

# Grundtvig

THE EUROPEAN UNION'S PROGRAMME FOR  
MOBILITY AND COOPERATION IN ADULT EDUCATION

## GRUNDTVIG WORKSHOPS CATALOGUE 2012 - 2013

### ABOUT THE GRUNDTVIG WORKSHOPS - LEARNER MOBILITY

Grundtvig Workshops are one of the new actions in the Grundtvig Programme which have been launched in 2009.

The objective of this action is to enable **adult learners** to participate in Workshops (learning events and seminars) taking place in another European country participating in the Lifelong Learning Programme.

This is a form of individual mobility offered to adult learners in the Lifelong Learning Programme. The Grundtvig Workshops bring together individuals or small groups of learners from several countries for a multinational **learning** experience relevant for their **personal** development and learning needs.

A minimum of 10 up to a maximum of 20 learners in total from countries other than that in which the Workshop is being organised, can be funded.

Workshops will last a minimum of 5 days (excluding travel), up to maximum 10 days and take place between 1/9/2012 and 31/8/2013.

The Workshop Organiser is responsible for organising the Workshop, its advertisement, the recruitment of learners, their travel and appropriate board and lodging.

### PROFILE OF THE LEARNERS

The Workshops are open to any adult citizen; however, **particular attention is given to including people from vulnerable social groups and in marginal contexts, in particular older people and those who have left education without basic qualifications, in order to give these disadvantaged social groups alternative opportunities to access adult education.** The action is open to any adult person who is a national of or permanently residing (or registered as refugee or asylum-seeker) in one of the Programme countries, namely: the 27 Member States of the European Union, Iceland, Liechtenstein, Norway, Switzerland (EFTA-EEA countries), Croatia and Turkey (candidate countries). Participants must come from at least three different participating countries, in addition to the host country, and no more than 1/3 of the participants should originate from the

same country. Nationals of the country where the Workshop takes place are eligible to participate in the Workshop but cannot be funded through Grundtvig.

## HOW TO USE THIS CATALOGUE

This catalogue comprises the Workshops that will take place from September 2012 to the end of August 2013.

Please consult the Workshop catalogue carefully. After the introduction you find the index with all the Workshops ranked per country. All published Workshops end at the latest on 31 August 2013. For each Workshop you will find a short description containing information about the activities and some information related to the Workshop Organiser.

- Title of the Workshop
- Project number of the Workshop
- Subject of the Workshop
- Contact details of the Workshop Organiser
- Working language(s)
- Date of the Workshop
- Target group – who is expected to apply
- Summary of the Workshop activities in the working language
- Website of the Workshop Organiser

## HOW TO APPLY

If you wish to apply to participate in a Grundtvig Workshop, please proceed as follows:

- First select from the Catalogue a Workshop you are interested in;
- You will find how to contact the Workshop Organiser on the description page of the Workshop in this Catalogue. The Workshop Organiser will provide you a **learner application form**, which you must duly complete and **signed** send back to the Workshop Organiser;
- If you have been selected, please send after your participation in the Workshop, **a copy of your final evaluation report to the Grundtvig National Agency in your country**. The addresses of National Agencies are available on the following web page:

[http://ec.europa.eu/education/programmes/llp/national\\_en.html](http://ec.europa.eu/education/programmes/llp/national_en.html)

The Grundtvig staff of the National Agencies will be happy to provide you with advice and guidance if needed.

**GOOD LUCK!**

## CATALOGUE D'ATELIERS DE GRUNDTVIG 2012 - 2013

### LES ATELIERS DE GRUNDTVIG - MOBILITÉ D'APPRENANTS ADULTES

Les Ateliers de Grundtvig est une des nouvelles actions dans le programme de Grundtvig qui ont été lancées en 2009.

L'objectif de cette action est de permettre **aux apprenants adultes** de participer à des Ateliers (des groupes de travail et des séminaires d'apprentissage) ayant lieu dans un autre pays européen participant au Programme pour l'Éducation et la Formation tout au long de la Vie.

Il s'agit d'une forme de mobilité offerte aux apprenants adultes dans le cadre du Programme de formation permanente. Les Ateliers Grundtvig rassemblent des personnes ou de petits groupes d'apprenants adultes de plusieurs pays pour une expérience d'apprentissage **multinationale**, appropriée à leurs **besoins** de développement et d'apprentissage personnels.

Un minimum de 10 et un maximum de 20 apprenants des pays autres que le pays dans lequel l'Atelier est organisé, peuvent être financés.

Les Ateliers dureront un minimum de 5 jours (à l'exclusion du voyage) et maximum 10 jours et ils auront lieu entre 1er septembre 2012 et 31 août 2013.

L'organisateur d'un Atelier est responsable d'organiser cet Atelier, sa publicité, le recrutement des apprenants, leur voyage et leur logement pension.

### PROFIL DES APPRENANTS

L'action est ouverte à tout citoyen adulte. Néanmoins, **une attention particulière sera accordée aux candidats appartenant à des groupes sociaux vulnérables et/ou marginalisés. Les personnes âgées et/ou les personnes ayant quitté l'école sans avoir acquis les qualifications de base seront particulièrement prises en compte, afin de leur offrir des activités alternatives d'éducation pour adultes.** L'action est ouverte à tout citoyen adulte qui est un ressortissant de ou résident de manière permanente (ou enregistré comme réfugié ou demandeur d'asile) dans l'un des pays participant au Programme, à savoir : les 27 États membres de l'Union européenne, l'Islande, le Liechtenstein, la Norvège, la Suisse (pays AELE-EEE), la Croatie et la Turquie (pays candidats). Les participants doivent venir d'au moins trois différents pays participants, en plus du pays d'accueil, et pas plus de 1/3 des participants devraient venir du même pays. Les ressortissants du

pays où l'Atelier a lieu sont éligibles pour participer à l'Atelier mais ne peuvent pas être financés par Grundtvig.

### COMMENT UTILISER CE CATALOGUE

Ce catalogue comporte les Ateliers qui auront lieu à partir entre septembre 2012 et fin août 2013. Veuillez consulter soigneusement le Catalogue des Ateliers. Après l'introduction vous trouvez l'indice avec tous les Ateliers par pays. Tous les Ateliers publiés se terminent au plus tard le 31 août 2013. Pour chaque Atelier vous trouverez une courte description contenant de l'information sur les activités et de l'information relative à l'organisateur de l'Atelier.

- Titre de l'Atelier
- Numéro de projet de l'Atelier
- Sujet de l'Atelier
- Coordonnées de l'organisateur de l'Atelier
- Langue(s) de travail
- Date et lieu de l'Atelier
- Groupe cible – qui devrait s'inscrire
- Résumé des activités de l'Atelier dans la langue de travail
- Site web de l'organisateur de l'Atelier

### COMMENT S'INSCRIRE

Si vous souhaitez vous inscrire afin de participer à un Atelier de Grundtvig, veuillez procéder comme suit :

- D'abord choisissez dans le Catalogue un Atelier qui vous intéresse ;
- Ensuite mettez-vous en contact avec l'organisateur de l'Atelier de votre choix qui vous fournira un formulaire d'inscription. Les coordonnées de l'organisateur de l'Atelier se trouvent sur la page de description de l'Atelier dans ce Catalogue. Puis, soumettez ce **formulaire d'inscription pour apprenant**, dûment rempli et **signé**, à l'organisateur de l'Atelier;
- Si vous avez été sélectionné, veuillez envoyer, après votre participation à l'Atelier, **une copie de votre rapport d'évaluation, à l'Agence Nationale de Grundtvig** dans votre pays. Les adresses des Agences Nationales sont disponibles sur la page web suivante:

**[http://ec.europa.eu/education/programmes/llp/national\\_en.html](http://ec.europa.eu/education/programmes/llp/national_en.html)**

Le personnel de Grundtvig dans les Agences Nationales est à votre disposition pour vous assister avec des conseils et pour aider à vous orienter s'il y a lieu.

**BONNE CHANCE !**

## KATALOG DER GRUNDTVIG-WORKSHOPS 2012 - 2013

### DIE GRUNDTVIG-WORKSHOPS – MOBILITÄT DER LERNENDEN

Die Grundtvig-Workshops gehören zu den neuen Maßnahmen im Rahmen des Programms Grundtvig, die 2009 angelaufen sind.

Mit dieser Maßnahme soll es **erwachsenen Lernenden** ermöglicht werden, an Workshops (Weiterbildungsveranstaltungen und Seminaren) in einem anderen europäischen Land, das sich am Programm für lebenslanges Lernen beteiligt, teilzunehmen.

Damit steht eine Mobilitätsform für erwachsene Lernende im Rahmen des Programms für lebenslanges Lernen zur Verfügung. Die Grundtvig-Workshops führen Einzelpersonen oder kleine Gruppen von Lernenden aus mehreren Ländern zu einer multinationalen **Lernerfahrung** zusammen, die für ihre **persönliche** Entwicklung und ihre Lernbedürfnisse relevant ist.

Mindestens 10 und höchstens 20 Lernende aus anderen Ländern als dem Land, in dem der Workshop veranstaltet wird, können bezuschusst werden.

Die Workshops dauern mindestens 5 und höchstens 10 Tage (ohne An- und Abreise); sie finden zwischen dem 1.9.2012 und dem 31.8.2013 statt.

Der Organisator des Workshops ist für dessen Durchführung, die Werbung, die Rekrutierung der Lernenden, ihre An- und Abreise sowie eine angemessene Unterkunft und Verpflegung zuständig.

### PROFIL DER LERNENDEN

Die Maßnahme steht allen erwachsenen Bürgern und Bürgerinnen offen. **Allerdings gilt der Einbeziehung von Menschen aus benachteiligten und marginalisierten sozialen Milieus, insbesondere Älteren und Menschen ohne bzw. mit geringer (Grund-)Qualifikation besondere Aufmerksamkeit, um ihnen alternative Zugänge zur Erwachsenenbildung zu ermöglichen.**

Die Maßnahme steht allen erwachsenen Bürgern und Bürgerinnen offen die die Staatsangehörigkeit eines der Programmländer besitzen oder ihren ständigen Wohnsitz in einem dieser Länder haben (bzw. dort als Flüchtlinge oder Asylsuchende registriert sind); Programmländer sind: die 27 Mitgliedstaaten der Europäischen Union, Island, Liechtenstein, Norwegen, die Schweiz (EFTA-/EWR-Länder) und Kroatien und die Türkei (Bewerberländer). Die Teilnehmer müssen aus mindestens drei verschiedenen Teilnehmerländern zusätzlich zu dem Gastland kommen; höchstens ein Drittel der Teilnehmer sollte aus demselben Land stammen. Staatsangehörige des Landes, in

dem der Workshop stattfindet, kommen für die Teilnahme am Workshop in Frage, können aber keine Grundtvig-Zuschüsse erhalten.

## HINWEISE ZUR BENUTZUNG DES KATALOGS

In diesem Katalog sind die Workshops aufgeführt, die von September 2012 bis Ende August 2013 stattfinden.

Bitte lesen Sie den Katalog genau durch. An die Einführung schließt sich der Index mit den nach Land gegliederten Workshops an. Alle aufgeführten Workshops enden spätestens am 31. August 2013. Für jeden Workshop finden Sie eine kurze Beschreibung mit Informationen über die Aktivitäten und einige Angaben zum Organisator.

- Titel des Workshops
- Projektnummer des Workshops
- Thema des Workshops
- Kontaktdaten des Organisers des Workshops
- Arbeitssprache(n)
- Datum des Workshops
- Zielgruppe – Von wem eine Bewerbung erwartet wird
- Zusammenfassung der Workshop-Aktivitäten in der Arbeitssprache
- Website des Organisers des Workshops

## BEWERBUNGSMODALITÄTEN

Wenn Sie an einem Grundtvig-Workshop teilnehmen möchten, sollten Sie sich wie folgt bewerben:

- Wählen Sie zunächst aus dem Katalog einen Workshop aus, der Sie interessiert;
- Nehmen Sie Kontakt auf mit dem Organisator der Ihnen ein Antragsformular für Lernende besorgen wird. Kontaktdaten des Organisers sind auf der Seite mit der Beschreibung des Workshops in diesem Katalog aufgeführt. Senden Sie dieses ordnungsgemäß ausgefülltes und **unterzeichnetes Antragsformular** an den Organisator des Workshops;
- Senden Sie nach der Teilnahme am Workshop **eine Kopie Ihres Endberichts an die für Grundtvig zuständige nationale Agentur** in Ihrem Land. Die Adressen der nationalen Agenturen sind auf der folgenden Webseite zu finden:

**[http://ec.europa.eu/education/programmes/llp/national\\_en.html](http://ec.europa.eu/education/programmes/llp/national_en.html)**

Das für Grundtvig zuständige Personal der nationalen Agenturen kann Ihnen falls nötig beratend zur Seite stehen.

**VIEL GLÜCK!**

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**Workshop Reference number:** 2012-1-AT1-GRU13-07510

**Venue:** GEA Akademie, Schrems

**Date of the Workshop:** 05/10/2012 - 12/10/2012

## Sustainable Innovation Quest –Empowerment for Local Changemakers and Social Entrepreneurs

**Subject area:** Active citizenship

Environment / sustainable development

Learning opportunities for people at risk of social marginalisation

**Working language(s):** EN

### **Target Group + Translation:**

Eingeladen sind AkteurInnen des Wandels aus allen europäischen Ländern. „AkteurInnen des Wandels“ sind Menschen, die mit eigener Initiative und Innovationskraft einen Beitrag zu einer sozialeren, ökologischeren und nachhaltigeren Gesellschaft leisten wollen. Menschen, die etwas verändern möchten und dafür noch Klarheit, Handwerkszeug und Mut benötigen. Daraus entstehen Visionen und Projekte: Konkret, praktisch, in der regionalen Umgebung und als Beitrag zum Gemeinwohl! Willkommen sind Menschen jeglichen Geschlechts, Alters, Bildungshintergrunds und jeder Kultur und Religion. Insbesondere ermutigen wir benachteiligte Menschen zur Teilnahme am Workshop, die in ihren direkten Umfeldern bedrückende Missstände erleben.

Invited are „Change Agents“ from all European countries. Those „Change Agents“ are persons whom wish to contribute with their initiative and innovation to a more social, ecological and sustainable society. We are working with People who want to change something, but still miss clarity, tools or courage to do so. Outcome of the workshop will be visions and projects: concrete, practical, embedded in the regional surrounding and as a contribution to the common welfare. People of every gender, age, educational background, culture or religion are welcome. We especially encourage people who experience grievance within their direct surrounding to participate in the workshop.

### **Main activities Programme + Programme translation:**

Die Teilnehmenden nähern sich, unterstützt von innovativen Entwicklungsmethoden, ihrer eigenen Vision bzw. Intention und entfalten daraus ein nachhaltiges Projekt für den sozialen Wandel. Diese Erfahrung bestärkt sie aktiv - in ihrer Lebensumgebung - Verantwortung zu übernehmen und auf lokaler Ebene konkrete Projekte umzusetzen. Der Workshop integriert dabei Know-How & Handwerkszeug, Persönlichkeitsentfaltung, sowie die Entwicklung von Visionen und Projekten für eine nachhaltige Gesellschaft. Dies verhilft Menschen zu mehr und zielorientierter Handlungs- und Gestaltungsfähigkeit. Die Teilnehmenden werden während der 9 Tage in ihrem individuellen Entwicklungsprozess unterstützt und begleitet: der Workshop umfasst dabei thematisch aufeinander aufbauende Gruppenworkshops, Inputs, Best-Practice-Beispiele, Coaching für die Umsetzung und Freiräume für die Arbeit im eigenen Rhythmus. Voraussetzungen für die Teilnahme: hohe

Motivation, einen eigenen gesellschaftlichen Beitrag zu leisten und die Bereitschaft, dafür auch an der eigenen Persönlichkeit zu arbeiten.

Supported by innovative methods, participants approach their own visions and intentions in order to unfold a sustainable project for social change. The experiences in the 8 days empower them to actively engage within their surrounding, take responsibility and implement concrete projects on a regional scale. The workshop integrates know-how & tools, personality development as well as the development of visions and projects for a sustainable society. It supports people to become more aware of their ability of creation and action. During the 8 days workshop the participants will be supported and accompanied in their own process of development: that includes group-workshops, inputs, best-practise examples, coaching for implementation and free space to work in individual pace. Requirements for participation are: high motivation to implement an idea and the willingness to work on ones own personality.

**Workshop Organiser:**

plenum - gesellschaft für ganzheitlich nachhaltige entwicklung

**Contact details:**

Lindengasse 2/14  
1070 Wien  
AT-AUSTRIA  
E-mail: [office@plenum.at](mailto:office@plenum.at)  
<http://www.plenum.at>

**Workshop Reference number:** 2012-1-AT1-GRU13-07506

**Venue:** Graz

**Date of the Workshop:** 01/10/2012 - 08/10/2012

## Digital publishing for active citizens – how to compose texts, edit photos and publish on the web to become a citizen journalist

**Subject area:** New technologies, ICT  
Active citizenship  
Media and communication

**Working language(s):** EN

### **Target Group + Translation:**

People from all ages (18-80) interested in new media and journalism; Disadvantaged learners and people with fewer opportunities; People affected by social/economical/political, ethnical or gender unfairness; People working or interested in combating social/economical/political, ethnical or gender disadvantages; People interested in equal-opportunity-issues; Participants should: - wish to learn technical skills and digital publishing methods - be concerned with their national and European environment - be interested in social/economical/political and humanitarian concerns - feel the need to spread their opinions and ideas according to the principles of citizen journalism.

### **Main activities Programme + Programme translation:**

Digital technologies are imparted in an easy and effective way. In order to encourage citizen journalism, the participants will be:

- provided with skills that improve commentatorship and
- equipped with tools that enable them to self supported publishing on the world wide web
- confronted thematically with the subject “Disadvantages and differences still existing between European countries”.

Participants will interchange their views and experiences about social/economic/political/ethnical and gender aspects, focusing and comparing the differences and disadvantages existing in each of the participants countries. As result, the participants are empowered as individuals who know how to use the digital resources to spread all over the world their opinions, comments and reviews. The used software will be exclusively free ware and open source applications which are legally accessible and will be provided to each participant.

Content:

- Journalistic communication: How to transmit contents and develop themes in a catchy way;
- Legal aspects of free, independent publishing: Media laws and journalistic ethics; Copyright for texts, photos, webs;
- Digital technologies: How to edit texts with open source editors; How to handle a digital camera and manage advanced settings; Advanced photo shooting techniques; Editing and enhancing photos digitally; How to edit and administrate an own website; How to use web 2.0 applications for citizen journalism;
- Publishing: Publishing texts and photos on the web; Publishing own websites; Publishing in web 2.0;

**Workshop Organiser:**

Medien für Menschen “PEOPLE’S MEDIA” – Verein für  
Medieninitiativen

**Contact details:**

Stenggstr. 23  
8043 Graz  
AT-AUSTRIA  
office@peoplesmedia.net  
<http://peoplesmedia.net>

## **Move – Migration in Different Generations**

**Subject area:** Intergenerational learning / learning in later life / senior citizens  
Addressing target groups with special needs  
Social integration / exclusion

**Working language(s):** EN

### **Target Group + Translation:**

Migration is an ongoing important topic in European societies and can have many faces. Some people are forced - due circumstances - to leave their homes, others move because of occupational reasons etc. The reasons for changing living places also differ from generation to generation. Within this workshop we want to focus on the different faces of migration with a focus on intergenerational learning in the European context and the context of each participants own story. The course is addressed to adults aged from 26-99, with and without disability interested in discovering the topic migration and/or having migration experiences themselves. Within Grenzenlos we have a focus on inclusion and integration. Therefore we will give a strong preference to applicants who have a disability, who are 50+, who have not taken part in an international course yet and who have a migration background. A mixed age group of participants is important in this workshop in order to gain a better understanding about each other and to enable intergenerational learning. We are keen to encourage adult learners who have not taken part in an international event like this before, and particular learners who have left education without basic qualifications and who would like to learn in an intercultural context with non-formal learning methods. Especially participants with a migration background or physical disability are encouraged to apply; or participants in a difficult life situation (unemployed, participants after a burn-out etc).

### **Main activities Programme + Programme translation:**

The main activities – according to the topics of this workshop – all based on non-formal learning methods – are: give a theoretical input on the migration topic in Europe as a basis for further discussion; present every participants biographical and personal (migration) background including the presentation of a mentoring programme for migrants (which is an ongoing programme of Grenzenlos) with current participants; introduction into the intercultural learning theory including the reasons and backgrounds for migration; excursion (in three splitted groups) to three Viennese institutions working with migrants; theoretical background and discussion on inclusion/integration and diversity; presentation of the three excursions; a simulation game based upon intercultural learning and migration; combination of the acquired knowledge/skills/methods with the participants personal reality; open space and evaluation as the main topics of the concluding day. -> For more detailed descriptions.

**Workshop Organiser:**

Grenzenlos Intercultural Exchanges

**Contact details:**

Latschkagasse 1/4

1090 Wien

AT-AUSTRIA

E-mail: [Austria@grenzenlos.or.at](mailto:Austria@grenzenlos.or.at)

[www.grenzenlos.or.at](http://www.grenzenlos.or.at) ; [www.grenzenlos-trainings.at](http://www.grenzenlos-trainings.at)

**Workshop Reference number:** 2012-1-CY1-GRU13-02514

**Venue:** Larnaca

**Date of the Workshop:** 07/10/2012 - 14/10/2012

## Medieval Ceramics of Cyprus

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Cultural heritage  
Basic skills for adult learners

**Working language(s):** EN

### Target Group + Translation:

Senior citizens wishing to improve skills and develop their creativity and expression in ceramic art. The workshop is open for learners from the eligible, in the context of Grundtvig programme, countries who have got artistic sense manual skills and strong motivation.

### Main activities Programme + Programme translation:

The Medieval Art in ceramics is an art that goes throughout and unites Europe, a rather common expression of art. Although the techniques were common to all countries, some materials and the way of expression were different according to the customs of each country. Cyprus, at the medieval time, was an important trading centre of the Byzantium Empire, exporting ceramic artefacts to other countries. This workshop will provide special techniques to the learners that are not available through other activities.

7/10/2012 Welcome diner.

8/10/2012 Presentation from participants. Introduction of the workshop program. Basic Clay workshop, hands-on experience .

9/10/2012 Demonstration of the scrafitto technique. Participants apply the technique. Study pictures of medieval pottery and choose designs to transfer on pottery. Engrave the design. Biscuit firing

10/10/2012 Field trip to the Leventis Municipal Museum of Nicosia. Lecture about history of the medieval ceramics of Cyprus by an expert archaiologist. Visit to a local artists' studios to talk and discuss with the artists in person on the way back to Larnaca.

You will have the oportunity to decorate a prefired ceramic object which later be fired during the demonstration of the raku firing.

11/10/2012 Colouring and glazing. Glaze firing.

12/10/2012 For Collecting further information from the Pierides museums unique collections of Medieval ceramics in Larnaca.

13/10/2012 Preparation for the exhibition Exhibition. Opening of the Exhibition and reception

14/10/2012 Departure.

**Workshop Organiser:**

Cyprus Pottery and Ceramic Association

**Contact details:**

18 Akdeniz Street

6026 Larnaca

CY-CYPRUS

Email: [studioceramics@ymail.com](mailto:studioceramics@ymail.com)

[www.cypruspotteryassociation.info](http://www.cypruspotteryassociation.info)

Tel: 00357 24 65 03 38

00357 99 32 98 64

Fax: 00357 24 65 03 38

**Workshop Reference number:** 2012-1-CZ1-GRU13-10291

**Venue:** Hřebený 1 , 35709 Josefov

**Date of the Workshop:** 08/09/2012 - 19/09/2012

## Protection of traditional values in middle-european space – practical workshops at historical region of Hartenberg domain

**Subject area:** Environment / sustainable development

Volunteering

Artistic education, also including Arts and Crafts and Music

**Working language(s):** EN

**Target Group + Translation:**

Volunteers, people interested in protection of cultural and natural heritage, personal health, sustainable development, biodiversity

**Main activities Programme + Programme translation:**

Volunteering in protection of cultural monuments, life environment and personal health.

Seminar and a practical lecture on Biodiversity - it's meaning and impact on harmonical life of a human.

Seminar and a practical lecture on Integration of disadvantaged groups of population. Practical lecture. Healthy element – acquaintance and implementation in everyday life.

Seminar and a practical lecture on International cooperation as a solving instrument to global and local issues alike.

Seminar on Cultural exchanges / stays at preservation of regional suzerainty.

Seminar on Practical lectures – workshops in the nature and at the castle square.

