prospective in the 3rd Millennium	RO-ROMANIA
14/04/2013	20/04/2013	Universal Consumer Rights and Conscious Consumer	TR-Turkey
14/04/2013	20/04/2013	Ethics for Everyone	TR-Turkey
14/04/2013	21/04/2013	Women and Work	TR-Turkey
14/04/2013	25/04/2013	From Gypsum to Art	TR-Turkey
15/04/2013	19/04/2013	Dancing for Inclusion	PT-PORTUGAL
15/04/2013	19/04/2013	Turkish Traditional Village Rooms as an Informal School	TR-Turkey
16/04/2013	23/04/2013	La Marionnette au service des hommes	FR-FRANCE
20/04/2013	27/04/2013	Designlabor Weimar- Senior-Designer gesucht!	DE-GERMANY
20/04/2013	26/04/2013	Women Alive: With Energy and Consciousness	TR-Turkey
21/04/2013	28/04/2013	Imagine: Math could be fun	DE-GERMANY
22/04/2013	26/04/2013	Word Around Word	IT-ITALY
22/04/2013	26/04/2013	Food in the City 2012 - Aquaponics and More	NL- NETHERLANDS
22/04/2013	27/04/2013	@ctive Senior in Web	PL-POLAND

25/04/2013	01/05/2013	KlangBilder	DE-GERMANY
27/04/2013	03/05/2013	I have learnt – I am learning – My child is learning. Understanding learning biographies to better facilitate learning of others	AT-AUSTRIA
28/04/2013	4/05/2013	Romanian Ornamental deSign Experience	RO-ROMANIA
29/04/2013	4/05/2013	My family on Skype	DK-DENMARK
2/05/2013	8/05/2013	Health at every size	DE-GERMANY
3/05/2013	10/05/2013	A listening book, the living memory of a city	BE-BELGIUM
4/05/2013	10/05/2013	Kraftquellen - Schatzsuche in Frauenbiographien	DE-GERMANY
5/05/2013	11/05/2013	Kreative Wege aus der europäischen Identitätskrise – jeder Europäer behält seine Identität und ist trotzdem Teil eines zusammenwachsenden Europas	DE-GERMANY
5/05/2013	12/05/2013	C'est bon de rire de nous!	FR-FRANCE
5/05/2013	11/05/2013	Diet for Citizens Baltic Sea Region	PL-POLAND
6/05/2013	10/05/2013	European autonomies in practice	RO-ROMANIA
6/05/2013	13/05/2013	The Visionary Europe – Visually impaired rethink the world they live to design an accessible and comfortable environment	DE-GERMANY
6/05/2013	16/05/2013	STYLE YOURSELF	TR-Turkey
07/05/2013	13/05/2013	SFIZZICARIELLO	IT-ITALY
7/05/2013	11/05/2013	Discover Silesia - Workshops	PL-POLAND
7/05/2013	12/05/2013	Polish in action – active ageing through language learning and culture	PL-POLAND
9/05/2013	14/05/2013	Municipalities enabling the citizens	LU-LUXEMBOURG
10/05/2013	21/05/2013	The beauty of the Valley of Roses in photography	BG-BULGARIA
10/05/2013	17/05/2013	...when borders turn into bridges - A Graffiti Workshop on Borders.	DE-GERMANY
11/05/2013	19/05/2013	Patrimoine bâti: agir pour sa préservation de façon réfléchie	FR-FRANCE
11/05/2013	17/05/2013	Preserving Bushcraft Skills and Traditional Rural Crafts: Ancient wisdom for sustainable living in harmony with nature	GB-UNITED KINGDOM
11/05/2013	20/05/2013	A Warm Intercultural Dialogue Can Begin With Kece	TR-Turkey
12/05/2013	19/05/2013	Sustainable Consumption and Sustainable Living – A Way to Happiness?	AT-AUSTRIA
12/05/2013	18/05/2013	Entrepreneur in the mirror	RO-ROMANIA
12/05/2013	18/05/2013	Life Balance – Mit Bewegung, Ernährung und Entspannung neue Lebenskraft schöpfen	DE-GERMANY
12/05/2013	18/05/2013	Kunst als Sprache entdecken - Ich nehme wahr und ich teile mich mit.	DE-GERMANY
12/05/2013	18/05/2013	From Grass-Roots to Green Lines	GB-UNITED KINGDOM
12/05/2013	18/05/2013	Framing Florence: Photography as a bridge between times and cultures	IT-ITALY