**Workshop Organiser:** Hartenberg o.s.

**Contact details:**

Josefov , Hřebený 1

357 09 Josefov

CZ-CZECH REPUBLIC

E-mail: [hartenberg@seznam.cz](mailto:hartenberg@seznam.cz)

<http://www.hartenberg.cz>

**Workshop Reference number:** 2012-1-CZ1-GRU13-10307

**Venue:** Kutná Hora

**Date of the Workshop:** 13/09/2012 - 19/09/2012

## Heart to art

**Subject area:** Cultural heritage  
Learning about European countries  
History and social science

**Working language(s):** EN

### **Target Group + Translation:**

The workshop addresses adults, inhabitants of EU member countries, with an interest in national and European culture, having broad artistic and historic interests. In particular, learners who would like to broaden their knowledge in an intercultural context. We are keen to encourage participation of persons from vulnerable social groups, long-term unemployed, people living in rural or economically disadvantaged areas, representatives of ethnic or other minorities, people over 50 years. People who have not yet participated in an international event like this before.

### **Main activities Programme + Programme translation:**

Gothic represented a unified architectural and cultural style across most of the Europe, which had extended between 13th and 15th century. It had common details and background, but also had developed through different phases and very specific forms. Gothic represents in its core very uncommon unity in difference. It can be very inspirational even today. We shall discover links through the gothic Europe by all senses: - by eyes (the city walk and visiting cathedrals in Prague and Kutná Hora) - by ears (creation and performance of a theatre play with a gothic background) - by speech (discussions about influences on gothic architecture, comparisons of the gothic period in different countries) - by touch (creation of a theatre scenery with a gothic theme) - by motions (a basic gothic dance performance) - but most of all, by heart

**Workshop Organiser:** Baribal o.s.

**Contact details:** Dražejov 73  
386 01 Strakonice  
CZ-CZECH REPUBLIC  
E-mail: [info@baribal.cz](mailto:info@baribal.cz)  
[www.baribal.cz](http://www.baribal.cz)

**Workshop Reference number:** 2012-1-DE2-GRU13-11762

**Venue:** Seminarhaus-Lichthof, Betzendorf      **Date of the Workshop:** 17/09/2012 - 23/09/2012

**“Ich bin woanders“ Eine Lern- und Erlebnisreise für Eltern in die Medienwelten ihrer Kinder. “somewhere else” A learning journey and an experience journey for parents in the media world of your children**

**Subject area:** Addressing target groups with special needs  
Family / parent education  
Media and communication

**Working language(s):**

**Target Group + Translation:**

We want to invite parents that would like to strengthen their parenthood, that are curious to learn about the fascination of “www”, and want to improve their skills in media competence. Required skills are basic understanding of German or English, no other special skills are required. If your participation should depend on questions of childcare, please let us know, we'll try to help you in finding a solution.

Eingeladen sind interessierte Eltern, die Lust haben, sich in Ihrem Eltern-Sein zu stärken, neugierig sind auf die Faszination im „www“ und nach Handlungskompetenzen für eine fürsorgliche Medienerziehung suchen. Grundkenntnisse des Verstehens der deutschen oder englischen Sprache sind notwendig, weitere besondere Vorkenntnisse jedoch nicht. Sollte die Entscheidung für die Teilnahme abhängig sein von der Betreuung ihrer Kinder, kontaktieren Sie uns bitte. Wir finden gemeinsam eine Lösung.

**Main activities Programme + Programme translation:**

This workshop is a learning journey with individual pedagogical monitoring for each participant. We encourage learning by doing, experiencing by doing role-plays and mediations, visualizations by fairytales and active games. The highlight of this learning journey will be the formative experience, when the parents are going to play networked computer games and experience the media world of their children, understanding the fascination and learning to critically question it. The intercultural highlight of our workshop is going to be a boat tour through the Speicherstadt of Hamburg City (i.e. a district in the harbor of Hamburg city where ancient warehouses can be seen).

Der Workshop ist eine Lernreise für Eltern mit individueller pädagogischer Begleitung, in der Lernen durch Tun, Erfahren in Form von Rollenspielen und Meditationen und Visualisierungen durch Märchen und Bewegungsspiele im Vordergrund stehen. Höhepunkt dieser Lernreise wird ein gemeinsames Erlebnis sein, bei dem Eltern miteinander vernetzt am Computer spielen, dadurch die Medienwelt ihrer Kinder erleben und die Faszination verstehen und hinterfragen lernen. Ein

interkulturelles Erlebnis des Workshops ist eine Schifffahrt bei Nacht durch die Speicherstadt des Hamburger Hafens.

**Workshop Organiser:**

Stiftung Medien und Onlinesucht gemeinnützige Stiftung

**Contact details:**

Quellenweg 14  
21339 Lüneburg  
DE-GERMANY

E-mail : [Arnhild.zorr-werner@stiftung-medienundonlinesucht.de](mailto:Arnhild.zorr-werner@stiftung-medienundonlinesucht.de)  
[www.stiftung-medienundonlinesucht.de](http://www.stiftung-medienundonlinesucht.de)

**Workshop Reference number:** 2012-1-DE2-GRU13-11900

**Venue:** Oberhof Ballenstedt

**Date of the Workshop:** 06/10/2012 - 12/10/2012

## DiG - Deaf in the Garden

**Subject area:** Active citizenship

Artistic education, also including Arts and Crafts and Music  
Environment / sustainable development

**Working language(s):** EN

**Target Group + Translation:**

Hörgeschädigte und Gehörlose Erwachsene in Europa mit Interesse an der aktiven und kreativen Auseinandersetzung mit Natur und Kunst.

**Main activities Programme + Programme translation:**

DiG ist ein Bildungs- und Begegnungsprojekt, das sich explizit an die Zielgruppe der gehörlosen und hörgeschädigten Menschen in Europa richtet. Diese Bevölkerungsgruppe ist oft strukturell aus dem europäischen Programm Lebenslanges Lernen ausgegrenzt, weil z.B. keine Gebärdensprachdolmetschung vorgesehen ist. DiG will zeigen, dass Gärten und Parks für das partizipative und gemeinschaftliche Lernen von gehörlosen Menschen ein ideales Handlungsfeld sind. In Gärten kann eine aktive Einbindung der gehörlosen Teilnehmer in den interkulturellen Austausch ohne die Kenntnis anderer Gebärdensprachen, und oft auch ohne Dolmetscher, ermöglicht werden. DiG verbindet künstlerische und gärtnerische Aktivitäten und stellt die non-verbale Kommunikation in den Vordergrund. Die Aktivitäten Kräuterkunde und Gemüsekunde stellen Elemente der Gartennutzung dar. Pflege dekorativer Gärten (Blumenkunde) ist ein Element der Gartenästhetik. Trommeln, Malerei und Pantomime schaffen den Übergang zur künstlerischen Betätigung in Gärten und bedeuten eine erweiterte Form der Kommunikation der Gehörlosen mit hörenden Menschen untereinander.

The workshop DiG is a European education project within the EU's Lifelong Learning Program project designed specifically for the needs of the hearing impaired adult population of the continent. Hearing impaired Europeans are often structurally excluded from projects that typically depend on verbal communication as a tool for education, and translation always comes with a certain loss of information. Gardens, Parks and urban green spaces represent an ideal field of action for participative, collaborative and intercultural learning approach to be applied within this project. Productive and creative garden(ing) activities allow a proactive involvement of hearing impaired participants from different countries without the need to learn foreign sign languages or to be dependent on translation. The workshop DiG combines art and gardening using non-verbal communication. The activities concerning herbs and vegetables show how to use gardens in a practical way. Also experiencing the beauty of gardens by using the senses (touching, smelling, visualization) will open the access to the esthetics of cultivated green spaces. Percussion, Pantomime and painting will be the elements of DiG using a garden as a background to create art.

**Workshop Organiser:**

Gartennetz Deutschland e.V. c/o HORTEC

**Contact details:**

Meierottostr. 7

10719 Berlin

DE-GERMANY

E-mail: [info@gartennetz-deutschland.de](mailto:info@gartennetz-deutschland.de)

<http://www.gartennetz-deutschland.de/>

**Workshop Reference number:** 2012-1-DE2-GRU13-11861

**Venue:** Chemnitz

**Date of the Workshop:** 08/10/2012 - 13/10/2012

## Lern-SPIEL-Welten

**Subject area:** Inclusive approaches

Methods to increase students motivation

Intergenerational learning / learning in later life / senior citizens

**Working language(s):** DE

### **Target Group + Translation:**

Der Workshop Lern-SPIEL-Welten richtet sich an europäische Bürger/innen aus den Programmländern ab 18 Jahre. Als Teilnehmer/in benötigen Sie keine Aus- oder Vorbildung, insbesondere auch keine hohe Fremdsprachenkompetenz. Der Workshop ist auch für Benachteiligte sowie Menschen aus gesellschaftlichen Rand- und Risikogruppen geeignet.

The workshop Learn-SPIEL-Welten addresses to European citizens (age over 18) from participating countries. As participant you need no specific training or educational background, especially no high level in foreign languages. The workshop is also suitable for disadvantaged groups as well as for people from social fringe and risk groups.

### **Main activities Programme + Programme translation:**

Der Workshop Lern-SPIEL-Welten steht im Zeichen des gemeinsamen interkulturellen Lernens und Kommunizierens mit dem vielfältigen Medium Spiel. Zunächst bereiten Sie sich zu Haus vor, indem Sie sich mit landestypischen Spielen und Literatur zu Lernspielen befassen. Auf Basis der einzigartigen Spielesammlung des Deutschen SPIELmuseums (ca. 35.000 historische, international Exponate) sowie unserer mobile Ausstellung "Lern-SPIEL-Welten" können Sie sich nach dem Workshopauftakt in Deutschland andere Lernspiele aus aller Welt kennen lernen und im gemeinsamen Spiel ausprobieren. In Diskussionsrunden tauschen Sie sich mit Lernenden aus ganz Europa über das Spielverhalten in ihren Heimatländern aus, finden Gemeinsamkeiten und Unterschiede: In einem Workshop mit einer deutschen Spieleautorin erarbeiten Sie die einzelnen Schritte bei der Entwicklung eines Spieles. Im Anschluss erhalten Sie die Gelegenheit, gemeinsam mit den internationalen Teilnehmer/innen ein neues Spiel auf breiter europäischer Autorenbasis zu entwickeln. Der Workshop wird mit Exkursionen in das Schloß- und Spielkartenmuseum Altenburg sowie in die Produktionswerkstätten erzgebirgerischer Spielehersteller in Grünhainischen und Olbernhau komplettiert. An jedem Workshoptag gibt es großzügige Freiräume, um mit anderen Gruppenmitgliedern ins Spiel und damit ins Gespräch zu kommen und sich innerhalb der multinationalen Teilnehmergruppe persönlich kennenzulernen.

The workshop Learn-SPIEL-Welten stands for common intercultural learning and communicating with the manifold medium "game". At first you get prepared at home by getting in touch with educational games and its literature which are characteristic for the country. On the foundation of the unique compendium of games of the Deutsche SPIELmuseum (German Museum of Games –

approx. 35.000 historical, international games) as well as of the mobile exhibition “Lern-SPIEL-Welten” you’re welcome to get to know educational games from all over the world and try them out during common playing after the beginning of the workshop. During discussions you’ll exchange experiences with people from all over Europe dealing with typical playing attitudes in their home countries. You’ll find commonalities and differences. In one workshop with a German game designer you’ll work out all single steps which occur during the development of a game. Afterwards you’ll get the chance to develop a game on a wide European designer basis together with the international participants. The workshop also includes visits to the Castle and Playing Cards Museum in Altenburg as well as to the production facilities of game manufacturers from the Ore Mountains in Grünhainichen and Olbernhau. During workshop-days there’ll be sufficient free time to start playing games with other participants and as a consequence begin conversations with them and get to know each other better.

**Workshop Organiser:**

Deutsches SPIELmuseum e.V.

**Contact details:**

Neefestr. 78a

9119 Chemnitz

DE-GERMANY

E-mail: [deutsches-spielmuseum@t-online.de](mailto:deutsches-spielmuseum@t-online.de)

[www.deutsches-spielmuseum.eu](http://www.deutsches-spielmuseum.eu)

**Workshop Reference number:** 2012-1-DE2-GRU13-11439

**Venue:** RegioVision GmbH Schwerin

**Date of the Workshop:** 23/09/2012 - 29/09/2012

**Sei dabei und finde deinen Weg! / Take part and find your way!**

**Subject area:** Social integration / exclusion  
Intercultural education  
Inclusive approaches

**Working language(s):** DE

**Target Group + Translation:**

Alle Jugendlichen und jungen Erwachsenen zwischen 18 und 25 Jahren, die Schlüsselkompetenzen, wie Kommunikationsfähigkeit, Problemlöse- und Konfliktfähigkeit, Lernfähigkeit stärken wollen und Anregungen suchen, gemeinschaftlich aktiv zu sein und mitzugestalten. Junge Menschen, die sich auf Grund ihres Migrationshintergrundes in ihrem persönlichen Umfeld und durch die Gesellschaft benachteiligt oder ausgegrenzt fühlen und deshalb daran interessiert sind, den eigenen lebenslangen Lernprozess selbst besser steuern können, um gesellschaftliche Teilhabe zu erfahren.

Young people from 18 to 25 years, who want to enhance their soft skills and communication skills, to improve their problem and conflict solving abilities as well as learning abilities, and who are looking for incitation to being socially active and to form community. Young people who feel excluded or discriminated due to migration background with interest in participation in society and active life, and to control their own learning process to success.

**Main activities Programme + Programme translation:**

Die Teilnehmerinnen und Teilnehmer nehmen am Workshop nicht nur teil, sondern gestalten das Programm aktiv mit. Wir wollen gemeinsame Interessen und Themen nutzen, um miteinander ins Gespräch zu kommen und voneinander zu lernen. Dabei werden wir viel darüber reden, wie in den Herkunftsländern Sport- und Freizeitvereine zur sozialen Integration beitragen und wie die Teilnehmer persönlich noch mehr Nutzen aus solchen Möglichkeiten ziehen können. Am Beispiel des Schachs werden wir über Ausdauer, strategisches Denken und Fairness sprechen und dabei spielerisch Sprachbarrieren überwinden. Schach ist nur ein gemeinsames Thema. Es spielt keine Rolle wie gut jemand spielt. Wichtig ist die Bereitschaft, sich auf etwas Neues einzulassen. Über Kommunikation, Austausch und Interaktion untersuchen und entdecken wir, wie spannend und bereichernd Interkulturalität und Diversität sein kann, kommen gemeinsam in Kontakt und Austausch und schließen neue Freundschaften. Wir stellen uns Fragen, wie "Was sind eigentlich Probleme der Jugendlichen und welche Unterschiede und Gemeinsamkeiten gibt es in den verschiedenen Herkunftsländern? Was bremst uns in unserer Persönlichkeitsentwicklung aus?" Wir werden gemeinsam Antworten und Lösungen finden. Wir unternehmen eine "Lernreise" und treffen interessante Gesprächspartner. Im Team finden wir die eigenen Potenziale heraus und entwickeln umsetzbare Pläne und Ziele. Durch Freude und Spaß, eine lockere Atmosphäre sowie vielfältige moderne Lehr- und Lernmethoden entdecken wir den Spaß am Lernen neu. Wir trainieren Kommunikationsfähigkeit, verbessern unsere Deutsch- und Englisch-Sprachkenntnisse und lernen selbstbewusst aufzutreten. Als besonderen Höhepunkt hören wir von einem Internationalen

Schachgroßmeister, welche Rolle der Sport in seinem Leben gespielt hat und er berichtet über seine internationalen sozialen Projekte.

The participants do not just take part in the workshop. They form the program among themselves in an active and cooperative way. We want to utilize joint interests and topics to get into conversation and learn of each other. We will talk about how sports clubs and other clubs play a part in contributing social integration, and in what way one can use those possibilities for one's own benefit. Using the example of Chess we will talk about stamina, strategic thinking and fairness. Language-barriers we will overcome easily in a playful way. Chess will be only one of our joint topics, and it is not important whether you play chess or not. Important is that you are willing to let yourself in for something new. Through communication, conversation and interaction we explore diversity, and we will see how fascinating and enriching interculturality and diversity can be, and find new friends. We will ask questions like "What are the problems of the youth actually, and what are the differences and similarities in the different states?, Which are most common conflicts, and how can we solve them?, What does brake personal development?". Together we will find answers and solutions. We will dare a learning journey and meet interesting discussion partners. Teamed up we detect our potentials and develop practical plans and objectives. Through a pleasant environment, modern learning and teaching methods we rediscover the fun of learning. We practice communication and improve our German and/or English knowledge. As one highlight we will meet and learn with an international Chess grandmaster.

**Workshop Organiser:** RegioVision GmbH Schwerin

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19057 Schwerin  
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E-mail: [thieme@jc50.de](mailto:thieme@jc50.de)  
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**Workshop Reference number:** 2012-1-DE2-GRU13-11884

**Venue:** Lausitzer Wege e.V., Lauchhammer **Date of the Workshop:** 28/09/2012 - 07/10/2012

## Do it your self energy – Energie selbst erzeugen

**Subject area:** Environment / sustainable development  
Basic skills for adult learners  
Teaching basic skills for adult learners

**Working language(s):** EN

### **Target Group + Translation:**

The target group of the workshop are adults at the age of 24 – 60, that aim at making their private lives and their household ecofriendlier and more sustainable.

Zielgruppe des Workshops sind Erwachsene im Alter von 24-60, die ein Interesse daran haben, sich in ihrem Privatleben und im Haushalt umweltfreundlicher und nachhaltiger zu verhalten. Vorkenntnisse sind nicht vonnöten.

### **Main activities Programme + Programme translation:**

Energy transition is on everyone's lips. Europe wants to assume a pioneering role in terms of clean, ecofriendly energy generation. However, the needed electricity grids yet pose an unresolved problem. Alternatives, such as decentralized, smaller, and local solutions are under debate. How would it be, if we could ourselves provide for our energy? We want to demonstrate different options for creating energy-saving and even energy-generating constructions. Furthermore we will present different alternatives regarding the sensible use of resources and energy in the private field. Moreover, participants will undertake the process of constructing with their own hands while experiencing it in a concrete and sensual way. These acquirements can be used in various fields of daily live as well as at home. Examples are: Wind and solar energy We will present a solar thermal system we built last year. Then, together, we will build a wind turbine that sets a water pump in motion. Participants are sensitized and trained to learn how to use untreated wood in their households. Thus the demonstrated timber construction techniques can be immediately put into practice by constructing the wind turbine parts and the frame.

Die Energiewende ist in aller Munde. Europa möchte als Vorreiter für regenerative Energien eine wichtige Rolle für saubere und umweltschonende Energieherstellung einnehmen. Ein noch ungelöstes Problem sind die dafür benötigten Stromnetze. Als Alternative sind dezentrale, kleinere und lokale Lösungen immer wieder im Gespräch. Wie wäre es, wenn wir uns mit Energie selbst versorgen könnten? Wir wollen verschiedene Möglichkeiten aufzeigen, wie sich in Eigenbauweise energiesparende und sogar energieerzeugende Konstruktionen bauen lassen. Es werden verschiedene Alternativen für einen bewussten Umgang mit Ressourcen und Energie im privaten Bereich ausgetauscht. Darüber hinaus proben die Teilnehmer/innen das Bauen mit ihren eigenen Händen, um konkrete und sinnliche Erfahrungen zu machen. Die erworbenen Fähigkeiten können im Alltagsleben und zu Hause eingesetzt werden. Beispiele sind: Energie von Wind und Sonne Wir führen die im letzten Jahr gebaute thermische Solaranlage vor und bauen gemeinsam ein

Windrad, um die Wasserpumpe antreiben zu können. Die Teilnehmer/-innen werden sensibilisiert und geschult für den Umgang und die Verwendung des nachwachsenden Rohstoffes Holz im täglichen Heimhandwerken. Die gezeigten Holzbautechniken können beim Bau der Windradteile und des dazugehörigen Gestells gleich in die Praxis umgesetzt werden.

**Workshop Organisier:**

Lausitzer Wege e.V.

**Contact details:**

Straße am Koynensee 100

1979 Lauchhammer

DE-GERMANY

E-mail: [s.groddeck@googlemail.com](mailto:s.groddeck@googlemail.com)

[www.lausitzer-wege-ev.de](http://www.lausitzer-wege-ev.de)

**Workshop Reference number:** 2012-1-DE2-GRU13-11682

**Venue:** Veganz, Berlin

**Date of the Workshop:** 21/10/2012 - 27/10/2012

## **Kochkurs: Pflanzlich kreativ - Nachhaltig kochen in Berlin**

**Subject area:** Consumer education  
Environment / sustainable development  
Health education

**Working language(s):** EN

### **Target Group + Translation:**

The workshop is addressed at all European citizens who want to enjoy creative cooking and explore their own eating habits. The main target group consists of adult learners with limited opportunities for travel and transnational experience. No professional skills are requested and a basic knowledge of English is sufficient. Preference will be given to adults older than 50 who are especially underprivileged concerning access to new learning experiences and who belong to the target group that primarily suffers from diet-related diseases.

Der Workshop richtet sich an alle europäischen Mitbürger, die Spaß an kreativem Kochen haben und sich gern mit dem eigenen Essverhalten auseinandersetzen. Die Zielgruppe sind erwachsene Lernende, welche nur über begrenzte Reisemöglichkeiten verfügen und bisher kaum oder nur eingeschränkten Zugang zu länderübergreifenden Erfahrung hatten. Es sind keine besonderen Fähigkeiten nötig und Grundkenntnisse in Englisch sind ausreichend. Teilnehmer über 50 Jahren werden bevorzugt genommen, da es gerade für diese Altersgruppe kaum Bildungsmöglichkeiten gibt und sie die Hauptgruppe darstellen die von Ernährungsbedingten Krankheiten betroffen sind.

### **Main activities Programme + Programme translation:**

This workshop deals with a healthy and sustainable vegetarian diet in an fascinating and multinational context. A popular vegan chef will show us how to cook a variety of tasty international dishes. All participants are invited to share their knowledge on the local recipes of their European home countries. Traditional recipes can be exchanged and healthy vegetarian varieties discussed and tested. In addition to the cooking lessons a variety of information and field trips will be offered. The advantages of a plant-based diet will be discussed and we can learn how to prepare healthy, well-balanced and very tasty meals. Together we will discover new possibilities and have fun while cooking and exploring. The information will always be presented in practice and in an entertaining way. To reach this goal a movie night, presentations, workshops and a tour through Berlin's vegetarian shops and restaurants will be part of the program.

**Workshop Organiser:** Vegetarierbund Deutschland e.V. (VEBU)

**Contact details:** Glatzer Straße 5  
10247 Berlin  
DE-GERMANY  
E-mail: [kati.brunne@vebu.de](mailto:kati.brunne@vebu.de)  
[www.vebu.de](http://www.vebu.de)

**Workshop Reference number:** 2012-1-DE2-GRU13-11093

**Venue:** Schlosshotel Kassel

**Date of the Workshop:** 07/09/2012 - 13/09/2012

## **Jede(r) kann Kunst - Zukunftswerkstatt zum "Weltkunstlabor" Dokumenta 13**

**Subject area:** Active citizenship

Learning opportunities for people at risk of social marginalisation

Methods to increase students motivation

**Working language(s):** EN

**Target Group + Translation:**

Hoch- und mittel-qualifizierte prekär Beschäftigte, Angestellte, von Arbeitslosigkeit Bedrohte, Erwerbslose, Studierende, Alleinerziehende, Frauen, Bewohner ländlicher Regionen, Menschen mit Erfahrungen von Obdachlosigkeit, körperlich Behinderte.

**Main activities Programme + Programme translation:**

More and more people have to experience the fact, that tangible conditions of life get worse and personal and occupational perspectives can abruptly get lost. Therefore it is important to develop survival strategies for a sustainable future. For our daily life we need dignity and joie de vivre. The Artist and Philosopher Josef Beuys gave the statement, that every human being is an artist. For him, man/woman is a free creature; possessing potentials to manage its own biographical development. These potentials can also be used to mould society. At the same time as the workshop the dOCUMENTA (13) takes place. It is only every 5 years that the world's most important exhibition of contemporary Art is to be experienced. We will use this exhibition to get suggestions for our own creative expression. Day 1: Arrival, come together and come to know each other, programme overview Day 2: Information about dOCUMENTA (13); step one of the future workshop Day 3: History of social Art, Beuys, Talk to experts, step two of the future workshop Day 4: dOCUMENTA (13) guided Tour, Discussion with artists and staff, step three of the future workshop Day 5: dOCUMENTA (13) guided Tour, evaluation, future workshop to be continued Day 6: Visiting the Art Gallery Castle Wilhelmshöhe, planning, preparing and opening of the exhibition of own works Day 7: Final evaluation, agreements, leaving The central element of the workshop is a future workshop. That means: In an international group of workshop participants we collect critical aspects which have an impact on our lives and societies (phase 1). We will develop utopia ideas in contrast to the negative issues (phase 2) and work on ways how to transform this positive utopia into a sustainable real future (phase 3). Particularly interesting, thrilling and life-enhancing is the fact that we work in an international and intergenerational group, so we can benefit from the experiences of other nationalities and other generations - senior people learn from younger people and vice versa. The future workshop will result in works of art, we will have a little exhibition to present our work to the public. Don't be afraid, you don't have to have any practical experiences in art production! The main point is, that you are ready to experience your own creative potential together with people from other countries in a common process.