12/05/2013	17/05/2013	Discover Warmia with education workshops	PL-POLAND
12/05/2013	19/05/2013	Quality in adult education	RO-ROMANIA
12/05/2013	23/05/2013	Active ageing at home	SI-SLOVENIA
13/05/2013	24/05/2013	Sharpham Sounds	GB-UNITED KINGDOM
13/05/2013	17/05/2013	Make friends with your own memory - workshop for seniors.	PL-POLAND
14/05/2013	19/05/2013	eWork for Active Seniors: e-work as a tool to promote active ageing and sustainable behaviour in competitive digital society	PT-PORTUGAL
14/05/2013	20/05/2013	European Choir	TR-Turkey
16/05/2013	20/05/2013	Öffnung für Bildung	CH-Switzerland
16/05/2013	21/05/2013	L'appropriation du milieu dans les activités d'éducation non-formelle	FR-FRANCE

19/05/2013	25/05/2013	Through the Looking Glass: the industrial and artistic history of the Black Country	GB-UNITED KINGDOM
20/05/2013	24/05/2013	Exercise and Learn in the Nature Environment	FI-FINLAND
20/05/2013	25/05/2013	Finnish ways to recycle textiles	FI-FINLAND
20/05/2013	27/05/2012	Acquiring traditional music instrument playing skills for people with no preliminary experience	LV-LATVIA
20/05/2013	24/05/2013	MANGALA- Turkish Strategy and Mind Game	TR-Turkey
21/05/2013	28/05/2013	PHOTEUROPE - A virtual photo-graphical hiking tour through Europe	AT-AUSTRIA
22/05/2013	29/05/2013	Culture Gitane - Culture Européenne?	FR-FRANCE
22/05/2013	28/05/2013	Using art to improve the quality of our life	RO-ROMANIA
24/05/2013	1/06/2013	Bildkultur - Kulturbilder. Digitale Fotografie und Interkulturelle Kompetenz erfahren	DE-GERMANY
24/05/2013	29/05/2013	G(ART)bage power ! Ateliers de réemploi créatif de déchets pour des citoyens éco-responsables	FR-FRANCE
25/05/2013	31/05/2013	Social-Art Project Management	RO-ROMANIA
26/05/2013	02/06/2013	Say it loud!	FR-FRANCE
26/05/2013	1/06/2013	EforT: Environment for Tourism	TR-Turkey
27/05/2013	31/05/2013	Elderly people and natural caregivers: European partnership about guiding and supporting natural caregivers for autonomy and citizenship of elderly people	RO-ROMANIA
27/05/2013	02/06/2013	DiG - Deaf in the Garden	DE-GERMANY
27/05/2013	01/06/2013	Pratique théâtrale et dialogue interculturel à travers les mythes et légendes européennes	FR-FRANCE
27/05/2013	1/06/2013	Great Grandparents! Seniors and grandchildren without barriers	PL-POLAND
28/05/2013	05/06/2013	Community Theatre	ES-SPAIN
2/06/2013	12/06/2013	Pottery magic – Workshops on the place of the traditional Bulgarian ceramics and pottery in contemporary culture.	BG-BULGARIA
02/06/2013	10/06/2013	Understanding Marginalisation - Working for Inclusion. The Case of Berlin /Ausgrenzung verstehen - Inklusion erleben. Das Beispiel Berlin.	DE-GERMANY
2/06/2013	8/06/2013	Lessons of flowery meadows	RO-ROMANIA
2/06/2013	8/06/2013	Building Successful and Sustainable, Close-to-Nature SMEs in Rural Slovakia	SK-SLOVAKIA
03/06/2013	09/06/2013	I am drawing with a music box: training for parents of children with disabilities and special educational needs in art therapy techniques for successful communication, socialization and child skills improvement	BG-BULGARIA
3/06/2013	8/06/2013	Queer Empowerment by Art - Empowerment durch künstlerische Gestaltung für lesbische, schwule, bisexuelle, trans- und intergeschlechtliche Menschen	DE-GERMANY