Weil es für immer mehr Menschen eine langfristige materielle Absicherung nicht gibt, ist es wichtig, für die beruflichen und persönlichen Perspektiven zukunftsorientierte Überlebensstrategien zu entwickeln. Wir brauchen im Alltag Lebenssinn, Würde und Lebensfreude. Der Künstler und Philosoph Josef Beuys sagte, dass jeder Mensch ein Künstler sei. Für ihn ist der Mensch ein freies Wesen, in dem Potenziale angelegt sind, mit denen die eigene Biografie und die Gesellschaft in der wir leben, positiv gestaltet werden können. Parallel zu unserem Workshop findet in Kassel die Documenta 13 statt. Alle 5 Jahre einmal gibt es diese wichtigste internationale Kunstaussstellung. Wir wollen sie nutzen, um Anregungen für eigene gestalterische Ausdrucksformen zu erhalten. Im Zentrum des Workshops steht eine Zukunftswerkstatt, in der wir gemeinsam als internationale Gruppe Kritikpunkte sammeln, die unser persönliches und gesellschaftliches Leben negativ beeinflussen, Utopien entwickeln und uns Wege erarbeiten, die konkrete Alternativen aufzeigen. Besonders spannend, interessant und bereichernd ist dabei, dass wir in einer international zusammengesetzten Gruppe arbeiten und auf die Lebenserfahrungen mehrerer Generationen zurückgreifen können (Generationsübergreifender Bildungsansatz). So können hier Ältere von Jüngeren und Jüngere von Älteren lernen. Die Ergebnisse der gemeinsamen Zukunftswerkstatt sollen mit künstlerischen Mitteln dokumentiert und in einer kleinen Ausstellung der Öffentlichkeit präsentiert werden. Keine Angst: Dafür sind keine künstlerischen Vorerfahrungen notwendig. Wichtig ist, dass Sie bereit sind, mit Teilnehmenden aus verschiedenen Ländern zusammen Ihre kreativen Potentiale auszuprobieren und sich auf einen gemeinsamen Entwicklungsprozess einzulassen.

**Workshop Organisier:**

Schäffer + Schuchardt GbR / European Institute for Lifelong Learning

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**Workshop Reference number:** 2012-1-DE2-GRU13-11799

**Venue:** Berlin

**Date of the Workshop:** 06/09/2012 - 12/09/2012

## **LEiSE2: Leib inklusive Seele oder "Sportlich zum ICH für Menschen mit geistiger Behinderung"**

**Subject area:** Physical education and sport

Addressing target groups with special needs

Artistic education, also including Arts and Crafts and Music

**Working language(s):** DE

**Target Group + Translation:**

EU-BürgerInnen mit geistiger Behinderung

**Main activities Programme + Programme translation:**

Der Workshop LEiSE 2 richtet sich an Menschen mit geistiger Behinderung in Europa, die Lust am Lernen durch Bewegung haben. Bewegung kann mit Sport verbunden werden, aber auch die Grenzen zur Kunst sind fließend. LEiSE 2 möchte die Vielfalt der Bewegung für Menschen mit geistiger Behinderung an der Grenze zwischen Sport und Kunst erfassen. WARUM – WAS SOLL BEWIRKT WERDEN: Für Menschen mit Behinderung steht die Freude an jeglicher Bewegung im Vordergrund. Daher bietet sich die Mischung der Bewegungsarten an, die entweder mehr die Seele (z.B. Tanz) bzw. mehr den Leib (z.B. Fußball) ansprechen: unterschiedliche Formen werden ausprobiert: vom Country- und Improvisations-Tanz, über Chi-Gong und Artistik bis zu den klassischen Sportarten Fußball und Leichtathletik werden die TeilnehmerInnen von LEiSE 2 vieles ausprobieren. Selbstverteidigung wird ebenfalls als zweckorientierte Bewegungsform vorgestellt.

**Workshop Organiser:**

Behinderten-Sportverband Berlin e.V. (BSB)

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**Workshop Reference number:** 2012-1-DE2-GRU13-11880

**Venue:** Vereinsgelände Lausitzer Wege e.V., Lauchhammer **Date of the Workshop:** 01/09/2012  
- 09/09/2012

## Trashformers - from waste to design / von Müll zum Produkt

**Subject area:** Environment / sustainable development  
Basic skills for adult learners  
Teaching basic skills for adult learners

**Working language(s):** EN

### **Target Group + Translation:**

Zielgruppe des Workshops sind Erwachsene im Alter von 24-60 Jahren, die Lust haben sich kreativ mit der Thematik Müll auseinanderzusetzen und ein Interesse am Do-it-yourself haben. Die Zielgruppe benötigt weder Vorkenntnisse noch hohe Bildung. Die Fähigkeit sich in Englisch verständlich zu machen und Englisch zu verstehen ist Voraussetzung für die Teilnahme.

### **Main activities Programme + Programme translation:**

Trashformers – from waste to design / von Müll zum Produkt Wir wollen verschiedene Möglichkeiten aufzeigen, wie sich aus Hausmüll, recyclebaren und upcyclebaren Materialien kreative Produkte entwickeln lassen. Angesichts der europaweit existierenden Müllproblematik, wollen wir den Teilnehmer/-innen unsere Methoden der Müllvermeidung näher bringen. Unsere Themenschwerpunkte sind Recycling, Wiederverwendung, Reparatur und Reduzierung. Jedem Einzelnen wird aufgezeigt, wie er ohne großen Aufwand Eigenverantwortung in diesem Bereich übernehmen kann und seine innovativen Potentiale zum Einsatz kommen können. In dem Workshop soll ein lebendiger und anregender Austausch und die Entwicklung neuer Ideen der europäischen Bürger/innen zu diesem Thema stattfinden. Die erworbenen Fähigkeiten können im Alltagsleben und zu Hause eingesetzt werden. Beispiele sind: Pfandtasche -Workshop Aus Pfandflaschenverschlüssen und Werbebannern lassen sich im Handumdrehen Umhängetaschen individuellem Design herstellen. Der eigenen Ausdrucksvielfalt sind hier keine Grenzen gesetzt! Ein Beispiel, wie aus Müll, den wir bisher immer achtlos weggeschmissen haben, sich sehr schöne und nützliche Accessoires herstellen lassen. Upcycle it! Nach einem Ideenworkshop zum Thema Mülldesign gibt es eine Exkursion zu einer Mülldeponie, um sich die „Rohstoffe“ zu besorgen. Die Teilnehmer/-innen einigen sich auf ein gemeinsames Vorhaben, bspw. eine Hütte aus Plastikflaschen. Der Workshop findet auf einem von der Natur umgebenen Veranstaltungsort in der Lausitz statt, das nach ökologischen Gesichtspunkten errichtet wurde und als Umweltbildungszentrum ausgebaut wurde.

**Workshop Organiser:**

Kulturlabor Trial & Error e.V.

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**Workshop Reference number:** 2012-1-FI1-GRU13-09561

**Venue:** Nurmes

**Date of the Workshop:** 15/10/2012 - 20/10/2012

## HA- HA is A-HA!

**Subject area:** Artistic education, also including Arts and Crafts and Music

Basic skills for adult learners

NULL

**Working language(s):** EN

### **Target Group + Translation:**

Adults who are interested in art education. The workshop is targeted at individuals with the motivation for learning, sharing and self-development.

### **Main activities Programme + Programme translation:**

Ha-Ha is A-ha! – Grundtvig Workshop brings together adult learners from various backgrounds to learn about art education and how to use humour and visual improvisation in different working environment. Workshop is suitable for people who want to get their first international learning experience in tolerant and creative way. One of the aims is to learn how to accept mistakes and fail happily in our private, but especially in working lives. Workshop aims to bring tolerant attitude more closer to participants and themes will be handled in creative way. Art education, humour and improvisation can be usefully used in various workig fields and backgrounds of the participants and that is why cross-sectoral collaboration between the art educators and international participants is needed. Workshop will give tools to think outside the box in the group situations and practical tools for creative approach at work/life in general. During the workshop participants will learn how to handle group situations in creative way and how to use humour in their work. Participants will use drama, group work, independent tasks, physical exercises, improvisation and self-reflection as their tools. Creativity, group discussions, simulation activities, Finnish nature, self-reflection, making new friends and “learning with a non-formal twist” are the key elements of the workshop. Lectures on art education and theory of humour are part of the training also. Teachers of the course are professional art educators from Helsinki, Finland.

### **Workshop Organiser:**

Hyvärilän nuorisokeskus

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**Workshop Reference number:** 2012-1-FR1-GRU13-35486

**Venue:** THANN

**Date of the Workshop:** 29/09/2012 - 13/10/2012

## ARTetFACT "Atelier Recyclage Transformation et Formation Arts Couleurs à Thann"

### Subject area:

**Working language(s):** FR

### Target Group + Translation:

Toutes personnes adultes francophones désireuses de promouvoir une démarche éco-responsable, éco-citoyenne, souhaitant développer ou perfectionner des compétences techniques et artistiques, et partager, échanger sur le patrimoine culturel européen commun. Une place importante sera accordée aux personnes seniors afin de leur permettre de se doter des aptitudes dont elles ont besoin pour faire face au changement et continuer à être actives dans la société et valoriser la transmission vivante intergénérationnelle des savoirs.

Every French-speaking grown-up avid to promote an eco-responsible and eco-citizen approach, wishing to develop or to perfect technical and artistic skills, and to share, exchange on the common European cultural heritage. An important place will be granted to the senior citizens to allow them to be endowed with capacities which they need to face the change and continue to be active in the society and to value the intergenerational alive transmission of the knowledges.

### Main activities Programme + Programme translation:

Echanger, partager, découvrir l'art et les traditions de la peinture polychrome en Alsace et dans les pays des participants à l'Atelier ARTetFACT : Collecte et partage des motifs de la peinture polychrome traditionnelle (motifs floraux) Discussion sur les pratiques de la tradition du meuble peint, lien et intérêt avec le réemploi (ou recyclage) et les modes de consommation dans les pays des participants, Travail sur les techniques de préparation des objets à l'application de fond et motifs Approche des techniques picturales ou d'impression (pochoirs, poncifs) et des techniques applicables sur le bois (acrylique, huile, alcool, caséine, ...) Réalisation des patines et les différents types de finition. Etude et exercices pratiques sur planche de référence. Réalisation d'un objet personnel et d'une oeuvre collective. Travail sur le répertoire langagier spécifique à la discipline artistique (outils, matériaux, textures, volumes, objets, couleurs, motifs, perceptions, sensations) Accompagnement formatif sur l'usage des TIC et des réseaux sociaux (Facebook, Twitter) Valorisation de la filière «croissance verte» du territoire, des démarches citoyennes éco-responsables et d'insertion (visites de site, rencontres, discussions) Mise en exposition des objets individuels réalisés et des oeuvres monumentales collectives (armoires à motifs floraux européens ou objet au choix des participants) Réalisation d'un press-book et mise en ligne sur le site de la communauté Emmaüs de Cernay, de la Maison de l'Emploi et de la Formation du Pays de Thann .

Exchange, share and discover the art and the traditions of the polychromatic painting in Alsace and in the countries of the participants to the workshop ARTetFACT: Collecting and sharing of the motives for the traditional polychrome painting (floral motives) Discussion about the practices of the tradition of furniture painting, link and interest with the re-use (or recycling) and the modes of consumption in the countries of the participants Work on the techniques of preparation of objects for the first coat of paint and applying of motives Approach of the pictorial techniques or printing (stencils, pouncing patterns) and of techniques used on the wood (acrylic, oil, alcohol, casein) Do patina and various types of finish Study and practical exercises on boards (used as reference). Realization of a personal object and a collective work. Work on the specific linguistic directory in the artistic discipline (tools, materials, textures, volumes, objects, colors, motives, perceptions, sensations Training and support to the use of ICTS and social networks (Facebook, Twitter). Create an exhibition of the realized individual objects and the collective works (cupboards with European floral motives or object in the choice of the participants) Realization of a press-portfolio and on-line publishing on the website of the Community Emmaüs of Cernay and of the Maison de l'Emploi et de la Formation du Pays de Thann.

**Workshop Organiser:**

Maison de l'Emploi et de la Formation Pays Thur Doller

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## **Vivre avec les personnes âgées et les aider à rester actives et citoyennes dans leur vie**

### **Subject area:**

**Working language(s):** EN

### **Target Group + Translation:**

Notre atelier est destiné à toute personne ayant dans son entourage une ou plusieurs personnes âgées qui a besoin d'aide dans son quotidien. En France nous appelons ces personnes les aidants naturels des personnes âgées : ce sont des membres de la famille, des amis, des voisins, qui de manière volontaire, participent à la vie active et citoyenne des personnes âgées. Le groupe d'aidants européens sera constitué de personnes qui aident des personnes âgées dans leur quotidien. Nous souhaitons favoriser la mixité et l'échange intergénérationnel entre aidants, qui les aidants pourront avoir des âges différents et des expériences variées de vie auprès de personnes âgées.

Our workshop is intended for any person having in his entourage one or more elderly who needs help in his daily life. In France we call these people caregivers of the elderly people: they are members of the family, friends, neighbors, who voluntarily, participate to maintain the active and citizen life of the elderly people. European caregivers group will be made up of persons who assist the elderly in their daily lives. We wish to promote diversity and the intergenerational exchange between caregivers, which caregivers can have different ages and various experiences of life with elderly people.

### **Main activities Programme + Programme translation:**

Les activités principales de l'atelier sont des échanges entre participants sur l'aide aux personnes âgées. Le programme est axé sur la citoyenneté de la personne âgée qui, malgré sa perte progressive d'autonomie, doit rester actrice de sa vie et participer à la vie de la collectivité. L'atelier sera rythmé par des rencontres et des visites dans trois territoires du département de la Loire Atlantique, des échanges d'expérience entre aidants, des présentations de recommandations et d'astuces pour la vie quotidienne des personnes âgées et de leur entourage et des visites culturelles pour se détendre, partager un moment de répit et de souffle. L'atelier se déroulera du 22 au 26 octobre 2012 sur 5 jours. Au programme, le 1er jour à Nantes, nous présenterons les objectifs de l'Union Européenne pour le vieillissement actif et la solidarité entre les générations, des témoignages d'expériences sur des actions en faveur des aidants en Loire Atlantique, et un échange entre participants sur leur situation et leurs besoins. Le 2ème jour dans le pays de Retz, nous organisons un atelier sur l'aide aux personnes âgées atteintes de démence, et un atelier sur la vie sociale des personnes âgées (des rencontres, des groupes de parole et des visites de structures) Le 3ème jour à Nantes sera consacré au répit et au besoin de souffler pour les aidants, avec des rencontres à la maison des aidants et un groupe de parole. Le 4ème jour dans le pays du Vignoble, nous organisons l'atelier sur le thème de l'entraide intergénérationnelle et sur l'aide aux personnes âgées atteintes de démence, avec des visites de structures qui travaillent sur ces thématiques (la maison des aînés notamment). Le dernier

jour sera un moment de visites au choix en fonction des besoins des participants (sur les thèmes de la mémoire, de la psychologie de la personne âgée et de la démence). Puis nous terminerons la journée par un échange entre participants sur les apports de l'atelier pour eux. Nous cloterons l'atelier par un repas festif et culturel réunissant tous les participants et les organisateurs partenaires

The main activities of the workshop are exchanges between participants on assistance to the elderly people. The program is based on the citizenship of the elderly person who, despite his progressive loss of autonomy, must remain actress of his life and participate in the life of the community. The workshop will be marked by meetings and visits in three territories of the County of Loire Atlantique in France, exchanges of experience between caregivers, recommendations and tips for the everyday life of the elderly and their entourage, and cultural visits to relax and share a moment of respite and breath. The workshop will take place from 22 to 26 October in 2012, for 5 days. In the program, the 1st day in Nantes, we will present the objectives of the European Union for active ageing and solidarity between generations, stories of experiences about actions for caregivers in Loire Atlantique, and an exchange between participants on their situation and their needs. The 2nd day in the Pays de Retz (near the sea), we will organize a workshop on assistance to the elderly suffering from dementia, and a workshop on the social life of the elderly (meetings, groups of speech and visits of structures) The 3rd day in Nantes will be devoted to the respite and the need for a break for the caregivers, with meetings in the House of caregivers and a speech group. On the 4th day in the Pays du Vignoble (vineyards area), we will organize the workshop on the topic of intergenerational support and assistance to the elderly with dementia, with visits of structures (for example the house of seniors) The last day will be a time of visits : the participants will have the choice between the topics of memory, the psychology of the elderly and dementia. Then we will complete the day by an exchange between participants on the contributions of the workshop for them. We will close the workshop with a cultural party

**Workshop Organiser:**

Centre de formation et de recherche à la relation d'aide et de soins

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**Workshop Reference number:** 2012-1-FR1-GRU13-35430

**Venue:** Cagnac

**Date of the Workshop:** 14/10/2012 - 20/10/2012

## Confiance en soi et valorisation au féminin sur les pas des Dames d'Occitanie

**Subject area:**

**Working language(s):** FR

**Target Group + Translation:**

Femme de tout âge, toute origine sociale et culturelle ayant besoin d'ancrer une confiance durable ou ayant un désir de valoriser son image, d'approfondir l'estime et l'affirmation de soi et de cultiver sa féminité à l'image des Dames d'Occitanie. Cet atelier est réservé aux non-professionnelles, aux personnes motivées qui ont un intérêt à la réflexion sur elles-même et à la rencontre d'autres personnes de cultures et d'horizons différents.

Women of all ages, from all social and cultural origins, in need of development of a lasting trust. Or, having a desire to enhance their image, to deepen their self esteem and assertiveness and cultivate their femininity in the image of the Ladies of Occitan. This workshop is for non-professional, motivated individuals who have an interest in thinking about themselves and meeting others from different cultural backgrounds.

**Main activities Programme + Programme translation:**

Cet atelier se fonde sur une méthode de travail interactive alternant études théoriques et exercices pratiques avec la découverte de l'histoire des dames d'Occitanie. Nous prévoyons des échanges avec femmes du pays d'accueil ayant suivies des formations de confiance en soi, afin de partager les singularités de la confiance de chaque pays dans un cadre égalité des chances. Un travail personnel est effectué par chaque participante sur l'établissement de sa propre confiance et la valorisation de son image avec la méthode Val Real©, outil de construction de la confiance en soi et de valorisation de l'image. Il invite à la réflexion sur la Confiance en Soi, l'image de la femme du moyen -age et d'aujourd'hui et la représentation du féminin.

L'atelier favorise l'expression et l'échange entre les participantes et crée une dynamique de groupe qui soutient et encourage chaque participante dans l'étude et la réalisation des objectifs qu'elle s'est fixée.

L'atelier prévoit des mises en situation, des rencontres culturelles avec des personnages de la région et des

visites d'étude sur des lieux sélectionnés par nos soins, qui ont été marqués par la vie de dames emblématiques : visites d'étude de la cité de médiévale de Carcassone (Dame Carcasse), Château De Montségur avec la découverte de l'histoire de la Grande Esclarmonde de Foix, Toulouse, capitale d'Occitanie et découverte des hauts lieux de culture et d'histoire.

Dans un état d'esprit ludique, d'échange et de rencontre cet atelier vise à :

- découvrir et étudier l'histoire des grandes Dames qui symbolisent la féminité, le courage et la confiance des femmes du Moyen Age en Occitanie (cette identification valorisante permettra de voir à travers ses femmes une image de la femme idéalisée au Moyen Age)
- prendre confiance en soi et valoriser son image de femme
- encourager la rencontre entre les femmes de différentes cultures européennes
- s'enrichir à travers les échanges entre les femmes
- lever les freins à la mobilité et à leur réalisation personnelle par un travail sur l'estime de soi, la communication, l'image et par la découverte de la culture des ses dames sur leur lieux de vie
- faire naître ou approfondir le goût de l'apprentissage tout au long de la vie (découvertes de l'histoire des cultures européenne, etc.)
- approfondir ses connaissances et (re-)découvrir sa féminité.
- oser s'affirmer

Organisation pratique et logistique (y compris les informations détaillées sur l'hébergement)

Les participantes sont hébergées ensemble dans un hôtel à proximité de l'organisme de formation (petit déjeuner inclus).

Un service de navette en bus est prévu pour les déplacements quotidiens et les visites d'étude.

Les repas sont pris en charge par l'organisme de formation.

Les participantes seront prises en charge pour leur arrivée et départ en gare ou aéroport de Toulouse.

## **Translation**

This workshop is based on an interactive method of work alternating theoretical and practical exercises with the discovery of the ladies of Occitan. We plan to organise exchange with women of the host country who has followed self-confidence training, in order to share confidence's peculiarities of each country within the framework of the equality of opportunity. Personal work is done by each participant on the establishment of their own confidence and enhancing their image with the method Val Real ©, building confidence and self-image enhancement tool. It invites consideration on self-confidence, the image of women from the Middle Ages and today and the representation of femininity.

The workshop promotes expression and exchange between participants and creates a group dynamic that supports and encourages each participant in studying the goals they have set.

The workshop includes situational, cultural encounters with characters from the region and study visits to places chosen by us, which were marked by the life of iconic women: study visits to Carcassonne Mediaval City (Dame Carcass), Castle montsegur and discovering the history of the Great Esclarmonde of Foix, Toulouse, capital of Occitan and discovering main historical and cultural places.

### ***Le programme :***

Drawing up the training objectives

Fill in the aims contract.

15/10/2012

Delivery of the navigation pad.

Personal cartography: self-confidence, personal self-evaluation.

Workgroup in Carcassonne: brainstorming about the image and the self-confidence of women.

Study visit in Carcassonne about women history and its connections with the Occitan ladies (Lady Carcasse)

Reflection about representation of feminine, supported by the model of Occitan medieval ladies. - Evening feedback.

16/10/2012

Femininity day: training of self-assertiveness and her own image.  
Working about trainees' appreciation needs and trainees' valorisation.  
Communication game, "in situ"  
Personal work about image' cartography by interaction with the trainer  
Writing her own experience in navigation pad  
Training relaxation and refocusing on herself - Evening feedback.

17/10/2012

Ladies history in medieval age (Esclarmonde)  
Study visit in Montsegur castle  
Techniques of relaxation outdoor - Evening feedback.

18/10/2012

Tutoring on quality assessment: reflection about intimate qualities, opportunities, talents, distinctive peculiarities of each one, in order to discover or to make appear them again.

Artistic expression about the representation of feminine

19/10/2012

Following the work made during the week: final step of decision-making and planning of the actions to carry out

Study visit of Toulouse historic centre, the Garden of Plants (Simon de Montfort), St Sernin Basilica, and its history

Signature of the aims contract - Assessment and final feedback about the week.

Filling in the satisfaction and evaluation form concerning personal workshop and the group

20/10/2012

Information about European Life Long Learning Programme (LLP)

Writing a letter to a friend bringing voice about their workshop experiences

Departure

**Workshop Organiser:**

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**Workshop Reference number:** 2012-1-FR1-GRU13-35441

**Venue:** Montcombroux-les-mines

**Date of the Workshop:** 21/10/2012 - 28/10/2012

## **VIDEO: Une ressource nouvelle - L'utilisation de la vidéo dans le domaine socioculturel**

**Subject area:**

**Working language(s):** EN

**Target Group + Translation:**

Toute personne désirant s'initier aux médias numériques dans le domaine socioculturel

People interested to be initiated to the digital media in the social and cultural field.

**Main activities Programme + Programme translation:**

Les principaux éléments d'apprentissage de cet atelier sont:

Les sessions "Apprendre par le jeu" contribuent aux objectifs suivants:

- Amener les participants à s'appropriier l'utilisation de la caméra
- Encourager l'apprentissage par le jeu et réfléchir aux nouvelles formes d'interaction engendrées par les nouveaux médias

Les sessions "Apprendre en Faisant" contribuent aux objectifs suivants:

- S'initier à la vidéo en tant qu'outil d'apprentissage par la pratique
- Acquérir les compétences générales liées à la prise d'images comme la composition, la lumière
- Faire l'expérience du processus de production dans toute sa globalité

Présentations, discussions, mini-lectures contribuent aux objectifs suivants:

- Se familiariser avec la théorie du langage visuel et la tradition de la communication visuelle
- Réfléchir au rôle de la culture visuelle au niveau personnel
- Réfléchir au rôle et à la place de la vidéo et des nouveaux médias dans le travail social auprès des jeunes
- Renforcer l'autonomie dans l'apprentissage: comment contribuer à développer de nouvelles compétences à travers un plan d'apprentissage personnel.

Les Éléments ponctuels de l'Atelier contribuent aux objectifs suivants de l'Atelier :

- Acquérir les compétences générales dans la compréhension des médias
- Encourager les participants à s'investir avant, pendant et après l'Atelier pour favoriser leur apprentissage continu (professionnel et personnel)
- Renforcer la philosophie autour de l'apprentissage continu et l'apprentissage pour la vie

1. Les participants deviennent conscients de leur capacité à communiquer dans le langage des images, indépendamment de leurs compétences linguistiques ou artistiques ou de leur connaissance d'une langue étrangère.

2. Le processus d'apprentissage de la culture visuelle d'une personne et sa relation avec la caméra amène le participant à se développer personnellement.
3. Les participants sont encouragés à développer une compréhension globale de l'histoire et de l'état actuel du champ numérique et à réfléchir aux avantages et inconvénients de la « révolution » digitale.
4. Les participants apprennent les bases de la photo et de la composition d'une photo, par le biais de l'analyse de photos et de films et en travaillant directement sur les outils numériques.
5. Les participants sont encouragés à développer des projets multimédia ou personnels, par exemple en éditant une vidéo sur une histoire personnelle ou encore en faisant une exposition dans leur communauté locale.
6. Les participants sont accompagnés et encouragés à instaurer une démarche d'auto apprentissage grâce aux liens créés avec le groupe et le formateur.
7. Les participants découvrent que l'apprentissage peut être un moment de plaisir.

The main programme blocks of this Workshop are:

"Learning by Playing" sessions contribute to the learning objectives of:

- Developing a positive relationship with the camera
- Encouraging learning by playing and the playful acquisition of new forms of communication created by new media

Practical Skills sessions contribute to the learning objectives of:

- learning the educational use of video by doing
- practicing general sub-skills in video-making, such as composition, lights, sound
- experiencing the production process in its entirety

Presentations, discussions, mini-lectures contribute to the learning objectives of:

- Getting familiar with the theory of visual language & tradition of visual communication
- Reflecting on visual culture on a personal level
- Reflecting on the role & place of video & new media in social & youth work
- Encouraging self-directed learning: how to continue developing a new skill with a personal learning plan

One-off elements of the workshop contribute to the learning objectives of:

- General competence-building in visual literacy
- Encouraging the involvement of learners before, during and after the course

**Workshop Organiser:**

Solidarités Jeunesses

**Contact details:**

10 rue du 8 mai 1945  
 75010 Paris  
 FR-FRANCE  
 Tel.: 01.55.26.88.77  
 Fax: 01.53.26.03.26  
 E-mail: [secretariat@solidaritesjeunesses.org](mailto:secretariat@solidaritesjeunesses.org)  
[www.solidaritesjeunesses.org](http://www.solidaritesjeunesses.org)

**Workshop Reference number:** 2012-1-FR1-GRU13-35422

**Venue:** LILLE

**Date of the Workshop:** 15/10/2012 - 26/10/2012

## Stop Motion - Animation Workshop

**Subject area:**

**Working language(s):** EN

**Target Group + Translation:**

Etudiants ou novices en cinéma d'animation désirant découvrir la technique de l'animation image par image en volume. - Personnes ayant une sensibilité pour le cinéma d'animation et l'envie de se former NB: Les cours étant assurés en anglais, les apprenants doivent avoir une connaissance de base de l'anglais.

Professionals, students and beginners in animation who want to discover the puppet animation technique. - People who can have an interest for animation and who want to learn it. NB : All the classes will be in english, so all the applicant should have basics in English.

**Main activities Programme + Programme translation:**

Découverte et approfondissement de la technique de l'image par image en volume en réalisant collectivement un court-métrage d'animation dans le cadre d'un workshop. Ce workshop s'inscrit dans la programmation de la nouvelle édition de Lille 3000 intitulé FANTASTIC. Cette association lilloise à laquelle Cellofan' s'associe sur la thématique du cinéma, propose au public Lillois et de l'eurorégion, diverses manifestations sur ce thème : expositions, métamorphoses, cinéma, performance, théâtre, littérature... dans des lieux culturels phares de la région. En participant à plusieurs de ces manifestations, les participants s'imprégneront de l'ambiance surnaturelle, merveilleuse, étrange pour réaliser un court-métrage d'animation. Après avoir fait connaissance du parcours et de l'univers artistique des 2 artistes (Marion Le Guillou et Kitty Karaksela) qui accompagneront les participants dans ce workshop. Les encadrantes présenteront la technique du volume à travers une projection. Puis, les apprenants réaliseront collectivement un court-métrage d'animation selon les contraintes de la technique de l'image par image en volume. Avec les précieux conseils de Kitty karaksela et de son assistante réalisatrice, les participants travailleront l'écriture du scénario, élaboreront un story-board, créeront les décors et personnages sur le thème du fantastique. Ensuite, ils procéderont au tournage des scènes, puis travailleront sur la post-production (montage recherche de bruitage/musique/générique) pour enfin concevoir la finalisation de leur film sur support DVD et de son habillage (création de la jaquette et de la rondelle). Ils pourront ainsi l'emporter avec eux et promouvoir leur création.

Discovery and deepening of puppet animation through a movie project team. This workshop will take place in the new edition of Lille 3000, Fantastic. This organization with who Cellofan is sometimes working with, organizes different events on this theme:

**Workshop Organiser:**

Association Cellofan'

**Contact details:**

44 rue des postes

59000 Lille

FR-FRANCE

Tel.: 00 33 3 20 63 90 68

E-mail: [cellofan.asso@free.fr](mailto:cellofan.asso@free.fr)

<http://cellofan.asso.free.fr>

**Workshop Reference number:** 2012-1-GB2-GRU13-08361

**Venue:** Tamworth

**Date of the Workshop:** 16/09/2012 - 22/09/2012

## Audio recording, mixing, mastering and publishing

**Subject area:** Learning opportunities for people at risk of social marginalisation  
New technologies, ICT  
Cultural heritage

**Working language(s):** EN

### **Target Group + Translation:**

Those with an interest in sound recording with priority given to members of vulnerable social groups, such as members of NEETs groups and older people who have no formal qualifications or experience in the subject matter.

### **Main activities Programme + Programme translation:**

The programme of the workshop will provide a sequence to build competence in digital audio recording and associated technology skills in a relaxed and informal atmosphere. There will be an emphasis on cultural exchange through music and potential for local and individual exploitation of the learning outcomes. The core activities are: Recording a vocal sound track. Recording multiple tracks. Mixing recorded and live audio. Microphone techniques and effects. Manipulating audio. Publishing and mastering audio. Publishing to the Internet and use of audio with social media. Discussion of content from a cultural perspective

**Workshop Organiser:** The Learning Machine

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B79 7GN Tamworth  
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E-mail: [info@theingots.org](mailto:info@theingots.org)  
[www.theingots.org](http://www.theingots.org)

**Workshop Reference number:** 2012-1-GB2-GRU13-08506

**Venue:** Lichfield

**Date of the Workshop:** 04/09/2012 - 10/09/2012

## WELLIES - Fun on the Farm

**Subject area:** Foreign language teaching and learning  
Learning opportunities for people at risk of social marginalisation  
Natural Sciences

**Working language(s):** EN

### **Target Group + Translation:**

Primarily the workshop will be aimed at people recovering from mental ill health, including anxiety and depression. However the workshop will also welcome people living in rural areas who have no/little experience of international learning.

### **Main activities Programme + Programme translation:**

WELLIES stands for Wellness, Education, Learning, Laughter, Environment and Skills. It was designed for people recovering from mental ill health, including anxiety and depression and explores how social farming has an impact on recovery. In this project context it brings together Farm and Countryside Activities with Language Skills. Learners will take place in a wide and varied range of activities using animals, plants and the countryside. We will learn basic English and about the UK culture. Participants will spend time working in a walled garden, growing, cooking and eating, taking part in outdoor activities which promote well being. They will study a community art trail and how it can be used for community enhancement. Study visits will be made to learn about the canal culture in UK, woodlands and llama walking. At the same time, learning from each other we will learn informally 50-100 phrases/ words in different languages.

**Workshop Organiser:** Growing Rural Enterprise Ltd

**Contact details:** 156 Gillway Lane  
B79 8PW Tamworth  
GB-UNITED KINGDOM  
E-mail: [julie@growingruralenterprise.co.uk](mailto:julie@growingruralenterprise.co.uk)  
[www.growingruralenterprise.co.uk](http://www.growingruralenterprise.co.uk)

**Workshop Reference number:** 2012-1-GB2-GRU13-08330

**Venue:** London

**Date of the Workshop:** 10/10/2012 - 17/10/2012

## Latin American Cultures and People in Europe and the World

**Subject area:** Regional identity  
Cultural heritage  
History and social science

**Working language(s):** EN

### **Target Group + Translation:**

This workshop is aimed at Adult learners with a strong interest in Latin American culture, history and language. It is ideal, although not explicitly for those who, having this interest, have not previously had the opportunity to explore in depth their interest due to mobility issues (finance, time commitments, geographic distance from latin based cultures). We will prioritise applicants who have had little or no experience of LLP programmes and those who may not have had any form of formal adult education.

### **Main activities Programme + Programme translation:**

The workshop will explore the culture, history and language of Latin America, focusing on Argentina, Brazil, Chile, Peru and Uruguay, plus the historical Aztec, Inca and Mayan civilisations. Specifically, this will be:

Argentina - Argentine Tango

Brazil - Capoeira (a Brazilian martial art that combines elements of dance and music)

Chile - A Chilean Folk Band

Peru - History of ancient civilisations

Uruguay - Multicultural societies brought together by Football.

This will be achieved through workshop sessions led by individuals from each country that are experienced in the respective field. It will be a non-formal learning environment, fun and at times participatory (Capoeira especially) workshop. All key individuals involved in delivery the workshop will draw on the rich and diverse communities each culture has here in London. There will be opportunities to mix with the cultural groups represented in a series of social excursions, offering the chance to sample a variety of Latin American cuisines.

**Workshop Organiser:** Capacity London

**Contact details:** 80 John Kennedy Court, Newington Green Road  
N1 4RT London  
GB-UNITED KINGDOM  
E-mail: [info@capacitylondon.co.uk](mailto:info@capacitylondon.co.uk)  
[www.capacitylondon.co.uk](http://www.capacitylondon.co.uk)

**Workshop Reference number:** 2012-1-GB2-GRU13-08305

**Venue:** Devon

**Date of the Workshop:** 10/09/2012 - 21/09/2012

## Sharpham Sounds

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Environment / sustainable development  
New technologies, ICT

**Working language(s):** EN

### **Target Group + Translation:**

The workshop will specifically target: older learners without basic qualifications and vulnerable groups (low income, rural location, job not secure, not in education, employment or training NEETs). At least two representatives from each of these groups will attend the workshop.

### **Main activities Programme + Programme translation:**

Before they arrive, participants will collect a cultural resource from their local environment in response to the theme of 'Your local natural world'. This could be a sound recording, a poem, local artefact or artwork etc. Upon arrival in Devon, sharing these resources as a group will form an entry into the project. A core activity will be to complete an audio-visual translation resource. Participants will be helped to annotate images of sound recording equipment, animals and natural scenes in their national languages (overlying text and their own recorded voices into an MS PowerPoint document), forming the start of an interactive 'Workshop Translation Glossary'. This will be expanded with additional terms over the workshop's duration, forming an adaptable support tool to enhance language and cultural awareness training delivery. Participants will attend guided field trips to record 'unheard' sounds before editing and narrating them into an interpretation of the natural world. The narration will inspire a verbal dialogue between different cultural, social and lingual backgrounds. Participants will work together in (mixed nationality and background) pairs using the Workshop Translation Glossary to help compose sonic art duets that will facilitate lingual, cultural and artistic communication across the group. The workshop will use the English cultural setting of the Sharpham Estate, Totnes, Devon in order to access local outdoor natural areas. Excursions will cover different sites and relevant recording techniques. Experts in digital sound capture, technical language support and the environmental sciences will help participants record natural sounds that people don't usually hear (e.g. high frequency bat calls recorded using a specialist bat detector). After each field trip recordings will be reviewed and edited. Cultural visits will be made to local historic public houses; Dartmoor National Park and the historic port of Dartmouth. Participants will be supported in experimentation with sound manipulation using free (open source) computer software. This will culminate in them exhibiting their creations at a large, free of charge public evening concert of multiculturally inspired sounds in a historic 18th Century acoustic space (Sharpham House). Alongside general public attendance, special invites will be sent to local community organisations, schools and special needs groups. The final material will provide an artistic and cultural learning resource for participants to consolidate their skills and to continue

learning once the workshop is completed. Free open source software, means participants will be able to continue experimenting with their material from anywhere in the world.

**Workshop Organiser:**

Ambios Ltd

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[www.ambios.net](http://www.ambios.net)

**Workshop Reference number:** 2012-1-GB2-GRU13-08513

**Venue:** Leeds

**Date of the Workshop:** 23/09/2012 - 30/09/2012

## Suitcase Circus

**Subject area:** Learning opportunities for people at risk of social marginalisation  
Artistic education, also including Arts and Crafts and Music  
Intercultural education

**Working language(s):** EN

### **Target Group + Translation:**

This workshop targets participants who have no experience of adult education, coming from backgrounds of social exclusion/unemployment. We will prioritise applicants who have not accessed previous LLP programmes and are under the age of 30 years. We are also able to support disabled learners.

### **Main activities Programme + Programme translation:**

Suitcase Circus will offer participants the opportunity to create their own virtual suitcase full of performance and presentation skills including basic abilities in real circus arts, such as juggling stilt walking and trapeze. Learners will design and create their own circus costume, spend a day in a circus school, visit a live UK circus and finally demonstrate their skills in a public circus performance they will create and perform on the penultimate day of the workshop. Alongside these practical activities, learners will gain knowledge about international circus and similarities and differences in circus in different countries of the world.

**Workshop Organiser:** Everything is Possible

**Contact details:** Unit 28, 30-38 Dock Street  
LS14 3DJ Leeds  
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[www.everythingispossible.eu](http://www.everythingispossible.eu)

**Workshop Reference number:** 2012-1-GB2-GRU13-08509

**Venue:** Flaxley

**Date of the Workshop:** 24/09/2012 - 29/09/2012

## **Eco-literacy: Biodynamic Gardening and Sustainable Living Skills**

**Subject area:** Environment / sustainable development  
European citizenship and European dimension  
Intercultural education

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners: - motivated to increase their sustainable living skills - with no prior background in eco-literacy - no international experience - from rural areas - from vulnerable social groups (migrants and early school leavers)

### **Main activities Programme + Programme translation:**

Asha Foundation's "Eco-literacy" workshop focuses on sustainable living skills and biodynamic gardening, with elements of intercultural learning (understanding nature as a universal language of humanity) and introduction to European citizenship in connection with sustainable development (as the EU is a champion of sustainable development worldwide). The programme, based on non-formal learning methodology, will employ methods such as biodynamic gardening, Education for Sustainable Development (ESD) and intercultural learning. Twenty participants will explore the above mentioned issues in a six-day programme of activities, including: - Intercultural learning and language diversity activities - Basics of biodynamics – Planting calendar, preparations, star calendar - The cyclical rhythm of life and nature - Composting – the heart of the garden – practical workshop - Planning an organic vegetable garden - Sowing, growing and harvesting – Practical gardening work. - Water use and sustainability - Home grown cooking skills – from garden to plate - European Citizenship and Sustainable Development

**Workshop Organiser:** Asha Foundation

**Contact details:** Gunn Mill House, Lower Spout Lane, Flaxley  
GL17 0EA Flaxley  
GB-UNITED KINGDOM  
E-mail: [ashacentre@yahoo.co.uk](mailto:ashacentre@yahoo.co.uk)  
[www.ashacentre.org](http://www.ashacentre.org)

**Workshop Reference number:** 2012-1-HR1-GRU13-01902

**Venue:** Zagreb

**Date of the Workshop:** 03/09/2012 - 09/09/2012

## Ritam gluhog dlana (Deaf Palm Pulse)

**Subject area:** Addressing target groups with special needs  
Artistic education, also including Arts and Crafts and Music  
New technologies, ICT

**Working language(s):** EN

### **Target Group + Translation:**

hearing impaired persons

### **Main activities Programme + Programme translation:**

Workshop participants will be involved in the following activities:

- workshop/learning about playing the drums and the percussions which also includes the basics of solfeggio and the final public performance;
- interculturalism: discussions on particular topics of the lectures, exchange of experience and good practises in the artistic expressions of the Deaf;
- lecture: Music and Deafness;
- lecture: Deaf Culture in Croatia and EU (performing arts, fine arts, magazines);
- visiting clubs and the deaf organisations (Zagreb Assotiation of the deaf and hard of hearing; Deaf Club and Croatian sport Union of Deaf and hard of hearing);
- meeting varios representatives of the deaf organisations in Zagreb;

A cultural sightseeingtour in Zagreb is included in the programme.

**Workshop Organiser:** Pučko otvoreno učilište Zagreb

**Contact details:** Ulica grada Vukovara 68  
10000 ZAGREB  
HR-CROATIA  
E-mail: tajnistvo@pou.hr  
[www.pou.hr](http://www.pou.hr)

**Workshop Reference number:** 2012-1-HU1-GRU13-07116

**Venue:** Zánka

**Date of the Workshop:** 20/09/2012 - 29/09/2012

## Forest products in everyday life

**Subject area:** Consumer education, Environment / sustainable development, Health education

**Working language(s):** EN

### Target Group + Translation:

Az urbanizált központoktól távol eső rurális területek lakossága, ezen belül is a kifejezetten lokális értékteremtésre alapozó tanulók. A lehetséges tanulók elérését, értesítését az MBKT európai partnerszervezetein és a nemzeti Grundtvig irodákon keresztül valósítjuk meg. A résztvevők tervezett száma: 12 fő, 6 különböző európai országból.

Population of remote, rural areas, located far away from urbanised centres, especially learners building on creating local values. The potential learners will be addressed and informed via the European network partners of MBKT and the relevant National Agencies of the Grundtvig Programme.

### Main activities Programme + Programme translation:

Különböző növényfajok megismerése és gyűjtése a műhely helyszínéül szolgáló kistelepülés környezetében - a gyűjtött alapanyagok feldolgozása, hasznosításuk módszertanának elsajátítása helyben élő termelő segítségével - növényi festékekkel kezelt anyagok, mohakoszorúk, fonott kosarak, gyékényterítők, bogyós vadgyümölcs lekvárok és szörpök, erdeigomba-termékek készítésének megismerése és gyakorlata - az előállított termékek házi hasznosításának, piaci értékesítésének példajellegű nyomon követése.

Getting familiar with various plant species and their collection in the close vicinity of the venue of the workshop - processing of the collected raw material and learning about the methods of their use with the help of a local producer - getting familiar with and practicing of the production of naturally dyed materials (with the help of dying plants), moss wreaths, woven baskets and tablecloths, wild fruit jams and syrups, and products made of forest mushrooms - monitoring and learning about the family use and marketing of these home-made products.

### Workshop Organiser:

Magyar Biodiverzitás-kutató Társaság

### Contact details:

Hunyadvár u. 43/a, 2. Lph.  
1165 Budapest  
HU-HUNGARY  
E-mail: gurgulo@gmail.com

**Fontos vagy! videóportrék a női esélyegyenlőségért - Rewrite the screenplay of your life! Revaluation of the middle-aged women's attitude, enhance their social activity.**

**Subject area:** Career guidance & counselling  
New technologies, ICT  
Media and communication

**Working language(s):** EN

**Target Group + Translation:**

A 24 fő részvételével zajló 10 napos program, a hátrányos helyzetű, többnyire munkanélküli, esetleg etnikai kisebbséghez tartozó elavult tudással rendelkező középkorú nők részvételével zajlik. A program megismerteti a résztvevőket azzal az életformával, amelyben a társadalmi sztereotípiákat, és a diszkriminatív megítélést hátrahagyva új, és tartalmas életszakaszt tudnak kezdeni, amelyben természetes az egész életen át tartó tanulás, a sikerorientáltság, a rugalmasság, a lendület és az aktivitás. Az így megszerzett képességek alkalmassá teszik a résztvevő nőket a társadalomban új, aktív, sikeres életszakaszt indítani, ami megváltoztatja a társadalomban a róluk kialakult képet. A program sokszínűségét fokozza, hogy négy európai országból érkezőnek a résztvevők. A különböző fejlettségű országokból, de ugyanazzal a problémával, a munkanélküliség és a mellőzöttség problémájával. Tarts lépést a változásokkal!

24 people will participate in the program, mostly underprivileged, unemployed or middle aged women with outdated knowledge or work experiences. This program is introducing a new lifestyle to the participant, which is helping them to overcome social and discriminative stereotypes and judgements. It allows them to begin a new and meaningful life period, in which life long learning is an essential part, and eventually they become more success-oriented, flexible, mobile and active. The so-gained skills will help the participating women to begin a new, more active and successful way of living, which will end the previously formed perspective about women. Participants are coming from four different countries what makes the programme more colourful. The countries have different levels of development and the problem of being ignored is tackled. Keep up with the changes!

**Main activities Programme + Programme translation:**

A felzárkózató programok könnyed formában, de mély érzelmi és tapasztalati rétegeket érintve tárják fel az egyéni élethelyzeteket, adnak tanácsokat. A fő cél a sikeres élet alapjainak lerakása, az egyéni életpályamodell felállítása, a munkanélküliség megszüntetése. A személyiségfejlesztő, tapasztalatcserére épülő programok mellett egy új eszköz is feltűnik. A kamera. A résztvevők mobiltelefonjuk kamerájával a saját és társaik átalakulását. Szubjektív kisfilmeket készítenek, amelyben kirajzolódik fejlődésük folyamata. A program specialitása, hogy az önkifejezésben a kommunikáció populáris eszközeit hívja segítségül. A tanulóműhely ötvözi a hagyományos

előadásokat, tréningtechnikákat a kommunikációs eszközök használatának elsajátításával, így komplex élményt, és új ismereteket ad.

This remedial program, is created to give advice in a less formal way but with strong emotional effect, in the meantime reaching out to experience and individual life situations. Main goal is to establish the basis of successful life, to build an individual life carrier model, the elimination of unemployment. Beside this personality development program based on experience and exchanges, new tools appear, such as a camera. The participants are documenting their and fellow development with the camera of their own smart phones. They will create a short movie showing the process of their improvement. The programme's speciality is that it is calling for help from the popular communication devices of self-expression. The learning workshop combines the traditional presentation and training techniques with the use of communication devices; it provides a complex experience and opportunity to gain new knowledge.

**Workshop Organiser:**

Montage Video Közkereseti Társaság

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**Workshop Reference number:** 2012-1-HU1-GRU13-07125

**Venue:** Budapest

**Date of the Workshop:** 02/10/2012 - 11/10/2012

## **„Craftissimo” - Indítsd be szociális vállalkozásodat! - „Craftissimo” – Boot your social enterprise!**

**Subject area:** Learning opportunities for people at risk of social marginalisation, Second chance education, Social integration / exclusion

**Working language(s):** EN

### **Target Group + Translation:**

Műhelymunkánk fő célja, hogy hátrányos helyzetű csoportokból (pl. munkanélküliek, kismamák, idős munkavállalók stb.) érkező felnőtt tanulóknak olyan tudást adjon át, amely segíti őket saját szociális vállalkozásuk kidolgozásában, felépítésében, és megvalósításában. Ezáltal tanulóink visszakerülhetnek a munkaerő piacra és saját bevételi forrásra tehetnek szert, javítva ezzel életkörülményeiket. A szociális vállalkozás azonban nem csak önös érdekeket, hanem az egész társadalom javát szolgálja. Ez egy olyan vállalkozási forma, amely valós társadalmi igényeken alapszik, és széles társadalmi rétegeknek kedvez. Mindezt teheti úgy, hogy hátrányos helyzetű, kevésbé iskolázott társadalmi csoportokból kikerülő személyeket alkalmaz, és teheti úgy, hogy szolgáltatásával, termékeivel más nemes célokat támogat: pl. a környezetvédelmet. A résztvevők kiválasztásánál preferáljuk azon felnőtt tanulókat, akik - valamilyen hátrányos helyzetű csoportból (pl. munkanélküliek, kismamák, idős munkavállalók) kerülnek ki, - saját szociális vállalkozás ötletével rendelkeznek, viszont az ehhez szükséges üzleti tudásban hiányt szenvednek, - olyan non profit szervezeteknél dolgoznak, akik kevésbé iskolázott társadalmi csoportokkal foglalkoznak, s ezen csoportokon tudnák kamatoztatni az itt megszerzett tudást. A program felnőtt tanulókat céloz, azaz olyan személyeket, akik már nem vesznek részt intézményi oktatásban. Korhatár nincs.