3/06/2013	10/06/2013	Young and elderly People knitting together - Jung und Alt in Europa verstricken	DE-GERMANY
3/06/2013	12/06/2013	Recharge yourself	LT-LITHUANIA
3/06/2013	12/06/2013	First Aid Saves Life	TR-Turkey
4/06/2013	08/06/2013	Commedia dell'arte and the Monologue Theatre	RO-ROMANIA
6/06/2013	12/06/2013	Photography in Promotion and Preservation of Natural Heritage	EE-ESTONIA
7/06/2013	13/06/2013	Kompass - das Altern aktiv gestalten - neue Orientierungen für die nachberufliche Lebensphase	DE-GERMANY
7/06/2013	16/06/2013	COB BUILDING – A Path Towards Volunteering, Environmental Sustainability and a Healthy Lifestyle	RO-ROMANIA
8/06/2013	8/11/2013	Playing Nyckelharpa: an orchestral experience between European folk music and contemporary compositions	IT-ITALY
9/06/2013	15/06/2013	Women are getting active - aging with joy! Frauen werden aktiv - Lustvoll Älterwerden gestalten	DE-GERMANY
9/06/2013	17/06/2013	Green Learning: Energie sparen – Klima schützen	DE-GERMANY

9/06/2013	15/06/2013	Intercultural Learning through Voluntary Service	GB-UNITED KINGDOM
09/06/2013	14/06/2013	Learning through volunteering - conservation of inland wetlands in Transylvania	RO-ROMANIA
9/06/2013	15/06/2013	UNFORGETTABLE TASTE: COKERTME KEBAB	TR-Turkey
10/06/2013	14/06/2013	Health risks in your home and how to fight it	CZ-CZECH REPUBLIC
10/06/2013	16/06/2013	Wheels in Motion - wheelchairs and positive emotions!	DE-GERMANY
10/06/2013	16/06/2013	Citizens of mountainous regions and technophobia	GR-GREECE
10/06/2013	15/06/2013	LOVE YOUR 50+ BODY and learn how to handle it in a friendly and educated way.	PL-POLAND
12/06/2013	22/06/2013	Basics and methods for the archeological research and interpretation of cultural and historical heritage	LV-LATVIA
14/06/2013	21/06/2013	AKTIVIRAJMO LASTNE SAMOZDRAVILNE POTENCIALE SKOZI POVEZOVANJE Z ZDRAVILNIMI SILAMI NARAVE	SI-SLOVENIA
15/06/2013	26/06/2013	Places of worship: touching the earth, gazing at the sky	GR-GREECE
16/06/2013	23/06/2013	Ethnobotany - herbs, environment, human	LV-LATVIA
16/06/2013	27/06/2013	Making 3D Animated Movies	TR-Turkey
17/06/2013	26/06/2013	Learning Greek language and Greek culture through the eyes of immigrants / Greek as a foreign language A2-B1 level	GR-GREECE
17/06/2013	22/06/2013	A Joy of Being Active. How to be an Assistant to Blind People in a Multicultural Context.	PL-POLAND
18/06/2013	27/06/2013	Dance into your life / See life through dance - Let's get moving!	HU-HUNGARY
19/06/2013	01/07/2013	Art et démocratie : l'auto-édition.	FR-FRANCE
19/06/2013	30/06/2013	"Traditional hooded oven construction" Our oven built together – the oven of the village, and the oven of many peoples	HU-HUNGARY
22/06/2013	29/06/2013	Chancen europäischer Grenzerfahrungen - ein Szenario-Workshop	DE-GERMANY
22/06/2013	28/06/2013	"The Power of Non-formal"	RO-ROMANIA
23/06/2013	29/06/2013	Die Europäische Tafel zu Gast in Brandenburg	DE-GERMANY
23/06/2013	29/06/2013	Cadiz Bay, an Integrator of European Dimension	ES-SPAIN
23/06/2013	27/06/2013	Christianity and Sustainability: If you want to cultivate peace, care for creation.	PL-POLAND
23/06/2013	29/06/2013	Colourful ageing: storytelling, social media and volunteering activities	RO-ROMANIA
23/06/2013	2/07/2013	Image-in the community: photography and storytelling for rural revival	RO-ROMANIA
24/06/2013	30/06/2013	Modelling Our Sailing Tradition	TR-Turkey
24/06/2013	1/07/2013	Let's Create Our Own Ebru Designs on Textile through its Historical Background	TR-Turkey
25/06/2013	1/07/2013	Materialist Hedonist Experimentalist. Economic Growth - Growth of People's Happiness? Introduction to the Sociodrama	DE-GERMANY
25/06/2013	2/07/2013	Enjoy Estonian (Brain-friendly Estonian course)	EE-ESTONIA
30/06/2013	7/07/2013	CULTURAL AND HISTORICAL EXPERIENCE IN THE BORDER REGION - ACQUIRING HISTORICAL CONTEXT BY CREATIVITY	CZ-CZECH REPUBLIC
30/06/2013	10/07/2013	Heimat Europa?!- Eine generationenübergreifende neue Impulse gebende Auseinandersetzung Lernender	DE-GERMANY
30/06/2013	7/07/2013	Parent-play – let's play to become a more successful parent	HU-HUNGARY
1/07/2013	8/07/2013	Discover a Healthy Way of Life through the Romanian Traditions	RO-ROMANIA
1/07/2013	10/07/2013	Between Nature & Culture	BE-BELGIUM
1/07/2013	10/07/2013	Treffen mit dem Prager Jugendstil mit Tschechisch	CZ-CZECH REPUBLIC
1/07/2013	7/07/2013	Our Berlin – Discover your intercultural skills through film	DE-GERMANY

1/07/2013	5/07/2013	Web 5.0+	PL-POLAND
01/07/2013	05/07/2013	EURO-AEROBIC	RO-ROMANIA
1/07/2013	5/07/2013	People who come from behind the Kaf Mountain	TR-Turkey
2/07/2013	9/07/2013	Understanding and Touching Sustainability	AT-AUSTRIA
4/07/2013	9/07/2013	Workshop on Family Relations	BG-BULGARIA
06/07/2013	12/07/2013	Determination of Favourable Conservation Status as a Precondition for Biodiversity Protection	BG-BULGARIA
7/07/2013	13/07/2013	Reviving the Fun of Learning (Music) for our Families - supporting the human potential in ourselves and our children	HU-HUNGARY
7/07/2013	13/07/2013	Find balance - Gesundheitsförderung und Burnout-Prävention für Frauen	DE-GERMANY
07/07/2013	13/07/2013	What we do is what we get	FR-FRANCE
8/07/2013	12/07/2013	Le bien manger est un devoir	RO-ROMANIA
8/07/2013	14/07/2013	Lerning Spanish with Hispanic Literature	ES-SPAIN
14/07/2013	20/07/2013	Inside Outside! Declare yourself!	BG-BULGARIA
14/07/2013	20/07/2013	Overcome Borders - Gain Mobility!	DE-GERMANY
15/07/2013	19/07/2013	MentalTOP und Bewegung mit Tradition und Musik – geistig fit und aktiv ein Leben lang	DE-GERMANY
15/07/2013	19/07/2013	MentalTOP und Bewegung mit Tradition und Musik - geistig fit und aktiv ein Leben lang	DE-GERMANY
15/07/2013	30/07/2013	Atelier Grundtvig FestiFai 2013: création européenne en pleine nature - arts plastiques et installations théâtralisées	FR-FRANCE
16/07/2013	21/07/2013	Education Through Sport	EE-ESTONIA
21/07/2013	28/07/2013	Photography - a bridge to European cultures	RO-ROMANIA
22/07/2013	28/07/2013	Sign of the Earth	LT-LITHUANIA
22/07/2013	27/07/2013	VARIETY IS THE SPICE OF LIFE Holistic Approach to Seniors" Well-being	PL-POLAND
22/07/2013	30/07/2013	Uniqueness in Diversity – A portrait of an European Citizen	RO-ROMANIA
27/07/2013	08/08/2013	Réduisons nos déchets!	FR-FRANCE
4/08/2013	10/08/2013	Inspiration to Active Living for Life	DK-DENMARK
05/08/2013	12/08/2013	BATS BETWEEN MYTH AND TRUTH	RO-ROMANIA
5/08/2013	10/08/2013	ONward	RO-ROMANIA
11/08/2013	15/08/2013	Beautiful Art Technique	RO-ROMANIA
19/08/2013	23/08/2013	Europa zu Tisch	DE-GERMANY
23/08/2013	29/08/2013	Cooperative Games and Circle Dances	DE-GERMANY