The main goal of our workshop is to provide upgraded knowledge to disadvantaged people (eg unemployed, young mothers, older workers, etc) that supports them designing, developing, implementing their own social enterprise. Thus, our adult learners may return to the labor market and gain their own source of income and thereby improve their living conditions. A social enterprise does not only fulfill selfish interests, but also the whole society will benefit. This is a form of business, which is based on real social needs, and favors broader social layers. These goals are realized by working with disadvantaged and less educated social groups and/or by serving noble goals (eg. environmental protection) . During the selection of participants we prefer: people with own social enterprise ideas, who lack the necessary business knowledge, representatives of non-profit organizations working with less educated social groups. The program targets adult learners, or people who do not participate in institutional education. There is no age limit.

### **Main activities Programme + Programme translation:**

A műhelymunka felnőtt tanulóit inspirációt, ötleteket, kreatív gondolkodási sémákat, vállalkozási ismereteket (piackutatás, üzleti tervezés, árképzés, PR, kommunikáció) kapnak. Továbbá meglátogatnak megvalósult, jól működő szociális vállalkozásokat, mint például a Bringakonyha,

amely egy bringás közösségi szerelőműhely, ahol bárki megtanulhatja megszerelni biciklijét, és adományokból kerékpárokat építenek hátrányos helyzetű emberek számára.

The adult learners will receive inspiration, ideas and creative thinking patterns, business skills (market research, business planning, pricing, public relations, communication). They can participate in fieldtrips at well-established social enterprises. Such as the Bike Kitchen, that is a community bike repair workshop, where citizens can learn fixing and building bikes and donate them to disadvantaged people.

**Workshop Organiser:**

Messzelató Egyesület

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**Workshop Reference number:** 2012-1-IE1-GRU13-04930

**Venue:** Mayfield Community Arts Centre, Cork **Date of the Workshop:** 16/09/2012 - 22/09/2012

## "Creative Learning without Limits"

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Addressing target groups with special needs  
Cultural heritage

**Working language(s):**

**Target Group + Translation:**

Adults with learning disabilities, lacking basic skills

**Main activities Programme + Programme translation:**

Each day will include morning and afternoon. Workshops will be based on Visual arts and creative methodologies, which are not too heavily dependent on language competencies. Participants will be exposed to different teaching methods through the various facilitation approaches of the trainer and facilitators. Icebreakers, warm-up games and physical activities will form a substantial part of each workshop, allowing learners to participate in a non formal supportive setting. Approaches will include:

- Responding to own image,
- Responding to photographic prints of own portrait or portrait of other member of group
- Responding to famous artist representations of portraiture
- Drawing through observation of the other workshop participants
- Using transparency over photographic image as a starting point for own interpretation
- Collaborative drawing with other member group.

The workshop will use creative art methods throughout the programme. We will use portraiture as a starting point for exploration of materials and personal expression. Various ways of engaging with portraiture will be presented, this will both challenge the learners to 'see' in different ways and support them in finding methods that work for them. Each day will allow space for exploration and discussions (verbal and nonverbal) on issues of common European interest, which will enhance active citizenship and intercultural dialogue. The Workshops will provide a stimulating mutual learning experience for each of the learners through active participation. Participants will share meal-times and take part in after programme activities, including inter-cultural evenings, allowing time for networking and building relationships, while learning about each others cultures and customs.

**Workshop Organiser:**

Mayfield Arts, Newbury House

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**Workshop Reference number:** 2012-1-IS1-GRU13-01892

**Venue:** Borgarnes

**Date of the Workshop:** 18/11/2012 - 23/11/2012

## Intercultural competence in a unique environment

**Subject area:** Intercultural education

Other

NULL

**Working language(s):** EN

### Target Group + Translation:

Diverse group of adult learners. Special focus on people learning English, preferably taking part in courses preparing for the labour market and with little possibilities to travel abroad and make transnational experiences.

### Main activities Programme + Programme translation:

The program will focus on training the following skills through active participation: Social skills in general, intercultural competence, communication and cooperation skills as well as conflict management skills. The working language will be English; practical English skills will be practiced with key words and phrases revisited at the culmination of each session.

Day to day program:

Day one: Bus to Borgarnes. A lecture about some facts about Iceland on the bus to Borgarnes. Short introduction activity with participants and trainer. Common dinner.

Day two - expectations, intercultural competence and culture - Introduction of the program. Discussing the aims and expectations for the training. - Getting to know each other better, creating a safe and trusting learning atmosphere. - Which competences are important in our daily life in the intercultural, complex society that we live in? Short input and cooperative work. - The concept of culture – an activity to deconstruct the issues and themes.

Day three - using games and activities to train our intercultural competences - Two examples of games to train intercultural competences. - Using activities. Participants organize a simple game from instructions. They will practice English in an active forum making plans, organizing and relaying instructions. - Using activities in practice. Participants lead the others in the games they have organized.

Day four – Cooperation skills, teamwork, stereotypes and prejudice - Short input and discussion about cooperation skills, which skills and behavior are necessary for cooperation to work? - Going through several activities in order to train these skills and norms. - Using those skills in practice. Going through one Clim unit (cooperative learning in multicultural groups) about prejudice, stereotypes, discrimination etc. - Further discussion about manifestations of prejudice and exclusion. Why do we need to give everyone a chance in the workplace?

Day five – Conflict management - Input about conflict management. How do we use conflict management in everyday situations? - Going through activities where conflict management is being trained.

Day six – Evaluation and cultural program - Evaluation of the whole program. Putting up a plan on how participants can present their new skills to others. Decide where and to whom they could present it to in the future. Discussions about how these new skills can help them in their everyday life. Final game to recollect all new learned English words and concepts.

**Workshop Organiser:**

InterCultural Iceland

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**Workshop Reference number:** 2012-1-IT2-GRU13-37366

**Venue:** Zagarolo (Rome)

**Date of the Workshop:** 21/10/2012 - 31/10/2012

## What a Waste! Recycle for Change

**Subject area:** New technologies, ICT  
Environment / sustainable development  
Consumer education

**Working language(s):** EN

### **Target Group + Translation:**

Sostenibilità sociale ed ambientale e nuove possibilità di educazione per adulti di diversi paesi europei, con particolare attenzione al rafforzamento di competenze tecniche e gestionali legate al recupero, riuso e valorizzazione di computer considerati obsoleti, riduzione del digital divide. Gruppi target: adulti e cittadini Europei, attivi nella comunità locale ed in contesti urbani di volontariato attivo ed interessati allo sviluppo di iniziative sociali di recupero e riuso di computer. Numero previsto di partecipanti: 19. Risultati previsti (soprattutto in termini di apprendimento per i partecipanti): i partecipanti acquisiranno nuove competenze tecniche e trasversali da utilizzare nella gestione di progetti e iniziative di sostenibilità legate alle ICT. Acquisizione di nuove competenze manuali e scientifiche legate al funzionamento dei computer e nuove competenze per la gestione di strumenti online. Informazioni di tipo pratico (comprese le informazioni sulle modalità di alloggio dei partecipanti): I partecipanti internazionali arriveranno alla stazione ferroviaria di Roma, da cui poi organizzeremo due meeting point utilizzando un furgone 9 posti che affitteremo per la durata del corso.

Social and environmental sustainability and new educational opportunities for adults from different European countries, with particular attention to the strengthening of technical and managerial skills related to the recovery, reuse and enhancement of computer considered obsolete and digital divide reduction. Group(s) Target: adults and European citizens, active in the local community and urban contexts, active volunteers interested in social initiatives to develop recovery and reuse of computers initiatives. Number of participants: 19

Expected results (especially in terms of learning for participants): Participants will acquire new skills and techniques to be used in cross-project management and sustainability initiatives related to ICT. Acquisition of new skills, both manual and scientific, related to the operation of computer and new skills to manage online tools. Practical information (including information on living arrangements of participants): The international participants will arrive at the Rome railway station, from which we will arrange two meeting points using a 9-seater van rented for the duration of the course..

### **Main activities Programme + Programme translation:**

Attività principali / programma del Workshop: incontri, discussioni di gruppo e presentazione di casi studio per discutere sulle differenti tipologie di consumi tecnologici; analisi delle fasi gestionali del recupero di computers; scambio di esperienze e valutazione di possibile esportabilità; laboratori

tecnici: come organizzare un'officina comunitaria, la promozione del progetto e le campagne di sensibilizzazione; come recuperare e riutilizzare i computers; come diffondere il know-how tecnico; interventi sociali per fronteggiare il digital divide. Il gruppo alloggerà presso l'ostello non-profit di Zagarolo (RM), "Wiki Hostel". Presso l'Ostello saranno inoltre realizzati i laboratori: per i moduli relativi alle tecniche manuali saranno utilizzate le aule formative, mentre per le discussioni di gruppo e i laboratori tematici ci serviremo degli spazi comuni all'interno della struttura.

Meetings, group discussions and presentation of case studies to discuss the different types of consumption of technology, management analysis of the phases of the recovery of computers, exchange of experiences and evaluation of potential exportability; technical workshops: how to organize a Community factory as project for promotion and awareness campaigns; recovery and reuse as computers, how to spread the know-how; social activity done to face digital divide. The group will be housed at the non-profit hostel in Zagarolo (Rome), "Wiki Hostel". Hostel will also host the different sessions of the workshop: for those relating to manual training, classrooms will be used, while for group discussions and thematic workshops we will use the common areas within the facility

**Workshop Organiser:**

Binario Etico Società Cooperativa a r.l.

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**Workshop Reference number:** 2012-1-IT2-GRU13-37392

**Venue:** Poggio Mirteto (Rieti)

**Date of the Workshop:** 13/10/2012 - 21/10/2012

## IN DIGITAL MEDIO STAT VIRTUS!

**Subject area:** Addressing target groups with special needs  
Social integration / exclusion  
Media and communication

**Working language(s):** EN

### **Target Group + Translation:**

I discenti saranno 24 persone in prevalenza con disabilità fisica e/o sensoriale. Considereremo anche le richieste di persone che vivono da vicino il mondo della disabilità (amici, familiari, colleghi, operatori sociali) in quanto possono ricoprire un ruolo prioritario per l'integrazione ed il passaggio di competenze. Per la tipologia dei partecipanti con disabilità che ne avranno necessità, abbiamo richiesto un supporto di 5 operatori che si occuperanno dei bisogni di assistenziali (aspetti igienici, della mobilità e della nutrizione). Contiamo su un nostro staff di 8 formatori che hanno competenze ed esperienze in educazione non-formale con persone con disabilità in contesti internazionali..

The themes of the workshop are: 1) Addressing target groups with special needs; 2) Social integration / exclusion; 3) Media and communication. Workshop participants will be 24 people in particular those with physical and sensorial disabilities. People who do not have disabilities but live closely to the world of disability (friends, family, colleagues, social worker, etc.) will also be included, as they might play a crucial role in social integration and acquisition of competences. Considering the profile of participants with disabilities we have applied to receive the support of 5 assistants who would be taking care of personal needs (assistance for hygienic, mobility and nutritional aspects). Besides the support staff, we count on our staff of 8 trainers who have competences and experience in non-formal learning in international contexts focusing on people with disabilities.

### **Main activities Programme + Programme translation:**

Il workshop verterà sull'utilizzo di strumenti audiovisivi in cui i partecipanti potranno apprendere le nozioni di base di fotografia, ripresa video e montaggio, in modo da creare prodotti atti ad esprimere la loro sensibilità e percezione del mondo. I partecipanti potranno sperimentare diversi ruoli: fotografi, attori, registi, cameraman che consentiranno loro di confrontarsi e condividere le proprie idee e competenze, in modo da sviluppare un lato critico maggiore e partecipare in modo attivo alla vita sociale creando messaggi audiovisivi e di tipo informatico per il web. Crediamo che i mezzi digitali (macchine da presa e fotografiche e computer) possano essere intesi come estensioni corporee delle persone che permettono ulteriori forme di comunicazione ed espressione. I contenuti dei formati audiovisivi (rassegne fotografiche, interviste, corti, sketch, blog) saranno scelti dai partecipanti a seconda delle proprie preferenze, necessità e passioni. Noi stimoleremo solo il tema interculturale che la dimensione europea del workshop stimola intrinsecamente. Ci aspettiamo

anche che i partecipanti sviluppino, oltre le citate competenze digitali e tecnologiche, anche competenze linguistiche più tecniche e specializzate nella propria lingua ed in inglese, competenze sociali di interazione, socializzazione e lavoro di gruppo, consapevolezza ed espressione culturale, spirito di iniziativa e, potenzialmente, anche imprenditorialità, facilità ad imparare ed in modo più rapido

The workshop will focus on the use of audiovisual tools where participants will learn the basic aspects of photography, video-making and editing in order to create products that will express their sensibility and perception of the world. The participants will have the chance to experience different roles: photographers, actors, directors, cameraman which will enable them to confront with others and share their own ideas and competences in a way to develop a more critical approach and to actively participate in social life creating audiovisual messages and information for web. We believe that digital means (video and photo camera and computer) can be considered as physical extensions of humans that enable different forms of communication and expression. The content of audiovisual materials (photographs, interviews, short movies, sketches, blogs etc.) will be chosen by the participants themselves according to their preferences, needs and interests. We will only stimulate the intercultural dimension which is implied by the European dimension. Besides the above-mentioned digital and technologic competences, we also expect that the participants will develop more technical and specialized linguistic competences both in their own language and in English; social competences, team-work, cultural awareness and expression, sense of initiative and potentially also entrepreneurship and ease of learning (learning to learn).

**Workshop Organiser:**

Unione Italiana Lotta alla Distrofia Muscolare Sezione  
Laziale ONLUS

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**Workshop Reference number:** 2012-1-IT2-GRU13-37386

**Venue:** Torino

**Date of the Workshop:** 22/10/2012 - 26/10/2012

## **US and THEM: RECYCLING MARGINALITY: creation and design from recycled materials with prison inmates.**

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Inclusive approaches  
Social integration / exclusion

**Working language(s):** EN

### **Target Group + Translation:**

Aperto a tutte le donne adulte residenti in Europa con interesse per il design, la moda e l'artigianato, sensibili alle tematiche ambientali, desiderose di esprimere la propria creatività in un contesto non convenzionale. E' richiesta una buona conoscenza della lingua inglese. Sono fortemente incoraggiate donne appartenenti a fasce deboli. Numero dei partecipanti: 20.

The workshop is open to women living in Europe, with an interest in design, fashion or handicraft, eco-aware, who are eager to express their creativity in an unconventional learning setting. A good command of English is appreciated. Women with special needs are encouraged to attend the workshop. The workshop aims at joining women from different education and professional background, ages, cultures, together, all sharing the same work programme

### **Main activities Programme + Programme translation:**

Le partecipanti svolgeranno un lavoro interamente dedicato al design autoprodotta attraverso l'incontro diretto con le detenute docenti del corso. Dentro una ritrovata cultura della manualità e della libertà progettuale, il design autoprodotta mette in luce la riscoperta della sperimentazione sulla materia attraverso la lavorazione diretta a favore di una produzione ad alto valore innovativo. Un'oasi sartoriale che si contraddistingue per l'innovazione nella ricerca delle forme e per l'utilizzo di materiali eco-sostenibili e riciclati, in linea con le nuove tendenze etico-estetiche, un luogo dove si pratica l'autoproduzione, mettendone in evidenza le sue potenzialità e facendo emergere la collaborazione tra due mondi differenti di donne: quelle libere (noi) e quelle reclusi (loro). Le donne detenute, abili nelle loro competenze guideranno le partecipanti nella creazione di oggetti unici, in un contesto che mescola donne di provenienza, età, ceto sociale differenti, a partire da materiali che normalmente vengono buttati o dimenticati.

1° giorno: Presentazione del progetto e dell'intero ciclo dei prodotti, studio dei materiali utilizzati nel workshop (pelli, tessuti, filati) messi a disposizione da realtà imprenditoriali della zona, guida alla conoscenza delle realtà laboratoriali del carcere; 2°, 3°, 4° giorno: dopo la consegna del kit con gli strumenti del lavoro, le donne si sperimentano nel laboratorio per la realizzazione di borse, bijoux e dolci creativi (opzionale); 5° giorno: incontro con le realtà distributive: negozi e musei che vendono ed espongono le creazioni. Confronto finale sul workshop, considerazioni finali, premiazioni. Expected outputs (especially in terms of the learning outcomes for the participants) Le partecipanti impareranno a creare un manufatto - dall'idea alla realizzazione - a ricercare e

riconoscere il proprio stile, ad abbinare materiali diversi, a distinguere utensili, strumenti e apparecchiature, a confrontare il ciclo di lavorazione tra produzioni artigianali e riproduzioni seriali, a conoscere gli attrezzi e le diverse modalità di utilizzo. Inoltre, conosceranno le realtà produttive del carcere, riflettendo sull'efficacia dei metodi didattici e pedagogici alternativi. L'ultimo giorno, verrà premiata la migliore creazione e le donne porteranno con sé, nei rispettivi paesi di provenienza, il frutto del proprio lavoro.

During the workshop, all participants will learn how to design and create handmade fashion accessories (mainly jewellery and bags) from expert detainees at Lorusso e Cutugno prison, in Torino. Designing handmade products will enable women to free, express and develop their original and unique creativity, building their own personal style, experimenting on waste materials at the same time. Key features of the workshop include: design and shape innovation, and the use of eco-friendly or recycled materials, in accordance with the current ethic and aesthetic tendencies. Thanks to this workshop, all participants will understand the power and potential of creating their own self-made products and will appreciate the fruitful collaboration between 2 different women's world: the learners-"free" women (US) and the trainers-the detainees (THEM). The capable and expert inmates will guide and support the participants in creating unique accessories, shaping and working with waste materials. Day 1: Introduction to the workshop, analysis of the materials used during the workshop(leather, fabric, yarn) which are kindly offered by some local companies. Visit to the other laboratories located in the prison, involving detainees. Day 2-3-4: after receiving their own professional kit, participants will follow laboratorial lessons and create bags, jewellery and artistic biscuits (optional). Day 5: participants will visit a couple of shops and museums exhibiting and selling the original handmade accessories created thanks to this project, in the city centre. Final group discussion and award ceremony

**Workshop Organiser:**

Consorzio Kairos s.c.s

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**Workshop Reference number:** 2012-1-IT2-GRU13-37527

**Venue:** Firenze

**Date of the Workshop:** 16/09/2012 - 23/09/2012

## **Florence and Neaples and back: songs and dances of the Florentin and Neapolitan popular tradition**

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Cultural heritage  
Teaching basic skills for adult learners

**Working language(s):** EN, DE

### **Target Group + Translation:**

Adulti di età oltre 18 anni con un interesse personale per la musica. Il gruppo sarà costituito da 15 partecipanti provenieti prevalentemente da gruppi sociali svantaggiati.

Target group (s): Disadvantaged adults aged over 18 years Expected number of participants: 15.

### **Main activities Programme + Programme translation:**

Durante il seminario saranno approfonditi i seguenti aspetti: caratteristiche e studio dei testi confronto fra canzoni fiorentine e napoletane. armonizzazione dei canti, caratteristiche della vocalità. Ogni regione ha un uso tipico della voce e soprattutto del ritmo. I brani scelti abbracciano non solo l'aspetto popolare ma anche la canzone d'autore con questo soggetto e rappresentano un aspetto molto interessante e poco frequentato. I testi verranno non solo letti, tradotti e discussi ma anche performati in plenaria o a coppie. La comprensione del testo verrà poi rafforzata con l'uso della musica e dell'interpretazione vocale. In tal modo la memorizzazione del brano diventerà un intake duraturo perché il significato delle parole passerà anche attraverso il ritmo e la melodia. "Danze popolari e d'autore fiorentine e italiane" la danza popolare in genere e specifiche danze regionali. Salterello, tarantella, trescone, quadriglia. Contesto storico. Legate strettamente alla musica, le danze sono il naturale completamento dell'aspetto popolare e aristocratico del luogo. Dove venivano e vengono proposte. E' un percorso che le trova a volte accomunate in determinati periodi dell'anno e luoghi specifici. Ricordiamo in genere che in Italia grazie al clima molte attività si svolgono all'aperto e questo ha favorito lo sviluppo della danza di genere. Tutte le attività saranno interattive e la lezione sempre pensata in termini comunicativi.

The Workshop "Florentine and Neapolitan Popular and traditional Songs " will analyze the following aspects: characteristics and study of texts and comparison between Florence and Naples. harmonization of the songs, peculiarity of the voice. Each region has a typical use of voice and especially rhythm. The selections cover not only the popular but also song writing with this subject and represent a very interesting and little known. "Folk Dances Florentine, italian" folk dancing in general and specific regional dances. Salterello, Tarantella, trescone, quadrille. Historical context. Tied closely to the music, the dances are the natural complement the appearance of popular and aristocratic place. Where they came from and you are offered a route that is sometimes united at certain times and places. Recall that in general in Italy thanks to the climate a lot of activities take

place outdoors and this has encouraged the development of folkdance in general. Expected outputs (Especially in terms of the learning outcomes for the Participants) raise awareness of the relationship between word and music, storing texts and their musical performance. Provide a path full of adults participating in active experiences designed to improve their knowledge and skills about the songs of the important traditional Tuscan and Florentine compared with aspects of the grand tradition of Neapolitan songs. Upon completion of the course also Tuscan folk dances (as trescone) and Neapolitan (as the Tarantella)

**Workshop Organiser:**

Harmonia Musica e Danza

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**Workshop Reference number:** 2012-1-IT2-GRU13-37499

**Venue:** Torregrotta (Messina)

**Date of the Workshop:** 28/09/2012 - 06/10/2012

## LET'S EUROPE Citizen Journalism & Active Citizenship

**Subject area:** Active citizenship  
European citizenship and European dimension  
Media and communication

**Working language(s):** EN

### **Target Group + Translation:**

This workshop purpose is to reinforce each participant's European dimension by promoting Citizen Journalism as a tool for Active Citizenship. Therefore participants will be given the chance to share the key features of European Active Citizenship and to promote it directly, together, by using Social Media. All adults (+18) resident in LLP Countries, interested in the topics of the workshop whether or not they are already involved in adult learning. No previous experience or specific skills are required. Fundamental is a positive and active attitude. It is not the purpose of Workshop to provide further vocational training for professionals. Expected number of participants: 20 Nationals/residents from other Countries participating in the Lifelong Learning Programme 5 Nationals/residents from Italy

Sul supporto del network che il workshop intende creare e portare avanti con tutti i partecipanti. Il workshop fornirà stimolo e supporto necessari per attivare ed organizzare nei propri territori delle organizzazioni autonome di cittadini e/o di unirsi e rafforzare ad associazioni già esistenti. Practical arrangements (including detailed information on the accommodation) I partecipanti alloggeranno in stanze doppie in un grazioso hotel 3 stelle sito nel comune di Torregrotta, a pochi passi dal mare e nel pieno centro della cittadina ([www.hotelredebora.it](http://www.hotelredebora.it)) Le visite studio saranno effettuate con mezzi pubblici e laddove non possibile garantite dall'organizzazione con charter privati. I pasti principali e i coffee break sono affidati a catering di prima scelta e permetteranno ai partecipanti di conoscere i piatti tipici della cucina siciliana. Sono previste escursioni serali nei Comuni limitrofi per conoscere la storia e le tradizioni dei territori ed ammirare dei siti di interesse storico o culturale.

Most of the working sessions will provide interactive workshops and group works on Citizen Journalism, web site and blog management, and an incisive use of social media. In order to give a wide knowledge on these topics, also a professional perspective will be explored with study visits to local press agency, both traditional and on-line. Participants will improve simple but incisive skills in communication so to create and reinforce a social network, formal or informal, that involves European citizens. A web platform will be realized and implemented during the workshop thanks to the participants' contribution, and it will be used first as a "window" on the workshop, then as a place to set up actions, ideas, projects, by involving people, organizations and institutions from their coming countries. Participants will be given the opportunity to make the exams to get the ECDL Start (European Computer Driving Licence) valid in all Europe. Key words of this workshop are: respect, comprehension, reciprocity but also creativeness and learning by doing. Participants are asked to play an active role during all the workshop activities, during the preparatory phase and

some of the follow-up activities. Expected outputs (especially in terms of the learning outcomes for the participants) Participants will have the chance to learn and improve specific competences in the field of social media, citizens journalism and active citizenship, and to become actors in their communities, by promoting the values of the active citizenship with concrete actions. The workshop organizer will support them actively through the network that will be created in this workshop. Practical arrangements (including detailed information on the accommodation) Participants will be hosted in a three-star hotel sharing double rooms with continental breakfast. The hotel is situated in the centre of the city of Torregrotta, very close to the sea ( [www.hotelredebora.it](http://www.hotelredebora.it)) Public transportation will be preferred, when possible, for every trip. Otherwise the organizers will provide private charter. Participants will be given the opportunity to taste different traditional Sicilian food. Evening excursions to other surrounding cities for cultural events or sites will be offered to discover history and tradition of the territory.

### **Main activities Programme + Programme translation:**

#### **Workshop Organiser:**

Associazione Umanesimo e Solidarietà

#### **Contact details:**

via della Zecca n.81

98122 Messina

IT-ITALY

E-mail: [assumanesimo@virgilio.it](mailto:assumanesimo@virgilio.it)

Venue: Altamura (Bari)

Date of the Workshop: 14/10/2012 - 22/10/2012

## Hidden Heritage - Discover the hidden History of Europe through old Photography

**Subject area:** New technologies, ICT  
Cultural heritage  
Artistic education, also including Arts and Crafts and Music

**Working language(s):** EN

### **Target Group + Translation:**

Tema del workshop: Foto ingiallite, stampate su carta spessa come ormai non si usa più, un po' piegate dall'umidità e un po' rovinare dal tempo, dimenticate in cassetti e archivi pubblici e privati raccontano e documentano la storia europea più recente. Questo immenso patrimonio rischia di essere dimenticato e perso ma la catalogazione e l'archiviazione digitale ne permette la valorizzazione e la divulgazione diffusa dei contenuti. Il progetto "Hidden Heritage - Scoprire la storia nascosta dell'Europa attraverso la fotografia d'epoca" mira a sviluppare la consapevolezza dell'appartenenza all'Europa e attraverso l'uso della tecnologia digitale alla messa in rete del patrimonio culturale comune europeo. Gruppo target: Il progetto è rivolto a discenti adulti non professionisti, con interesse per la fotografia e per la valorizzazione del patrimonio culturale "minore" ed interessati ad acquisire nuove competenze nel settore delle tecnologie informatiche. Sarà data priorità alla partecipazione di soggetti disoccupati, a rischio di esclusione sociale, provenienti da zone geografiche periferiche e in generale a soggetti con minori opportunità. I candidati dovranno inviare entro la data prefissata il modulo di registrazione, allegando il Curriculum Vitae e lettera motivazionale, nella selezione si terrà conto dell'interesse per le attività e la tematica affrontata dal workshop e sarà data priorità a candidati alla prima esperienza internazionale e in generale con minori opportunità. Numero di partecipanti: 15 (di cui 3 italiani) Risultati attesi: i partecipanti acquisiranno competenze nella applicazione di tecniche di conservazione fisica e archiviazione di foto antiche e costituzione di un archivio fotografico digitale on-line, aperto all'aggiornamento e all'implementazione. Attraverso il recupero della memoria storica documentata dalle foto antiche e avvicinandosi grazie al racconto per immagini alla conoscenza della storia cosiddetta minore consolideranno il loro senso di appartenenza all'Europa attraverso l'esercizio della cittadinanza attiva. Organizzazione pratica: Le attività di workshop si svolgeranno presso la sede dell'Archivio Biblioteca Museo Civico di Altamura, dotata di spazi idonei alla realizzazione delle attività e situata al centro della cittadina. I partecipanti saranno ospitati presso B&B o albergo della città e i pasti saranno consumati presso ristoranti convenzionati. Sarà cura dell'associazione inoltre facilitare l'arrivo e le partenze dei partecipanti dall'aeroporto di Bari-Palese al luogo delle attività.

Photos turned yellow, printed on hard paper that were used a long time ago, a little bent from humidity, a little consumed by the passed time, forgotten in private or public drawers and archives, photos which document the recent history of our Europe. The project "Hidden Heritage - Scoprire la storia nascosta dell'Europa attraverso la fotografia d'epoca" aims to develop the awareness of

belonging to Europe and through the use of digital technology it aims to "link" common cultural heritages in Europe. Target group(s): The project is addressed to adults, non professional, with an interest in photography and to promote the value of "minor" cultural heritage, people who want to acquire competences in the IT sector. Priority will be given to participants who are unemployed, who risk exclusion because of their background, who come from isolated places or people with less opportunities generally. The candidates need to send on time the registration form with attached the Curriculum Vitae and a motivation letter to the promoter to take part in the selection process. The promoter will take into account the interests of the candidate for the activities and the topic of the workshop, candidates with no previous international experience and with less opportunities will be prioritised. Expected number of participants: 15 (incl. 3 participants from Italy) ..

### **Main activities Programme + Programme translation:**

Le attività di progetto sono incentrate su attività laboratoriali e sull'applicazione della pedagogia attiva, che permetteranno ai partecipanti di sperimentare e mettere in atto un processo completo di archiviazione, catalogazione e digitalizzazione di foto antiche. Nella prima parte dello Workshop, i partecipanti saranno chiamati a presentare se stessi e il loro contesto di provenienza attraverso foto antiche recuperate da archivi familiari e locali e successivamente guidati da esperti utilizzando, come esempio didattico, l'archivio fotografico di proprietà dell'Archivio Biblioteca Museo Civico della Città di Altamura procederanno all'archiviazione e alla trattazione digitale del materiale fotografico.

The project activities are concentrated on workshop activities and on the application of active pedagogy, which allows the participants to experiment and put into action the complete process of archiving, categorising and the digitalising of old photos. In the first part of the workshop participants are asked to present themselves, their context and their cultural background through antique photos which have been recovered from a local archive or personal collection. Following this, guided by professionals, the participants will proceed with the archiving and the digital treatment of photographic materials given by the public library of Altamura. Expected outputs (especially in terms of learning outcomes for the participants): The participants will gain skills and knowledge of the physical conservation and archiving of antique photos and creating an on-line photography archive which will continue to expand and update after the workshop. Through the recovering of the historical memory documented by the old photos participants will come closer to the so called "minor history" and by exercising their active citizenship they consolidate their sense of belonging to Europe. Practical arrangements (including detailed information on the accommodation): The activities will be held at the public library of Altamura, which is an ideal setting in the centre of the city. The participants will be hosted in B&B's or Hotel's of the city and the meals will be subsidised in local restaurants

### **Workshop Organiser:**

Associazione Culturale Link

### **Contact details:**

via Silvio Pellico, 10  
70022 Altamura  
IT-ITALY  
E-mail: [link@linkyouth.org](mailto:link@linkyouth.org)  
[www.linkyouth.org](http://www.linkyouth.org)

LT-LITHUANIA

**Workshop Reference number:** 2012-1-LT1-GRU13-07571

**Venue:** Elektrėnai

**Date of the Workshop:** 15/10/2012 - 21/10/2012

## „Dance with me - developing personal well being and emotional intelligence competence through dance“

**Subject area:** Cultural heritage

Artistic education, also including Arts and Crafts and Music

Other

**Working language(s):** EN

**Target Group + Translation:**

Adult learners and senior learners from rural areas.

**Main activities Programme + Programme translation:**

Workshop is offering adult learners the opportunity to develop their personal well-being through participatory dance methodology. During the workshop both theoretical and practical methodologies will be used, such as input, presentation, discussion, dance therapy, dance and theatre expression techniques, dance meditation and yoga, other practical activities focusing on emotional intelligence, body language, expression skill development. It will give an opportunity for a positive learning experience, promoting life long learning concept and active healthy life style.

**Workshop Organiser:** Vsi „Elektrenu kulturos centras“

**Contact details:** Draugystės g. 2/7  
26110 Elektrėnai  
LT-LITHUANIA  
Tel.: 852854330  
Fax: 852854330  
E-mail: [kcelektrenai@gmail.com](mailto:kcelektrenai@gmail.com)  
[www.kcelektrenai.progresas.lt](http://www.kcelektrenai.progresas.lt)

**Workshop Reference number:** 2012-1-LT1-GRU13-07571

**Venue:** Elektrėnai

**Date of the Workshop:** 21/10/2012 - 27/10/2012

## „Developing personal well being and emotional intelligence competence through self-expression“

**Subject area:** Cultural heritage and European dimension  
Health education  
Intergenerational learning

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners and senior learners from rural areas.

### **Main activities Programme + Programme translation:**

The workshop aims to introduce learners with European citizenship concepts through dance and motivate them to act as multiplayers in their local communities. Workshop will provide tools for learners to foster feeling of European citizenship at local level through dance as a tool for involvement. Participants will receive knowledge on participation, lobby and advocacy, motivation of people; they will develop skills such as emotional intelligence, body language, expression skill development which in the future will help them to promote European citizenship, well-being in their communities through participatory dance methodology. During the workshop a variety of theoretical and practical methodologies will be used, such as input, presentation, discussion, dance therapy, dance and theatre expression techniques, dance meditation, yoga and other. Finally, the workshop will create an opportunity for learners of positive non-formal learning experience, promoting lifelong learning concept and active healthy life style.

**Workshop Organiser:** VSI „Elektrenu kulturos centras“

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Draugystės g. 2/7  
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**Workshop Reference number:** 2012-1-LU1-GRU13-00892

**Venue:** Remerschen

**Date of the Workshop:** 17/09/2012 – 24/09/2012

## Von der Form zum Zeichen

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Health education

**Working language(s):** DE, EN

### Target Group + Translation:

Kulturinteressierte Erwachsene (auch Erwachsene mit eingeschränkter Mobilität) jeden Alters, aus möglichst vielen Programmländern. Bevorzugt werden Personen, die wenig Erfahrung mit Auslandsaufenthalten haben. Es wird Offenheit und Neugierde für ein anspruchsvolles Thema erwartet. Es sind keine Vorkenntnisse erforderlich.

### Main activities Programme + translation:

In diesem Workshop geht es darum, den Teilnehmern den Blick für die uns umgebenden und die inneren Formen zu öffnen, indem möglichst viele Wahrnehmungskanäle angesprochen werden (bewegen, malen, hören, gehen und verstehen).

Der Workshop umfasst folgende Aktivitäten

- Kreatives Erleben von Formen im kulturellen Austausch der Teilnehmer
- Bewusst machen, erleben und betrachten der Formen, die uns alltäglich begegnen
- Einführung in die Kulturgeschichte der Formen
- Geführte Ausflüge zu, historischen Gartenanlagen, einem Kloster und zu römischen Bauten
- Kreative Auseinandersetzung mit der Chinesischen Zeichensprache

Mit der Unterstützung des Qi Gongs und/oder des Tai Gi (chinesische Meditations-, Konzentrations- und Bewegungsformen zur Kultivierung von Körper und Geist, die auch über die Zeichensymbolik wirken), wird eine Möglichkeit zur Öffnung aller Wahrnehmungskanäle geboten. Am Ende des Kreativteils steht ein gemeinsamer Formfindungsprozess mit allen Teilnehmern. In der entstehenden Form soll sich der Einzelne mit seiner Kultur wieder finden.

Besonderer und übergreifender Inhalt des Workshops sind der ständige Austausch und die Reflexion über Unterschiede und Gemeinsamkeiten der Formen in ihren kulturellen Kontexten.

### Workshop Organiser:

Association ArtEtCulture. Européen a.s.b.l.

### Contact details:

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L-5470 Wellenstein  
LU-LUXEMBOURG  
E-mail: [association.artetculture@pt.lu](mailto:association.artetculture@pt.lu)  
[www.artetculture.eu](http://www.artetculture.eu)

**Workshop Reference number:** 2012-1-NO1-GRU13-04922

**Venue:** Oslo

**Date of the Workshop:** 16/09/2012 - 21/09/2012

**value based leadership for young adults.**

**Subject area:** Active citizenship

**Working language(s):** EN

**Target Group + Translation:**

Young adult learners from 18-25 years, who have interest and/ or experience in the field of leadership in different contexts. Older applicants will be considered.

**Main activities Programme + Programme translation:**

The workshop is organized in modules with specific topics. Each module lasts for 3-5 hours. The modules combine individual tasks with group activities. The workshop is based on the Emerging Leadership programme, inspired by the organization Global development for Peace and Leadership in South-Africa. Lent has got the exclusive rights to conduct this course in Norway.

**Workshop Organiser:** LentSareptas AS

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Tel.: +47 9 757 31 58  
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[www.lentsareptas.no](http://www.lentsareptas.no)

**Workshop Reference number:** 2012-1-NO1-GRU13-04923

**Venue:** Sagene, Oslo

**Date of the Workshop:** 08/09/2012 - 14/09/2012

## concrete tools for world changers - builders of a sustainable europe

**Subject area:** Environment / sustainable development

**Working language(s):** EN

**Target Group + Translation:**

Adults learners interested in sustainability and community building

**Main activities Programme + Programme translation:**

The aim of the workshop is to share information, tools and inspiration which will affect positively the participants regarding: Active citizenship, Sustainable Development, Adaptation to climate change, Energy crisis and peak oil, mitigation of environmental impact, community building and local democracy/participation as well as gender equality. The workshop will include a combination of inputs and concepts from different movements and concrete tools such as: Permaculture Design, Ecovillage Development, Transition Towns Initiatives, and other innovative life-styles alternatives, based on concrete examples, group discussions, games and exercises. The programme includes various activities regarding the following aspects: - Cultural Exchange and Integration. - Ecological, Social, Economical and Organizational aspects of Sustainability. - Visit of concrete projects regarding active citizenship initiatives and sustainable good practices in the city of Oslo, debates with representatives of local authorities and from the civil society.

**Workshop Organiser:** Forandre Verden

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Tel.: +47 4 824 25 56  
E-mail: [changetheworld@world-changers.org](mailto:changetheworld@world-changers.org)  
[www.world-changers.org](http://www.world-changers.org)

**Workshop Reference number:** 2012-1-PL1-GRU13-28398

**Venue:** Dźwirzyno

**Date of the Workshop:** 01/10/2012 - 05/10/2012

## Let's animate & integrate!

**Subject area:** Addressing target groups with special needs

Artistic education

Social integration/exclusion

**Working language(s):** EN

### Target Group + Translation:

Our recruitment process will be based on the following criteria: passion (people who love drawing, painting, modelling), experience in similar international activities (we expect people who did not have much possibility for travelling and participating in such events). We address our offer to physically disabled persons (9) and able – bodied participants (9). People with disability may be accompanied, if needed of someone who is also interested in topic of the workshop. We would like to invite people who are from disadvantage environment, who do not have access to rich cultural offer as it is in big cities, curious of world and willing to learn something new at the same time. We want to invite open-minded and interesting people who will find that event as an inspiration for their activity. We will analyse every application carefully, especially those from people with disability because we want to make sure we are ready to take responsibility of them and we could provide appropriate conditions. We require the knowledge of English on a basic level. Indirect group of the beneficiaries will be families, friends of the participants and local community of Kołobrzeg because we will disseminate the idea of the workshop through local media.

### Main activities Programme + Programme translation:

„Let's integrate and animate!” workshop is an unique event concerning creation of an animation movie. There is equal access to it for everyone. The language of animation movie is understandable for everybody regardless culture, background, age or skills. No matter if you are educated or not, where you live or if you are disabled or able-bodied. You have to be just hot-headed and be ready to use your heart, hands, foot or mouth to model, paint, draw. It is an offer for those who need to express themselves through art. Our materials will be flour, salt, bread, paints, crayons etc. During our workshop you will learn what the production stages are, how to prepare scenario, storyboard, layout. You will be involved in drawing, scanning and compositing but also in montage and scoring. Your mentor will be the artists from famous Miniature Film Studio from Warsaw. During the workshop you will create your own animation movie! So let's integrate and animate!

Arrival day: What it is a animated movie. Types of animated movies. Process of animated movie realization (production stages). conceptual period. Photographic period. Montage period. Introduction to computer software for image processing. Presentation of basic concept regarding movie language. Work on movie scenario which will be realized during workshop. Beginning of the workshop movie animation Evaluation Evening games.

Tuesday: Practice exercise concerning topic which were presented yesterday. Correction of participants' animation. Scanning of animation Evaluation Presentation of created animation and evening games.

Wednesday: Preparing animation according to screenplay. Correction of animation prepared by participants. Scanning of animation. Preparing the sets for space animation Trip to Kołobrzeg and lunch outside Evaluation Presentation of created animation and evening games.

Thursday.

Continuation of preparing animation according to screenplay. Correction of animation prepared by participants. Implementation of initial and final subtitles. Montage. Dubbing voice Evaluation Presentation of created animation and evening games Friday: Preparing postcard. Summing up the workshop. Giving in certificates. Premiere of animation prepared by participations Farewell

Saturday: Leaving day

**Workshop Organiser:**

Koszalińskie Towarzystwo Społeczno-Kulturalne

**Contact details:**

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**Workshop Reference number:** 2012-1-PL1-GRU13-28416

**Venue:** Dźwirzyno

**Date of the Workshop:** 15/10/2012 - 19/10/2012

## Dancing with memories

**Subject area:** Intergenerational learning / learning in later life / senior citizens  
Learning opportunities for people at risk of social marginalisation  
Cultural topics

**Working language(s):** EN

### **Target Group + Translation:**

Adults over 50 years old. We would like to invite people who are interested in dance, music, movies and fashion. Open-minded Europeans curious about history of other European countries are welcome. We kindly encourage people disadvantaged from a geographical or social point of view, who haven't had possibility to take part in EU programmes before or who haven't traveled abroad a lot. The workshop is also addressing people with disability (we need to evaluate our readiness to provide enough support beforehand).

### **Main activities Programme + Programme translation:**

1st day: Accommodation

2nd day: Charming twenties and thirties

3rd day: Let the humor save us from the war cruelty

4th day: Re-creation! Fifties are on the run!

5th day: Aquarius Era vs. Beatles

6th day: Golden Eighties and Museum of Memories;

7th day: Leaving day - Expert presentation & sharing memories 10.30-11.00 Coffee break 11.00-12.30 Expert presentation & singing together 13.00-14.00 Lunch 16.30-17.15 Dancing workshop 17.15-17.30 Coffee break 17.30-18.00 Summary of the day, quiz on the decades, evaluation 18.00-19.00 Dinner 20.00-21.00 Practising.

### **Workshop Organiser:**

Stowarzyszenie APERTO

### **Contact details:**

Piłsudskiego 6/2

75-511 Koszalin

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**Workshop Reference number:** 2012-1-PL1-GRU13-28428

**Venue:** Nowa Huta Culture Centre, Cracow, Poland  
26/10/2012

**Date of the Workshop:** 22/10/2012 -

## Mind Gym for Seniors

**Subject area:** Intergenerational learning / learning in later life / senior citizens  
Health education  
Basic skills / key competences for adult learners

**Working language(s):** EN

### **Target Group + Translation:**

People aged 60 and above who are interested in improving memory, concentration and thinking. Average competence of English will be required.

### **Main activities Programme + Programme translation:**

Mind Gym For Seniors Workshop is an extraordinary Workshop for seniors from all over Europe. • During the morning part of the Workshop the participants will have an opportunity to train their memory, concentration and thinking in order to manage better in everyday life. • Experienced trainers are to suggest creative, interesting and well-tried exercises. • The participants will be training their memory via using their knowledge and a network of associations, all in an atmosphere of interesting challenges and fun. • They will also be improving their concentration by learning via senses as well as streamlining thinking by giving it new directions and better flexibility. • The afternoon part will comprise of mini-lectures, brainstorming and in-course discussions, the experiences of which would be widely shared. Topics like: basic brain biology or the importance of diet, exercising, hobbies and relaxation for a fit cognitive process will on the agenda. • We will also learn tips how to exercise our brain in real-life situations. • We shall eat a ceremonial supper in the beautiful Main Square in Cracow, discover charm of the Old Jewish district and sensitize our senses to the concert of modern music. Integration evening shall be a great opportunity to getting on with each other better and admire the allure of Cracow.

### **Workshop Organiser:**

Nowohuckie Centrum Kultury

### **Contact details:**

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[www.nck.krakow.pl](http://www.nck.krakow.pl)

**Workshop Reference number:** 2012-1-PL1-GRU13-28435

**Venue:** Warsaw

**Date of the Workshop:** 01/10/2012 - 05/10/2012

## Polish - Chopin's mother tongue

**Subject area:** Foreign language teaching and learning  
Cultural topics  
Learning about European countries

**Working language(s):** EN

### **Target Group + Translation:**

Adults 50+ from all eligible countries who wish to learn the basics or improve their existing knowledge of Polish language and are interested in getting to know Polish culture and heritage especially from the perspective of Fryderyk Chopin's life and works. These may be people personally involved with Poland or just interested in Polish heritage. We believe that the diversity of countries of origin and participants' personal experience as mature people will have a positive impact not only on acquiring language skills and the promotion of Polish but also the experiences exchange and inter-European mobility. Polish language teachers can not participate in the workshops.

### **Main activities Programme + Programme translation:**

The Workshops consist of Polish language course in Warsaw (15 hours in 5 days) connected with practical tasks such as: shopping on the market, asking for directions, ordering food, calling for taxi etc. which are essential from the tourist's point of view. Participants can be divided into groups concerning their level of Polish language. We will also organize them the opportunity to use their Polish in practice. After every lesson the students will meet the situation where they can use the words and language structures, they learnt. For instance after the course on subject of shopping, participants will have a challenge to buy few products in a Polish shop without speaking English. After lesson about ordering food, students will order the food in a restaurant from Polish menu. We will also organize "asking for directions" game, where Participant's task will be to find way to the defined point by asking people on the streets. At the beginning of the Workshop we organize welcome evening with the presentations of Poland and participants' countries. Students will be asked to bring the country presentations with them. In addition to language classes we predicted activities showing the cultural heritage with emphasis on Fryderyk Chopin's life and works as an example of the great Pole. Participants will visit Chopin's places in Warsaw, go to Żelazowa Wola, his birthplace, visit Chopin's Museum and take part in the city game connected with Chopin's and learn to dance the polonaise.

**Workshop Organiser:**

KLUB DIALOGU s.c. Kamila Dembińska, Agnieszka  
Małyska

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[www.klubdialogu.pl](http://www.klubdialogu.pl)

**Workshop Reference number:** 2012-1-PL1-GRU13-28429

**Venue:** Zarzecze near Rzeszów

**Date of the Workshop:** 08/10/2012 - 12/10/2012

## Memo Rise – Intergenerational Memory Training

**Subject area:** Intergenerational learning / learning in later life / senior citizens  
Basic skills / key competences for adult learners  
Social integration/exclusion

**Working language(s):** EN

### **Target Group + Translation:**

Seniors at the age of 55 + and the young at the age 18-30 and mainly to those interested in training their memory. All the participants should be able to effectively communicate in English.

### **Main activities Programme + Programme translation:**

Everyone, irrespective of age, has some problems with remembering things. Our intergenerational memory training is based on the collaboration of the senior and young learners and benefits from the learners' diverse knowledge and skills. We will get to know the seven principles of supporting the human memory during our workshop. We will find out how to memorize effectively by portioning the acquired information, using imagination and various memory tips. Each training session will give an opportunity to train the memory according to the newly introduced technique. One of the training session has been scheduled to be conducted in the famous Łańcut - a picturesque aristocratic residence. We have planned "thematic evenings" like for example international memory evening or regional memory evening.

**Workshop Organiser:** Stowarzyszenie B-4

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[www.b4.org.pl](http://www.b4.org.pl)

**Workshop Reference number:** 2012-1-PL1-GRU13-28523

**Venue:** Poland, Brenna

**Date of the Workshop:** 08/10/2012 - 12/10/2012

## **Decyduję, więc jestem - empowerment kobiet 50+ w życiu publicznym**

**Subject area:** Gender issues, equal opportunities  
Active citizenship, democracy, human rights

**Working language(s):** EN

### **Target Group + Translation:**

Konieczność wzmocnienia grupy kobiet senierek jest postulowana i wdrażana przez wszystkie najważniejsze instytucje międzynarodowe: UNDP, Bank Światowy, Unię Europejską, Radę Europy. Jest to koncepcja ściśle związana z zasadą równości płci oraz empowermentem osób z grup marginalizowanych. Grupa docelowa to 18 kobiet w wieku 50+, które znajdują się na końcu swojej drogi zawodowej albo w stanie spoczynku, wychowały już swoje dzieci, nie są przeciążone obowiązkami rodzinnymi i dzięki temu mają możliwość uaktywnić się w życiu społecznym i publicznym w społecznościach i wspólnotach, w których mieszkają. Grupa docelowa ze względu na bariery społeczne, stereotypy i wciąż obecną dyskryminację krzyżową (płeć+wiek) niezwykle często doświadcza stanów obniżonego poczucia wartości, poczucia "bycia zbędną", poczucia braku kontroli nad własnym życiem, zarówno w sferze prywatnej, jak i zawodowej i społecznej. Kobiety 50+ doświadczają dodatkowo syndromu "opuszczonego gniazda" i często szukają zajęć, które mogłyby nadać sens ich dalszej aktywności. Wnioskodawca obserwuje owo zjawisko prowadząc działalność na rzecz kobiet od przeszło 10 lat. Wiek 50+ wydają się być bardzo dobrym punktem do zaangażowania kobiet w aktywne kształtowanie własnego życia oraz społeczności lokalnej. W ten sposób, dzięki udziałowi przedstawicielek tejże grupy decyzje podejmowane przez reprezentantów władz lepiej odpowiadałyby potrzebom kobiet senierek, które uzyskałyby zdolność wpływu na kierunek zmian społ.

Women aged 50 and more who are either at the end of their work career or already retired, who raised their children and are not anymore responsible for home environment and because of that can become more active among their communities and in public life. Women 50 + are often experiencing low self esteem and feeling of not being useful to society or their own family because of being liable to both gender and age discrimination. It is also caused by the fact that their adult children are moving out of home and they need to refocus their energy and activities. All the above mentioned syndromes have been observed by the Active Women Association and it seems that it is the best time to engage women into active shaping their life and influencing local society by higher participation in decision making in their municipalities.

### **Main activities Programme + Programme translation:**

Zajęcia zostaną przeprowadzone w formie 5-dniowego treningu wzmocniającego, w wymiarze 7 godzin dziennie. Program przewiduje prowadzenie zajęć aktywnymi metodami, skutecznymi w edukacji dorosłych; spotkania (role modelling) oraz dyskusje, zajęcia w parach, ćwiczenia indywidualne, prezentacje, Zajęcia prowadzone metodami aktywnymi koncentrowały się będą na indywidualnym rozwoju uczestniczek w nawiązaniu do zjawiska płci społeczno-kulturowej.

Program warsztatu zawiera także elementy integracyjne oraz elementy budowania sieci wsparcia (networking). Mając na uwadze rozwojowe aspekty chodzenia po górach organizatorzy zaplanowali również 3-godzinną wycieczkę oraz wieczorne spędzenie czasu w obiekcie rekreacyjnym, co przyczyni się do integracji uczestniczek i korzystnie wpłynie na atmosferę warsztatu. Tematyka warsztatu wzmacniającego: - zwiększenie wiedzy na temat sytuacji kobiet w życiu społecznym, w szczególności w sferze publicznej - zwiększenie wiedzy na temat szans, jakie daje uczestnictwo senierek w życiu publicznym - zwiększenie umiejętności zauważania i wyrażania swoich mocnych stron - wiedzy, doświadczeń i cech osobowości, które stanowią ważny potencjał rozwojowy człowieka - wzmocnienie indywidualnej motywacji do działania, do przejęcia kontroli nad życiem prywatnym oraz kształtowania otaczającej rzeczywistości - podwyższenie poczucia własnej wartości i poczucia sprawstwa - zbudowanie sieci wsparcia, wymiana doświadczeń, integracja

The workshop is focused on empowerment of women 50 years + and strengthening their social and public status. Empowerment is strengthening personal potency, gaining control over own life, decision and choice making. It is also retrieving sense of ownership and power in public and social life where women 50+ are often excluded. Women above 50 years old are often eliminated from the core of social actions among community even though for many it is the most active phase of their life. Gender stereotypes and strong bias towards elderly people lower their self esteem and reduce their participation in social life. As number of seniors is growing in all European countries and their needs become more and more important for society, necessary actions have to be taken to strengthen their social status, autonomy, ownership and active participation in every aspect of life. Aim of the workshop is to give a sense of power and control to a group of female seniors that are not having a real effect on creating areas of social life. The purpose of the project "I decide, therefore I am" is to support women 50+ in becoming active participants of social life using all their rights, opportunities and available resources. The necessity of empowering female seniors is already being implemented by all important international organizations like UNDP, World Bank, UE etc. This concept is very related to gender equality and empowering excluded social group. Topics of the workshop: - Increasing knowledge about female participation in social and public life - Increasing knowledge about possibilities and opportunities of public participation - Finding own competences and potential - Increasing motivation to act actively and shape the reality - Raising self esteem and ownership - Creating support networks, experience exchange and integration

**Workshop Organiser:**

Stowarzyszenie Aktywne Kobiety

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41-200 Sosnowiec  
PL-POLAND  
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[www.aktywnekobiety.org.pl](http://www.aktywnekobiety.org.pl)

**Workshop Reference number:** 2012-1-PL1-GRU13-28413

**Venue:** Warsaw

**Date of the Workshop:** 24/09/2012 - 28/09/2012

## Check! Do you really live healthy, safely and ecologically?

**Subject area:** Natural Sciences  
Environment / sustainable development  
Health education

**Working language(s):** EN

### **Target Group + Translation:**

Warsztaty skierowane są do osób w wieku 50+ zainteresowanych jakością otaczającego nas środowiska, które chcą wiedzieć jak żyć w nim zdrowo, bezpiecznie i ekologicznie. Od uczestników nie jest wymagana wiedza teoretyczna z zakresu nauk ścisłych, wszystkie zajęcia przeprowadzone zostaną na poziomie umożliwiającym aktywny udział oraz zrozumienie poruszanych zagadnień. Uczestnicy powinni posiadać podstawową znajomość języka angielskiego. Przewidywana liczba uczestników: 12.

The workshop is dedicated to people at the age of 50+ who are interested in the quality of surrounding us environment and for those who want to know how to live healthy, safely and ecologically. The theoretical knowledge connected with sciences is not required, all activities will be taught on the appropriate level, which will guarantee the possibility of an active participation and understanding of discussed issues. Participants should know English on the basic level.

### **Main activities Programme + Programme translation:**

W czasie praktycznych zajęć w laboratorium uczestnicy zbadają jakość próbek wody przywiezionych z własnych ujęć oraz gleby przywiezionej z własnych ogródków, działek bądź doniczek kwiatowych, zapoznają się z tematyką pożarów i środków gaśniczych, sprawdzą czy ich dom jest bezpieczny, bezpiecznie ugaszą pożar oleju spożywczego, poznają problematykę dotyczącą zanieczyszczeń i ochrony wód, zobaczą jak biologicznie oczyszczają ścieki, zbadają własne DNA.

Participants will examine the quality of water brought from their own water intake and the soil taken from their own gardens, plots or flowerpots during practical classes in the lab. Participants will gain knowledge connected with innovative solutions in the branch of a soil reclamation and practical abilities to research the soil. Knowing the simplest - "domestic" methods of research will quickly help to evaluate the soil quality, and thereby it will improve the condition of edible and ornamental plants. Participants will acquaint with the subject matter of the fire and fire protection devices, they will check if their houses are safe and they will extinguish the fire of cooking oil in a safety way. They will learn about issues concerning the pollution and water protection, they will see how to purify sewage biologically. They will learn about criteria of the potable water and about processes used for water treatment. In addition, participants will learn how widely used in household detergents affect the environment and why we should restrict their use. Last day,

participants will examine their own DNA, they will learn about the genetic variation and how it works in the medical diagnostics.

**Workshop Organiser:**

Centrum Kształcenia Ustawicznego dla Dorosłych Nr 2

**Contact details:**

Szczęśliwicka 56

02-353 Warszawa

PL-POLAND

E-mail: sekretariat@cku2.waw.pl

<http://www.cku2.waw.pl>

**Workshop Reference number:** 2012-1-PL1-GRU13-28426

**Venue:** Wrocław, Polska

**Date of the Workshop:** 05/10/2012 - 09/10/2012

## I will Tell You a Story

**Subject area:** Cultural topics  
Artistic education  
Intercultural education

**Working language(s):** EN

### **Target Group + Translation:**

Warsztaty skierowane są do 14-tu dorosłych osób (zarówno kobiet jak i mężczyzn), którzy nie korzystają z edukacji formalnej, a chcieliby w jakiś ciekawy sposób rozwijać zainteresowania artystyczne, zapoznać się z różnymi technikami twórczej pracy, nawet jeśli do tej pory nie mieli doświadczenia w tego rodzaju działaniach. Warsztaty są adresowane do dwóch grup wiekowych - przedstawiciele młodego pokolenia oraz osób starszych w wieku 50+. Celem połączenia dwóch różnych grup wiekowych jest stworzenie możliwości dialogu międzypokoleniowego, wymiany poglądów oraz zawiązanie nici porozumienia.

Women and men who are not students in formal education and would like to develop their artistic interests, learn different art techniques, even if till now they had no experience in this kind of activities. The workshops are directed to two age groups - we would like invite people in their twenties and people in their fifties and above. The aim in mixing two different age groups to create an environment that will help them in creating dialog and exchanging their thoughts as well as give them opportunity to understand better each other and will show that age is irrelevant in interactions between people.

### **Main activities Programme + Programme translation:**

Tematy warsztatów będą związane z osobistymi doświadczeniami uczestników w wybranych przez nich dziedzinach życia. Doświadczenia te będą przekazywane poprzez wykorzystanie różnych technik ilustracji artystycznej, rozmowy, gry. Naszym głównym celem jest nie tylko zapoznanie uczestników z ilustracją od strony technicznej, ale również stworzenie okazji do rozmów na temat tych historii, wzajemnego poznania się i wspólnego spędzania czasu w środowisku międzynarodowym. Zaplanowanych zostało 5 dni warsztatowych w terminie 5-9.10.2012r., w ciągu których uczestnicy zostaną zaproszeni do Wrocławia, do Domu Edyty Stein i wezmą udział w kilku warsztatach na temat różnych technik opowiadania historii za pomocą ilustracji, obrazów, tworzenia, kreowania różnych rzeczy. Będą to zajęcia praktyczne, uczestnicy będą pracować indywidualnie, w parach lub w grupach (w zależności od rodzaju warsztatu). Przewiduje się przeprowadzenie siedmiu różnych warsztatów. Osoby prowadzące warsztaty, to absolwenci Camberwell Collage of Arts na Univ of Art w Londynie, którzy sami stanowią grupę międzynarodową (pochodzą m.in. z Iranu, Chin, Indii, Polski, Francji) i mają duże doświadczenie w prowadzeniu podobnych warsztatów artystycznych w środowisku międzynarodowym.

The workshops will take place under the theme of telling personal stories with help of different illustration techniques. Our main target is not only to introduce different ways of illustrating to the participants but also create an environment that will stimulate them to talk about different stories that happened to them, an opportunity to get know each other better as well as spend time in an international group of people. Participants will be invited to Wrocław to Edit Stein House and will take part in workshops learning different ways of telling stories with use of illustration and creating objects. The classes will be mostly practical. The participants will be working individually, in groups, or pairs (depending on the theme) We are planning to have seven different workshops. The workshops leaders are young people who are just about to graduate from MA illustration course at Camberwell College of Arts in London. They are experienced in leading workshops in multicultural environment as well as organizing exhibitions and are working in creative industries.

**Workshop Organiser:**

Towarzystwo im. Edyty Stein

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PL-POLAND  
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**Workshop Reference number:** 2012-1-PT1-GRU13-12184

**Venue:** Sede da Fundação AFID Diferença, Amadora e Lisboa  
15/10/2012 - 19/10/2012

**Date of the Workshop:**

## Dancing for Inclusion

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Family / parent education  
Inclusive approaches

**Working language(s):** EN

**Target Group + Translation:**

People with Disabilities and their families and / or caregivers

**Main activities Programme + Programme translation:**

Inclusão através da dança – metodologias e partilha de boas práticas implementadas Sessões de Dança - Expressão corporal Criação de Coreografias Coreografias de inclusão Debate sobre estratégias de promoção da inclusão das pessoas com deficiência a nível europeu Debate sobre as medidas e as políticas de apoio à Inclusão Apresentação das coreografias em espectáculo aberto à comunidade

Inclusion through dance - methodologies and sharing of good practices.  
Sessions of Dance - Body Expression. Creating Choreographies.  
Choreographies of inclusion.  
Debate on strategies for promoting inclusion of disabled people at European level.  
Debate on the measures and policies to support Inclusion.  
Presentation of the choreography in a show open to the community.

**Workshop Organiser:** Fundação AFID - Diferença

**Contact details:** Quinta do Paraiso, Bairro do Zambujal  
2720-502 AMADORA  
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E-mail: [fundacao@fund-afid.org.pt](mailto:fundacao@fund-afid.org.pt)  
[www.fund-afid.org.pt](http://www.fund-afid.org.pt)

**Workshop Reference number:** 2012-1-PT1-GRU13-11923

**Venue:** Amarante

**Date of the Workshop:** 14/10/2012 - 21/10/2012

## **GREEN: Learning New Approaches for Sustainable Alternatives**

**Subject area:** Consumer education  
Environment / sustainable development  
Active citizenship

**Working language(s):** EN

### **Target Group + Translation:**

O Workshop Grundtvig é organizado por uma associação local, criada em 1993 e responsável pela introdução do Comércio Justo em Portugal (finais de 1999 abriu a primeira loja de comércio justo português).

Todos os adultos, em especial pequenos produtores e consumidores europeus, de zonas rurais e outros meios mais desfavorecidos (incluindo adultos com necessidades especiais – mobilidade reduzida), com pouca informação sobre os seus direitos e deveres, sobre práticas alternativas de produção e consumo, sobre formas de intervenção e participação enquanto cidadãos europeus e agentes da mudança.

The Grundtvig Workshop is organised by a local association created in 1993 that opened the 1st portuguese fair trade shop in 1999. (introduced Fair Trade in Portugal)

Adults, especially small producers and European consumers, either from rural or other disadvantaged backgrounds (including adults with special needs - disabled).

The participants should have little information about their rights and duties on alternative practices of production and consumption, on methods of intervention and participation as citizens and agents of change.

### **Main activities Programme + Programme translation:**

Este Workshop vai estar organizado em 3 passos: (1) fase de informação (para que os aprendentes adultos possam adquirir conhecimentos e actualizar informação importante sobre os tópicos em discussão), (2) fase de reflexão no quadro dos valores europeus (para que os aprendentes adultos se possam sentir mais confortáveis no uso dessa informação e construam o seu próprio entendimento em relação aos tópicos em discussão) e finalmente (3) fase de acção (para que os aprendentes adultos possam experimentar alguns exemplos práticos e propostas alternativas e comecem a actuar como consumidores responsáveis, promovendo e multiplicando as aprendizagens obtidas durante o workshop).

De forma sucinta, estas serão as principais actividades de aprendizagem: Dia 1: Apresentação do projecto; Métodos de avaliação do Workshop; Expectativas dos participantes; Democracia (discussão sobre valores) Dia 2: Desenvolvimento Sustentável (Visita a produtor biológico) Dia 3: Direitos Humanos (A Europa e suas instituições; Jogo de simulação; Estudo de caso; Actividade de visibilidade) Dia 4: Ambiente (Visita a Guimarães e Porto – conhecer exemplos de projectos de

sucesso) Dia 5: Educação para o Consumo (workshop e visita à Loja do Comércio Justo) Dia 6: Participação activa (Lançamento de mural; Actividade de rua; Conferência de imprensa) Dia 7: Follow-up (Open Space, Carta de princípios; Avaliação final do Workshop) Este projecto é baseado numa metodologia participativa, num contexto de educação não formal, que privilegia o modo de pensamento independente, a análise crítica da realidade e a acção pensada e adequada na promoção e defesa dos princípios e valores da União Europeia (UE). Iremos recorrer a diversos métodos como jogos de apresentação e quebra-gelo, Peddy-paper, energisers, brainstorming, dramatizações e/ou role-play, trabalhos em pequenos grupos, jogo de simulação, escrever na parede, exercícios de ranking, etc.. Além disso, este Workshop contará com visitas no terreno, workshops com exposição teórica e aplicação prática, visionamento de filme e apresentações com meios audiovisuais.

The workshop is divided in 3 steps: (1) Information phase (so that the adult learners can get knowledge and update important information about the topics), (2) Reflexion phase in the frame of European values (so that the adult learners can feel comfortable using this information and build their own understanding about the topics) and finally (3) Action phase (so that the adult learners can experiment some practical examples and alternative approaches and start acting as responsible consumers, promoting and multiplying the learning undertaken during the workshop).

Briefly, the main learning activities:

Day 1: Presentation of the project and methods for evaluating the Workshop, participant's expectations; Democracy (discussion of values)

Day 2: Sustainable Development (Visit to organic producer)

Day 3: Human Rights (Europe and its institutions; Simulation game; Case study; Visibility action)

Day 4: Environment (Visit Guimarães and Porto - identify examples of successful projects)

Day 5: Responsible Consumption (workshop and visit to Fair Trade Shop)

Day 6: Active participation (Outdoor about consumer education; Street action; Press conference)

Day 7: Follow-up (Open Space; Charter of principles; Final evaluation of the Workshop).

This project is based on a participatory methodology in the context of non-formal education, which emphasizes the way of independent thinking, critical analysis of reality and the promotion of the principles and values of the European Union. We will use several methods such as presentation games and icebreakers, Peddy-paper, energisers, brainstorming, role-plays, small group work, simulation game, writing on the wall, ranking exercises, etc.. Moreover, this Workshop will feature on-site visits, workshops with theoretical and practical application, movie viewing and presentations using audiovisual media.

**Workshop Organiser:**

Aventura Marão Clube

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PT-PORTUGAL

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**Workshop Reference number:** 2012-1-PT1-GRU13-12280

**Venue:** Lisboa

**Date of the Workshop:** 14/10/2012 - 22/10/2012

## How to train your pen: Storycrafting and word bending for novices

**Subject area:** Artistic education, also including Arts and Crafts and Music  
Other  
NULL

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners with particular interest in literature that have writing aspirations or write for hobby. Persons that would like to acquire innovative skills and techniques to release and foster creativity in writing. Participants should be able to converse and write in English without the need of translation.

### **Main activities Programme + Programme translation:**

The workshop's main aim is to stimulate and encourage adults to read literary works and write by providing them general theoretical background, tools and techniques that will reveal pathways to creative production of texts. Participants will be involved in interactive lectures, discussion sessions, readings and exercises that will produce an intercultural environment that nurtures creativity. Learner's role in the workshop activities will not be to acquire means of writing just for the sake of writing. Nor will the workshop serve them only as a vehicle for self-expression or professional success. We aim to cultivate and appreciate literary traditions and lead learners to inspirational sources for arriving to the point of creative production.

**Workshop Organiser:** Associação Spin para o Intercâmbio, Formação e Cooperação entre os Povos

**Contact details:** Rua Herculano Pimentel lote A-16 loja  
1600-476 Lisbon  
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**Workshop Reference number:** 2012-1-PT1-GRU13-12178

**Venue:** Porto

**Date of the Workshop:** 01/10/2012 - 05/10/2012

## Social Entrepreneurship and Innovation: Get a Deeper Picture

**Subject area:** Active citizenship  
Social integration / exclusion  
Inclusive approaches

**Working language(s):** EN

### **Target Group + Translation:**

Adultos provenientes de diferentes países Europeus, com conhecimento básico da língua inglesa e com interesse pelos temas do activismo, da mobilização cívica e do empreendedorismo social. É nosso objectivo mobilizarmos adultos de diferentes faixas etárias, no sentido de conseguirmos o debate, a participação e o trabalho intergeracional sobre a temática do empreendedorismo social. 20 participantes

Adults from various European countries, english speakers and interested in themes such as activism, civic mobilisation and social entrepreneurship. It is intended to gather adults from different age groups, enhancing the intergenerational debate, work and involvement on entrepreneurship.

### **Main activities Programme + Programme translation:**

1º dia Acolhimento e apresentação Networking multicultural: Dinâmica de apresentação dos participantes, dos seus países e cidades (com produtos alimentares típicos dos países de origem, trazidos pelos participantes) Quebra-gelo Palestra sobre Inovação e Empreendedorismo em Portugal e na Europa, com ilustração de exemplos práticos de casos de empreendedorismo social. 2º dia Quebra-gelo Visita à comunidade: experiências reais de empreendedorismo social “GET THE PICTURE” about Citizens & Social Entrepreneurship. In Oporto – Take 1 - Expedição fotográfica pela cidade para captar imagens relacionadas com o empreendedorismo social 3º Dia Quebra-gelo Visita à comunidade: experiências reais de empreendedorismo social – Estudo de caso Apresentação “Como gerar ideias criativas” e dinâmicas de grupo Trabalho prático em grupos intergeracionais: “Elaboração de ideias criativas sobre empreendedorismo social” 4º Dia Quebra-gelo Apresentação e debate colectivo das ideias criativas geradas no trabalho prático em grupos intergeracionais. Olimpíadas empreendedoras: atividade ao ar livre para promover reflexão sobre competências empreendedoras “GET THE PICTURE” - Take 2 - Momento para revelação e selecção das fotografias resultantes da expedição fotográfica e reflexão conjunta sobre os resultados alcançados 5º Dia Quebra-gelo Exposição e apresentação das fotografias seleccionadas, resultantes da expedição fotográfica, aberta à comunidade. Dinâmica de grupo para apresentação das ideias sobre empreendedorismo social, desenvolvidas pelos diferentes grupos

Day 1: Welcome and presentation Multicultural Networking: Dynamic presentation of participants, their countries and cities (with original countries’ food brought by the participants). Icebreaking activity. Lecture on Innovation and Entrepreneurship in Portugal and in Europe, with the presentation of concrete cases of social entrepreneurship.

Day 2: Icebreaking activity Community visit: concrete experiences of social entrepreneurship "GET THE PICTURE" about Citizens & Social Entrepreneurship. In Porto city - Take 1 – Photographic Expedition through the city of Porto to take pictures related with social entrepreneurship.

Day 3: Icebreaking activity Community visit: concrete experiences of social entrepreneurship - Case Study Presentation "How to generate creative ideas" and group dynamics Practical work with intergenerational groups: "Developing creative ideas on social entrepreneurship".

Day 4: Icebreaking activity Presentation and discussion of the creative ideas generated in the practical work with the inter-generational groups. Entrepreneurial Olympics: outdoor activity to promote a reflection on entrepreneurial skills "GET THE PICTURE" - Take 2 - Time for processing and selecting pictures taken during the photographic expedition and joint reflecting on the results.

Day 5: Icebreaking activity Exhibition and presentation of the selected pictures taken during the photographic expedition, open to the community. Group dynamics: presentation of ideas on social entrepreneurship developed by the various groups

**Workshop Organiser:**

A3S - Associação para o Empreendedorismo Social e a Sustentabilidade do Terceiro Sector

**Contact details:**

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**Workshop Reference number:** 2012-1-RO1-GRU13-23898

**Venue:** Bucharest

**Date of the Workshop:** 22/10/2012 - 26/10/2012

## From “green” to sustainable public procurement

**Subject area:** Environment / sustainable development  
Economics, business, industry and commerce  
Other

**Working language(s):** EN

### **Target Group + Translation:**

Young adults, people interested in sustainable development and environmental protection, willing to find a job in the public procurement branch.

### **Main activities Programme + Programme translation:**

Day Morning session Afternoon session Evening Travel day Arrival and accommodation of participants Social dinner

Day 1: Welcome. Objectives and expectations. Sustainability principles. Visit to the House of Parliament, Romania

Day 2: Economic dimensions. Public procurement principles and economic dimension of sustainability. Public procurement EU treaty. Economic dimensions. Public procurement principles and economic dimension of sustainability. Sustainability principles. Visit to the National Art Museum

Day 3: Social dimension of sustainability in public procurement. Social dimension of sustainability in public procurement. Concert Radio/Opera

Day 4: Environmental dimension of public procurement. Environmental dimension of public procurement. Atheneum (concert)

Day 5: Best practices in applying sustainability principles in public procurement (process and content) Identify areas for cooperation in organizing trainings/events on sustainable procurement Wrap-up & conclusions Fair-well dinner Travel day Departure of participants

### **Workshop Organiser:**

INTEGRATE INVESTMENT SRL

### **Contact details:**

Intrarea Portocalelor nr. 2, sector 6, 030828  
Bucharest  
RO-ROMANIA  
E-mail: office@in-in.ro

**Workshop Reference number:** 2012-1-RO1-GRU13-23925

**Venue:** Vatra Dornei

**Date of the Workshop:** 02/10/2012 - 09/10/2012

## Enhancing European Cooperation and Health Promotion through Strengthening Coaching and Self Care Skills, Key Competences for Aging Adults

**Subject area:** Health education

Learning opportunities for people at risk of social marginalisation

NULL

**Working language(s):** EN

**Target Group + Translation:**

Aging adults for whom the coaching and healthy styles living are fundamental and needed, including older learners, also from rural communities.

**Main activities Programme + Programme translation:**

The themes of this workshop are:

(a) health and wellbeing,

(b) building and sustaining social coaching relationships, supporting meaning in occupational and

(c) functional consequences of fitness in older people .

We consider that these aspects are important for social inclusion and maintaining performance and healthy living of aging people in European rural and urban areas. The main theme of the workshop is to introduce coaching and self-care to the participants, anticipation of physical changes of aging by redesigning their way of living to maintain an active and productive lifestyle. The project has a holistic approach and uses various tools during different activities. Proposed activities and learning experiences proposed by the trainers and facilitators take into account the needs, challenges, social and ethnic background of participants.

**Workshop Organiser:**

Asociatia Synergy Romania

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Dobrovat Village no 121

707175 IASI

RO-ROMANIA

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**Workshop Reference number:** 2012-1-RO1-GRU13-23966

**Venue:** Transylvania, Bihor county, Bratca / Rosia village **Date of the Workshop:** 23/09/2012 - 29/09/2012

## Designing and running outdoor activities for children

**Subject area:** Physical education and sport  
Pedagogy and didactics  
Volunteering

**Working language(s):** EN

### **Target Group + Translation:**

People aged over 18 working or wishing to work with children, staff / volunteers in organisations working with children. Parents, tutors, social workers.

### **Main activities Programme + Programme translation:**

Day 1: Get to know each other, building trust, grow slow but firm as a team Exploring needs and expectations Terminology “Nations’ table” where each participant is expected to bring representative products that can be shared (food, drink, songs, dances etc.)

Day 2: Formal vs. informal learning – traditional learning and learning by playing approaches, with strengths and weaknesses Learning style - Which are and how they can help on outdoor animating. What is an outdoor animator? Animation projects, games, activities, involvement in projects and working in groups

Day 3: How to build an animation program? Respond to the needs of children / young people, empower not impose. Nature is the best teacher - methods and materials in nature activities, ecology and sustainable living

Day 4: Organizing an animation programme. Location, logistics, breaks and time-outs, materials, promotion and follow-up Safety and code of conduct Adventure - Types of activities suitable for children

Day 5: What to do and not to do? The most common mistakes and good things in animation Practice makes perfect – final evaluation.

**Workshop Organiser:** Centrul de Initiativa pentru Mediu

**Contact details:** Calea Floresti 81/255  
400558 Cluj-Napoca  
RO-ROMANIA  
Tel.: (+4) 0264 593 254  
Fax: (+4) 0264 593 254  
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[www.crim.ro](http://www.crim.ro)

**Workshop Reference number:** 2012-1-SK1-GRU13-04484

**Venue:** Veľký Šariš

**Date of the Workshop:** 24/09/2012 - 30/09/2012

## Living History

**Subject area:** Artistic education, also including Arts and Crafts and Music  
History and social science  
Cultural heritage

**Working language(s):** EN

### Target Group + Translation:

Since the workshop's venue is absolutely barrier-free and its idea and objectives open to anyone willing to participate, the target group is not restricted in any sense. The workshop offers various alternatives as to particular activities in which the participants are to be involved and thus it is possible to "employ" everyone regardless of potential handicap. Final group of participants is to be selected from among those who respond to our facebook presentations, promotion realized by our partner organizations abroad and individual promotion. What counts the most is interest in the topic and willingness to learn and share experience.

### Main activities Programme + Programme translation:

Place observation, formulation of the needs and individual tasks, distribution of tasks, distribution of groups, in- and out-door work, presentations, finalization of expected products, exhibition, and dissemination. Work shall be distributed into 6 days as follows: arrival – accommodation, introduction of participants and the workshop organizers, introduction of the workshop plan, ice-breaking activities, Welcoming dinner 1. day – morning session – guided visit to monuments of art and history in Veľký Šariš; refreshments/lunch; work groups – identification of topic, distribution of topics, division of participants into smaller units, work with trainers; dinner 2. – 5, day – lectured group work (video art, intermedia, graphics, design, sculpture, painting, etc) – processing selected fragments of the exhibition; refreshments 3. or 4. day –(depending on weather) – field work on Šariš Castle 3. or 4. day – meeting eyewitnesses (seniors from Dom pokojnej staroby Františka Majocha) and discussing various ideas related to group work 6. day – evaluation session, discussion, exhibition, farewell each day will be closed by a short evaluation forum which is to secure fluency of the workshop's processes

### Workshop Organiser:

Kultúrno-informačné centrum Veľký Šariš (KIC)

### Contact details:

Námestie sv. Jakuba 1  
082 21 Veľký Šariš  
SK-SLOVAKIA  
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[kicvelkysaris.webnode.sk](http://kicvelkysaris.webnode.sk)

**Workshop Reference number:** 2012-1-TR1-GRU13-36158

**Venue:** Ankara

**Date of the Workshop:** 18/09/2012 - 24/09/2012

## **Deaf Friendly Cities & International Sign Language**

**Subject area:** Addressing Target Groups with Special Needs  
Social Integration / Exclusion  
Active Citizenship

**Working language(s):** EN

### **Target Group + Translation:**

This Workshop is open to all adults who are sensitive with special needs of deaf people. Participants can be people who have a family member or a friend with hearing problems and would like to have a better communication with them.

### **Main activities Programme + Programme translation:**

Day 1- Arrival

Day 2- International sign language and deaf friendly cities. Introduction to basic signs, signs to express yourself.

Day 3- Sign Language training (all day).

Day 4- Sign Language training; try to communicate in Sign Language.

Day 5- Participants' presentations on deaf friendly applications, public and private initiatives. Discussion sessions: How to create a deaf friendly city, how to integrate deaf people into life, how to prevent exclusion, our duties, ensuring European solidarity for deaf people, active citizenship.

Day 6- Writing the script of the silent movie. Improving communication skills in Sign Language. Making a short silent movie.

Day 7- Departure.

### **Workshop Organiser:**

Başkent İşitme Engelliler Gençlik Spor ve Eğitim Derneği

### **Contact details:**

Korkut Reis Mahallesi İlkiz Sokak 7/3 Sıhhiye

ANKARA - TÜRKİYE

Tel: 0090 312 5072993

E- mail: [aliulutas.baskentdeaf@gmail.com](mailto:aliulutas.baskentdeaf@gmail.com)

**Workshop Reference number:** 2012-1-TR1-GRU13-36206

**Venue:** Gaziantep

**Date of the Workshop:** 07/10/2012 - 13/10/2012

## Intercultural Leadership Education

**Subject area:** Intercultural Education  
Basic Skills for Adult Learners

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners who have interest in intercultural leadership and leadership skills.

### **Main activities Programme + Programme translation:**

Day 1: Self Introduction and overview of the programme. What is culture? What is adult learning? How will cultural differences influence this?

Day 2: Leadership: Role, Skills and Styles. Defining intercultural leadership. What does being an intercultural leader mean? Different leadership styles.

Day 3: Discussions: How can we incorporate the intercultural dimension into leadership education? An overview of seven dimensions principal behind cultural differences. Developing intercultural awareness. Exploring personal identity.

Day 4: Leadership and Management. What is the difference between leadership and intercultural leadership? Observing culture in organizations. How to manage interpersonal relationships.

Day 5: Leadership and Problem Solving. Effective methods for problem solving. Leadership and Motivation. The principles of motivation: Motivating adult learners.

Day 6: Intercultural differences and how they affect working. Training on intercultural differences in teams. - Implications for managing team work as a leader. Observing intercultural differences during team work.

Day 7: Leadership and Ethics. The role of ethics in leadership: Being an ethical leader in intercultural environment. Workshop review and feedback session.

### **Workshop Organiser:**

Şehitkamil İlçe Milli Eğitim Müdürlüğü

### **Contact details:**

Yaprak Mahallesi. Sinler Sokak No: 1

27090 GAZİANTEP TR-TURKEY

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[www.sehitkamil.meb.gov.tr](http://www.sehitkamil.meb.gov.tr)

**Workshop Reference number:** 2012-1-TR1-GRU13-36194

**Venue:** Gaziantep

**Date of the Workshop:** 30/09/2012 - 06/10/2012

## Promotion and Protection of Traditional Careers

**Subject area:** Learning About European Cultures  
Cultural Heritage  
Intercultural Learning.

**Working language(s):** EN

### **Target Group + Translation:**

The target group of the workshop are people from rural areas who are interested in different cultures and traditional careers. Anyone interested in intercultural learning.

### **Main activities Programme + Programme translation:**

Day 1: Arrival

Day 2: Providing basic information on traditional career, why is it important to protect and to sustain it? Have a general idea about handicrafts in Gaziantep and about partner countries. Visiting handicraft master sellers.

Day 3: Conference on the importance of traditional careers and how they can be carried to today (an expert on folklore invited). Visit to Gaziantep Municipality to learn about their works on expanding traditional careers and handicrafts and its protection. Visit to a youth centre (Oya Bahadır) to see how a traditional career can rehabilitate young people. Visit to a Baklava (one of the traditional sweets) factory, since it is also a traditional career.

Day 4: Providing information about governmental support to sustain traditional career (contribution of partners). Visit to a coppersmith and see how they make copper tools. Visit to a yemeni master who will show how yemeni is made and will also show the samples of shoes that he made for the movie "Troy". Visit to Zeugma Mosaic Museum.

Day 5: Learning how mother of pearls is being produced, participants will make a sample. Visiting the lace and stone workers. Visit to a kutnu producer. Information about the history of Kutnu. Seeing how shawl and scarf samples are made from Kutnu.

Day 6: Come up with creative ideas to discuss what must be done to protect traditional careers. Selected participants from different countries share their views, experiences. Evaluation and discussions on the workshop.

Day 7: Departure

### **Workshop Organiser:**

Gaziantep Üniversitesi Gaziantep El Sanatları Koruma ve Geliştirme Merkezi

### **Contact details:**

Universite Bulvarı  
27310 GAZİANTEP TR-TURKEY  
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**Workshop Reference number:** 2012-1-TR1-GRU13-36219

**Venue:** Gaziantep

**Date of the Workshop:** 08/10/2012 - 15/10/2012

## Creating Basic Awareness of Disasters

**Subject area:** Health Education  
Social Integration / Exclusion

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners wanting to improve their personal skills. People who are economically or geographically disadvantaged and/or from rural areas. People concerned with disaster awareness. Volunteers working on the issues of disaster awareness and first aid and people who have a creative idea on disaster awareness and first aid. People interested in different cultures and having few opportunities to share experiences and to show their abilities to others from different countries.

### **Main activities Programme + Programme translation:**

Day 1: Arrivals.

Day 2: Providing basic information on disaster awareness and first aid. Causes of disasters, its effects on the earth and human life, methods of combating disasters. Providing basic information on methods of first aid (medical doctors from the emergency department of a hospital will show the participants basic first aid methods).

Day 3: First aid at home, first aid on the street, first aid in the office, first aid at schools. - Earthquake preparation / protection from earthquakes - lightning preparation and protection.

Day 4: Comparison and discussion of different methods in different countries among participants; Taking good examples from countries, regions. Flood preparation and protection, storm preparation / protection from storm. Tsunami preparation / protection from tsunami.

Day 5: Discussion of new ideas on the promotion of disaster awareness; campaigns, advertisements. Come up with creative ideas to reach out the public to promote practical methods of disaster awareness to prevent human losses. Fire preparation / protection from fire. Landslide preparation / protection from landslide.

Day 6: Forming multinational working groups to discuss the above issues; generating new ideas to campaign for preventing human losses caused by disasters.

Day 7: Selected participants from different countries to share their views, experiences on disaster awareness and first aid. Creative ideas resulting from the workshop will be shared with people at the conference. Day 8- Departures.

### **Workshop Organiser:**

Gaziantep Universitesi Saglik Kultur Ve Spor Daire  
Baskanligi

### **Contact Details:**

Gaziantep Üniversitesi Öğrenci İşleri Daire Başkanlığı  
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[www.gantep.edu.tr](http://www.gantep.edu.tr)

**Workshop Reference number:** 2012-1-TR1-GRU13-36208

**Venue:** Istanbul

**Date of the Workshop:** 09/09/2012 - 17/09/2012

## **New Media Literacy and Empowerment for Democracy Workshop for Adult Learners**

**Subject area:** New Technologies, ICT  
Active Citizenship

**Working language(s):** EN

### **Target Group + Translation:**

Disadvantaged persons in Europe in terms of internet access and the use of ICT's, digital dinosaurs with basic internet skills, but no new media literacy skills. Specifically, adult workers or civil society representatives who have no time to attend regular courses, women who are potential entrepreneurs and/or near future tele-workers (working at a distance or from their homes), retired citizens with new-media related aspirations

### **Main activities Programme + Programme translation:**

09/09/2012: Arrivals, welcome dinner, ice-breaking session,  
10/09/2012: The language of new media, using new media  
11/09/2012: The language of new media part II,  
12/09/2012: The new media environment, advantages and disadvantages,  
13/09/2012: How to manipulate new media for your own good, How to create substantive circles, create your own network,  
14/09/2012: Good/better cases to be presented and discussed. New media for digital amateurs,  
15/09/2012: Visual, text, audio / some or all? Why? Brainstorming sessions for personal projects,  
16/09/2012: Presentation session for personal projects, collective evaluation.  
17/09/2012: Departure.

**Workshop Organiser:** Istanbul Şehir Üniversitesi

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İSTANBUL-TURKEY  
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E-mail: [iro@sehir.edu.tr](mailto:iro@sehir.edu.tr)  
[www.sehir.edu.tr](http://www.sehir.edu.tr)

**Workshop Reference number:** 2012-1-TR1-GRU13-36145

**Venue:** Polatlı / Ankara

**Date of the Workshop:** 02/09/2012 - 09/09/2012

## Richness of Turkish Handcraft Colors

**Subject area:** Teaching Basic Skills for Adult Learners  
Artistic Education, Also Including Arts and Crafts and Music

**Working language(s):** EN

**Target Group + Translation:**

Adult learners who want to discover Turkish handcrafts and have interest in Turkish culture and Turkey.

**Main activities Programme + Programme translation:**

- Presentation of participants' countries
- Learning Turkish lifestyle
- Workshops in traditional Turkish handcrafts
- Making a carpet on the workbench
- Preparing "Ebru" tools
- Preparing regional sewings
- Preparing "felt" and using them on the handbag, glasses etc.
- Preparing silver and other metal ornaments
- Discussion group about the role of women and men in the traditional Turkish lifestyle and modern society in relation to work and arts
- Promoting Turkish culture.

**Workshop Organiser:** Polatlı Halk Egitim Merkezi

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06900 ANKARA TR-TURKEY  
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<http://www.polatlihem.net/>

**Workshop Reference number:** 2012-1-TR1-GRU13-36153

**Venue:** Polatlı / Ankara

**Date of the Workshop:** 16/09/2012 - 23/09/2012

## A Nice Hobby: Home Repairs for Males and Females

**Subject area:** Teaching Basic Skills for Adult Learners  
Second Chance Education

**Working language(s):** EN

### **Target Group + Translation:**

Adult learners who have not participated in any Grundtvig workshop in three years and have interest in home repairs while improving intercultural communication skills.

### **Main activities Programme + Programme translation:**

- General knowledge about home repairs,
- Plumbing repairs,
- Basic computer repairs,
- Ceramic repairs,
- Garden repairs,
- Electricity repairs,
- Basic wooden repairs,
- Painting a house
- Installation of home devices (washing machine etc.)

### **Workshop Organiser:**

Polatlı Anadolu, Anadolu Teknik, Teknik ve Endüstri Meslek Lisesi

### **Contact details:**

Yeni Sanayi Karşısı Eskişehir Yolu Polatlı  
06900 ANKARA TR-TURKEY  
TEL: 0090 312 6230140  
E-mail: [960017@meb.gov.tr](mailto:960017@meb.gov.tr)  
<http://www.polatlieml.k12.tr>

**Workshop Reference number:** 2012-1-TR1-GRU13-36141

**Venue:** Adiyaman

**Date of the Workshop:** 03/09/2012 - 10/09/2012

## Non-Formal Learning in Adult Education in Adiyaman

**Subject area:** Intercultural Education  
Fight against Racism and Xenophobia  
Recognition of In-Formal and Non- Formal Education

**Working language(s):** EN

### **Target Group + Translation:**

Our target group is all adult learners willing to learn about in-formal and non-formal education, motivated to create new methods, ready to build new partnerships and cooperations.

### **Main activities Programme + Programme translation:**

Day 1- Arrival of the participants and welcome evening.

Day 2 - Let's Know Each Other. Programme, expectations, group building. My tools for my target group. Who is an adult? Reflection Groups.

Day 3- European Approach for adult education: "Youth in Action and Life Long Learning". Words and Meanings (adult education): Analysing adult education needs & problems. Non-formal education: JOHN DEWEY-DAVID COLB-JEAN PEAGE. Formal and Informal Education. Reflection Groups.

Day 4 - Relation between non-formal learning and adult education. Experiential Learning. Simulations and exercises. Constructive Learning. Simulations and exercises. Reflection Groups. Organisation Fair.

Day 5 - How to design an education programme. Developing new methods. Turkish Cultural Evening.

Day 6 - How to use non-formal learning in adult education. Developing new methods. Self directed learning. Self assessment "learning to learn". Reflection Groups.

Day 7- Practicing new methods. Drama in adult education. Oppressed theatre in adult education. Future plans & final evaluation.

Day 8 - Departures of the participants.

### **Workshop Organiser:**

Adiyaman Gençlik ve Kültür Derneği

### **Contact details:**

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Binasi No: 2 02100 ADIYAMAN TR -TURKEY  
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[www.adiyamangenclikkulturevi.com](http://www.adiyamangenclikkulturevi.com)

**Workshop Reference number:** 2012-1-TR1-GRU13-36152

**Venue:** Urla / İzmir

**Date of the Workshop:** 03/09/2012 - 07/09/2012

## Culture in the Kitchen

**Subject area:** Intercultural Education  
Cultural Heritage  
Learning about European Countries

**Working language(s):** EN

### Target Group + Translation:

The workshop aims at people who are interested in learning about healthy food, healthy herbs, and healthy life in the kitchen will come together. No special skills or experience are required. People older than 18 and interested in culture in the kitchen and want to share their culture with others.

### Main activities Programme + Programme translation:

- Warm up activities. Discussing nutrition habits of participants. Talking about healthy food, vegetables, greens and plants which are grown in different countries. A short visit around the town to see the green gardens and some historical places, Participants will be informed about healthy and refreshing food and vegetables and their style of cooking and eating by a nutritionist,
- Participants will be taught to have some proper exercises they can do after meals to feel relaxed and fresh. An expert trainer will give them some information about simple and useful exercises,
- The importance of kitchen and food for cultural interaction. Learning the importance of Turkish kitchen for cultural transition and Turkish hospitality. Learning about others' kitchen and its cultural affects. Showing Turkish customs and special foods. Showing a film on local traditional food contests and food feasts prepared by the Municipality.
- Inviting the Mayor for the final session and eating different kind of foods prepared by different participants together. The participants will explain their impressions about each other's kitchen cultures. Taking photos of each participant while cooking and at the end of the workshop a catalogue will be published which contains the recipes and some knowledge about the healthy food.

**Workshop Organiser:** Urla Halk Egitimi Merkezi

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35740 URLA / İZMİR TR-TURKEY  
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E-mail: [info@urlahem.gov.tr](mailto:info@urlahem.gov.tr)  
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**Workshop Reference number:** 2012-1-TR1-GRU13-36195

**Venue:** Eskişehir

**Date of the Workshop:** 07/10/2012 - 13/10/2012

## Model Aircraft

**Subject area:** Artistic Education, Also Including Arts and Crafts and Music  
Basic Skills for Adult Learners  
Intercultural Education

**Working language(s):** EN

### **Target Group + Translation:**

This workshop is open to European citizens who are 18 or above and interested in model aircraft. People having received any type of education about making model aircraft cannot participate in this project. Learners with special needs are most welcome.

### **Main activities Programme + Programme translation:**

Basic education on making model airplanes, using contemporary methods in adult education while improving intercultural communication skills.

Day 1: Arrival Day.

Day 2: Rubbing the wood pieces. Making the wings.

Day 3: Making the elevator.

Day 4: Making the fuselage.

Day 5: Covering the model and making flight adjustments.

Day 6: Flying the plane and maintenance after flight. A contest will be held to find the best model aircraft.

Day 7: Departure.

### **Workshop Organiser:**

Turgut Reis Teknik ve Endüstri Meslek Lisesi

### **Contact details:**

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**Workshop Reference number:** 2012-1-TR1-GRU13-36156

**Venue:** Çubuk / Ankara

**Date of the Workshop:** 07/09/2012 - 16/09/2012

## How to Make Your Own Pickle

**Subject area:** Basic Skills for Adult Learners  
Intercultural Education  
Cultural heritage

**Working language(s):** EN

### **Target Group + Translation:**

Preparing pickles is a very easy but handy thing to do at home. Unfortunately many people, even house wives do not know how to make it. This Workshop is an opportunity for all European adults who want to learn how pickles is made. This may even lead to a new profession, because we provide the same courses to locals and they become certified pickle makers.

### **Main activities Programme + Programme translation:**

- Teaching and learning sessions about pickle and its history,
- Providing information about organic farming and key features of organic farming and how to grow vegetables,
- After the learning sessions, participants will move on to other steps day by day, applying what they learned: going to the cucumber field and pick the vegetables, going to the pickle atelier and start pickling,
- Visiting the festival which is carried out every year in the pickle season and called as "International Çubuk Culture and Pickle Festival",
- Participating in the conference: "Turkey as a Cultural Mosaic"
- Visiting municipality of Çubuk together with organic farmers and pickle producers.

### **Workshop Organiser:**

S.S. Çubuk Tursu, Sebze, Meyve, Ekolojik ve Organik Tarım Ürünleri Pazarlama İşletme Kooperatifi

### **Contact details:**

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ÇUBUK 06600 ANKARA TR-TURKEY  
TEL: 0090 312 8382323  
E-mail: [tursucularkooperatifi@gmail.com](mailto:tursucularkooperatifi@gmail.com)

**Workshop Reference number:** 2012-1-TR1-GRU13-36197

**Venue:** Kütahya

**Date of the Workshop:** 16/09/2012 - 21/09/2012

## Come, Learn and Dance Balkan Dances With Us!

**Subject area:** Teaching Basic Skills for Adult Learners  
Artistic Education, Also Including Arts and Crafts and Music

**Working language(s):** EN

### **Target Group + Translation:**

Adults, who are interested in folk dance. They should only have basic communication abilities in English and/or Turkish. No age limits and equality of male/female ratio will be respected. Socially disadvantaged persons are preferred and persons lacking basic skills.

### **Main activities Programme + Programme translation:**

The participants will get a basic knowledge of Balkan Dances and traditions. They will learn about instruments, local clothes and basic rules of Balkan Dances as well as Kütahya City while improving intercultural communication skills.

Day 1: Arrival in Kütahya,

Day 2: Welcome meeting, registration and introductions;

- Workshop on pre-workshop preparation activities,
- An introduction to Turkish and Balkan dance culture and local instruments, and costumes for dancing,
- Small presentations of partners' cultures, dances, daily life etc.
- National food evening

Day 3: Basic training of the dance "İki Sevdalı". Basic performances of the learners,

Day 4: Basic training of the dance "Ramo, Eltiler". Basic performances of the learners,

Day 5: Basic training of the dance "Çaçak". Basic performances of learners and continuous work on dances.

Day 6: Certificate ceremony. Holding a dance- contest and performances of dances to the public.

Day 7: Departure.

### **Workshop Organiser:**

Kütahya Rumeli Turkleri Kültür Ve Dayanışma Derneği

### **Contact Details:**

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**Workshop Reference number:** 2012-1-TR1-GRU13-36173

**Venue:** Eskişehir

**Date of the Workshop:** 08/10/2012 - 13/10/2012

## Turkey's European Union Membership in the View of Foreigners

**Subject area:** Active Citizenship  
European Citizenship and European Dimension  
Learning about European Countries

**Working language(s):** EN

### **Target Group + Translation:**

Adults who are eager to learn about Turkey, evaluate its conditions in the process of membership to the European Union.

### **Main activities Programme + Programme translation:**

Day 1: Arrival

Day 2: Meeting with the participants and ice-breaking activities. Introducing the process of Turkey's accession to EU, watching the interviews the participants bring and discussing the interviews.

Day 3: Study visit to the public bodies in the city (to have an idea about the working conditions). Visiting different parts of the city with diverse socio-economic level.

Day 4: Group work (evaluating the place of Turkey in EU / Turkey's membership to EU in terms of both EU and Turkey).

Day 5: Continuing the group works and presentations of the outcomes of each group.

Day 6: Closing activities - Comparing the ideas/thoughts of the participants before and after the workshop. Delivering the certificates of attendance, questionnaires and CDs.

Day 7: Departure.

### **Workshop Organiser:**

Eskişehir Valiligi AB Proje Gelistirme ve Koordinasyon Merkezi

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